




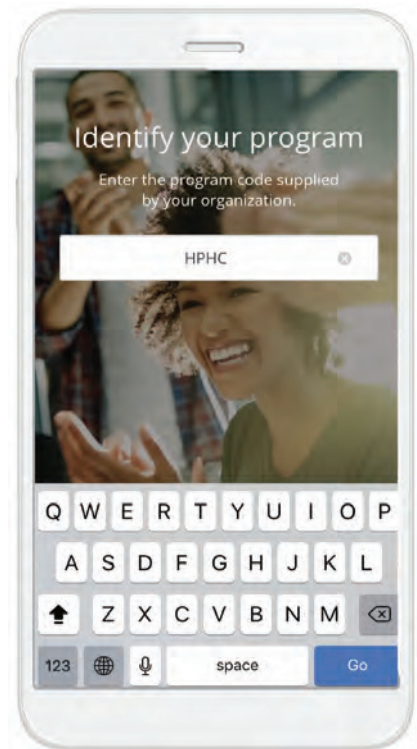
Download the Limeade app

# Check your wellness wherever you are!

## To get started:

- 1** Download the Limeade app  in the Google Play Store or App Store
- 2** Open the Limeade app and enter the mobile program code **HPHC**
- 3** Log in using your Harvard Pilgrim online member or guest account\*

\* If you do not have a Harvard Pilgrim online account, go to [www.harvardpilgrim.org/wellnessaccount](http://www.harvardpilgrim.org/wellnessaccount) to create an account. May take up to 24 hours for your guest account to be activated



## Need assistance?

Email [HPWellness@harvardpilgrim.org](mailto:HPWellness@harvardpilgrim.org) or call (877) 594-7183, Monday-Friday, 9am-5pm EST

[www.harvardpilgrim.org/wellnessaccount](http://www.harvardpilgrim.org/wellnessaccount)