



## Boston College Presents: Eldercare Support

### *Be Empowered, Be Prepared. Everything You Want to Know About Aging; Your Parents and YOU with Meredith Patterson*

Meredith has 30 years of experience in the field of health care and aging. As a pioneer in the professional specialty of Geriatric Care Management, she founded Meredith Patterson Associates in 1988 to provide elder care consulting and management for individuals and families. Ten years later, as a rising voice in the ethics of elder care, Meredith intentionally developed a unique home care model in which the client and the Certified Nursing Assistant (CNA) would experience a greater sense of respect, the client was ensured the highest caliber of care, and the aide would be compensated at a significantly higher rate of pay. However, the cost to the client would be no more than the market rate.



**Meredith Beit Patterson,  
MSW, LICSW, CMC**

#### **Founder & Managing Director**

*by advocating for an optimistic vision of elder independence that is actualized by creative strategy taken from decades of experience, and thought leadership.*

**Don't miss a new *HEALTHY YOU* educational series—RSVP Today!**

For more than 20 years, HouseWorks has been delivering innovative in-home care to Boston-area seniors. Speakers draw on professional and personal experience to provide tips and actionable insights for BC faculty and staff.

#### **WHAT:**

- Practical advice for family caregivers from an industry expert
- Q&A segment
- Light lunch provided

#### **WHEN:**

- April 3rd 2020  
12-1:30pm

#### **WHERE:**

- Walsh Hall

#### **RSVP/MORE INFO:**

- BC Faculty/Staff  
Assistance Program  
617-552-3340

*Program provided by*

# HouseWorks

Inspired | Innovative | In-home Care

[www.house-works.com](http://www.house-works.com)