

ORIENTATION INFORMATION 2010: SEMESTER 2



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Welcome to Rhodes University! We hope that you enjoy your stay here.

This booklet contains important information regarding your study at Rhodes. Please keep it in a safe place and refer back to it should you have any queries.

Should you have any questions, feel free to contact the International Office. We are situated in the Eden Grove building on Lucas Avenue.

Our email address: internationaloffice@ru.ac.za

Our website: www.ru.ac.za/international

IMPORTANT PHONE NUMBERS:

- International Office: 046 603 8217
- Campus Protection Unit: 046 603 8146
- Health Care Centre: 046 603 8523
- Counselling Centre: 046 603 7070
- Psychological Emergencies Line: 082 803 0177
- Dr. Pellissier (GP): 046 622 2970

ABSA Health Care Consultant (Marinda Potgieter): 041 396 5596 and marinda.potgieter@absa.co.za

Get Home Safe service: 084 869 9679

International Office's Postal Address:

International Office, Rhodes University PO Box 94 Grahamstown 6140 SOUTH AFRICA

International Office's Physical Address (Your parents can use this to send packages to you via courier):

International Office Eden Grove Building Lucas Avenue Rhodes University Grahamstown 6140

IMPORTANT DATES

There are a few important dates that you should diarise:

Public Holidays:

9 August - National Women's Day 24 September - Heritage Day

Note that on public holidays, all businesses, banks and the University are closed.

Orientation Week: 13 – 16 July

Commencement of Lectures: Monday 19 July

Last day to change courses: Friday 30 July

Please note that after this date, you will be allowed to drop courses, but you will not be allowed to pick up any new courses. Please come to the International Office to change courses.

September Vacation: 28 August – 5 September

Swot Days: 23 – 29 October

Exams: 30 October – 25 November

Expected notification of credits: 20 December

Note that the student's transcript will be sent directly to the student's institution (except for independent study abroad students), not to the student, and only once the student's account is settled.

ARRIVAL AT RHODES UNIVERSITY

Airport Collection

Upon arrival at Port Elizabeth Airport, you will be collected by JC Shuttles. They drive white vehicles with red writing on them, and if required, can be contacted at 046 622 2481 or 083 590 2169.

Port Elizabeth Airport is tiny, so don't worry about getting lost. Just collect your bags, and walk out the nearest door – you'll see all the shuttles, taxis and cars waiting there.

Arrival in Grahamstown

On arrival in Grahamstown, the shuttle will drop you off at your accommodation, as the term would not have started we will place all exchange / study abroad students in temporary accommodation. On 18 July you will move to your allocated residence accomodaton, please consult your welcome letter for the name of your residence. A representative from your residence – most likely, one of your sub-wardens – will let you in and welcome you.

You will need to present yourself immediately to the International Office in order to register administratively, so that your meals will become available. Please ask the warden or subwarden at the temporary accommodation for directions, we are located in the Eden Grove Building on Lucas Avenue.

You will need to bring the following with you:

- 1. Your passport with your valid study visa/permit.
- 2. Your welcome letter that provides your student number.
- 3. Confirmation of membership to a South African Medical Aid (Protea Medical Aid or Ingwe Medical Aid).
- 4. A smile! You will be photographed for your student ID card.

Once registered, you will be able to access your meals, and within two days, you will gain Internet access.

(Note: if you are arriving late – after 17:00 – you will only need to present yourself to us the following day. The warden / sub-warden at your temporary accommodation will know that you are getting in late so don't worry about not getting in!)

Orientation

There will be a number of events happening over your Orientation week. Most important will be your meetings with the International Office, which will concern your administrative registration and your curriculum approval. Please consult our programme, the events we have organised for you are compulsory and you will be at a disadvantage should you not attend.

ACADEMIC CONSIDERATIONS

Teaching at Rhodes

Rhodes is one of the smallest universities in South Africa, with just over 7 000 students. We also have a very high percentage of international students – approximately 25%. The norm in South Africa is between 5% and 10%. We view the small size of the university as a distinct advantage, and for the past few years Rhodes has had the highest undergraduate pass rate in South Africa and the highest research output per academic staff in the country. The student to lecturer ratio is 18:1, which ensures that our students have a close interaction with their lecturers. All courses are presented in English (apart from courses in the School of Languages, some of which are presented in the language studied). Our academic year begins in February and we operate on a two semester system, with partial semesterisation of courses. The first semester runs from February to June and the second semester from July to November.

Rhodes University has six faculties, the largest of which is the Humanities faculty. Short term students predominantly take courses in the Humanities faculty. It should be noted that not all courses in all faculties are available to short term students.

Every course has a minimum requirement of work that a student needs to meet in order to be allowed to write exams. This is referred to as the DP (Duly Performed) system, and should you fail to meet the requirements, you will "lose" your DP. What this means is that you will not be able to write the exam at the end of the semester, and you will not receive credit for the course. Please ensure that you are aware of what each course's DP requirements are.

Lectures and Tutorials

Lectures are 45 minutes long with a 10 minute break in between. Courses at first and second year level will usually meet 4 times per week for 45 minutes (1 lecture period). Courses at third year level may meet more often, up to 8 times per week.

In addition to lectures, students are required to attend tutorials, which are small discussion groups. You will be assigned tutorial times by your departments. Some courses also have practical lessons – like tutorials, you will be assigned practical times by your departments. Please make sure that you find out when and where your tutorials are.

Lectures are generally held in the mornings, with tutorial or practical sessions held in the afternoons. Each department has their own attendance requirements – please take note of these in the relevant departmental handbooks. For most departments, attendance at tutorials and practicals is compulsory, and some also require attendance at lectures.

The 2010 Lecture Timetable can be found on page 314 of the University Calendar.

Please note the following:

a { } bracket indicates alternate tutorial times – following your departmental registration, your department will allocate you to one of these times, based on your lecture schedule – for example, Drama 1 (page 317in your calendar) has a total of eight weekly tutorial sessions scheduled on Monday periods 9 and 10, Tuesday periods 9 and 10, Wednesday periods 9 and 10 and Thursday periods 9 and 10. The Drama department will assign you to ONE of these

periods.

a [] bracket indicates a repeat lecture – i.e. the lecture is repeated in both lecture periods – however, students are asked to commit to certain times and to follow that particular "stream". For example – Sociology 1 (page 323 in your calendar) has the following lecture periods: Monday periods **2** OR **3**, Tuesday periods **3** OR **4**, Wednesday periods **4** OR **5** and Thursdays period **5** (no repeat lecture on this day).

Once you have decided on your courses, fill in your lecture and tutorial slots in the timetable below and ensure that you do not have a clash. Note that a clash between a lecture and a tutorial is not taken as a reason to miss the tutorial – you are required to change your tutorial time.

Each course will have its own DP (Duly Performed) requirements, which will involve details such as how many classes and tutorials you need to attend in order to be allowed to write the final examinations (this is normally about 80%). If your DP certificate is withdrawn you will not be allowed to write the final examination and you will not receive a credit for that course.

Ensure that you are aware of the dates that assignments are due and when tests will be written. Should you fail to hand in an assignment timeously or write a test, it is likely that you will lose your DP.

Should you need to be absent from a lecture, tutorial, or test you will need to get a "Leave of Absence" slip signed by the relevant Head of Department. You can usually get these from the Secretary or Office Administrator of each department. You may also have to provide a doctor's note, or get the LOA signed by your warden or a staff member at the Health Care Centre.

Course Approval and Registration

Please note that as an international exchange or study abroad student, your course selection is facilitated through the International Office and not through the Faculty Dean. You may be told by your House Warden, house committee members or other students that ALL students are required to get curriculum approval via their Faculty Dean or Faculty representative. This only applies to degree-seeking students and does not apply to short term exchange and study abroad students.

Credit weighting for study abroad or visiting students is calculated on a similar basis to the American system to facilitate transfer of courses and grades. All exchange or visiting short term students are required to take a full-time course load (equivalent to **<u>16 semester hour credits</u>** per semester) for the duration of the semester. Students may drop to 12 credits per semester with the permission of their home institution only. This permission needs to be emailed to the International Office for our records (<u>internationaloffice@ru.ac.za</u>).

Courses at first and second year level are weighted at 4 semester credit hours and courses at third year level are weighted at 8 semester credit hours. Where a course is divided into papers (sub-courses), students are required to take all necessary papers to make up the full semester course. Individual course approval is subject to permission from the relevant Head of Department, class space, lecture time-tabling and prerequisite restrictions.

There are three parts to the academic registration process:

- Students are required to meet with the Head of the Academic department to obtain permission for a particular course. The Head of Department must grant written permission for the student to attend the course. <u>Students have the opportunity to visit</u> various academic departments on Wednesday 14 July and Thursday 15 July.
- 2. The signed permission slips from each Head of Department need to be returned to the International Office so that courses can be registered onto the central University computer system. This is referred to as Curriculum Approval and takes place on Friday 16 July at the International Office.
- 3. In addition to registering courses at the International Office, students need to sign up at the individual department in order to be assigned to a tutorial group. Some departments require passport size photographs if you need photographs, please first check with the International Office as we may have additional photographs on file. Please also enquire from each department as to the lecture venue for your lectures so that you are prepared for lectures on the first day of term.

Lectures commence on Monday19 July.

Please note that the onus is on the student to ensure that any courses taken at Rhodes are acceptable for transfer credit. The International Office is happy to help you with any problems you may have in this regard. Please note that the deadline for any changes in courses is *Friday 30 July 2010*.

Transfer Credits and Academic Transcripts

Most students are required to complete 16 semester hour credits. This is the equivalent of 4 first- or second-year courses, or 2 third-year courses. If you have permission from your home institution, you may be allowed to do 12 credits. This permission will need to be emailed from your home university to the International Office (internationaloffice@ru.ac.za).

You will only receive credits for each course if you have completed the DP requirements, written the exams and passed the course (on the Rhodes' standards). Should you fail (which is a mark below 50%), this will be reflected on your transcript, and Rhodes will not alter this.

It is your responsibility to ensure that the courses you take will be recognised by your home institution.

If you would like to have a course registered on a pass/fail basis, you are required to get permission from your home institution (to be emailed to the International Office) and to inform the International Office <u>before Friday 19 February</u>. This can only be done in certain instances.

Your transcript will be prepared once your exams have been marked. This takes two to three weeks after the end of exams. Once the International Office has received your transcript, it will be sent directly to your home institution, except for independent Study Abroad students. Your home institution will release your transcript to you at their discretion.

Your transcript WILL NOT be released if there are any fees outstanding.

Examinations

Examinations are written from 30 October – 25 November. You are required to write examinations at the end of the semester and may not leave the University before all your examinations have been completed.

Please note that most marks for a course are derived from the exam and not from continuous assessment. Visiting students often find that learning for exams takes more time than they are used to.

Exams are written from Monday to Saturday. Please note that exams need to be written on the specified date – no alternate arrangements can be made. Should you miss an exam, you will require a doctor's note. You may have to write two exams on the same day so please plan your studying accordingly. Should you have two exams scheduled for the same exam session, you will be required to write both exams on the same day, and will not be allowed to leave the stipulated exam venue. You will have to notify the Registrar about your clash so that arrangements can be made.

The exam timetable is released between the middle and end of third term and will be available online (<u>http://www.scifac.ru.ac.za/examtime.htm</u>). Ensure that you regularly check the timetable since some of the information may change as problems arise. Take time to familiarise yourself with the rules and regulations concerning examinations. The date to report clashes will also be given on the timetable.

Do not make any travel arrangements to leave Grahamstown before the end of the exam period until the final exam timetable has been released.

Student Cards

You will be issued with a student card when you register at Rhodes, and you are required to carry it at all times. In addition to being a form of identification on campus, student cards are also used for making photocopies at the Library and for printing in the computer laboratories. Charges are levied for both photocopies and printing and students are required to "load" money onto printing accounts. This can be done at the Cashier's Office, which is located in the Student Bureau, Eden Grove. Students normally load R50-00 at a time, either by paying cash or by debiting student accounts. It can also be done via ROSS (Rhodes Online Student System: https://ross.ru.ac.za/). Note that it takes a day for any funds to be reflected. Unused funds on your printing balance will be credited to your student account at the end of the semester.

Should you lose your student card, you can replace it at Student Bureau for a small charge.

Residence and Meal Access

As of 2010, Rhodes will be using fingerprint access for the residences and the meals. Each student staying in residence will have their fingerprints recorded in an electronic reader during registration. This will replace the "dallas chip" system.

Library

The main library is situated in the middle of campus. It provides many resources, including access to many electronic journals. Please ensure that you attend the Library workshop that appears on your orientation programme: during this workshop, you will be introduced to the library system, and shown how to use the electronic resources.

The library allows books to be taken out for different times. Most books can be loaned for two weeks. Popular books will only be loaned out for 48 hours. Some courses will reserve books for their students on short-loan: these books are loaned out for an hour, and may not be removed from the library.

Library times:

Term time:	Examinations:	Vacations: Weekdays: 08h45 - 17h00
Mon –Thurs : 08h30 - 22h30	Mon –Thurs : 08h30 – 24h00	
Friday: 08h30-18h00	Friday: 08h30-21h00	Saturdays: 09h00-12h30
Saturday: 09h00-21h00	Saturday: 09h00-21h00	
Sunday: 13h30-17h30	Sunday: 13h30-21h00	

Before you can borrow books from the Library you will need to sign on as a borrower – you will need to present your student ID card for this, but as the University relies on data from the Registrar's Division being transferred to the Library system, there will be a day or two's delay between your University registration and your ability to sign up at the Library.

For more information, visit their website: <u>http://www.ru.ac.za/library</u>

Internet and the QUOTA system

Rhodes University has several computer labs from which you can connect to the Internet, the most popular being the Jac Labs on Artillery Road by the School of Languages, the Eden Grove Labs in the Eden Grove Building, and the Union Labs in the Bantu Stephen Biko Building (previously "the Union") on Prince Alfred Road.

It is also possible to connect from your own computer in your residence room. To do this, you need to sign up for Student Networking (previously "Resnet"). You need to speak to your Student Networking Rep – each house has one. Ask your subwarden who the Student Networking Rep is. You will need a flylead to connect to the Rhodes network, which you can buy from the IT Shop (situated in the IT building on Artillery Road), and which can be debited to your student account as a miscellaneous cost.

The cost of signing up for Student Networking is R1040 for one year. This can be debited to your student account as a miscellaneous cost. Unfortunately this is the standard cost and the IT Division will not make exceptions for short term students.

You can find out more about student networking here: <u>http://www.ru.ac.za/studentnetworking</u>

If you have problems with your network connection or other technical problems, approach your Student Networking Rep for help first. If s/he cannot help you, contact student support: studentsupport@ru.ac.za. The Help Desk (in the basement of the Bantu Stephen Biko Building –

which is next to the pool) is also open at the following times, so take your computer to them for help:

Monday & Wednesday:	19:00 - 21:00
Tuesday & Thursday:	13:00 - 15:00 & 19:00 - 21:00
Friday & Saturday:	closed
Sunday:	13:00 - 15:00

EMAIL

Please note that Rhodes considers email as their primary mode of communication, and all communication from the University and the International Office will be sent to your Rhodes student email account. Ensure that you check your Rhodes student email account regularly.

Your address will be: studentnumber@campus.ru.ac.za – eg: g10a1234@campus.ru.ac.za

QUOTA

It is important to note that Rhodes uses a **quota** system to manage its Internet bandwidth. Internet bandwidth in South Africa is still very expensive, and as a result Rhodes has limited Internet bandwidth. Due to this, Rhodes allocates each user with a portion of the Internet bandwidth ("quota"). Once you have used up your quota, you will be denied access to the Internet. The quota is calculated on a two-week sliding scale, so that it is your total use for the last two weeks that determines your access. As you get close to using up your quota, you will experience a delay in your connection, and once you reach your quota, you will be cut off until your total use decreases again. You will find that watching videos, using Skype and other Internet media applications (MSN voice and video chat, Internet radio, etc), and browsing media-heavy sites will quickly deplete your quota, so be careful. Due to this, Skype is not recommended, and you will be shown a warning before visiting sites like Facebook and YouTube.

Sites on the Rhodes intranet do not count towards your quota, so even if you have used up your quota and have been denied access to the Internet, you will still be able to access your student email, the library, and all Rhodes sites.

Your quota applies whether you use your own computer or the lab computers. You can monitor your quota usage at this site: www.ru.ac.za/quota

For a detailed explanation on the quota system, visit this site: http://oldwww2.ru.ac.za/administrative/it/policies/quota.html

FINANCIAL CONSIDERATIONS

Student Fees

Independent Study Abroad students: you are required to pay tuition fees, accommodation fees, the international surcharge, the exchange administration fee, and all miscellaneous fees.

Students from our partner institutions: depending on the type of exchange or study abroad agreement that Rhodes University has with your home institution, you may be exempt from paying tuition fees to Rhodes, or you may be exempt from paying tuition and accommodation fees to Rhodes. You will be expected to pay for all miscellaneous fees as well as the exchange administrative fee.

The exchange administrative fee: this is a non-refundable fee that covers application fees, administrative costs, and initial arrival costs.

Miscellaneous fees include: departmental handouts costs, books, society and club fees, printing charges, photocopying charges, student networking charges, items bought from the IT shop, charges for lost keys/ student cards, library fines, and so on. Students can debit their student accounts throughout the semester with various miscellaneous costs.

You are also liable for all travel costs, personal living expenses, and medical insurance. Note that you should have paid Protea Medical Aid directly for your medical insurance before your arrival in South Africa.

Important note: your transcript will not be released until your student account has been settled. You are expected to settle your account before you leave Rhodes at the end of your semester. It is recommended that you pay your tuition, accommodation fees, if you are liable for these, and your exchange administration fee at the beginning of the semester before you arrive. You would have received a proforma invoice from our office indicating your financial responsibilities before your arrival. You will also need to settle any miscellaneous fees at the end of the semester before you leave South Africa.

Meal refunds: Please note that International short term exchange or study abroad students DO NOT qualify for meal refunds.

You can pay your fees via credit card or direct bank transfer. Should you wish to pay via a credit card, please visit the Student Fees office in the Main Administration Building on Drostdy Road.

Bank Details:

Bank:	First National Bank
Branch:	Grahamstown
Bank Address:	High Street, Grahamstown
Account Name:	Rhodes University
Account Number:	621 455 04553
Branch Code:	210717
Swift Code:	FIRNZAJJ
Reference Number:	Your student number (e.g. 610A1234)

If you are uncertain what your institution will cover in terms of costs, please ask us at the International Office. If you'd like an invoice detailing what you owe, please send us an email requesting one (internationaloffice@ru.ac.za).

GENERAL CONSIDERATIONS

Residences

You are likely to be staying in a residence whilst on campus. Students are accommodated in private rooms in same sex residences on campus, easily in walking distance from lecture venues and from town. The University has twelve Halls of residence and each Hall comprises three or four houses of between 50 and 120 students, grouped around a central Dining Hall.

Each residence has its own culture and we encourage our students to get involved in the various events that will be held at each residence. Rhodes University has students from a diverse range of backgrounds, with 25% of our students being from Africa and the rest of the world. Residence activities are a perfect opportunity to get to learn not only about the South African culture, but about other cultures. There will be inter-res sporting activities, various community engagement projects and various cultural activities – get involved!

The support system of the residences is set up as follows: there is a Hall Warden, three or four House Wardens, several sub-wardens, and a House Committee, any of whom will be able to offer you assistance. Your residence Warden or sub-warden will advise you on matters such as:

- meal times, meal choice and meal bookings (with fingerprint access);
- laundry arrangements;
- the various residence rules to which you will be expected to adhere. Note particularly that there are "visiting hours" and outside of these hours, friends and partners will not be allowed in the res. This is for safety and study reasons, and there will be strict penalties should you ignore these rules.

Meals are planned on a two-week cycle, and for lunch and supper, a student can choose from one of six meal types. Meal preferences can be changed via ROSS (<u>https://ross.ru.ac.za/</u>) at any time during the semester but please note that it takes two days for this change to be reflected – ask your sub-warden to help you with this.

The meal booking system allows for full time students to unbook meals to a certain limit and obtain a cash refund at the end of the year. Please note that this is NOT permitted for international short term students.

Rooms in residence are equipped with all the basic furniture and you will be responsible for changing your own rooms. Curtains and bedding (duvets, sheets, pillow slips and pillows) are supplied, but towels are not. All residences are equipped with a microwave for reheating food and each residence has at least one refrigerator. No student is permitted to have a refrigerator in his/her room. Washing machines and tumble driers are available in designated laundry areas in residences but you will need to supply your own washing powder and fabric softener.

The House Warden or sub-warden will be able to advise/assist you should you need medical attention or have any special requests.

Please note that you are expected to vacate your room over the vacation and two days after your last exam. At the end of the March/April vacation, you will be allowed back into your room the day before term starts (Sunday 5 September).

Holiday Accommodation

Over the September vacation, you will be expected to vacate your room. If you would like to stay over the vacation, you need to apply for holiday accommodation, and you will be charged an extra fee (which will not be covered by your home institution). It is likely that you will have to move to a different residence for the vacation. To apply for holiday accommodation, please go to the Student Bureau in Eden Grove and complete the Late Departure and Early Arrival Form.

Over the vacation period, most short term students travel around South Africa and possibly even visit our neighbouring countries. The International Office website (<u>www.ru.ac.za/international</u>) has listed some useful links for travelling in South Africa, under "Useful Links." Note that all travel expenses incurred are your responsibility.

You will be allowed back into your residence the day before term starts (Sunday 11 April).

After your final exam, you will be expected to vacate your room two days after your final exam. This applies to all students, and is aimed at ensuring that the residences are conducive to studying over the exam period.

Transport

Grahamstown is a very small little town, so you will be able to walk everywhere easily. However, for safety reasons, please note that you should avoid walking alone, particularly at night.

In recognition that there are safety concerns, the Dean of Students Office provides a free "Get Home Safe" service to students who find themselves in difficulty late at night. The service operates only on Wednesday, Friday and Saturday nights between 22h00 and 03h00. Please phone 084 869 9679 should you require this service.

For a full time taxi service, you can sign up for Rhode Trip. Rhode Trip is a taxi/shuttle service provided to students for a nominal fee. It can take you anywhere in Grahamstown. You simply send a text or call them and they will collect you and drop you off. Once you have signed up for the service, you will be given the number to text/call.

The website to sign up for Rhode Trip is <u>www.rhodetrip.co.za</u> and the cost for the semester is R1050. You can debit this cost to your student account. Note that it is considered a miscellaneous cost and you would be liable for the cost. Their offices are next to the FNB ATM machine in the Steven Biko building.

Rhode Trip website:http://www.rhodetrip.co.za/index.htmlRhode Trip email:rhodetrip@ru.ac.za

Another taxi service (ideal for transport to the airport for example) is JC Shuttles. You can contact them at 046 622 2481 or 083 590 2169 (cellphone). You will have to pay JC Shuttles directly.

Note that at the beginning and end of term, Rhodes University offers transport to Port Elizabeth airport for R110 (one-way). You have to book in advance, via ROSS (<u>https://ross.ru.ac.za/</u>), or you can email the Transport Office: <u>Student.transport@ru.ac.za</u>. If you fail to book in advance, or if you don't fill the seat that you booked, you will be fined (R400).

If you would like to travel around South Africa, there are a variety of options available to you. Some useful sites:

Travelstart (for cheap airfare):http://www.travelstart.co.za/index.jspGreyhound (bus travel):http://www.greyhound.co.za/Baz Bus (backpacker bus):http://www.bazbus.com/Coast 2 Coast (hostel guide):http://www.coastingafrica.com/Alternative Route (hostel guide):http://www.alternativeroute.net/

Europcar Car Rental can be contacted at: (046) 603 8109

Safety

Visiting students regularly ask about crime as South Africa unfortunately has a very high crime rate. While Grahamstown is smaller, and is to a degree safer than many of the big cities, students should still be aware that there is a risk. Grahamstown and Rhodes students are affected by petty crimes such as theft, as well as more serious crimes such as rape. You should be cautious and follow basic safety precautions such as:

- ensure that your room is locked when you are not in the vicinity;
- avoid lonely places, particularly at night;
- don't walk alone at night, even on campus;
- don't ever hitchhike;
- try not to have your valuable items in sight when you're in public;
- don't leave valuable items near your windows, even if you're not on the ground floor;
- lock your laptop to your desk, even in your room (laptop locks available from the IT shop);
- be aware of your surroundings and people around you;
- keep your bags zipped closed when walking in town;
- never let people you don't know into your residence.

Rhodes has a Campus Protection Unit located just next to Hobson Hall. The Unit is open 24 hours per day and provides highly visible patrols on campus. Students can arrange for a guard to walk them home at night from anywhere on campus. Phone 046 603 8146 to arrange this.

Should you become a victim of crime, please report it to Campus Protection Unit, or to your warden, and alert the International Office. Please note that in the case of rape for both men and women, and other serious crimes, Rhodes has a support system in place to provide counselling and help, and will assist you if you would like to report the crime to the police. Please approach your warden, the Health Care Centre, the Dean of Students or the International Office for help in this regard. Your privacy will be respected and you will be dealt with in the strictest of confidence.

The formal policy for sexual harassment and sexual assault response is available here: https://www.ru.ac.za/documents/Dean%20of%20Students/Policies/Sexual%20assault.pdf

Medical Matters

Grahamstown is in a malaria-free area of South Africa, but like the rest of South Africa, HIV is a serious health risk. Currently, 1 in 4 students in South Africa are HIV positive (<u>http://www.ru.ac.za/hiv-aids/shark</u>) and in some areas, KwaZulu Natal for example, up to 37% of the population have HIV. HIV in South Africa affects people of all races, sexualities and ages. Please practice safe sex – condoms are freely available in the residences (usually in the bathrooms) and in the library bathrooms.

Malaria is only a concern if you travel in the northern part of South Africa (the Limpopo province, particularly the Kruger National Park). Consult a medical doctor to find out more about the preventative measures you can take.

Tap water in Grahamstown is safe to drink.

WHAT TO DO IF YOU FEEL ILL

<u>The Health Care Centre</u>: The Rhodes Health Care Centre is the first place to go if you are feeling ill. It is run by qualified nursing sisters who can attend to minor ailments, dispense medicines, render first aid and also remove stitches, dress wounds and give injections. Clinic times are set, but there is a sister on duty or on call 24 hours a day, so emergencies can be dealt with at all times.

Contact: 046 603 8523.

The Health Care Centre has an in-patient facility, which is available free to all students in residence. There are 16 beds for in-patients suffering from infectious diseases or ailments, and for those recovering after surgical procedures. It is also a haven for those suffering from stress, anxiety or depression.

Finally, please note that the Health Care Centre offers confidential, free HIV and pregnancy testing.

The Health Care Centre can be reached from Lucas Avenue (the road up to the 1820 Settler's National Monument) or from the car park behind Oriel House.

<u>Doctors and Pharmacies</u>: Should you require a doctor, you should see the doctor you were designated when you signed up for Protea Medical Aid or Ingwe Medical Aid on your confirmation letter If you need to make an appointment, the International Office is happy to assist. You will need to supply proof of membership (either your membership card or confirmation letter) for the doctor's office.

Our Health Care Consultant, Marinda Potgieter, is at the office every second Thursday, you can check with us as to the specific days. If your card is not here when you arrive please make sure you have your medical aid confirmation letter so that we can register you. You will be able to get your card from Marinda during one of her visits. Please remember to always carry your card or confirmation letter with you in case there is a medical emergency.

There are a number of pharmacies in town:

RET Butler Pharmacy	110 High Street	046 622 7305
Grahamstown Pharmacy	117 High Street	046 622 7116
Wallace's Pharmacy	Peppergrove Mall	046 622 7320

For other medical services available in Grahamstown, please see: <u>http://www.ru.ac.za/studentzone/studentlife/medicalservices</u>

Should you need assistance regarding your medical aid, you should contact our ABSA Health Care Consultant. She can assist you if you require a refund, or if you need authorisation for certain medical procedures, or if you have general queries. She can be contacted on <u>marinda.potgieter@absa.co.za</u> or 041 396 5596.

<u>Counselling Centre</u>: Rhodes also has a counselling centre situated in the Bantu Stephen Biko building (previously "the Union"), which is a good place to go if you are experiencing emotional or psychological problems. It offers personal counselling and short-term psychotherapy which is provided free of charge. Crisis intervention is available in conjunction with other campus services. The Counselling Centre is situated on the Top Floor of the Bantu Stephen Biko Building.

Opening Times: 8:30 - 13:00 and 14:00 – 17:00 on weekdays. Contact during working hours: 046 603 7070. **The 24 hour emergency line is: 082 803 0177**

Societies

There are a number of student societies and sports clubs on campus. In addition to various sports clubs, Rhodes has a well-equipped Health Suite. For further details, please see http://www.ru.ac.za/sportsadmin/. Sports Administration is the place to join any sport clubs.

A wide variety of student societies are active on campus. The Student Representative Council (SRC) Office, located in the Bantu Stephen Biko Building, will be able to give further information and assist you in joining societies. Society and Club membership fees vary from approximately R70-00 to R350-00 depending on the society/club and costs will be debited to your student account as miscellaneous costs, for which you are liable.

Poverty

Grahamstown has a very high unemployment rate and you will confront poverty every time you go into town. The majority of our citizens subsist on state pensions, and medical and welfare grants for their sole income. There are a large number of street children.

Please do not give money to street children. It only encourages them to stay on the street. Rather volunteer or give money to one of the many charitable organisations that are devoted to looking after street children.

Volunteer Work

Rhodes University offers students an opportunity to do volunteer work and help the community of Grahamstown. There are a variety of projects to choose from, which work to improve the psychological and material welfare of people in need, and help is always appreciated!

For those interested in doing volunteer work, please visit the Centre for Social Development (CSD) on Prince Alfred Street, or email them.

Website: <u>http://www.ru.ac.za/csd/studentvolunteers</u> Contact: <u>svp@ru.ac.za</u> and 046 603 8573

Language

South Africa has 11 official languages. You will get by perfectly adequately with English in the Eastern Cape. You are likely to hear Afrikaans and isiXhosa spoken in Grahamstown.

We follow the British spelling of English in some words. It differs from the American spelling of many words, mainly those with 'z's' in them, (eg. organise) and words like "colour." Certain American terms (eg. "the drug store") won't be known here and might occasion blank looks.

You may hear some of the follow local words:

Braai	=	barbecue
Ja	=	yes
Robot	=	traffic light
Just now	=	does not mean immediately, but in the next while
Now now	=	also does not mean immediately, but in the next while
Shame	=	used to denote sympathy

People tend to abbreviate words. Some of the common ones which you will hear on campus are:

Res.	=	residence
Tuts.	=	tutorials
Socs.	=	student societies
San.	=	the Health Care Centre
Vac.	=	vacation
DP	=	Duly Performed certificate

Money Matters and Units of Measure

South Africa uses the Rand. R1-00 consists of 100 cents.

Foreign currency – US Dollars, British Pounds, Euros etc cannot be used as legal tender in the country. Most major credit cards are generally accepted throughout – ideally VISA or MASTERCARD. Banks will convert travellers' cheques and cash foreign currency, but stores/shops won't. ATM machines will recognise major credit cards.

There are four banks in town, should you require them:

Standard Bank	High Street
First National Bank	High Street
ABSA	High Street
Nedbank	High Street

South Africa is decimalised and has been since 1960. Hardly anyone will understand miles/pints etc. Distances are measured in meters/kilometres; fluids in litres; weight in kilograms etc.

Weather

Grahamstown has weather rather than a climate! The weather fluctuates wildly here, and a bright and sunny day may end with a rain storm. Cold fronts sweeping in from the southern oceans affect the weather throughout the year. It is quite common for temperatures to vary from 30 down to 15 degrees Celsius (about 90 – 50 F) in a few hours. Summers are warm/hot and fairly wet and winters are cool.

Please remember that we are fairly close to the hole in the Ozone Layer which means that you need to use a good sun block or you could be badly sunburnt. One does tend to "burn" more easily here than in the northern hemisphere, particularly in the summer months.

Post

Post can take between 10 and 14 days for overseas mail to arrive. Parcels are likely to be inspected by customs and high charges are often levied by customs on the value of parcels entering the country. We recommend that for all parcels sent, you ensure that the sender gets a tracking number, to help you trace your parcel should it be taking long to arrive.

Should you require items to be posted to you, you can use either your residence's postal address, or the International Office's postal address (see page 3). If you use the International Office postal address, we will email you when your letter or parcel arrives.

Feedback

The International Office appreciates feedback. At the end of the semester, we will send out an exit questionnaire, which you can complete (anonymously if preferred) and give back to us. We are also always keen for stories and photographs to put on our website: if at any time you have something you'd like to share, that you think future students would like to know about, please feel free to email us with your story/photographs, and we will post it online.

You can currently see some photos and stories at this address: http://www.ru.ac.za/international/internationalstudents/exchangeandstudyabroad

Extending your stay

Should you wish to stay longer than your study visa/permit permits, you will have to apply for an extended study visa (should you wish to stay another semester) or for a visitor's visa at the Port Elizabeth Home Affairs. Please ask the International Office for advise regarding this, or call the toll-free Home Affairs number: 0800 601190

Note that you will not be permitted to stay without your host institution's permission.

Have a lovely stay in our country!

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