RUNDOWN August 2017

THANK YOU, SUMMER MEMBERS!
Thanks for spending your summer at the Plex with us! We hope to see you again next year, community members & alum. Faculty, staff, and students, please remember to renew your membership for the fall on August 21.

LOCKERS
Summer lockers must be renewed or emptied no later than August 13.

Want a place at the Plex to store your yoga mat, running shoes, swimming gear, and other fitness-related belongings? New lockers go on sale August 21. Half-sized lockers are $30 for a semester or $70 for the year. Full-sized lockers are $45 for a semester or $80 for the year. Get yours before we run out! Full-sized lockers are limited.

Memberships
Fall semester memberships go on sale August 21. $155 for students and $165 for faculty/staff. Not ready to commit to a full semester? Sign up for our monthly memberships anytime. $45/month for faculty/staff and $40/month for students. To join, please call (617) 552-0797 or stop by Member Services at the Plex. Learn more: bc.edu/rec/membership

AUGUST CLOSURES
Building Closures: The Plex will be closed on August 14 and 15 for cleaning days and closed after 9am on Aug. 23 for all staff training.

Area Closures:
August 13 - 20: Basketball Courts 8, 9, and 10
August 14 - 20: Racquetball courts 1 and 4; MPR A-D; indoor tennis courts 1-4; track; track bathrooms; and, outdoor basketball court.

Note: We will be resurfacing various courts in the building, which may have strong odors Aug 16 - 20. We should resume normal activity on August 21.

FALL SESSION I PROGRAMS
Can you believe how quickly the fall is approaching? Keep your energy up and your body strong this fall and join one of our many great programs. We have outdoor adventure trips, small group training, private & semi-private swimming and tennis lessons, and so much more. A complete listing of our fall programs is available online at reconnect.bc.edu. Registration for fall session I starts August 21! Courses include:

- Fit Club
- Synergy Circuit Training
- Fit Over 40
- Intro to (Power)lifting
- Women in Weights
- HIIT
- Beginner & Intermediate Group Tennis (Youth & Adult)
- Beginner Salsa
- Latin Medley
- Beginner & Advanced Jiu-Jitsu
- Beginner Ice Skating
- Masters Swim
- Beginner & Intermediate Group Swim
- Private & Semi-Private Tennis & Swim (Youth & Adult)
- American Red Cross certifications

FALL HOURS (AUGUST 27 - DECEMBER 18)

Flynn Complex
Mon - Thurs: 6:00 am - 11:45 pm
Fri: 6:00 am - 10:45 pm
Sat: 9:00 am - 8:45 pm
Sun: 9:00 am - 10:45 pm

Quonset Hut
Mon - Thurs: 7:45am-11:00 pm
Fri: 7:45 am - 6:00 pm
Sat: 12:00 pm - 6:00 pm
Sun: 12:00 pm - 10:30 pm

AUGUST @ BC REC

4 Summer Day Camp ends
13 Last day of AC cardio room
13 Summer memberships end
13 Half-size lockers must be renewed or emptied by today
14 Plex closed for cleaning day
15 Plex closed for cleaning day
21 Fall programs & memberships go on sale
21 Lockers go on sale
23 Plex open 6-9 am, closed rest of day for staff training
27 Hut reopens, fall hours start
27 Fall semester begins!