New Hampshire Indicators: Aging & Work

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Quick Fact Check for New Hampshire

- Median age of the population: 39.3 years
- % population 55+: 24.1%
- Median age of the workforce: 42.9 years
- % of population ages 55-64 employed: 68.5%
- % workforce ages 55-64 self employed: 16.2%
- Unemployment Rate of ages 55 – 64: 3.7%
- Economic activity by industry sector: 14.8% of GDP is Real estate
- Industry sectors with high percentages of workers 50-59 years old:
  - Computer & electronic product manufacturing: 35.0%
  - Social assistance: 34.2%
  - Transportation equipment manufacturing: 32.8%
- Occupational groups with high percentages of workers 50-59 years old:
  - Production occupations: 27.0%
  - Community & social service: 26.5%
  - Business & financial operations: 26.1%
- Educational levels achieved by residents 55 years or older:
  - 28.4% bachelors degree or higher
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State Profiles Overview

Changes in the age composition of the population – and of the labor force – have emerged as one of the defining social, economic and public policy issues of the 21st century. State leaders across the country are grappling with the implications of these shifts. As they move from awareness-to-action, they need access to information.

The State Perspectives Institute at the Boston College Center on Aging & Work has developed State Profiles to provide thoughtful leaders with information needed for planning decisions.

The State Profiles include information about the age demographics of the population, age demographics of the labor force, industry sectors and occupational groups, education and workforce preparedness, and legislative readiness.

Section 1: Age Demographics of the Population

Introduction

Age is one factor that helps us to predict and understand different types of life experiences. Some of these relationships are obvious. For instance, entry into the workforce typically occurs between the ages of 18 and 25. There are also connections between age and people’s assessment of different aspects of their lives, such as life satisfaction. Information about age can provide insights into some of the interests and supports needed by people. For example, states with large percentages of people between the ages of 25-34 are likely to find differences in the demands for specific types of services than those states with high percentages of people over the age of 75.

The median age in New Hampshire, 39.3, is higher than the median age of the nation, 36.4.

Figure 1: Population by Age (2006)

Questions you might want to consider:

- How does the age distribution of the population in our state compare to all of the states in the country?
- Have businesses and education/health/social service providers in the state customized their marketing and outreach and delivery of products and services to the different age groups?
Nearly one of every four people residing in New Hampshire (24.1% of New Hampshire’s population) is 55 years of age or older.

Figure 2: % of Population Aged 55+ by State

Population Changes: Distribution by Age 2000-2006

Importance of this Information:

Unique leadership opportunities can arise when there are shifts in trends, such as changes in the age demographics of the population. These changes may prompt leaders to pause, step-back, and think about the past, the present, and the future.

Times of change can also be opportune moments for state leaders in the government, business, and non-profit sectors to assess the state’s capacity to leverage the changes into competitive advantages.

Observation about Recent Changes in the Age Distribution of New Hampshire’s Population:

From 2000-2006, the changes in the age distribution of New Hampshire’s population reflect national trends. That is, in New Hampshire, there was a decrease in the percentage of the population under the age of 45 and an increase in the 45-64 age group. In comparison to national statistics, New Hampshire was ahead of the curve with regard to the increase in the percentage of people aged 75 and older.
Anticipated Population Changes: Distribution by Age 2006 – 2010

Importance of this Information:

Forecasts about the future can help states to enhance their readiness for anticipated changes.

- Businesses can take steps so that they can effectively recruit, engage, and retain workforces from the different age groups.
- Non-profit organizations can take steps to develop the programs and resources often needed by people in the different age groups.
- Government agencies can consider strategic policy adjustments to better reflect the needs of residents of different ages.

Observation about the Anticipated Changes in the Age Distribution of New Hampshire's Population:

Compared to national statistics, New Hampshire is expected to witness more significant decreases in four population groups: those under 25, those between the ages of 35-44 and the ages of 45-54, and those age 75 and older. In addition, except for the oldest age group, the New Hampshire population will age more rapidly than the country as a whole. That is, there will be a higher percentage point change in the proportion of those 55-74 between 2006 and 2010.
Figure 4: Anticipated Percentage Point Changes in Population Age Groups in New Hampshire and the United States, 2006 – 2010

Questions you might want to consider:

How do the employment rates of people in different age groups in our state compare with national statistics?

Do state leaders have information and insight about the employment and work preferences of adults in the different age groups?

Section 2: Labor Force Participation Demographics and Age

Introduction

One of the most profound changes tied to the aging of the population is the aging of the workforce. State leaders may want to consider the impact of several trends:

- As the workforce ages, employers might consider how they want to adjust their employee policies and practices to reflect the needs and priorities of older workers.
- Today’s workers aged 50 and older report that they anticipate working past the traditional retirement years of 62-65. This will augment the aging trends of the workforce.
- Older workers who are either entering the labor force for the first time or who are unemployed and looking for work may represent a segment of the labor force that is under tapped.

Labor Force Participation: Distribution by Age

Importance of this Information:

The Census Department has established three categories relevant to labor force participation: employed, unemployed (and seeking paid work), and not in the labor force (and not seeking paid work). Variations in these categories may reflect life course events that are age-related. For example, young adults who are not in the labor force may be full-time students; adults at mid life who are not in the
labor force may be parents raising children; and older adults who are not in the labor force may be retired. It is also true that adults who have been unemployed for a long time and are discouraged might report that they are not in the labor force, regardless of age.²

**Observation about Labor Force Participation in New Hampshire:**

The median age for all New Hampshire workers over age 16 is 42.9 years, which is higher than the national median age of 41.1 years.

Across all age groups except those 75 and older, the labor force participation rates of New Hampshire adults are higher than national statistics.

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**Figure 5: Labor Force Participation by Age**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>US</th>
<th>NH</th>
<th>Employment Rate</th>
<th>Unemployment Rate</th>
<th>Not in Labor Force Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>75 + US</td>
<td>5.3%</td>
<td>0.2%</td>
<td>94.6%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>75 + NH</td>
<td>5.2%</td>
<td>0.2%</td>
<td>94.7%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>65-74 US</td>
<td>22.3%</td>
<td>0.9%</td>
<td>76.8%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>65-74 NH</td>
<td>26.3%</td>
<td>0.8%</td>
<td>73.0%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>55-64 US</td>
<td>59.7%</td>
<td>2.4%</td>
<td>37.9%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>55-64 NH</td>
<td>68.5%</td>
<td>2.6%</td>
<td>28.9%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>45-54 US</td>
<td>76.8%</td>
<td>3.5%</td>
<td>19.6%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>45-54 NH</td>
<td>83.7%</td>
<td>2.5%</td>
<td>13.8%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>35-44 US</td>
<td>77.7%</td>
<td>4.0%</td>
<td>17.9%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>35-44 NH</td>
<td>83.0%</td>
<td>2.8%</td>
<td>14.0%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>25-34 US</td>
<td>75.7%</td>
<td>2.2%</td>
<td>18.3%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>25-34 NH</td>
<td>81.3%</td>
<td>3.1%</td>
<td>15.4%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>&lt; 25 US</td>
<td>51.9%</td>
<td>8.9%</td>
<td>38.1%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>&lt; 25 NH</td>
<td>53.4%</td>
<td>7.7%</td>
<td>33.7%</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Source:** American Community Survey, 2006

**Note:** This is the percentage of unemployed within the age group and not the unemployment rate.
Labor Force Participation in the Public Sector, Private Sector, and Self Employed by Age

Importance of this Information:

Labor force participants may become employees for the government (at the local, state, or federal levels) or private organizations (either those that are for-profit or non-profit). Alternatively, labor force participants might be self employed (as contractors, consultants, or business owners).

The mix of labor force participation linked to each of these segments of the economy may affect emergent economic activity (such as “start-ups”) and sustained economic growth.

Observation about the Age of New Hampshire’s Workforce by Sectors Groups:

- Workers age 55-64 comprise only 10.2% of labor force participants who work in the private sector.
- Workers age 45-54 and 55-64 each comprise 23.7% of labor force participants who work for federal government.

Questions you might want to consider:

What motivates, incentivizes, or deters labor force participants to work in the public sector, the private sector (for profit or non-profit), or to be self-employed?

What steps could employers in the public and private sectors take to recruit, engage, and retain workers of all ages?

Figure 6: Age of the New Hampshire Workforce in the Public Sector, Private Sector, and Self-Employed Groups

Unemployment Rates by Age

Importance of this Information:

High rates of unemployment create personal hardship and are also public policy concerns. State leaders will want to consider the implications of variations in the unemployment rates by age. It may also be important to consider variations by age in the utilization of services and programs designed to help people find employment.

Observation about Age and Unemployment:

The unemployment rates in New Hampshire reflect a downward slope; that is, the rates are highest among the youngest groups of labor force participants and the lower for those in the oldest age groups.

In the 55-74 year old age groups, New Hampshire has a higher unemployment rate compared to national statistics.

Questions you might want to consider:

Do the unemployment rates among workers of different ages reflect the economic stress experienced in particular industries or occupations?

Do the unemployment rates among workers of different ages reflect individual employment experiences, education, or marketable skills and competencies?

Figure 7: Annual Unemployment Rate by Age, 2005

![Graph showing annual unemployment rates by age in New Hampshire compared to the United States in 2005.](source: American Community Survey, 2006)
The employment rate among people 55 years and older in New Hampshire (41.7%) is higher than in the country as a whole.

**Figure 8: Employment Rate of Those 55+**

![Bar chart showing employment rate comparison between New Hampshire and the United States.](chart.png)

Source: American Community Survey, 2006

The map below indicates that New Hampshire has relatively low unemployment rates and an average percentage of people aged 55 and older.

**Figure 9: Nationwide Unemployment and Population 55+**

![Map showing unemployment and population age 55+ across the United States.](map.png)

Source: American Community Survey, 2006

Key:
- **Population Age 55+**
  - Large dots = 7.0% +
  - Medium dots = 6.0-6.9%
  - Small dots = 5.0-5.9%
  - No dots = < 5.0%

Unemployment Rate:
- Large dots = 7.0% +
- Medium dots = 6.0-6.9%
- Small dots = 5.0-5.9%
- No dots = < 5.0%
Section 3: Industry Sector and Occupational Groups

Introduction

It is important to make the connection between workforce development and economic activity. Job expansion may be located in those industry sectors that make significant contributions to states’ economies and those that are expected to grow.

Economic Output

Importance of the Information:

Measures of economic output provide insight into the business productivity.

Observation about Economic Output by Industry Sector in New Hampshire:

As an industry sector, real estate contributes the most to the state economy, as measured by gross domestic product.

Questions you might want to consider:

Which industry sectors anchor the state’s economy?

Which industry sectors are in growth mode?

Which industry sectors show signs of being in decline?

Figure 10: New Hampshire Economic Activity (GDP) by Industry Sector, 2005, Top 5 Industries

Source: Bureau of Economic Analysis, U.S. Department of Commerce, 2005
Employment by Industry Sectors

Importance of Information:

There can be significant variation in the age demographics of workforces in different industry sectors. Older workers employed in industry sectors expected to decline in their economic output may find career opportunities constrained.

Observation about Employment in New Hampshire’s Industry Sectors:

In comparison to New Hampshire, across all age groups in the United States, the five industries that employ the highest percentages of the workforce are: real estate, rental & leasing (14.5%); manufacturing (13.9%); state & local government (9.8%); finance & insurance (8.8%); and professional & technical services (7.9%).

Within each age group, different New Hampshire industries employ high percentages of workers. The information in Table 1 indicates the industry groups that employ the highest percentage of workers in each of the age groups. For example, employees 50-59 years of age comprise 35.0% of the workforce in the computer & electronic product manufacturing industry in New Hampshire.

Table 1: Industries (top 3) employing Highest Percentages of Workers (as % of the workforce in that industry) by Age Group*

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Industry Group</th>
<th>Employment Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>20-29 years</td>
<td>Accommodation</td>
<td>60.9%</td>
</tr>
<tr>
<td></td>
<td>Food service &amp; drinking places</td>
<td>53.7%</td>
</tr>
<tr>
<td></td>
<td>Retail trade</td>
<td>43.0%</td>
</tr>
<tr>
<td>30-39 years</td>
<td>Professional &amp; technical services</td>
<td>25.7%</td>
</tr>
<tr>
<td></td>
<td>Construction</td>
<td>25.4%</td>
</tr>
<tr>
<td></td>
<td>Wholesale trade</td>
<td>25.2%</td>
</tr>
<tr>
<td>40-49 years</td>
<td>Machinery manufacturing</td>
<td>47.3%</td>
</tr>
<tr>
<td></td>
<td>Primary metals &amp; fabricated metal products</td>
<td>34.2%</td>
</tr>
<tr>
<td></td>
<td>Insurance</td>
<td>33.1%</td>
</tr>
<tr>
<td>50-59 years</td>
<td>Computer &amp; electronic product manufacturing</td>
<td>35.0%</td>
</tr>
<tr>
<td></td>
<td>Social assistance</td>
<td>34.2%</td>
</tr>
<tr>
<td></td>
<td>Transportation equipment manufacturing</td>
<td>32.8%</td>
</tr>
<tr>
<td>60+ years</td>
<td>Real estate</td>
<td>21.0%</td>
</tr>
<tr>
<td></td>
<td>Publishing industries</td>
<td>20.6%</td>
</tr>
<tr>
<td></td>
<td>Arts, entertainment &amp; recreation</td>
<td>19.1%</td>
</tr>
</tbody>
</table>

*Note: Industries accounting for less than 1% and fewer than 25 respondents were omitted.

Questions you might want to consider:

What are the variations in the employment rates of younger workers, workers at midlife and older workers in different industry sectors?

Do those industry sectors expected to experience growth in the future tend to hire proportionate percentages of workers across the age groups?
Employment by Occupational Groups

Importance of this Information:

The occupational choices made vary from generation to generation. As a consequence, the age distribution within occupational groups varies.

Observation about Employment by Occupational Groups in New Hampshire:

Within each age group, different occupations employ different percentages of workers. The information in Table 2 indicates the occupational groups with the highest percentage of workers in each of the age groups. For example, people 50-59 years of age comprise 27.0% of people in the production occupational group.

Table 2: Occupations (top 3) with the Highest Percentages of Workers (as % of the workforce in that occupation) by Age Group*

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Occupation</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>20-29 years</td>
<td>Food preparation &amp; serving related</td>
<td>54.4%</td>
</tr>
<tr>
<td></td>
<td>Arts, design, entertainment, sports &amp; media</td>
<td>46.6%</td>
</tr>
<tr>
<td></td>
<td>Healthcare support</td>
<td>44.1%</td>
</tr>
<tr>
<td>30-39 years</td>
<td>Construction &amp; extraction</td>
<td>24.2%</td>
</tr>
<tr>
<td></td>
<td>Healthcare practitioner</td>
<td>24.0%</td>
</tr>
<tr>
<td></td>
<td>Installation, maintenance &amp; repair</td>
<td>23.5%</td>
</tr>
<tr>
<td>40-49 years</td>
<td>Computer &amp; mathematical science</td>
<td>40.6%</td>
</tr>
<tr>
<td></td>
<td>Management</td>
<td>32.4%</td>
</tr>
<tr>
<td></td>
<td>Architecture &amp; engineering</td>
<td>31.7%</td>
</tr>
<tr>
<td>50-59 years</td>
<td>Production occupations</td>
<td>27.0%</td>
</tr>
<tr>
<td></td>
<td>Community &amp; social service</td>
<td>26.5%</td>
</tr>
<tr>
<td></td>
<td>Business &amp; financial operations</td>
<td>26.1%</td>
</tr>
<tr>
<td>60+ years</td>
<td>Protective service</td>
<td>16.1%</td>
</tr>
<tr>
<td></td>
<td>Community &amp; social service</td>
<td>13.4%</td>
</tr>
<tr>
<td></td>
<td>Personal care &amp; service</td>
<td>11.4%</td>
</tr>
</tbody>
</table>


*Note: Occupations accounting for less than 1% and fewer than 25 respondents were omitted.

Questions you might want to consider:

What is the age distribution in occupational groups anticipated to grow in the next decade?
Section 4: Education & Workforce Preparedness

Introduction

Education and training continue to be the most effective path to sustained employment. The highest level of education attained by the majority of New Hampshire residents under 34 years, 45-54 and 65 years and older was high school graduate.

Educational Attainment by Age Group

Importance of Information:

Education is a predictor of employment rate and income. Employers want to hire employees with relevant and current education and training.

Observation about Educational Attainment by Age Group:

Compared with the nation as a whole, New Hampshire residents age 55 and older comprise a higher percentage of those with some college or a college or graduate degree.

Figure 11: Education Levels for the Population 55+

Questions you might want to consider:

Do the residents in our state have the education and training sought by employers currently located in the state?

Do the residents in our state have the education and training needed by businesses that might have an interest in locating in the state?
Section 5: Legislative Readiness

Introduction

One way of evaluating states’ readiness to address the aging population is by looking at legislation and legislative committees relevant to older workers. Policies that expand the employment opportunities available to older workers can complement the efforts of employers interested in recruiting, engaging, and retaining older workers.

There are ample opportunities for states, as both policy-makers and as employers, to facilitate the employment of older workers, including:

- Raise awareness about the aging of the workforce by providing information to residents, community-based organizations, and employers.
- Establish employment standards to guide employer decision-making.
- Provide services to older residents and to employers, such as training.
- Recognize the efforts of model employers who work to expand the quality employment opportunities to older workers.
- Being model employers themselves and utilizing “best practices,” such as expanding the availability of flexible work options or providing training.

Current Legislation

Legislative activity is one indicator of the state’s level of preparedness to respond to the aging of the workforce.

Figure 13 indicates that most of the state bills in 2005-2006 addressed issues related to the employment of older workers who work in public sector agencies and departments.
There were no bills relevant to older workers introduced in the 2007-2008 legislative session. The following bill was introduced into the New Hampshire Senate in the 2005-2006 session:

S.B. 377

“This bill extends COBRA coverage to persons who are 55 years of age or older who are dismissed from employment or who retire at 55 years of age or older until they are eligible for Medicare.”
Legislative Committees:

The presence of legislative committees is another indicator of a state’s readiness to respond to aging because these committees channel much of legislators’ discussion and dialogue.

At present, New Hampshire has one legislative committee relevant to older adults: Health, Human Services, and Elderly Affairs.

References:


The State Perspectives Institute

The State Perspectives Institute at the Boston College Center on Aging & Work partners with state leaders across the country to examine impacts of the 21st century age demographics on economic and workforce development. The Institute gathers and analyzes information about employment at state agencies, as well as workforce demographics in the states’ primary industry sectors.

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**Table 1:** Industries: Highest Percentages of Workers by Age Group as % of Workforce by Industry Sector

**Table 2:** Occupations: Highest Percentages of Workers by Age Group as % of Workforce by Occupational Category