Boston College Presents: Eldercare Support

*Understanding Your Options — “Senior Care 101”*

Approximately 34 million Americans have provided unpaid care to an older adult in the last year. “Basic” decisions aren’t so basic when real life and real worries about financing, comfort and safety are considered.

Experts from HouseWorks will explain what options are available to you and your loved ones.

- Explore what’s best and what could be next for your elder, from “aging in place” to moving to a service-enriched senior community.
- Learn about the senior services continuum, including “round the clock care.”
- Get a sense for how much care at home and senior housing typically cost.

**WHAT:**
- Practical advice for family caregivers from an industry expert
- Q&A segment
- Light lunch provided

**WHEN:**
- Thursday, February 28, 2019
  - 12-1:30pm

**WHERE:**
- Walsh Hall

**RSVP/MORE INFO:**
- BC Faculty/Staff Assistance Program
  - 617–552–3340

**Don’t miss this first part of a new HEALTHY YOU educational series—RSVP Today!**

For more than 20 years, HouseWorks has been delivering innovative in-home care to Boston-area seniors. Speakers draw on professional and personal experience to provide tips and actionable insights for BC faculty and staff.

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**Program provided by**

[HouseWorks](http://www.house-works.com)