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I. General Information

A. Mission Statement

The purpose of the Intramural Sports program at Boston College is to provide exercise, recreation, and fun to our participants in a relaxed, yet structured environment. Intramural Sports enhance the academic experience by promoting and reinforcing leadership qualities, teamwork, personal accomplishment, mutual respect, integrity, competition, and recreation, as well as skill and exercise. Everyone is encouraged to play to the best of their abilities; however, a win-at-all-cost attitude is inappropriate and strongly discouraged. The genuine value of Intramural Sports comes from the recreation and camaraderie experienced with the other participants and staff of the program.

B. Core Values

Fun: At the core of the Intramural Program, there is a desire to provide participants with enjoyable programming in a positive, inviting environment.
Honesty: In order to maintain high standards throughout the Intramural Program, we strive to uphold a culture of integrity, trust, fairness, responsibility, and accountability. Respect: Sportsmanship is a focal point of the Intramural Program; treating others with respect is not up for debate. Remember, in the end, we are all Eagles. Professionalism: The Intramural Program strives for a level of professionalism that will foster growth in our student employees and that will give participants a program to be proud of. Passion: Individuals participating in Intramural Sports, whether a player or an official, should approach their role with positive energy and enthusiasm. Community: The Intramural Program hopes to promote lasting relationships and camaraderie at Boston College.

C. Goals of the Intramural Program

1. Meaningful Feedback from Intramural Participants:
   a. Before the end of each season of Intramural Sports, the Intramural Department will send out a survey to obtain feedback from participants about a wide variety of program aspects.
2. Co-Rec Campus Champion!
   a. This year, the Intramural Department is going to crown an All-Campus Co-Rec Champion.
   b. In most of our major sports, we will track team participation and award points to teams based on how they finish each season.
   c. At the end of the year, the team’s name will be placed on a banner.
   d. More information will be sent out during registration.
3. More participant recognition on social media.
   a. We will continue to recognize a team of the week on social media each week, as well as the champions of each league at the end of the season.
   b. Our goal will be to add an Intramural Snapchat and allow teams to “takeover” the account at designated times throughout the season.

D. Priorities of the Intramural Program

- To provide a wide range of individual and team sports at varying levels of competitiveness for students, faculty, and staff at Boston College.
- To provide opportunities for social interaction and the development of lasting friendships.
- To teach the value of sportsmanship, the principles of fair play, and a positive attitude.
- To develop habits of participation in physical activity that can carry over into everyday living.
- To provide leadership opportunities through participation.
- To provide employment opportunities and educational experiences for students.

II. Eligibility

A. Who can play?

Any member of the Flynn Recreation Complex is eligible to play intramurals. All undergraduate students are automatically members. Graduate students, faculty, and staff may purchase a membership.

The only exceptions to the above eligibility is for students who have played professionally in that sport or its equivalent sport, for students who have been on a varsity roster in that sport during the current school year, or if that student is a member of a club team in that sport or its equivalent sport and the team is already at the club limit for the team roster in that league.
There is no additional out of pocket cost. It is covered in the student activities fee included in undergraduate tuition. Intramurals are free to those with Campus Recreation Memberships; however you must have a Campus Recreation Membership in order to participate.

B. Levels of Play

In an effort to create a fair environment for all playing levels and abilities, most sports are offered in Competitive and Recreational levels. Some sports may have an Intermediate level as well. Leagues are also broken down into Men’s, Women’s, and Co-Rec divisions.

C. Participation

Within each sport, players may only participate on one team during the same season. Players may play on one single gender and one coed team per sport. Participants are encouraged to play multiple sports during a given phase though!

D. Intercollegiate Athletics Team Members

Any active member of an Intercollegiate Athletics team is ineligible to participate in the same or related sport during the same school year.

Any one of the following criteria determines active membership on an Intercollegiate Athletics team:

- Member of a varsity team
- Suited up for an intercollegiate contest
- Participated in an intercollegiate contest
- Practiced with an intercollegiate team after the last cut
- Red-shirted for an intercollegiate team

E. Ineligible Player Team Penalty

Any team using an ineligible player will forfeit all games in which the ineligible player participated. Any team knowingly using such a player will forfeit all games in which the ineligible player participated, may not participate in playoffs, and may face other consequences as deemed appropriate by the Intramural Sports Administrative Staff.
II. Risk Management

A. Injury/Accident Notification

In the case of an injury or accident during a scheduled Intramural contest, or a potential problem, participants should notify any Intramural Sports Staff member on-duty as soon possible.

IV. Policies

A. Team Captains

Each team is responsible for designating a team captain or representative. The captain is responsible for the following:

- General leadership of the team
- Knowing the specific sport’s rules
- Relaying information contained in the Intramural Sports Handbook to his/her team
- Communicating the game schedule for the regular season and playoffs
- Controlling their teammates and sportsmanship throughout the season and playoffs

The captain does not need to be present at every game, but it is recommended that in the captain’s absence, someone takes over the responsibility and requirements of the captain for that game.

Captains will be the point of contact between the Intramural Office and the team for scheduling changes, game postponement, and any other issues that may arise.
B. Team Rosters

Team Captains are responsible for keeping their roster up-to-date and for adding players prior to the end of the regular season, which is the roster addition deadline. All roster additions should be done through the registration site, but if you are having issues, just stop in the Intramural Office and we would be happy to help!

In order to be eligible to play in the playoffs, a player must be on the roster and participate in one regular season game.

There is no limit on the number of players on the roster! However, there is a limit on the number of mugs/champion t-shirts that we hand out to the championship team (this number will be communicated by the Intramural Office prior to the championship game).

C. Identification Check

Prior to the start of every Intramural contest, participants will be required to check in with the Intramural Sport Staff by showing picture identification. The preferred form of ID is the Boston College Student ID. Other acceptable forms would be a driver’s license/state ID. Unfortunately, we cannot accept a picture of an ID or a Facebook page. If you have any questions about acceptable forms of Identification, feel free to contact the Intramural Office prior to arriving for your game.

Failure to produce picture identification will result in not being allowed to participate in the Intramural contest. Absolutely no exceptions will be made. No I.D.=No Play!

D. Team Name Policy

All Intramural team names will be reviewed by the Intramural Office at the start of each season. Any team names that are deemed disrespectful, degrading, or inappropriate will be changed. Once changed, the team captain may submit a request to change the name if the new name is appropriate.

If you notice, we have our champion photos and banners displayed prominently for prospective students and families, as well as Campus Recreation Members to view. We do not want them to see inappropriate or disrespectful team names on those!!
V. Procedures

A. Registration

Anyone who would like to participate in BC Rec Intramurals must sign up with IMLeagues, a web-based Intramural software system. To verify that all intramural participants are current Boston College students, faculty or staff members with a valid BC Rec membership and ensure that each person has only one IMLeagues.com account, we are now requiring all participants to login via the BC Rec online registration portal.

You will need to be on the BC network to access the new registration process. If not, please connect to Eagle VPN to log onto the site. Instructions for Eagle VPN are here.

There are instructions on the portal page for creating new accounts or merging existing IMLeagues accounts. When signing up with IMLeagues, you must also agree to our Code of Conduct. The code of conduct can also be found within this handbook.

If you have questions about the online registration process or have trouble creating your new account after reading the instructions on the IMLeagues registration portal page, please call the Intramural Office at 617-552-0632 or email intramura@bc.edu.

B. Rules

All sport specific rules for Intramural leagues and tournaments can be found by clicking here.

C. Schedules & Rescheduling

All schedules are created and published through the IMLeagues website. The Intramural Office will make every effort to get the schedules published as soon as possible, but with at least 1 day notice before league play begins. While the times may vary from week to week, teams will register for a division that plays on the same night (and possibly at the same time) every week. Captains should communicate the scheduling procedure to their teammates to ensure that each team is prepared for the season to begin.

The Boston College Intramural Department understands that college students have busy schedules and unexpected commitments come up from time to time. We will do our best to accommodate reschedule requests, as per our rescheduling policy:

1. Games will only be rescheduled if a team would not be able to field the minimum number of players in order to play.
2. Each team is allowed one request per semester.
3. The Intramural Office does not accept email or phone requests—the Rescheduling form must be filled out and handed in to a member of the
Intramural Office at least 48 hours prior to the scheduled game time. NO EXCEPTIONS!

4. Once the request has been submitted, the originally scheduled game time is no longer an option. If the game cannot be rescheduled your team will receive a default loss.

5. The Intramural Office will do its best to fulfill all reschedule requests, but there is no guarantee that this will be possible for all requests.

6. Until you receive official word from the Assistant Director of Intramurals or an Intramural Office staff member, nothing has changed. Do not assume that once you have turned in your request that the game has been changed.

D. Forfeit & Default

A team forfeits the game when they do not have the minimum number of players present at game time. If a team forfeits in the first week of the season, the team will be removed from the league and their spot will be filled by a team on the waitlist.

If a team forfeits twice during the regular season (but not in the first week), they may become ineligible for the playoffs.

If you know your team will not be able to meet the minimum amount of players required to avoid a forfeit, a team has the option to take a Default loss. The team captain must notify the Intramural Office at least 48 hours prior to the scheduled game.

E. League Scores & Results

League scores will be entered at the end of each night by one of the Intramural Staff. If you believe that a score or sportsmanship rating was entered incorrectly, please contact the Intramural Office as soon as possible so we can look into the issue.

League standings will be determined by winning percentage within the league. Ties and seeding will be determined in the following order:

1. Head to Head competition (if the teams played against each other in the regular season)
2. Total Points Allowed
3. Sportsmanship Rating Average throughout the regular season
4. Total Points Scored

F. Playoffs
The Intramural Department strives to get as many teams into the playoff bracket as possible during each season. We aim to get every team into the playoffs, but this will vary season to season based on facility space. Captains will be notified of the number of teams that will qualify for the playoffs as early as possible.

Playoffs will start as soon as possible following the last regular season game. Teams will be notified of the playoff schedule being published via email 48 hours prior the start of the playoffs.

G. Inclement Weather

All Intramural Sports contests will be played as scheduled. In the case of inclement weather, if you do not receive a phone call from an Intramural Sport staff member, you should show up at the game site prepared to play. Failure to show up in this situation will result in a forfeit.

The Intramural Office will make every effort to reschedule games that are postponed due to inclement weather, darkness, or facility scheduling conflicts. However, it is not guaranteed to be rescheduled.

VI. Code of Conduct

A. Guidelines

The Intramural Program is meant to provide a fun, positive atmosphere for the Boston College community to compete in organized sports. While it is okay to make winning a goal, participants cannot lose sight of the greater mission of fostering camaraderie and recreation with peers. At all times, participants in the Boston College Intramural Program should act in a manner appropriate for intramural competition. If at any time a participant, coach, or fan, in the judgment of an Intramural staff member, goes beyond what is appropriate, the individual will be disqualified from the game in progress and shall be required to meet with the Assistant Director of Intramural Programs before being allowed to play in another intramural contest.

B. Disqualification

Disqualification will be issued for actions such as, but not limited to, the following:
- Damaging, or in any way abusing Boston College property, fields, gyms, rinks, equipment, etc.
- Consumption/possession of alcohol beverages, cigarette smoking, or use of any illegal substances
• Verbal or physical misconduct directed at any person whether they be a(n) intramural official, opponent, teammate, fan, administrator, etc. Any question regarding what constitutes misconduct should be directed to the Intramural Office.

• Excessively disputing any official’s judgment call (i.e., safe/out, ball/strike, in/out, fouls, penalties, etc.)

• Dangerous use of equipment

C. Sportsmanship

Good sportsmanship is vital to maintaining the appropriate recreational atmosphere of intramural sports. All intramural participants and spectators are expected to conduct themselves in a civil and sporting manner at all times—before, during, and after contests. Behavior that promotes intolerance or prejudice, degrades any racial, ethnic, gender, or religious group, infers an explicit sexual reference, demeans the basis of skill or intellect or promotes destructive behavior is considered disrespectful to the University and its members, and will be addressed and dealt with accordingly. This includes Intramural team names and information posted on the IMLeagues website.

D. Automatic Expulsion

The Assistant Director of Intramural Sports has the right to suspend individuals or teams from further participation in the intramural program for violations of conduct befitting an intramural participant or team. Actions which interfere with others’ enjoyment of the league is a specific departmental point of emphasis. Any actions which are not just inappropriate for intramural participants, but of Boston College students in general, will also be directed to the Office of Student Affairs.

E. Individual Penalties

Any individual ejected from a contest may be suspended from future contests. That individual must meet with the Assistant Director of Intramural Sports to determine the severity of disciplinary action before being allowed to resume play. Any disciplinary action is at the discretion of the Assistant Director of Intramural Sports.
F. Team Penalties

Any team receiving a sportsmanship rating of 1 will be required to have its team manager and possibly specific offending team members meet with the Assistant Director of Intramural Sports before the team can be reinstated. The individual participants will also be subject to the penalties outlined above. A sportsmanship rating will be determined by the intramural staff working the event after each game for both participating teams.

Any team that has two (2) participants ejected from a single contest will forfeit that contest (regardless of score) and may be suspended from future contests.

G. Sportsmanship Rating System

Regular Season Games:
- After each game, teams will be given a sportsmanship rating by the Intramural officials according to the sportsmanship displayed by the entire team. Teams must have a minimum average sportsmanship rating of “3.0” to be eligible to participate in the playoffs. If a game is not completed due to any circumstances, the sportsmanship rating earned will stand regardless if the game is official or not.

Playoff Games:
- Teams must have a sportsmanship rating of “3.0” or better in each game to advance. If a team receives below a “3.0” sportsmanship rating in any playoff game, they will be removed and their opponent will advance given their sportsmanship rating was above a “3.0”. If neither team receives a “3.0” rating, both teams will be removed and the next round will be a bye. Sportsmanship rating is also one method used to break ties after the regular season.

H. Sportsmanship Ratings

- “5” Excellent Conduct & Sportsmanship – Captain, players, and fans all display an excellent attitude. Conduct is positive at all times, even if the opponent does not display a high level of sportsmanship. If necessary the captain calmly converses with the Intramural officials regarding rule interpretations and calls. The team has winning and losing in perspective such that their conduct in all ways provides an example for the league and the program.
- “4” Good Conduct & Sportsmanship – The team shows good sportsmanship and cooperates with the opposing team, officials, and Intramural Supervisor.
Opponents are treated with respect and there are no warnings, yellow cards, or unsporting technical fouls.

- “3” Average Conduct & Sportsmanship – The team still shows cooperation with officials and opponents but may have some complaints and grumbling. Good attitude is missing on occasion but there are no blatant displays of bad attitude. The captain is in control of the team.
- “2” Below Average Conduct & Sportsmanship – Team constantly comments to the officials, Intramural Supervisor, and/or opposing team from the field and/or sidelines. The team captain exhibits little or no control over teammates or himself/herself.
- “1” Poor Conduct & Sportsmanship – Captain has no control over teammates and/or himself/herself. Team is completely uncooperative and poorly represents themselves and the Boston College Intramural Program.

I. Discipline

Minor Offenses:
- Any technical foul, unsportsmanlike conduct, or yellow card will be recorded by the supervisor, and the reason it was issued will also be recorded. This information will be passed along to the Assistant Director of Intramural Sports. If the penalty was issued because of reckless play or poor sportsmanship, the Assistant Director of Intramural Sports will contact the player and let them know this type of play is unacceptable in Boston College Intramurals and if the behavior continues in future games, this prior history could be taken into consideration.

Major Offenses:
- Any ejection is grounds for a 1 game suspension from Intramural sports. All ejections, and their cause, will be recorded by the Intramural Supervisor and passed along to the Assistant Director of Intramural Sports. The Assistant Director of Intramural Sports will meet with each ejected player and determine the appropriate course of action for that participant. Penalties could include a ban from Intramural Sports and potentially being reported to the Office of Student Affairs at Boston College.

VII. Game Sites

A. Alumni Stadium

Used for 11v11 Outdoor Soccer in the Fall Phase I; Used for Flag Football, Ultimate Frisbee, & Wiffleball in the Spring Phase IV
The “Bubble” will be used for Indoor Soccer in the Spring Phase III

B. Shea Field

The outfield of the baseball field is used for Flag Football in the Fall Phase I; The Softball field is used for Softball in the Fall Phase I & Spring Phase IV

C. Conte Forum

Conte Forum’s Kelly Rink is used for Ice Hockey in Phases II & III, which span from Fall to Spring

D. Plex Indoor Basketball Courts

Used for Volleyball in Fall Phase I; Used for Basketball in Fall Phase II; Used for Basketball in Spring Phase III; Used for Volleyball in Spring Phase IV

E. Plex Outdoor Basketball Court

Used for Dodgeball & Floor Hockey in Fall Phase I; Used for Dodgeball & Floor Hockey in Spring Phase IV