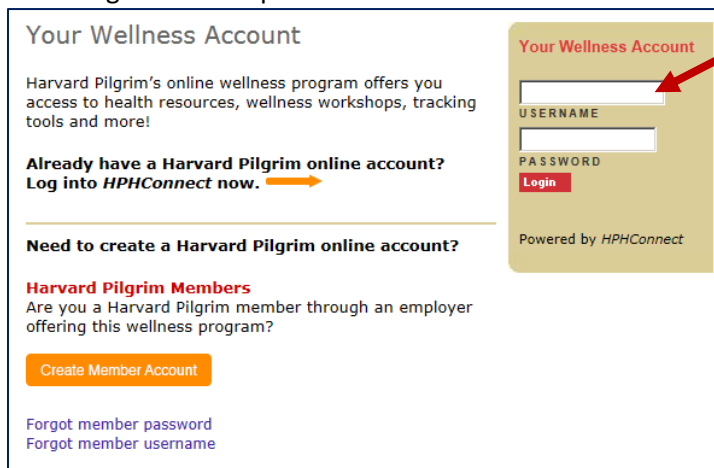


How to create a Harvard Pilgrim Wellness Account


Already have a Harvard Pilgrim online account?

1. Visit www.harvardpilgrim.org/wellnessaccount and either:
 - a. Log in with your Harvard Pilgrim secure account username and password, or
 - b. Click Forgot member password or username to reset



Your Wellness Account

Harvard Pilgrim's online wellness program offers you access to health resources, wellness workshops, tracking tools and more!

Already have a Harvard Pilgrim online account?
Log into HPHConnect now. 

Need to create a Harvard Pilgrim online account?

Harvard Pilgrim Members
Are you a Harvard Pilgrim member through an employer offering this wellness program?

[Create Member Account](#)

[Forgot member password](#)
[Forgot member username](#)

Your Wellness Account

USERNAME

PASSWORD

[Login](#)

Powered by HPHConnect

2. Proceed to **Ready to Log in to Your Wellness Account?** on page 7.

Need to create a Harvard Pilgrim online account?


1. Visit www.harvardpilgrim.org/wellnessaccount and determine which scenario applies to you:
 - a. Are you a Harvard Pilgrim member through Boston College? If so, click **Create Member Account** and proceed to the next page to follow instructions.

OR

 - b. Are you eligible to participate in the wellness program being offered by Boston College – but NOT a Harvard Pilgrim member through Boston College? If so, click **Create Guest Account** (scroll to page 4 for instructions on how to create your guest account).

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[Create Member Account](#)

[Forgot member password](#)
[Forgot member username](#)

Harvard Pilgrim Guests
Are you eligible to participate in the wellness program being offered by your employer or your spouse's employer but are not a Harvard Pilgrim member through that employer?

[Create Guest Account](#)

[Forgot guest password](#)
[Forgot guest username](#)

Your Wellness Account

[Login](#)


Powered by **HPHConnect**

Creating a Member Account*

**If creating a Guest Account proceed to page 4*

1. Click **Create a secure account**

[Find a provider](#)
[Contact Us](#)
[About Us](#)
[Help](#)



Log in to Harvard Pilgrim

Username

Password

[LOG IN](#)

Member? Register now!

[Create a secure account](#) to see your personal health information.

[Forgot password or username?](#)

Need help with your account? Contact Member Services at (888) 333-4742.

StrideSM (HMO) Medicare Advantage Plan Member?

[View member information](#)

2. To identify yourself, select either the last four digits of your Social Security Number (SSN) or your Harvard Pilgrim Member ID (from your Member ID card).

Using Member ID, enter your date of birth:

Using SSN, enter your first and last name and date of birth:

3. Follow the remaining prompts to create a username and password. **Once your online account has been created, close the browser.**
4. Proceed to **Ready to Log in to Your Wellness Account?** on page 7.

Creating a Guest Account

Follow these instructions to create a guest *HPHConnect* account (if you are not currently a Harvard Pilgrim member through Boston College).

1. Enter code "**C10013**", check the box next to I'm not a robot, click **Validate Program Code**

STEP 1 OF 5

Create an *HPHConnect* guest account

An *HPHConnect* guest account allows a non-member access to some secure functions on the Harvard Pilgrim for Members website, such as wellness.

To create a guest account, enter the Program Code provided by the Employer, and then click **Validate Program Code**.

* Red asterisk indicates a required field.

Program Code *

☐ I'm not a robot

reCAPTCHA
Privacy - Terms

Validate Program Code **Cancel**

2. Select **I am an employee** and click **Next**

STEP 2 OF 5

Create an *HPHConnect* guest account

Select the option that describes you, and then click **Next**.

* Red asterisk indicates a required field.

Program Code * C10013 **validated**

☒ I am an **employee** of *Boston College*

3. Fill out your personal information and click **Next**.

STEP 3 OF 5

Create an *HPHConnect* guest account

Enter your personal information, and then click **Next**.

* Red asterisk indicates a required field.

First Name *

Middle Initial

Last Name *

Date of Birth *

Gender * ☐ Male ☐ Female

Last 4 digits SSN *

Enter Email *

4. Fill out **HPHConnect** guest account information and click **Next**.

STEP 4 OF 5

Create an HPHConnect guest account
Enter your contact information, and then click **Next**.

* Red asterisk indicates a required field.

Address *

City *

State *

ZIP Code *

At least one primary phone number is required.*

Home Phone

Work Phone

Mobile Phone

5. Create Username and Password and click **Submit**.

STEP 5 OF 5

Create your HPHConnect username and password
Enter the information, and then click **Submit** to process your request.

* Red asterisk indicates a required field.

Username *

Enter password *

Re-enter password *

Username rule
Must be at least 7 letters and/or numbers.

Password rules
Must have at least 8 characters

- Must include 1 number
- Must not include your first name, last name, username, common name or a common dictionary word.

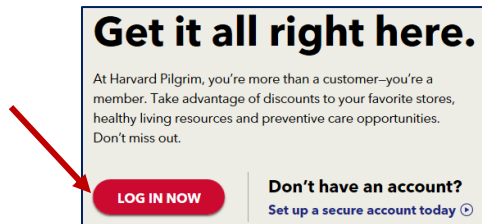
6. You have successfully created your **HPHConnect** guest account. Click **Log into HPHConnect now** to finish creating your wellness account.

Your HPHConnect account has been created

Your username is sample123

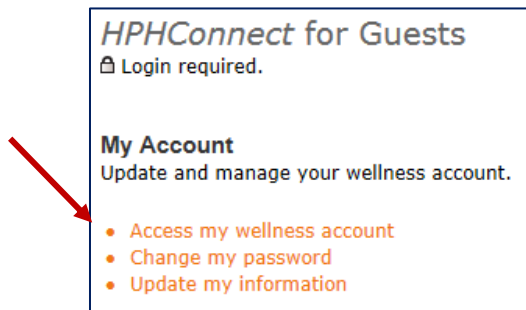
[Log into HPHConnect now.](#)

7. Click **LOG IN NOW**.



8. Enter the Username and Password you created and click **LOG IN**

9. Click **Access my wellness account.**



* Users who have never created a Guest account in the past, will need to wait ~ 24 hours to allow activation of the guest account by Limeade. Proceeding to the next step prior to that time span will result in an error message displaying.

Ready to login to your Wellness account?

1. Visit www.harvardpilgrim.org/wellnessaccount and enter your username and password



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Your Wellness Account

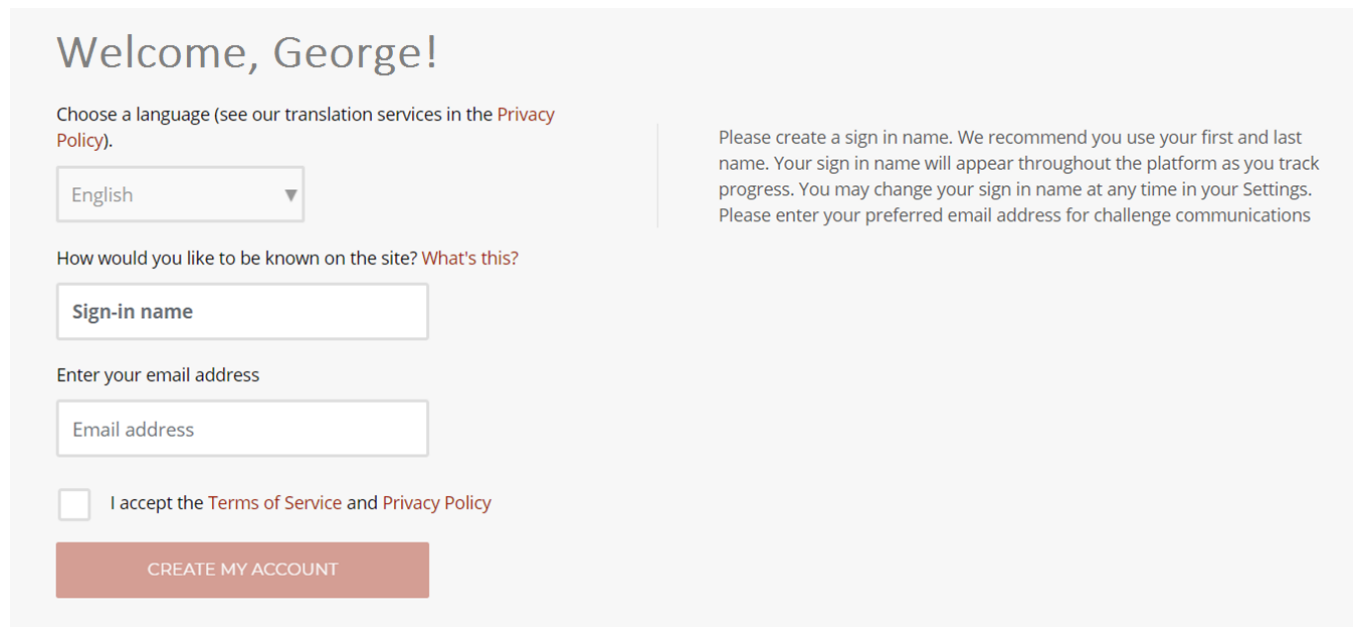
USERNAME

PASSWORD

Login

Powered by HPHConnect

2. You will be taken directly to your Wellness account and will be prompted to determine your preferences as a one-time only step. Once you have entered the following information, click **Create My account**:
 - a. Select language
 - b. Enter the name you would like to be known by on the Wellness site
 - c. Enter your email address.
 - d. Accept Terms of Service and Privacy Policy.



Welcome, George!

Choose a language (see our translation services in the [Privacy Policy](#)).

English ▼

How would you like to be known on the site? [What's this?](#)

Sign-in name

Enter your email address

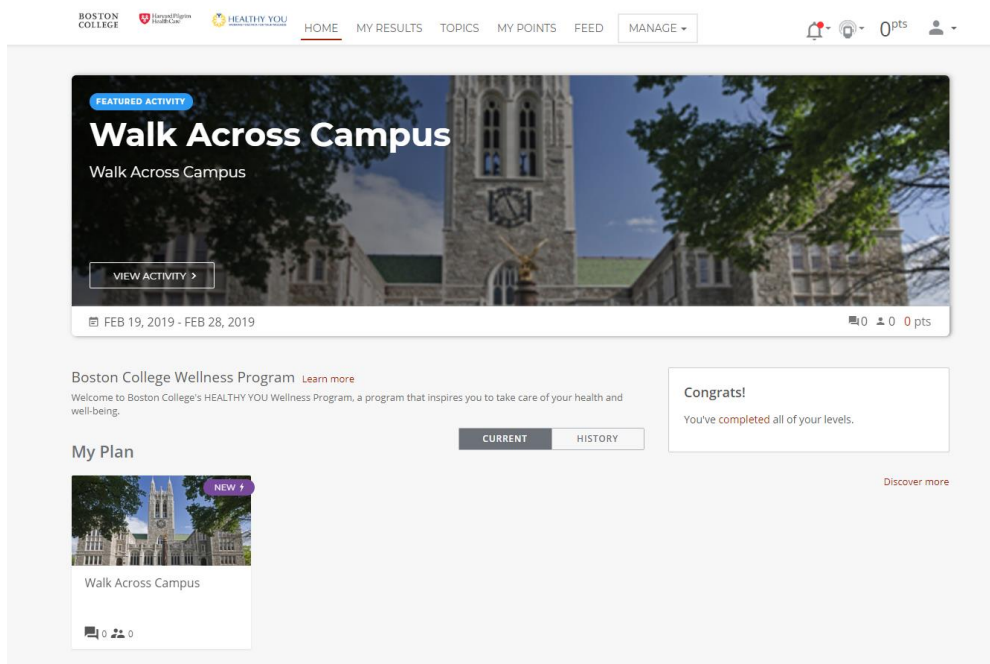
Email address

☐ I accept the [Terms of Service](#) and [Privacy Policy](#)

CREATE MY ACCOUNT

Please create a sign in name. We recommend you use your first and last name. Your sign in name will appear throughout the platform as you track progress. You may change your sign in name at any time in your Settings. Please enter your preferred email address for challenge communications

- Participants will see the BC page with the tiles and descriptions.
(Please note: This is an example of a home page. Your Live Wellness Home page will display your employer's logo and will reflect your specific program and tiles.)



PLEASE NOTE:

Once your account has been created, please bookmark the site: www.harvardpilgrim.org/wellnessaccount, so you can easily return to use your wellness account.

Please contact Harvard Pilgrim's Wellness Services, if you need assistance,
Monday – Friday, 9am – 5pm at **877.594.7183** or by email at **HPWellness@harvardpilgrim.org**.