Position Title: Graduate Brief Interventionist

Reporting to: Office of Residential Life and Office of the Vice President for Student Affairs

Hours: Two days of training in September, and 40-50 individual intervention meetings scheduled between the Brief Interventionist and undergraduate students who have agreed to participate.

Stipend: $1000

Term: September 2018 - December 2018

Overview:
The Brief Interventionist will conduct alcohol use assessments and brief interventions with undergraduate students, as part of a research study that will investigate the effectiveness of this intervention in reducing harmful drinking behaviors at Boston College. The Brief Interventionist will attend two days of training in order to learn intervention techniques. The Brief Interventionist will then be responsible for scheduling and implementing 40-50 individual meetings with students over a 4 month period. Following the SBIRT model, the Brief Interventionist will administer an alcohol use assessment, review the student’s results, and have a 5-10 minute conversation with the student. Brief Interventionists will then aim to encourage reflection on drinking behavior, address a student’s readiness for change, increase awareness of campus resources, provide psychoeducation about drinking, and discuss strategies to help the student reduce unhealthy drinking behaviors.

The Brief Interventionist will maintain a non-judgmental position grounded firmly in Motivational Interviewing techniques throughout interventions. Given the sensitive nature of the data being collected, the Brief Interventionist must also adhere to the highest ethical standards of confidentiality.

Job Responsibilities:
- Attend two days of training in early September
- Coordinate with student participants to schedule meetings for individual interventions
- Administer alcohol use assessment and provide personalized feedback about students’ results
- Conduct collaborative, non-judgmental conversations with students who display a wide variety of drinking behaviors
- Provide accurate information and education around alcohol (e.g. BAC, tolerance, standard drink size, etc.)
Direct and refer students to on campus alcohol support services such as, Alcohol and other Drug Education Office, University Counseling Services, Recovery Support Programs

Connect individuals with emergency services in the event of a crisis

Observe and follow guidelines around limits of confidentiality and mandatory reporting

Regularly update supervisor on scheduling and progress of intervention meetings

Maintain records of intervention meetings

**Professional Development:**

- Attend a mandatory two-day training in early September 2018 (dates to be confirmed)
- Participate in individual check-ins with a supervisor as appropriate

**Minimum Qualifications:**

- Enrollment in a Boston College Master’s graduate program in Mental Health Counseling, Social Work, Nursing, Higher Education or other related discipline or an affiliated employee of Boston College
- Proficient in media and office technologies (Microsoft Office, web, Google functions, etc.)
- Strong oral communication skills

**Preferred Qualifications:**

- Experience in working with alcohol interventions and prevention approaches such as SBIRT, Motivational Interviewing and/or BASICS
- Clinical and/or research experience working with substance dependent populations

**Reporting Relationship**

- Brief Interventionists will regularly report to the Assistant Director of Recovery and Support Programs.

**Professionalism**

- Brief Interventionist is expected to hold themselves to the highest standards of conduct, abiding by both university policies and state/federal laws.
- Brief Interventionist is required to act professionally according to expectations on demeanor, conversations and language, etc. as provided in the expectations from the department and their supervisor

**Resumes and cover letters can be submitted to:**

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Position: Assistant Director of Recovery and Support Programs  
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