

# The New Dad Research Series

BOSTON COLLEGE CENTER FOR WORK & FAMILY

[www.bc.edu/cwf](http://www.bc.edu/cwf)

The New Dad Research Series examines the evolving roles and attitudes of working fathers. Over the past decade, the series, led by Professor Brad Harrington, has captured the experiences and perspectives of over 3,000 fathers on such topics as the transition to fatherhood, paternity leave, at-home dads, and millennial fathers. The New Dad Series has garnered extensive international media coverage and offers valuable lessons to men and their employers who seek to better understand the career aspirations and work-family challenges facing today's fathers.

## Expanded Paid Parental Leave: Measuring the Impact of Leave on Work & Family

This report compares the leave experiences and attitudes of over 1,200 new mothers and fathers who were eligible for at least 6 weeks of gender-neutral, paid parental leave. It assesses employees' use of leave and explores how taking leave impacts caregiving, career progression, and the ability to combine work and family successfully.

## The New Dad: The Career Caregiving Conflict

This fatherhood report explores and compares the conflict faced by three generations of fathers as they strive to meet their personal and professional goals.

## The New Dad: Understanding the Paradox of Today's Millennial Fathers

This report reviews survey responses from Millennial fathers. It explores the trend of involved fatherhood and the challenges experienced by today's dads, as they strive to manage their work and personal lives.

## The New Dad: A Portrait of Today's Father

This report reviews the Center's research on fathers as well as the work of other leading scholars to paint a more nuanced picture of today's new dads.

## The New Dad: Take Your Leave

The study explores different perspectives on paternity leave, including a survey of more than 1,000 fathers; a benchmarking study of paternity leave policies at leading organizations; and a review of global paternity leave policies and practices.

## The New Dad: A Work (and Life) in Progress

This report summarizes the findings from the first three studies on fatherhood. The definition of what it means to be a good dad has shifted from the traditional breadwinning, disciplinarian role to one that emphasizes love, support, guiding, and being present.

## The New Dad: Right at Home

The Center's third report on fathers observes the impact of shifting gender roles through in-depth interviews with 31 at-home dads and surveys with their spouses.

## The New Dad: Caring, Committed and Conflicted

A follow up to the Center's first report on fatherhood, this quantitative study of 960 fathers provides a deeper understanding of the struggles fathers face as they embrace their roles as breadwinner and caregiver.

## The New Dad: Exploring Fatherhood within a Career Context

This first report on fatherhood summarizes qualitative interviews with 33 new fathers who had children under the age of one. It explores how these recent fathers were adjusting to their increased family responsibilities and how this impacted their view of their careers and their responsibilities on the home front.

To access the full reports, visit our [website](http://www.bc.edu/cwf).



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