Announcing:

2018 Roy Adaptation Association
International Workshops & Conference
Home Heritage: Roy Adaptation Model
Spirituality & Service
June 8 & 9, 2018 • Mount St. Mary’s University
Los Angeles • California

Both the Workshops and Conference will be held on the Chalon Campus. Please note that housing will be available. Keep an eye out for more information!

Thoughts from the Theorist...

This issue of RAA Review shares some highlights of our exciting 2017 conference and workshops at Boston College. The events had a strong international presence with four scholars from international chapters giving award papers. We appreciate the contributions of all who made this such a successful event. Even as we recall these memories, our Executive Board has begun plans for the 2018 RAA Workshops and Conference on the beautiful Chalon campus of Mount St. Mary’s University. The theme, Home Heritage: Roy Adaptation Model Spirituality and Service, is particularly meaningful at this time. The Roy Adaptation Association and I are
Now Accepting Abstracts
Deadline: Monday, April 2, 2017

About:
Award papers will be selected as podium presentations and others will be invited to present posters. A category of Young Scholar will also include an award for a student—undergraduate, masters, PhD or DNP.

Scoring:
Judging will be based on the following criteria
- Quality of scholarship reflected
- Authenticity of use of the Roy Adaptation Model
- Potential contribution to practice, education, or research
- Contribution to the conference theme
- Innovation of use of the Roy Adaptation Model
- Potential for further knowledge development

Click here: Abstract Application
Please note that incomplete applications will not be accepted.
Email questions to royassociation@gmail.com

Looking back on a great conference...
The Roy Adaptation Association was thrilled to hold its Annual International Workshops and Conference at Boston College on June 16-17, 2017. This year’s timely theme: “Globalization: Moving Forward Together” resulted in a number of thought-provoking discussions on the future of nursing, especially in light of our current political climate. Sr. Callista Roy, RN, PhD, FAAN engaging keynote address stimulated further discussion.

Friday morning opened with an incredibly successful networking breakfast, were attendees learned about each other and shared academic interests. Shortly after, attendees participated in a stimulating workshop on “Vulnerable Populations” was hosted by Ellen Buckner, RN, PHD and Ana Molina, PhD, ANP-C. Likewise, Keville Frederickson, EdD, RN, FAAN and Kathy Lauchner, PhD, RN ran an engaging workshop on “Inclusion of Diversity” in the afternoon. The day then closed with an Award Ceremony honoring all podium presenters, followed by a research poster session and reception.

Saturday began with a warm welcome from Sr. Callista Roy and an intriguing presentation on the Focal, contextual and residual stimulus in diabetes disease by Aracely Diaz Oviedo, RN, MSN, PhD. Shortly after, Angelica Ospina Romero, RN, PhD shared her insightful research on The future for adolescent mothers- the reorganization of life and expectations: A grounded theory study. Following discussion, Sr. Clare Butt, RN, PhD presented on Nurses in India: Who they are, how they view the RAM, and what they strive to achieve. Jose Francisco Martinez Licona, PhD ended the morning with a presentation on the Levels of teaching-learning process in nursing students: Roy’s Adaptation Model. Following lunch, Carlos Reyes Sanchez, MCE shared his research Resilience development model based on the RAM in adolescent groups in Medellin, Colombia.

Continued on pg. 4
To close the podium presentation portion of the conference, Katherine Zimnicki, DNP, RN, ACNS-BC presented The case for preoperative teaching and stoma marking: Roy meets Deming. Then to close the conference, Sr. Callista Roy, RN, PhD, FAAN presented her keynote address on Globalization: Moving Forward Together.

This year’s conference was an incredibly success and I am thrilled at our turnout. Our podium presenters did an excellent job of presenting a diverse array of perspectives on the role of the RAM globally. I am eager to see what the future has in store, especially in light of the organization’s relocation to California next year. Thank you to our dedicated members who made this year’s conference possible, please know that your support is so appreciated and I look forward to seeing you all next year.
The use of evidence based practice (EBP) guidelines to change practice is increasingly emphasized in the literature. What is often missing from the discussion of EBP is the unique voice of nursing. This is problematic as nurses cannot always articulate the connection between nursing theory and their own clinical practice. Roy’s Adaptation Model (RAM) can be paired with the work of change theorists such as Deming in a way that links these theories and serve as a model to translate theory into practice. Both reflect a holistic, reciprocal world view where a system is more than a sum of separate parts but instead is characterized by the interactions of its components and the environment.

The creation of a stoma is a focal environmental stimulus affecting all four modes of adaptation. Per RAM, the goal of nursing is to turn negative stimuli into positive responses and promote adaptation. Preoperative teaching and marking have been found to increase the chances of appropriate stoma location and promote adaptation to the presence of the stoma. Recent studies demonstrate these interventions result in a reduction in length of stay and time to reach independence, an increase in QOL indicators, and are therefore recommended for all patients scheduled for a urinary or fecal diversion. Many Acute Care Surgery patients failed to receive the recommended preoperative marking and teaching.

This project integrated the framework of Roy’s Adaptation Model as well as the steps of Deming’s FOCUS-PDCA model to support a positive change in the preoperative environment and promote effective adaptation on the part of the ostomate through the provision of quality, evidenced based care. Ultimately, the project resulted in a statistically significant increase in the number of Acute Care Surgery patients appropriately identified, marked, and taught preoperatively while demonstrating the “voice of nursing” in the implementation of EBP in the clinical setting.
Nurses in India: Who they are, how they view the RAM, and what they strive to achieve

Sister Clare Butt, CSFN, RN, PhD

In February 2017, Sister Callista Roy was the invited keynote speaker at the Bharati Vidyapeeth Deemed University’s International Nursing Conference in Pune, India. A pre-conference on Application of the Roy Adaptation Model (RAM) was requested and given by Sister Callista with Sister Clare Butt assisting. This global immersion experience gave rise to a greater understanding of how nurses move forward together to “Enrich, Empower and Embrace Nursing,” the conference theme.

Who are the nurses in India?

Nurses in India receive their education in a 4-year university setting with masters and doctoral prepared faculty. Classes are held 6 days a week, with 2 days of classroom and 4 days of clinical experiences in various settings. The MSN degrees focus on a Nursing specialty, such as maternity, oncology or pediatrics. Unlike in the US, compensation for clinical practice is significantly less than for university professors. As a consequence, many Indian nurses choose to practice in other countries, such as Europe and the US.

How do they view the RAM?

Because nursing education is conducted using textbooks in English, students and faculty alike respect the leaders who have led the profession since Florence Nightingale, notably the creators of grand theories, including Sister Callista Roy. This was evidenced by the pictures in the faculty conference room of Dorothea Orem, Jean Watson, Imogene King, Callista Roy and others. In addition, the pre-conference workshop on application of the RAM was attended by dignitaries and nurses from all over India and neighboring countries, such as Iran, Iraq, Malaysia, Saudi Arabia, Bangladesh, Europe and the US. Participants displayed an eagerness and aptitude for applying the RAM to individuals, hospitals and populations in their settings. They were pleased to be taught by the “living legend” in order to advance their knowledge and skill in theory application as professional nurses.

What do they strive to achieve?

Perhaps the best synthesis of what nurses in India strive for is professionalism through continually advancing their practice, education and research. This conference brought together speakers on fortitude, workforce issues, nursing image, innovation, shared governance, courage, self-esteem and research. Interestingly, one study by Shelby Garner, PhD, RN, Fulbright Scholar from Baylor University, Texas, addressed the nursing shortage in India due to nurses migrating abroad to practice nursing. Three strategies to increase retention rates were identified by nurses in India to be: 1) implementing reasonable remuneration, 2) providing safe and effective environments, and 3) increasing leadership opportunities for nurses.

The international conference increased awareness of issues which affect nurses around the globe and which can be addressed by nursing collaboration in order to advance healthcare in our increasingly interconnected world. This was an example of how nurses move the profession forward together.
returning to our home campus where so much of the model development and its applications took place from the 1960s onward. The Dean, Leah Fitzgerald and her staff have warmly welcomed us and are working with us to carry out our theme and put on an outstanding conference.

Heritage in the theme has a twofold meaning for me. The Sisters of St. Joseph (CSJ) of Carondelet, my religious community founded the university in 1925. The community spirit of spirituality and service has permeated Mount St. Mary’s programs for over 90 years. The current president, Dr. Ann McElaney-Johnson, developed a center for continuing the spirit of the Sisters. She is particularly happy to have another CSJ, as well as Roy of the Roy Adaptation Model join the faculty in spring semester. She has led the cooperation of multiple departments to make a transition of RAA to the Mount, as we fondly call the university. Alyssa Hopper, our Executive Director has been working with the Mount personnel of various offices to complete the transition and we know you will be pleased. As you view the lovely photo form the Mount as the site for the conference, please take note of the call for Abstracts 2018 on page 2. We look forward to welcoming you to our new home in June 2018.

Sr. Callista Roy, RN, PhD, FAAN