How to Connect your NEW Fitbit device to your Fitbit Dashboard

If you have an existing Fitbit device, log into Fitbit and remove the old device. Next, you will add your NEW Fitbit activity tracker to the Fitbit App.

Note: If you are adding a new device to your Fitbit account, you must first remove your existing device, then add the new device. **DO NOT create a new Fitbit account.**

Alternatively, if you continue to use the device previously connected to your Fitbit account and your Harvard Pilgrim Online Wellness account, you DO NOT need to connect it again as the new Fitbit will automatically sync.

Pair NEW device through the Fitbit App

• Log into your Fitbit App. Once logged in, click the identity card on the top right corner.

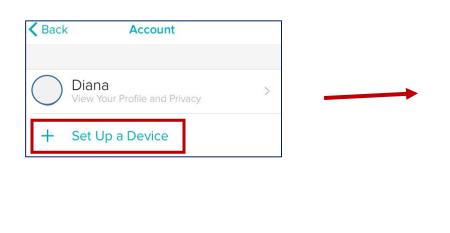


• Account information will appear. Select the existing device, scroll down and click "Remove this Flex"

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+ Set Up a	a Device	
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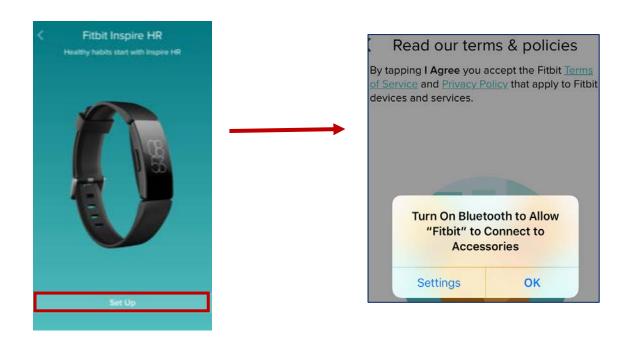


Need Help? Please contact Harvard Pilgrim's Wellness Services, if you need assistance, Monday – Friday, 9am – 5pm at **877.594.7183** or by email at **HPWellness@harvardpilgrim.org**. • Click on "Set Up a Device" and select your device from the list.



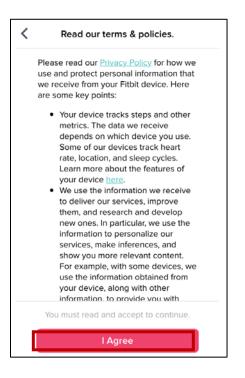


• Once you select your device, click on "Set Up." If your Bluetooth is turned off, you will be prompted to turn it on in order to sync your device.

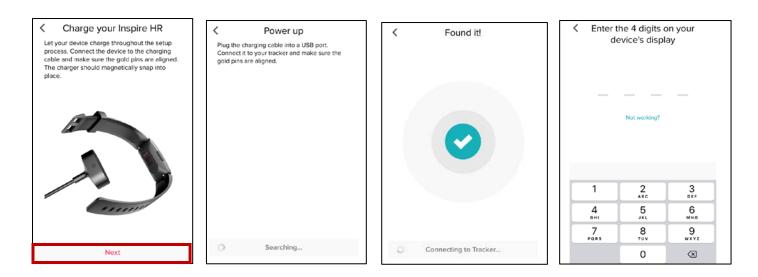




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• Follow the instructions and click "**Next**" until the Power Up Searching screen appears at which time your device is successfully connected to your Fitbit App. Enter the 4 digits on your device's display to complete the pairing.





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