

Question: Chevron currently offers a comprehensive smoking cessation program for employees and spouses/domestic partners who are interested in quitting tobacco. The program includes a health coach (telephonic) through our cardiovascular program. In addition, most US-based employees who are enrolled in one of Chevron's medical plans are also covered for prescription smoking cessation products.

We are hoping to expand our program in the coming months, and are researching best practices on employer-sponsored smoking cessation programs with the following questions:

1. Does your company provide a smoking cessation program (other than what is offered through your medical plans/HMO's)?
2. If yes, can you describe the program?
3. Is anyone outside of the US participating in the program?
4. What vendor do you use?
5. Are you satisfied with the vendor's service and offerings?
6. Is your smoking cessation program integrated or linked with any of your other wellness programs? If yes, please describe.

Sara Kashima, Chevron, 5/10/2012

COMPANY & CONTACT NAME	COMMENTS
Marriott International Betsy Kiss	<ol style="list-style-type: none"> 1. Yes. 2. Marriott's goal is to make available a free tobacco cessation program, including free nicotine replacement therapies (NRTs), to all employees. <ul style="list-style-type: none"> • If you participate in one of our larger health plans, the free program/free NRTs are provided through your health plan. Dependents are eligible for the program. • If you participate in one of our smaller health plans, are not covered by our health plans or are not eligible for benefits, you have access to a free program/free NRTs through the American Cancer Society who contracts with "Alere" to provide these services. Dependents are not eligible. Also, our seasonal employees are not eligible. 3. US Virgin Islands. 4. American Cancer Society/Alere 5. Yes. 6. Not at this time.
Intel Dana Vandecoevering	<p>I am not completely familiar with all of our US health plan offerings but I do know I personally get information from Anthem regarding tobacco cessation. In the US, all employees and dependents are eligible for the Mayo smoking cessation program. The Mayo Clinic Tobacco Quitline is available to all blue badge employees and their dependents at no cost. Participants work one-on-one with a tobacco cessation counselor to develop a quit plan, identify triggers, learn relapse prevention techniques, and can receive nicotine replacement therapy free</p>

	<p>of charge. Nicotine replacement therapy provides two 28-day shipments of patches, gums and lozenges.</p> <p>Across the globe most Intel employees are eligible for Intel's Health for Life program. Wellness coaching is part of this program. All coaches around the globe provide tobacco cessation support to employees. There are five global vendors (Take Care Health, Aetna, Human Dynamic, Shepell, Movement) who provide culturally relevant coach resources in our wellness coach program. It is expected that vendors who provide coaching are completely aware of all programs, tools and other benefits available to employees they coach.</p>
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