Your Quality of Life...
So Important...So Sodexo!
**Sodexo’s Quality of Life – Six Dimensions**

**Social Interaction:**
Factors that strengthen bonds among individuals & facilitate access to activities and events

**Ease & Efficiency:**
Ability to devote your full attention to the task at hand and carry it out with ease, efficiency & minimal disruption

**Personal Growth:**
Everything that allows an individual to learn and make progress

**Recognition:**
Factors that contribute to an individual feeling truly valued and appreciated

**Physical Environment:**
Factors that contribute to a person’s comfort & sense of well-being

**Health & Well-being:**
Promoting a healthy lifestyle through a well balanced diet & physical activity
Quality of Life – Six Dimensions for Employees

Social Interaction:
- Sodexo facilitates collaboration and respects my true, whole self

Ease & Efficiency:
- Sodexo supports my work/life balance and makes my job easy

Physical Environment:
- My work environment at Sodexo is safe, clean and pleasant

Personal Growth:
- Sodexo helps me grow and develop in my professional and personal life

Recognition:
- Sodexo values and rewards my contribution

Health & Well-being:
- Sodexo helps me live a healthy life, physically, emotionally and financially
Validated Key Categories of Quality of Life Benefits for Sodexo Employees

- Recognition
- Health & Financial Well-being
- Work-life Balance
- Community & Corporate Citizenship
- Learning/Training
- Collaboration & interaction
- Career Advancement
- Work Environment
- Integrity & Ethics
- Respect for individuality
- Safety