

Sophie Hansen, MSW, LCSW
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SUMMARY

Macro and clinical social worker specialized in children & youth mental health, behavioral health integration and government relations. Experienced in teaching at the university level; providing group and individual direct clinical psychiatric services; and community organizing. Interests include: behavioral health policy and integration in health care, racial inequities in health care, and reproductive justice.

DEGREES

Simmons University; Boston, MA May 2016
Master of Social Work, specialization in Children & Families

University of Massachusetts- Lowell; Lowell, MA May 2012
Bachelor of Science in Criminal Justice, violence concentration
Bachelor of Arts in Psychology

TEACHING EXPERIENCE

Part-Time Faculty Boston College School of Social Work, Chestnut Hill, MA

1. **The Social Welfare System**

- Scheduled for two sections Spring 2021
- Overall student evaluation average of 5/5 Spring 2020

Lecturer Boston University School of Social Work, Boston, MA

1. **Social Welfare Policy I: Conceptions, Scope, History, and Philosophies of Social Welfare**

- Scheduled Fall 2020
- Overall student evaluation average of 4.9/5 Fall 2019
 - Received letter from Dean for teaching excellence

Facilitator Boston University School of Social Work Online Program, Remote

1. **Social Welfare Policy I: Conceptions, Scope, History, and Philosophies of Social Welfare**

- Scheduled Fall 2020
- Overall student evaluation average of 4.8/5 Spring 2020

2. **Social Welfare Policy II: Contemporary Social Policy Analysis**

- Scheduled Fall 2020
- Overall student evaluation average of 4.9/5 Spring 2020
 - Received letter from Dean for teaching excellence

CLINICAL AND MACRO SOCIAL WORK EXPERIENCE

State Government Relations Manager Commonwealth Care Alliance Sep 2019-

- Monitors state government and regulatory programs related to dual-eligible (Medicare and Medicaid) individuals aged 21+ who have complex medical needs, physical disabilities and/or mental illness and substance use disorders, enrolled in our One Care or Senior Care Options health plans.

- Emergency Services Social Worker** Boston Children's Hospital Feb 2018-
- Primary position- coordinates care for children and families on inpatient medical floors as well as the emergency department through case management and clinical interventions via psychosocial assessments. This includes, but is not limited to, issues concerning child protection, bereavement, medical traumas, facilitation of resources and general concerns.
- Emergency Department Psychiatry Clinician** Sep 2019-
- Secondary position- conducts evaluations of youth in psychiatric crisis and facilitates discharges and higher levels of care as needed.
- Political Director** National Association of Social Workers- MA Chapter Sep 2017-Jul 2019
- Responsible for developing and executing the legislative agenda of the chapter during the two-year legislative session. Oversaw the chapter's internship program, which included liaising with schools of social work, planned seminars and directed projects for interns in addition to providing weekly supervision.
- Care Coordination Social Worker** Brigham & Women's Hospital Feb 2017-Jul 2018
- Responsible for responding to consultation requests in the emergency department, inpatient and labor/delivery floors. Consults included medical traumas, community and domestic violence, death/bereavement, new diagnoses, assessment for drug and alcohol use, assessment for mental health status/suicidality and more.
- Training & Services Coordinator** Massachusetts Children's Alliance Oct 2016-Sep 2017
- Assisted in implementing the Statewide Trauma Focused-Cognitive Behavioral Therapy (TF-CBT) learning collaborative in conjunction with the UMASS Medical consultant team and Advisory Board as well as rolling out the responding to child abuse curriculum.
- Emergency Department Psychiatric Clinician** Metrowest Medical Center Sep 2016-Jul 2017
- Employed as the sole clinician for the hospital's emergency department per shift, psychiatric evaluations were conducted for patients to determine the level of care including obtaining insurance authorization and when possible, planning safe discharge and outpatient follow up for mental health issues.
- Psychiatric Admissions Coordinator & Mental Health Counselor** Nov 2014-Sep 2016
- Filled all 100 inpatient psychiatric beds across all age groups, while triaging and prioritizing boarders in the Emergency Departments for Natick and Framingham. Worked as an MHC on all psychiatric units (child, adult and geriatric) assisting with ADLs.
- Mental Health Specialist** McLean Hospital Aug 2015-Feb 2016
- Primarily stationed on the Short-Term Unit (patients experiencing Mood Disorders), patients were assisted with their activities of daily living, this included 24/7 monitoring ("checks"), facilitation of groups and other projects as well as 1:1 check-ins and appropriate documentation.
- Clinical Intern at Child Witness to Violence Project** Boston Medical Center Sep 2015-May 2016
- This program provides child-parent psychotherapy (CPP) to children ages 0-8 and their caregivers who have experienced or witnessed a traumatic experience (domestic violence, natural disaster, war, etc). As a clinical intern, I was responsible for a caseload of 4-6 families over the course of a 24-hour week, providing individual and dyadic therapy under the supervision of an LICSW.

Clinical Intern with Mobile Crisis Team Wayside Youth & Families Aug 2014-Jul 2015

- A full psychosocial assessment for youth enrolled in MassHealth, who experienced psychiatric emergencies was conducted alongside a master-level clinician, making appropriate contact to collaterals for a complete picture before making recommendations.

Residential Childcare Worker Walker Home & School Jul 2013-Sep 2014

- Provided short-term care for children aged 3-13 by assisting with Activities of Daily Living, planning therapeutic activities and provided clinical documentation on the Community Based Acute Treatment (CBAT) Unit.

PROFESSIONAL, ACADEMIC WORKSHOPS & PRESENTATIONS

1. "Making the State House Work for You", 1.5 CEUs. NASW-MA Webinar. September 2020.
2. "Making the State House Work for You", 2 CEUs. Virtual Boston College School of Social Work Continuing Education Summer Conference. June 2020.
3. "Legislation, Policy and Clinical Social Work". Presented at Boston Children's Hospital, Boston, MA. April 2019.
4. "Changing the System: Social Workers in Public Office". Moderated at Community Catalyst, Boston, MA. March 2019.
5. "Legislation, Policy and Clinical Social Work", 1 CEU. Presented at the Elder Services of Merrimack Valley, Lowell, MA. February 2019.
6. "The Political Social Worker: Translating Clinical Skills to Advocacy", 2 CEUs. NASW-MA Member Only, Boston, MA. August 2018.
7. "The Political Social Worker: Translating Clinical Skills to Advocacy", 1.5 CEUs. Presented at the National Association of Social Workers Massachusetts Symposium, Framingham, MA. April 2018.
8. "Legislative Advocacy in Massachusetts". Presented at Harvard University's undergraduate Psychology Class, Boston University Graduate School of Social Work, Bridgewater State University School of Social Work and Simmons University Graduate School of Social Work. 2017-present.

PUBLICATIONS (FEATURED)

Cathy McNally. (2018). Podcast, "Take the Mic", Episode #14.

Simmons University. (2018). [Campaigning for Social Justice with Sophie Hansen '16MSW](#)

PUBLICATIONS (AUTHORED)

Hansen, S. (2020). Calling Out: The Uncomfortable Practice of White Accountability. *NASW-MA Social Work Voice*, 3(5).

Hansen, S. (2019). Coalition Building: A Cornerstone of Effective Advocacy. *NASW-MA Social Work Voice*, 2(5).

Hansen, S. (2019). Advocacy During the Budget Process. *NASW-MA Social Work Voice*, 2(4).

Hansen, S. (2019). Social Workers and Sexual Assault: Policy Change for Prevention. *NASW-MA Social*

Work Voice, 2(3).

Hansen, S. (2019). Unveiling the 2019-2020 Legislative Agenda. *NASW-MA Social Work Voice*, 2(2).

Hansen, S. (2019). A New Client Safeguard: What Clinicians Need to Know About PATCH. *NASW-MA Social Work Voice*, 2(1).

Hansen, S. (2018). NASW-MA Webinar, "[State House Testimony](#)".

Hansen, S. (2018). Testimony 101: Bringing Social Work Expertise to the State House. *NASW-MA Social Work Voice*, 1(7).

Hansen, S. (2018). Power to the Polls: Your Voting Guide Is Here. *NASW-MA Social Work Voice*, 1(6).

Hansen, S. (2018). Legislative Wins. *NASW-MA Social Work Voice*, 1(5).

Hansen, S. (2018). Deep Dive: The Criminal Justice Omnibus Bill. *NASW-MA Social Work Voice*, 1(4).

Hansen, S. (2018). [Letter to the Editor: March Marks Social Work Month](#). *Wicked Local: Cambridge*.

Hansen, S. (2018). Channeling Our Roles as Leaders, Advocates and Champions. *NASW-MA Social Work Voice*, 1(3).

Hansen, S. (2018). On the Front Lines of Advocacy. *NASW-MA Social Work Voice*, 1(2).

Hansen, S. (2018). Healthcare Reform Omnibus Bill to Affect Social Workers and Clients. *NASW-MA Social Work Voice*, 1(1).

Hansen, S. (2017). Social Workers Are Primed to Lobby- Here's Why. *NASW-MA FOCUS*, 44(10).

Hansen, S. (2017). Be a Local Advocate: How Social Workers Can Keep Giving Back Amidst Crisis. *NASW-MA FOCUS*, 44(9).

PROFESSIONAL DEVELOPMENT AND CERTIFICATION

Harvard T.H. Chan School of Public Health and Blue Cross Blue Shield Foundation May 2019
9-Month Massachusetts Institute of Community Health Leadership training

Boston University Dec 2018
Seminar in Field Supervision for Macro MSW Students

Emerge Massachusetts June 2017
6-Month Training for Women to Run For Public Office

Massachusetts State Licensed Certified Social Worker Aug 2016

PROFESSIONAL AFFILIATIONS

National Association of Social Workers- MA Chapter

- Committee on Nominations and Leadership Identification (elected) Sep 2020-May 2022
- Legislative Advocacy Committee Sep 2013-
- Political Action for Candidate Election (PACE) Sep 2013-

COMMUNITY SERVICE

Volunteer Boston Area Rape Crisis Center, Cambridge, MA Apr 2013-Dec 2019

Lobbying and Organizing Consultant Warriors, Remote Nov 2018-Nov 2019

Pen Pal Timilty Middle School, Roxbury, MA Sep 2016-May 2018

Rape Crisis Counselor Center for Hope & Healing, Lowell, MA Sep 2011-Sep 2013

SKILLS

- **Administration:** Volunteer Management, Project Management, Interpersonal Relations, Conflict Management, Community Outreach
- **Clinical:** Crisis Intervention and Stabilization, Individual and Group therapy with children/adults,

Psychodynamic, Trauma-informed

- **Research:** Program Evaluation, Survey Method, Literature Review
- **Languages:** Native in English, Conversational in American Sign Language and French
- **Information Technology:** Blackboard, Canvas, Epic, Excel, FirstNet, Meditech, Microsoft Word, OneNote, Outlook, PowerPoint, SharePoint, Zoom