

Health Fair for Faculty and Staff

On the Road to a HEALTHY YOU

Take time to take care of you. Stop by this year's Health Fair and learn how to get and stay healthy.

Date: Tuesday, October 30, 2018

Time: 10:00 a.m. to 2:30 p.m.

Location: Murray Room, Fourth Floor, Yawkey Center

- Acupuncture
- BCPD—Eagle EMS
- Blood Pressure Screening
- Campus Recreation
- Campus Wellness Support Group
- Chiropractic Evaluations
- Eldercare Support Information
- Employee Seasonal Flu Shots*
- Emergency Preparedness
- Environmental Health and Safety
- EyeMed
- Faculty and Staff Assistance
- Flexible Spending Accounts
- Foot and Ankle Screening
- Harvard Pilgrim Healthy Cooking Demo
- METRO Credit Union
- Massage Therapies
- MassRides
- MetLife
- Nutrition Consultation
- OID/Affinity Groups
- Parenting Resources
- Reasonable Accommodation Process and Self ID Promotion
- Skin Care Consultation
- Spiritual Resources
- Waist Circumference Screening
- Work/Life Balance
- Yoga
- Your Healthy Computer

* [Preregistration for flu shots is required.](#)

www.bc.edu/healthfair

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Human Resources, Health Services, Harvard Pilgrim Health Care, Dining Services, Campus Recreation, BC Bookstore, Connell School of Nursing, and BC Athletics.



HEALTHY YOU
WORKING TOGETHER FOR YOUR WELLNESS