

Christina J. Matz

Curriculum Vitae

McGuinn Hall 203 • 140 Commonwealth Avenue • Chestnut Hill, MA 02467

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EDUCATION

2011 **Boston College Graduate School of Social Work, Chestnut Hill, MA**

Doctor of Philosophy

John A. Hartford Doctoral Fellow in Geriatric Social Work

Dissertation: Productive aging in the workplace: Understanding factors that promote or impede psychological engagement in work

2003 **Boston College Graduate School of Social Work, Chestnut Hill, MA**

Master of Social Work, Area of Concentration: Community Organization, Policy, Planning, and Administration (COPPA)

2000 **University of Massachusetts, Commonwealth College (Honors Program), Amherst, MA**

Bachelor of Arts, Major: Psychology

Magna Cum Laude with departmental honors, Dean's List: 1996-2000

Undergraduate Honors Thesis: Predictors and outcomes of father involvement in working-class, dual-earner families

RESEARCH INTERESTS

Engagement in social and/or productive activities (e.g., work, volunteering, caregiving, informal helping, etc.) in later life, healthy aging, positive psychology, intervention research, daily life methods (e.g., Ecological Momentary Assessment), use of technology interventions with older adults

TEACHING INTERESTS

Aging and human development, research methods, statistics, effectiveness-based planning, grant writing

PROFESSIONAL APPOINTMENTS

2011-present **Boston College School of Social Work, Chestnut Hill, MA**

Associate Professor, June 2018-present

Chair, Older Adults and Families Field-of-Practice, June 2018-present

Director, Spier Fellows in Aging Program, June 2018-present

Director, Hartford Partnership Program for Aging Education (HPPAE)

June 2018-May 2019

Assistant Professor, August 2011-May 2018

2006-present **Center on Aging & Work at Boston College, Chestnut Hill, MA**

Co-Director, April 2019-present

Research Faculty, August 2011-April 2019

Associate Director of Research, June 2010-August 2011

Research Associate, July 2007-May 2010

Statistical Consultant, November 2006-June 2007

GRANTS

2019-2020 **Research across Departments and Schools Grant (\$50,000)**
Consultant (PI: L. Ludlow), *Project title*: Leading a Life of Meaning and Purpose (LAMP) Measurement Project

2019-2022 **Spier Family Foundation Grant (\$45,000)**
Principal Investigator, *Project title*: Masters in Social Work (MSW) Fellowship/Enrichment Program in Aging at Boston College

2018-2019 **National Institute on Aging Boston Roybal Center for Active Lifestyle Interventions (P30AG048785) Pilot Grant**
Consultant (Pilot PI: C. Katigbak), *Study title*: Together, We Move: A Multi-component intervention to increase physical activity for ethnic minority older adults

2018-2020 **Boston College Academic Technology Innovation Grant (\$19,455)**
Principal Investigator, *Project title*: The Living Database Project: Engaging students in hands-on data collection

2015-2016 **Boston College Institute on Aging's Research Incentive Grant (\$48,085)**
Co-Investigator (PI: L. Ludlow), *Study title*: Revision and validation of the Rasch-based scenario scales for measuring engagement in work, volunteering, caregiving, and informal helping among older adults

2014-2015 **National Institute on Aging Boston Roybal Center for Active Lifestyle Interventions (P30AG048785) Pilot Grant (\$36,228)**
Principal Investigator, *Study title*: Enhancing the health-promoting effects of older adults' activity portfolios: The development, feasibility and initial efficacy of a real-time, ecologically sensitive intervention

2014-2016 **Boston College Institute on Aging's Research Incentive Grant (\$67,923)**

Principal Investigator, *Study title*: The development and pilot testing of an ecological momentary intervention to enhance the health-promoting effects of productive activity involvement in later life

- 2012-2014 **John A. Hartford Geriatric Social Work Faculty Scholars Award (\$100,000)**
Principal Investigator, *Study title*: The experience of engagement in the third age: An exploration of productive activities
- 2012-2013 **Boston College Research Incentive Grant (\$15,000)**
Principal Investigator, *Study title*: Measurement of engagement in later life pilot study
- 2010-2013 **University Institute on Aging Research Incentive Grant (\$75,000)**
Co-Investigator (PI: J. James), *Study title*: Advancing the Measurement of Engagement in Later Life
- 2009-2011 **John A. Hartford Doctoral Fellowship in Geriatric Social Work (\$70,000)**
Principal Investigator, *Study title*: Productive aging in the workplace: Understanding factors that promote or impede psychological engagement in work
- 2008 **MetLife Mature Market Institute (\$50,000)**
Co-Principal Investigator (with M. Pitt-Catsoupes), *Study title*: Engaging the 21st century multi-generational workforce
- 1998-2000 **Honors Research Grant, University of Massachusetts Amherst (\$1,000)**
Principal Investigator, *Study title*: Predictors and outcomes of father involvement in working-class, dual-earner families

HONORS, AWARDS, AND SCHOLARSHIPS

- 2019 **Fellow, Gerontological Society of America (GSA), Social Research, Policy and Practice section**
- 2018 **MatherLifeWays Institute on Aging Innovative Research on Aging Award, Silver Award Recipient**
- 2017-2018 **Teaching Excellence Award, Boston College School of Social Work**
- 2016-2017 **Mentor of the Year, Doctoral Program, Boston College School of Social Work**
- 2016-2017 **Scholarship Excellence Award, Boston College School of Social Work**

- 2014 **AARC/MECD Patricia B. Elmore Award for Outstanding Research in Measurement and Evaluation**
- 2004-2007 **Boston College Graduate School of Social Work Doctoral Fellowship**
- 2000 **Commonwealth College Undergraduate Poster Award**
- 2000 **Honor Society of Phi Kappa Phi**
- 1998 **Golden Key National Honor Society**
- 1997 **Psi Chi National Honor Society in Psychology**
- 1997 **Plainville Community Scholarship**
- 1996 **Scott Brown Book Grant**

ADDITIONAL TRAINING

- Spring 2019 **Center for Teaching Excellence (CTE), Inclusive Classroom Practices Seminar**
Semester-long program for faculty focused on inclusive classroom practices and social justice pedagogies, including classroom climate and student belonging, difficult dialogues, and inclusive course design.
- 2016-2017 **Sloan Research Network on Aging & Work Fall Institute**
Competitively selected, fully funded institute and working group aimed at developing a grant proposal or publication in the area of aging & work, Harvard University, Cambridge, MA.
- 2014 **John A. Hartford Interdisciplinary Communications Institute**
Competitively selected, fully-funded 2-day institute for faculty on developing effective communication skills and strategies for working with the media to disseminate research, Chicago, IL.
- 2013-2014 **Early Career Work and Family Scholars Career Development and Mentorship Program**
Competitively selected year-long career development and mentorship program for faculty; funded travel to Work and Family Researchers Network (WFRN) conference.
- 2013 **Stanford Faculty Development Center for Medical Teachers' Teaching Institute**

Competitively selected, fully-funded 5-day institute for social work faculty on developing effective teaching strategies for aging curriculum, Palo Alto, CA.

2012-2013 National Institute on Aging (NIA) funded Institute on Aging and Social Work

Competitively selected year-long institute for social work faculty aimed at developing a grant proposal; fully-funded travel for 3 meetings of institute faculty, Duluth/Minneapolis, MN.

PUBLICATIONS

Articles in Peer-Reviewed Journals

1. Yang, J. & **Matz, C.** (2020). A latent deprivation perspective: Mechanisms linking volunteering to mental health in later life. *The International Journal of Aging and Human Development*. doi: 10.1177/0091415020959767
2. Gonzales, E.; **Matz, C.**; & Morrow-Howell, N. (2020). Introduction to special issue: Productive aging. *Clinical Social Work Journal*, 48, 153-155.
3. **Matz, C.**, Sabbath, E. & James, J. (2020). An integrative conceptual framework of engagement in socially-productive activity in later life: Implications for clinical and mezzo social work practice. *Clinical Social Work Journal [special issue on productive aging]*, 48, 156–168.
4. Ludlow, L.H., Anghel, E., Szenday, O., O’Keefe, T., Howell, B., **Matz, C.**, & Braun H. (2020). The Boston College Living a Life of Meaning and Purpose (BC-LAMP) Portfolio: An application of Rasch/Guttman Scenario methodology. *Journal of Applied Measurement*, 21(2).
5. **Matz-Costa, C.**, Howard, E., Sceppa, C., Dias-Valdes, A., & Lachman, M. (2019). Peer-based strategies to support physical activity interventions for older adults: A typology, conceptual framework, and practice guidelines. *The Gerontologist*, 59(6), 1007-1016. doi: 10.1093/geront/gny092
6. **Matz-Costa, C.**, Berzin, S., Pitt-Catsoupes, M., & Halvorsen, C. (2019). Perceptions of the meaningfulness of work among older social purpose workers: An Ecological Momentary Assessment study. *Journal of Applied Gerontology*, 38(8), 1121–1146. DOI: 10.1177/0733464817727109
7. Ludlow, L., **Matz-Costa, C.**, & Klein, K. (2019). Enhancement and validation of the Productive Engagement Portfolio-Scenario (PEP-S8) Scales. *Measurement and Evaluation in Counseling and Development*, 52(1), 15-37.

8. Calvo, R., Carr, D., & **Matz-Costa, M.** (2019). Expanding the “Happiness Paradox”: Racial/ethnic disparities in life satisfaction among older immigrants in the United States. *Journal of Aging and Health*, 31(2), 231-255.
9. Wang, Y., & **Matz-Costa, C.** (2019). Gender differences in the effect of social resources and subjective social status on the retirement satisfaction and health of retirees. *Journal of Gerontological Social Work*, 62(1), 86-107. DOI: 10.1080/01634372.2018.1474156
10. **Matz-Costa, C.**, Lubben, J. E., Lachman, M., Lee, H. N., & Choi, Y. J. (2018). A pilot randomized trial of an intervention to enhance the health-promoting effects of older adults' activity portfolios: The Engaged4Life Program. *Journal of Gerontological Social Work*, 61(8), 792-816.
11. Wang, Y., **Matz-Costa, C.**, Miller, J., Carr, D., & Kohlbacher, F. (2018). Uses and gratifications sought from mobile phones and loneliness among Japanese midlife and older adults: A mediation analysis. *Innovation in Aging*, 2(3), 1-13.
12. Choi, Y.J. & **Matz-Costa, C.** (2018). Perceived neighborhood safety, social cohesion, and psychological health of older adults [Special Issue: Aging in Context]. *The Gerontologist*, 58(1), 196–206. PMID: 28082279 DOI: 10.1093/geront/gnw187
13. Carr, D., Kail, B.K., **Matz-Costa, C.**, & Shavit, Y. (2018). Does becoming a volunteer attenuate loneliness among recently widowed older adults? *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 73(3), 501-510. DOI: 10.1093/geronb/gbx092
14. Yang, J. & **Matz-Costa, C.** (2018). Age diversity in the workplace: The effect of relational age within supervisor-employee dyads on employees' work engagement. *International Journal of Aging & Human Development*, 87(2), 156-183. doi: 10.1177/0091415017709798
15. Calvo, R., Carr, D., & **Matz-Costa, C.** (2017). Another paradox? The life satisfaction of older Hispanic immigrants in the United States. *Journal of Aging & Health*, 29(1):3-24. PMID: 26772911 DOI: 10.1177/0898264315624901
16. **Matz-Costa, C.** (2016). Productive aging in the workplace: Understanding factors that promote or impede subjective well-being at work. *Best Practices in Mental Health*, 12(2), 43-62.
17. James, J., **Matz-Costa, C.**, & Smyer, M. (2016). Retirement security: It's not just about the money. *American Psychologist*, 71(4), 334–344. DOI: <http://dx.doi.org/10.1037/a0040220>
18. Sabbath, E.L., **Matz-Costa, C.**, Rowe, J.W., Leclerc, A., Goldberg, M. & Berkman, L.F. (2016). Social predictors of active life engagement: A time-use study of young-

old French adults. *Research on Aging*, 38(8), 864-893. PMID: 26449627 DOI: 10.1177/0164027515609408

19. **Matz-Costa, C.**, Carr, D., McNamara, T., & James, J. (2016). Physical, cognitive, social, and emotional mediators of activity involvement and health in later life. *Research on Aging*, 28(7), 791-815. PMID: 26429863 DOI: 10.1177/0164027515606182
20. Sweet, S., Sarkisian, N., **Matz-Costa, C.**, & Pitt-Catsouphe, M. (2016). Are women less career centric than men? Structure, culture and identity investments. *Community, Work and Family*, 19(4), 481-500. DOI: 10.1080/13668803.2015.1078287
21. Carr, D., King, K., & **Matz-Costa, C.** (2015). Parent-Teacher Association, soup kitchen, church, or the local civic club? Life stage indicators of volunteer domain. *International Journal of Aging & Human Development*, 80(4), 293-315. PMID: 26342022 DOI: 10.1177/0091415015603608
22. Gonzales, E., **Matz-Costa, C.**, & Morrow-Howell, N. (2015). Increasing opportunities for the productive engagement of older adults: A response to population aging. *The Gerontologist*, 55(2), 252-261. PMID: 26035601 DOI: 10.1093/geront/gnu176
23. Pitt-Catsouphe, M., James, J., & **Matz-Costa, C.** (2015). Workplace-based health and wellness programs: The intersection of aging, work, and health. *The Gerontologist*, 55(2), 262-270. PMID: 26035602 DOI: 10.1093/geront/gnu114
24. Besen, E., **Matz-Costa, C.**, James, J., & Pitt-Catsouphe, M. (2015). Factors buffering against work overload: How does age matter? *Journal of Applied Gerontology*, 34(1) 73–101. DOI: 10.1177/0733464812460430
25. Ludlow, L., **Matz-Costa, C.**, Johnson, C., Brown, M., Besen, E., & James, J. (2014). Measuring engagement in later life activities: Rasch-based scenario scales for work, caregiving, informal helping, and volunteering. *Measurement and Evaluation in Counseling and Development*, 47(2), 127-149. DOI: 10.1177/0748175614522273
 - **Won the AARC/MECD Patricia B. Elmore Award for Outstanding Research in Measurement and Evaluation**
26. **Matz-Costa, C.**, Besen, E., James, J., & Pitt-Catsouphe, M. (2014). Differential impact of multiple levels of productive activity engagement on psychological well-being in middle and later life. *The Gerontologist*, 54(2): 277-289. PMID: 23213083 DOI: 10.1093/geront/gns148
27. **Matz-Costa, C.**, James, J., Ludlow, L., Brown, M., Besen, E., & Johnson, C. (2014). The meaning and measurement of productive engagement in later life. *Social Indicators Research*, 118(3), 1293-1314. DOI: 10.1007/s11205-013-0469-6

28. Ollier-Malaterre, A., McNamara, T., **Matz-Costa, C.**, Pitt-Catsouphe, M., & Valcour, M. (2013). Looking up to regulations, out at peers or down at the bottom line: How institutional logics affect the prevalence of age-related HR practices. *Human Relations*, 66(10), 1373-1395. DOI: 10.1177/0018726713478244
29. Besen, E., Brown, M., **Matz-Costa, C.**, Smyer, M., & Pitt-Catsouphe, M. (2013). Job characteristics, core self-evaluations, and job satisfaction: What's age got to do with it? *International Journal of Aging and Human Development*, 76(4), 269-295. PMID: 23855183 DOI: 10.2190/AG.76.4.a
30. McNamara, T.K., Pitt-Catsouphe, M., **Matz-Costa, C.**, Brown, M., & Valcour, M. (2013). Across the continuum of satisfaction with work-family balance: Work hours, flexibility-fit, and work-family culture. *Social Science Research*, 42(2), 283-298. PMID: 23347476 DOI: 10.1016/j.ssresearch.2012.10.002
31. McNamara, T.K., Pitt-Catsouphe, M., Brown, M. & **Matz-Costa, C.** (2012). Access to and utilization of flexible work options. *Industrial Relations*, 51(4), 936-965. DOI: 10.1111/j.1468-232X.2012.00703.x
32. **Matz-Costa, C.**, Carapinha, R., & Pitt-Catsouphe, M. (2012). Putting age in context: Relational age and inclusion at the workplace. *Indian Journal of Gerontology*, 26(1), 50-74.
33. Valcour, M., Ollier-Malaterre, A., **Matz-Costa, C.**, Pitt-Catsouphe, M. & Brown, M. (2011). Influences on employee perceptions of organizational work-life support: Signals and resources. *Journal of Vocational Behavior*, 79, 588-595. DOI:10.1016/j.jvb.2011.02.002
34. **Matz-Costa, C.** & Pitt-Catsouphe, M. (2009). Workplace flexibility as an organizational response to the aging of the workforce: A comparison of non-profit and for-profit organizations. *Journal of Social Service Research*, 36(1), 68-80.
35. Pitt-Catsouphe, M., Sano, J., & **Matz-Costa, C.** (2009). Unions' responsiveness to the aging of the workforce. *Journal of Workplace Behavioral Health*, 24(1), 125-146. DOI:10.1080/15555240902849065
36. Pitt-Catsouphe, M. & **Matz-Costa, C.** (2008). The multi-generational workforce: Workplace flexibility and engagement. *Community, Work & Family*, 11(2), 215-229. DOI:10.1080/13668800802021906
37. Hill, E.J., Grzywacz, J.G., Allen, S., Blanchard, V.L., **Matz-Costa, C.**, Shulkin, S., & Pitt-Catsouphe, M. (2008). Defining and conceptualizing workplace flexibility. *Community, Work, & Family*, 11(2), 149-163. DOI:10.1080/13668800802021906

38. Pitt-Catsouphes, M., **Matz-Costa, C.**, & MacDermid, S. (2007). HRD responses to work-life stressors. *Advances in Developing Human Resources (ADHR)*, 9(4), 527-543.
39. Pitt-Catsouphes, M., MacDermid, S., Schwarz, R., & **Matz, C.** (2006). Community contexts: The perspectives and adaptations of working parents. *American Behavioral Scientist*, 49(10), 1400-1421. DOI:10.1177/0002764206286562

Chapters in Edited Volumes

1. Gonzales, E., Morrow-Howell, N., Angel, J., Fredman, L., Marchiondo, L. A., Harootyan, R., Choi, J., Choudhury, N., Carolan, K., Lee, K., Tan, E., Yu, P., Shea, E., & **Matz, C.** (forthcoming, 2021). Integrating AASW&SW's Grand Challenges of productive aging and health equity to guide efforts to improve the health of an aging population. In M. Teasley, M. Spencer & M. Bartholomew (Eds.). *Racism and the Grand Challenges for the Social Work Profession*. New York, NY: Oxford University Press
2. **Matz, C.** & Brown, M. (forthcoming, 2021). The choices of (low-income) aging workers on the margins: Expanding the narrative. Fidler, E. F., (Ed.) *Handbook on Aging and Work*. Rowman & Littlefield.
3. Lubben, J. & **Matz-Costa, C.** (2020) Social Network Index. In: D. Gu & M. Dupre M. (Eds.). *Encyclopedia of Gerontology and Population Aging*. Cham, Switzerland: Springer. https://link.springer.com/referenceworkentry/10.1007/978-3-319-69892-2_512-1
4. James, J.B., Morrow-Howell, N., Gonzales, E., **Matz-Costa, C.**, & Riddle-Wilder, A. (2019). Beyond the lifelong workday: Is there a new face of retirement? In S. Czaja, J. Sharit, J. James, & J. Grosch (Eds.), *Current and Emerging Trends in Aging and Work* [pp. 355-374]. New York: Springer Publishing Company.
5. Morrow-Howell, N., Gonzales, E., **Matz-Costa, C.**, James, J. & Putnam, P. (2018). Advance long and productive lives. In R. Fong, J. Lubben, & R. P. Barth (Eds.), *Grand Challenges for Social Work and Society* (chapter 5). New York and Washington, DC: Oxford University Press/NASW Press.
6. **Matz-Costa, C.** & Lubben, J. E. (2018). Gerontological social work. In E.A. Capezuti, M.L. Malone, D.S. Gardner, A. Kahn, & S.L. Baumann (Eds.), *Encyclopedia of Eldercare: The Comprehensive Resource on Geriatric Health and Social Care* (4th Edition) (pp. 327-331). New York: Springer Publishing Company.
7. **Matz-Costa, C.** & Lubben, J. E. (2014). Gerontological social work. In E.A. Capezuti, M.L. Malone, P.R. Katz, & M.D. Mezey (Eds.), *Encyclopedia of Eldercare: The Comprehensive Resource on Geriatric Health and Social Care* (3rd Edition) (pp. 343-347). New York: Springer Publishing Company.

8. Pitt-Catsouphes, M., **Matz-Costa, C.**, & Besen, E. (2013). Linking age to the quality of employees' work experiences. In P. Taylor (Ed.), *Older workers in an ageing society: Critical topics in research and policy* (pp. 202-222). Cheltenham, UK: Edward Elgar Publishing.
9. Pitt-Catsouphes, M., **Matz-Costa, C.**, & Brown, M. (2011). The prism of age: Managing age diversity at the 21st century workplace. In S. Tyson & E. Parry (Eds.), *Managing an Age Diverse Workforce* (pp. 80-94). London: Palgrave Macmillan.
10. Pitt-Catsouphes, M., Sano, J., & **Matz-Costa, C.** (2010). Unions' responsiveness to the aging of the workforce. In P.A. Kurzman & R. P. Maiden (Eds.), *Union Contributions to Labor Welfare Policy and Practice: Past, Present and Future* (pp. 125-146). New York, NY: Routledge.
11. Sweet, S., Pitt-Catsouphes, M., Mumm, J., Casey, J., & **Matz, C.** (Eds.) (2006). *Teaching work and family: Strategies, activities, and syllabi*. Washington, DC: American Sociological Association.

Reports, Briefs, and Working Papers

1. Morrow-Howell, N., Gonzales, E., & **Matz-Costa, C.** (2016). *Policy recommendations for meeting the grand challenge to advance long and productive lives* (Grand Challenges for Social Work Initiative Policy Brief No. 4). Cleveland, OH: American Academy of Social Work and Social Welfare. Retrieved from <https://csd.wustl.edu/Publications/Documents/PB4.pdf>
2. Morrow-Howell, N., Gonzales, E., **Matz-Costa, C.**, & Greenfield, E. A. (2015). *Increasing productive engagement in later life* (Grand Challenges for Social Work Initiative Working Paper No. 8). Cleveland, OH: American Academy of Social Work and Social Welfare. Retrieved from <http://aaswsw.org/wp-content/uploads/2015/12/WP8-with-cover.pdf>
3. **Matz-Costa, C.**, Foss, S., Raymond, K. Yang, J., Johnson, C. , Kang, C. & Dickson, D. (2015, July). *Mature talent needs at Greater Boston nonprofits: The Greater Boston nonprofit talent needs survey*. Submitted to the Board and Membership of the Encore Boston Network.
4. Pitt-Catsouphes, M., **Matz-Costa, C.**, & James, J., (2012, August). *Through a different looking glass: The prism of age* (Research Brief 03). Chestnut Hill, MA: Sloan Center on Aging & Work at Boston College. Retrieved from http://www.bc.edu/research/agingandwork/archive_pubs/RB03.html
5. James, J., Besen, E., **Matz-Costa, C.**, & Pitt-Catsouphes, M. (2012, January) "*Just do it?*"...*Maybe not! Insights on activity in later life from the Life & Times in an Aging Society Study*. (Research Brief 01). Chestnut Hill, MA: Sloan Center on Aging

& Work at Boston College. Retrieved from
http://www.bc.edu/content/dam/files/research_sites/agingandwork/pdf/publications/EAWA_JustDoIt.pdf

6. James, J., Besen, E., **Matz-Costa, C.**, & Pitt-Catsoupes, M. (2010, February). *Engaged as we age: The end of retirement as we know it?* (Issue Brief 24). Chestnut Hill, MA: Sloan Center on Aging & Work at Boston College. Retrieved from
http://www.bc.edu/content/dam/files/research_sites/agingandwork/pdf/publications/I/B24_EngagedAsWeAge.pdf
7. **Matz-Costa, C.**, Pitt-Catsoupes, M., Besen, E. & Lynch, K. (2009, June). *The difference a downturn can make: Assessing the early effects of the economic crisis on the employment experiences of workers* (Issue Brief 22). Chestnut Hill, MA: Sloan Center on Aging & Work at Boston College. Retrieved from
http://www.bc.edu/content/dam/files/research_sites/agingandwork/pdf/publications/I/B22_AgeGen_Downturn.pdf
8. Pitt-Catsoupes, M. & **Matz-Costa, C.** (2009, April). *Engaging the 21st century multi-generational workforce: A study for the MetLife Mature Market Institute by the Sloan Center on Aging & Work at Boston College* (Issue Brief 20). Chestnut Hill, MA: Sloan Center on Aging & Work at Boston College. Retrieved from
http://www.bc.edu/content/dam/files/research_sites/agingandwork/pdf/publications/I/B20_Engagement.pdf
9. Pitt-Catsoupes, M., **Matz-Costa, C.**, & Besen, E. (2009, April). *Age & Generations: Understanding experiences at the workplace* (Research Highlight 06). Chestnut Hill, MA: Sloan Center on Aging & Work at Boston College. Retrieved from
https://www.bc.edu/content/dam/files/research_sites/agingandwork/pdf/publications/RH06_Age_Generations.pdf
10. Pitt-Catsoupes, M., **Matz-Costa, C.** & Besen, E. (2009, January). *Workplace flexibility: Findings from the Age & Generations Study* (Issue Brief 19). Chestnut Hill, MA: Sloan Center on Aging & Work at Boston College. Retrieved from
https://www.bc.edu/content/dam/files/research_sites/agingandwork/pdf/publications/I/B19_WorkFlex.pdf
11. Johnson, J.K.M., Pitt-Catsoupes, M., Besen, E., Smyer, M., & **Matz-Costa, C.** (2008, February). *Quality of employment and life satisfaction: A relationship that matters for older workers*. (Issue Brief 13). Chestnut Hill, MA: Center on Aging and Work/Workplace Flexibility at Boston College. Retrieved from
http://www.bc.edu/content/dam/files/research_sites/agingandwork/pdf/publications/I/B13_LifeSatisfaction.pdf
12. Pitt-Catsoupes, M., Taylor, P., Flynn, M., Lewis, S., Matz-Costa, C., Sheaks, C., Besen, E. (2008). *Sand Pictures: Perceptions of Older Workers at the 21st Century Workplace*. (Working Paper). Prepared for the 2008 AARP International Forum on

the Future Workforce New Strategies for New Demographics. European Commission. Brussels: Belgium.

13. Pitt-Catsoupes, M., Smyer, M.A., **Matz-Costa, C.**, & Kane, K. (2007, March). *The National Study report: Phase II of The National Study of Business Strategy and Workforce Development*. (Research Highlight 04). Chestnut Hill, MA: Center on Aging and Work/Workplace Flexibility at Boston College. Retrieved from http://www.bc.edu/content/dam/files/research_sites/agingandwork/pdf/publications/RH04_NationalStudy.pdf

INVITED BLOGS, WEBCASTS, PODCASTS, AND VIDEOS

1. **Matz, C.** (2020, July 28). Equity/Racial and Ethnic Disparities in Nursing Homes: A Focus on Social Determinants and the Role of Social Work. *The COVID-19 Rapid Response Network for Nursing Homes, Institute for Healthcare Improvement*.
2. James, J. and **Matz, C.** (2019, September). Grand Challenges for Social Work and Society: Interview on Advancing Long and Productive Lives. *Boston College Faculty Publications Highlights*. Boston College Libraries. <https://youtu.be/Ebw6Vm-AGvw>
3. **Matz, C.** & Halvorsen, C., Guydan, D. & Lucas, S. (2019, November). Engagement and Entrepreneurship Research from the Center on Aging & Work. *Encore.org Webinar*.
4. **Matz, C.** (2019, Feb 12). Engaged Aging. *Healthy U Radio Show, Hosts: Drs. Randy and Helene Tobler, broadcast on KMEM FM 100.5*. Memphis, MO
5. **Matz, C.** (2019, June 19). Christina Matz, Advocate for Engaged Aging (interview). *Hélène Stelian Coaching, Empowering Midlife Women*. Retrieved from <https://helenetstelian.com/christina-matz-advocate-for-engaged-aging/#>
6. Christina, N. & **Matz-Costa, C.** (2018, July 1). Christina Matz-Costa, PhD -- Expert on what keeps us well as we age (Podcast). *Zestful Aging Podcast*. Retrieved from <https://zestfulaging.cast.rocks/?ep=GJDD1F2W-H1TT9>
7. **Matz-Costa, C.** (2016, May 20). Retirement security: It's not just about the money (Blog). *AGEnda: Aging & Work Blog*. Retrieved from <http://agingandwork.bc.edu/blog/>
8. **Matz-Costa, C.** with Berkman, L., Whitman, D., Grodstein, F., & Arnold, C. (2016, February 11). The aging workforce: Challenges and benefits for the public's health (Live Webcast). *The Forum at the Harvard T.H. Chan School of Public Health*. Retrieved from <https://theforum.sph.harvard.edu/events/the-aging-workforce/> [1,500+ views]

9. **Matz-Costa, C.** (2015, July 2). Building a meaningful activity portfolio in later life. *AGenda: Aging & Work Blog*. Retrieved from <http://agingandwork.bc.edu/blog/>
[link was tweeted or retweeted to reach over 60,000 followers]
10. **Matz-Costa, C.** (2014). BC Talks Aging Video Module II: Social and productive engagement, Engaged as We Age (Video). *Institute on Aging and the Hartford Center for Excellence in Geriatric Social Work*. Retrieved from https://youtu.be/s_T88JZCqsU
[1,130+ views]
11. **Matz-Costa, C.** (2012, July 25). The ideal worker vs. the older worker: The cost of unrealistic expectations. *AGenda: Aging & Work Blog*. Retrieved from <http://agingandwork.bc.edu/blog/>
12. **Matz-Costa, C.** (2012, June 13). Busy bees or purpose seekers? Older adults' search for meaning in the retirement years. *AGenda: Aging & Work Blog*. Retrieved from <http://agingandwork.bc.edu/blog/>
13. **Matz-Costa, C.** (2012, May 18). After 55, the key is staying "engaged." *PBS: Next Avenue.org*. Retrieved from <http://www.nextavenue.org/blog/after-55-key-staying-engaged>

MEDIA MENTIONS

1. Kornwitz, J. (2020, April 1). Technology is keeping older adults healthy and connected during the coronavirus outbreak. *Boston College School of Social Work*. Retrieved from https://www.bc.edu/content/bc-web/schools/ssw/bcssw-news/2020/Technology_is_keeping_older_adults_healthy_and_connected_during_the_coronavirus_outbreak.html
2. Smith, S. (2019, March 28). There has to be a better way (interview). *Boston College Chronicle*. Retrieved from <https://issuu.com/bcchronicle/docs/bcchronicle3282019final>
3. Jason, Z. (2019, February). A Conversation with Christina Matz. *Boston College School of Social Work*. Retrieved from <https://www.bc.edu/bc-web/schools/ssw/bcssw-news/2019/conversation-with-christina-matz.html>
4. Mass Nonprofit News. (2019, May 28). Organizational success tied to effective volunteer management. Author. Retrieved from <http://www.massnonprofit.org/news.php?artid=5717&catid=13>
5. Nicholson, R. (2018, November 5). Lonely hearts, helping hands: Easing loneliness for recent widows with volunteering. *Mather LifeWays Institute on Aging: InvestigAge Blog*. Retrieved from: <https://www.matherlifewaysinstituteonaging.com/2018/11/05/volunteering-can-help->

[ease-loneliness-in-the-recently-widowed/](#)

6. Pawlowski, A. (2018, April 24). Volunteering 2 hours a week can help ease loneliness, study finds. *Today.com*. Retrieved from <https://www.today.com/series/one-small-thing/how-stop-feeling-lonely-volunteering-fights-loneliness-t127400>
7. Rapaport, L. (2018, March 13). Loneliness doesn't drive seniors to see more doctors. *Reuters Health*. Retrieved from <https://www.reuters.com/article/us-health-elderly-social-support/loneliness-doesnt-drive-seniors-to-see-more-doctors-idUSKCN1GP2E5>
8. Boston College School of Social Work (2017, January 25). Faculty publication spotlight: Christina Matz-Costa on improving activity in older adults. *Boston College School of Social Work Blog*. Retrieved from: <https://bcsocialworkblog.com/2017/01/25/faculty-publication-spotlight-christina-matz-costa-on-improving-activity-in-older-adults/>
9. Yagana S. (2016, February 11). This is how boomers can age successfully, according to the experts: Health and public policy experts discuss the aging workforce and what it means for you. *Huffington Post, Post 50*. Retrieved from http://www.huffingtonpost.com/entry/experts-reveal-how-boomers-can-age-successfully_us_56bbc0c3e4b0c3c550500b69
10. Powell, A. (2016, February 12). No rest for the graying: Retirement isn't what it used to be, panelists stress. *Harvard Gazette*. Retrieved from <http://news.harvard.edu/gazette/story/2016/02/no-rest-for-the-graying/>
11. Bowers, L.A. (2016, February 11). Panel: Supporting aging workforce benefits employers, employees. *McKnight's Senior living*. Retrieved from <http://qa2.mcknightsseniorliving.com/news/panel-supporting-aging-workforce-benefits-employers-employees/article/473602/>
12. Chevreau, J. (2015, July 12). Re: Building a meaningful activity portfolio in later life. [Blog]. Retrieved from <https://twitter.com/EncoreOrg/status/620261738831835136>
13. Nicholson, R. (2014, July 2). How levels of engagement in work, volunteering & caregiving affect well-being. *InvestigAGE, Mather Lifeways Institute on Aging*. Retrieved from <http://www.investigage.com/2014/07/02/how-levels-of-engagement-in-work-volunteering-caregiving-affect-well-being/>
14. St. Jean, I. (2014, Spring). Boomers bring the experience of a lifetime. *Human Resource Management Association's (HRMA) People Talk*, 21(1), 40-41. Retrieved from <http://www.hrvoice.org/wp-content/uploads/2014/04/PeopleTalk-Spring-2014.pdf>

15. Collamer, N. (2013, July 16). Boomers: America's least engaged employees. *Huffington Post*. Retrieved from http://www.huffingtonpost.com/2013/07/16/employee-engagement-boomers_n_3606521.html?utm_hp_ref=business&ir=Business
16. Abrahms, S. (2012, February 15). Caregiving's sunny side. *AARP blog*. Retrieved from <http://blog.aarp.org/2012/02/15/caregivings-sunny-side/>
17. James, J. B. (2012, January 25). Engaged as we age: The new mantra for older adults. *AGenda: Aging & Work Blog*. Retrieved from <http://agingandwork.bc.edu/blog/>
18. Jewell, R. (2010, August 20). Changing dynamics: Millennials and the 21st century workplace. *Corporate Voices for Working Families Blog*. Retrieved from <http://corporatevoices.wordpress.com/2010/08/20/changing-dynamics-millennials-and-the-21st-century-workplace/>
19. Metlife.com (2009, October 15). *Economic downturn impacting employee engagement*.
20. Workplace Flexibility 2010 (2009, October 4). *Workplace flexibility: Findings from the Age & Generations Study*.
21. Association of College & Research Libraries. (2009, July 11). *Talkin' 'bout my generation: Exploring age-related resources*.
22. Whittle, R. (2009, May 19). Workers' needs vary by age. *Business Opportunities*.
23. Inc.com. (2009, May 14). *Report: Workers' needs vary by age*. Retrieved from <http://www.inc.com/news/articles/2009/05/age.html>

TEACHING EXPERIENCE

Courses

- Program Evaluation (SCWK8841), *Boston College School of Social Work* [Master's level], Spring 2020
- Research Methods for Social Work Practice (SCWK7747), *Boston College School of Social Work* [Master's level], Summer 2013, 2014, Fall 2014, Fall 2015, Fall 2016, Fall 2017, Fall 2018, Fall 2019
- Practice with Older Adults in Home and Community Settings (SCWK8824), *Boston College School of Social Work* [Master's level], Spring 2013, 2014, Summer 2014, Spring 2016, Spring 2017, Spring 2018, Spring 2019
- Planning for Health and Mental Health Services (SCWK8897), *Boston College School of Social Work* [Master's level], Spring 2012, Fall 2012

- Program Evaluation (SCWK8841) (Co-Taught), *Boston College School of Social Work* [Master's level], Fall 2006

Teaching Assistantships

- Introduction to Psychology, Professor: Susan Whitbourne, Ph.D., *University of Massachusetts Amherst, Department of Psychology* [Undergraduate level], Fall 1998, 1999

Guest Lectures

- Doctoral Teaching Seminar, Lecture Topic: Navigating the Academic Job Market, Professor: Sandee Tisdale, Ph.D., *Boston College School of Social Work*, [Doctoral level], Spring 2019
- Dialectics of Social and Behavioral Theory, Lecture Topic: Aging: Perspectives from Behavioral and Social Sciences., Professor: Margaret Lombe, Ph.D., *Boston College School of Social Work*, [Doctoral level], Spring 2018, Spring 2019
- Doctoral Seminar on Social Policy Issues, Lecture Topic: Aging policy issues, Professor: Ruth McRoy, Ph.D., *Boston College School of Social Work*, [Doctoral level], Fall 2016, Fall 2017
- Overcoming Gender and Generational Barriers in the Workplace, Lecture Topic: The prism of age, Professor: Terry Byrne, *Boston College Woods College of Advancing Studies* [Undergraduate level], Spring 2011
- Program Evaluation, Lecture Topic: Applied experience in program evaluation, Professor: Qingwen Xu, Ph.D., *Boston College Graduate School of Social Work*, [Master's level], Fall 2007

STUDENT MENTORING ACTIVITIES

Dissertation Committees

- Yihan Wang, *Boston College School of Social Work*, Chair (January, 2017-present; defended June 24, 2019)
- Antonia Diaz-Valdes Iriarte, *Boston College School of Social Work*, Co-Chair with Dr. Ce Shen (January 2018-March 2019, defended March 2019)
- Jie Yang, *Boston College School of Social Work*, Chair (September 2016- July 2019; defended July 2018)
- Yeon Jin Choi, *Boston College School of Social Work*, Chair (January 2016-July 2017; defended July 2017)
- Abby Schwartz, *Boston College School of Social Work*, Committee Member (June 2013)

Doctoral Publishable Paper

- Alejandra Fabiola Pallamar Azua, *Boston College School of Social Work*, Chair (June 2019-present)
- Antonia Diaz-Valdes Iriarte, *Boston College School of Social Work*, Reviewer (August 2017-January 2018; defended January 2018)
- Jie Yang, *Boston College School of Social Work*, Chair (January 2016-August 2016; defended August 2016)
- Yeon Jin Choi, *Boston College School of Social Work*, Chair (January 2015-October 2015; defended October 2015),
 - *ESPO Interdisciplinary Paper Award recipient at the GSA Annual Scientific Meeting in November 2015*
- Jooyoung Kong, *Boston College School of Social Work*, Reviewer (June 2013)
- Megumi Inoue, *Boston College School of Social Work*, Reviewer (January 2012)

Doctoral Research Internship

- Antonia Diaz-Valdes Iriarte, *Boston College School of Social Work* (2016-17)
- Jie Yang, *Boston College School of Social Work* (2014-15)
- Yeon Jin Choi, *Boston College School of Social Work* (2015-2016)

Doctoral Teaching Practicum

- Sarah Neville, *Boston College School of Social Work* (Spring 2020)
- Yihan Wang, *Boston College School of Social Work* (Spring 2017)

Doctoral Student Advising

- Jie Yang, *Boston College School of Social Work* (September 2013-December 2015)
- Yeon Jin Choi, *Boston College School of Social Work* (September 2015-December 2014)
- Antonia Diaz-Valdes Iriarte (co-advisor: Lubben, J.), *Boston College School of Social Work* (September 2015-2019)

Masters Student Advising

- Nina Nguyen, *Boston College Woods College, Master of Healthcare Administration, Christos Fellow* (June 2019-present)
- Academic Advisor to Part-time, Non-field MSW Students, *Boston College School of Social Work* (2011-present)

Undergraduate Student Advising

- Nang Yone, *Boston College Thea Bowman AHANA and Intercultural Center's Community Research Program* (January 2018 – May 2018)
 - Qualitative research project: Impact of Acculturation on Caregiving Preferences within the Asian American Aging Population
- Julie Kauffman (co-advisor with Muller, R.), *Boston College Department of Computer Science* (Spring 2012)

- Student project (as part of the course Mobile Computing, Computer Science 344) to develop a software application for the iPad to collect Ecological Momentary Assessment (EMA) data among older adults.

SERVICE TO THE PROFESSION

Committees or Other Service Activities

- Kathleen Christensen Dissertation Award Committee, *Work & Family Research Network's Dissertation Award* (2019-present)
- Special Issue Co-Editor, (with Ernest Gonzales & Nancy Morrow-Howell), *Clinical Social Work Journal, Special Issue: Productive Aging* (2020)
- Co-Lead, *Social Work Grand Challenge: Advancing Long and Productive Lives*, *American Academy of Social Work and Social Welfare* (2017-present)
- Volunteering Workgroup Lead, *Social Work Grand Challenge: Advancing Long and Productive Lives*, *American Academy of Social Work and Social Welfare* (2016-present)
- Co-Lead and Member, *AGESW Leadership Group on Productive Engagement* (2016-present)
- Steering Committee, *Sloan Research Network on Aging & Work* (2015-present)
- Co-Founder and Member, *Work and Family Researchers Network, SIG (Aging, Work, and Family)* (2016-present)
- Member, *Learning Community on Health Equity and Productive Engagement*, *Boston University's Center for Innovation in Social Work and Health* (2016-present)
- Editorial Board Member (Invited), *Research on Aging*
- Member, *World Health Organization (WHO)'s SAGE Global Aging Working Group* (2015-present)
- Organizer and compiler of teaching resources, *Productive Aging section of the CSWE Gero-Ed website* (with N. Hooyman) (2014)
- Member, *Gerontological Society of America, SIG (Older Workers)* (2014-present)
- Member, *Gerontological Society of America, SIG (Epidemiology of Aging)* (2013-present)
- Member, *Hartford Gerontological Social Work Leaders: Productive Aging Group* (2013-2015)
- Advisory Committee, *Hartford Center of Excellence in Geriatric Social Work at Boston College* (2013-2016)
- Repository Committee, *Work and Family Researchers Network* (2013-2016)

Occasional Grant Reviewer

- Israeli Ministry of Science, Technology, and Space

Manuscript Reviewer

- Social Science & Medicine
- Gerontology & Geriatrics Education
- PLOS ONE

- Journal of Gerontological Social Work
- Journal of Applied Gerontology
- Measurement and Evaluation in Counseling and Development.
- The Journals of Gerontology: Social Sciences
- Psychological Reports
- Community, Work, and Family
- Social Indicators Research
- BMC Research Notes
- Psychology, Health & Medicine
- Research on Aging
- The Gerontologist
- Ageing & Society
- Psychologist-Manager Journal

Abstract Reviewer

- Gerontological Society of America
- Society for Industrial/Organizational Psychology (SIOP)

Professional Affiliations

- Encore.org (Member since 2018)
- Encore Boston Network (Member since 2014)
- Gerontological Society of America (GSA) (Member since 2008)
- Society for Social Work and Research (SSWR) (Member since 2010)
- Massachusetts Gerontology Association (MGA) (Member since 2019)
- Council on Social Work Education (CSWE) (Member 2010, 2017)
- Work and Family Researchers Network (Member 2011-2016)
- Age-SW (Member since 2010)
- Society for Industrial/Organizational Psychology (Member in 2009)
- Business and Professional Women (Member in 2004)

SERVICE TO THE UNIVERSITY AND SCHOOL OF SOCIAL WORK

Committees or Other Service Activities

- Invited Talk (Ludlow, L.H., Braun, H., O’Keefe, T., Howell, B., Anghel, E., Szenday, O. & Matz-Costa, C.), University Council on Learning Outcomes, Student Formation Subcommittee (2019, May 8). [talk entitled: The Boston College Living a Life of Meaning and Purpose (BC-LAMP) Portfolio].
- Invited Speaker, *Boston College Association for Retired Faculty* (2019, March 21) [talk entitled: Staying Engaged: Research at the Intersection of Aging, Work, and Health]
- Equity, Justice & Inclusion Committee, Curriculum Subcommittee Member, *Boston College School of Social Work* (2019-present)
- Executive Board Committee, *Boston College School of Social Work* (2018-present)

- Chair, Older Adults and Families Concentration, *Boston College School of Social Work* (2018-present)
- Chair, Hartford Partnership Program for Aging Education (HPPAE), *Boston College School of Social Work* (2018-present)
- Differences, Disparities, and Systems of Oppression Working Group Member, *Boston College School of Social Work* (2018-2019)
- Search Committee, *Boston College School of Social Work* (2017-present)
- Innovations in Research Advisory Group, *Boston College School of Social Work* (2017-present)
- Co-convener (with M. Lombe and S. Pandey), *Brownbag luncheon meetings for current MSW students interested in research* [title: Increasing Options for Social Work Research Training in the School] (2017)
- Course Coordinator, Research Methods for Social Work (SSWCK747), *Boston College School of Social Work* (2016-present)
- Doctoral Comprehensive Exam Reader, Statistics, *Boston College School of Social Work* (2015-2017)
- Strategic Planning and Leadership Team, *Center on Aging & Work at Boston College School of Social Work* (2011-present)
- Invited Speaker, *Council for Women of Boston College* (2015) [talk entitled: Refining the Journey: What is an Encore and Why is it Important?]
- Invited Speaker, *Boston College Alumni Education World-Wide Webinar Series* (1.0 CEU's awarded to SW attendees) (2015) [talk entitled: What's Your Encore?: Crafting a Rewarding and Engaged Second Half of Life]
- Faculty Advisory Committee, *Boston College Libraries* (2012-2014)

SERVICE TO THE COMMUNITY

Committees or Other Service Activities

- Consultant for the Massachusetts Volunteer Sector Survey, a statewide survey of nonprofit organizations and their volunteer labor force, *Massachusetts Service Alliance* (2018-present)
- Incorporator and Member of the Board of Directors, *Encore Boston Network* (2014-present)
- Member of the Planning Committee, *First annual Encore Expo 2015, hosted at Boston College* (sponsored by Boston College Institute on Aging, Hartford Center of Excellence in Geriatric Social Work, and AARP MA)
 - Over 200 local older adults and 30 exhibitors attended
- Leader of a needs assessment of Boston area nonprofit leaders' talent needs, *Encore Boston Network* (in collaboration with the BCSSW field placement office and the Hartford Center for Excellence at BC)
- Program Evaluator, *ReServe Boston* (2013-2015)
- Steering Committee, *Encore Boston Network* (2011-2014)
- Peer Mentor, *University of Massachusetts Amherst, Honors Program* (1998)

Invited Community Talks

- Massachusetts Conference on Volunteerism, sponsored by the Mass Service Alliance, DCU Center, Worcester, MA (2019, May 7). *Topic: Reveal of the Massachusetts Volunteer Sector Survey Results.*
- Brandeis Osher Lifelong Learning Institute (BOLLI) conference, Adventures in Creative Retirement: Health, Housing and Community, Waltham, MA (2017, September 9). *Topic: A Volunteer Career: Giving Back and Getting Even More*
- Ethos' Civic Participation and Employment Fair (Keynote), Jamaica Plain, MA (2017, March 26). *Topic: Redefining Aging: What is Engaged Aging and Why is it Important?*
- Federal Reserve Bank of Boston, Boston, MA (co-presented with Yang, J.) (2017, April 19). *Topic: Age diversity in the workplace*
- Beacon Hill Village, Boston, MA. (co-presented with James, J.) (2016, March 2). *Topic: Redefining age after 50 and purposeful engagement*
- Special Libraries Association's Encore Caucus, Boston, MA (2015, June). *Topic: Staying engaged and healthy in the third age*
- Massachusetts Gerontological Association Conference: 2015 White House Conference on Aging, UMass Boston, Boston, MA. (2015, May 1). *Topic: Productive and healthy aging*
- University of Connecticut Center on Aging Grand Rounds, Farmington, Connecticut, (2015, April 20). *Topic: Productive and healthy aging*

CHAired SYMPOSIA AND WORKSHOPS

1. **Matz-Costa, C.** & Halvorsen, C. (chair). (2019, January). *Best laid plans: Planned and unplanned pathways into retirement.* Symposium presented at the Society for Social Work Research's (SSWR) Annual Conference, San Francisco, CA.
2. **Matz-Costa, C.** (chair). (2018, November). *Social engagement strategies for increasing the health and well-being of diverse older adults.* Symposium presented at the Gerontological Society of America's (GSA) Annual Conference, Boston, MA.
3. **Matz-Costa, C.** (chair). (2017, October). *Equipping social workers to promote a social development response to population aging.* Grand Challenges Teaching Institute presented at the Council for Social Work Education's (CSWE) Annual Conference, Dallas, TX.
4. **Matz-Costa, C.** (chair). (2017, January). *Engagement in paid and unpaid work in later life: From conceptualization to intervention and the role of social work.* Symposium presented at the Society for Social Work Research's (SSWR) Annual Conference, New Orleans, LA.
5. James, J., Pitt-Catsoupes, M. & **Matz-Costa, C.** (co-facilitators) (2016, November). *Change in the meaning and experience of work in later life.* A Pre-Conference Workshop presented at the Gerontological Society of America's (GSA) Annual Conference, Washington, DC.

6. **Matz-Costa, C.** (chair). (2015, November 21). *Physical, cognitive, emotional, and social wellbeing at older ages: The roles of work and retirement*. Symposium presented at the 2015 Gerontological Society of America's Annual Conference, Orlando, FL.
7. **Matz-Costa, C.** (chair). (2014, November 5). *The use of daily life methods in aging research: Insights from four studies*. Symposium presented at the 2014 Gerontological Society of America's Annual Conference, Washington, DC.
8. **Matz-Costa, C.** (chair). (2012, November 16). *Productive activities: Competing and complementary roles*. Symposium presented at the 2012 Gerontological Society of America's Annual Conference, San Diego, CA.

INVITED ACADEMIC PRESENTATIONS

1. **Matz-Costa, C. & Calvo, R.** (2018, November). *The aging blue-collar worker: Exploring issues in crafting a meaningful later life*. An invited presentation at the Pre-Conference Workshop of the Sloan Research Network on Aging & Work (Research that Matters: Overcoming the Constraints of Later Life Work) at the Gerontological Society of America's (GSA) Annual Conference, Boston, MA.
2. **Matz-Costa, C., Howard, E., Sceppa, C., & Lachman, M.** (2017, June). *Peer-based strategies to support physical activity interventions for older adults: Lessons learned from the Boston Roybal Center*. An invited presentation at the Boston Roybal Center for Active Lifestyle Interventions (RALI) Center Annual Meeting, Brandeis University, Waltham, MA: National Institute on Aging.
3. Gonzales, E. & **Matz-Costa, C.** (2017, April 26). *Advancing long, [healthy,] and productive lives*. An invited presentation at the Social Work Grand Challenges for Children, Youth and Families Conference at the University of Southern California, Los Angeles, CA.
4. Ludlow, L.H., **Matz-Costa, C., & Klein, K.** (2016, March 21). *The measurement of engagement in later life: Integrating Rasch measurement and Guttman Facet Theory*. An invited presentation at the University of Auckland, Auckland, New Zealand.
5. Ludlow, L.H., **Matz-Costa, C., & Klein, K.** (2016, March 11). *Measurement of later life engagement through an application of Rasch principles and Guttman Facet Theory*. An invited presentation at the Queensland University of Technology, Brisbane, Australia.
6. Ludlow, L.H., **Matz-Costa, C., & Klein, K.** (2016, March 4). *The measurement of engagement in later life: Integrating Rasch measurement and Guttman Facet Theory*. An invited presentation at the Monash University, Melbourne, Australia.

7. Morrow-Howell, N., **Matz-Costa, C.**, Greenfield, E., Gonzales, E., Butts, D., & Harootyan, B. (2016, January). *Grand challenge: Advance long and productive lives*. An invited symposium at the 2016 Society for Social Work Research (SSWR) Conference, Washington, DC.
8. Lubben, J., Gironda, M., Sabbath, E., Kong, J., Johnson, C., Nadal, C. & **Matz-Costa, C.** (2016, January). *Eradicating social isolation: A grand challenge for social work*. An invited symposium at the 2016 Society for Social Work Research (SSWR) Conference, Washington, DC.
9. **Matz-Costa, C.** & Sabbath, E. (2015, November). Engagement in paid and unpaid work in later life: A holistic, multilevel conceptual framework. Invited presentation in J. James (chair), *Change in the Meaning and Experience of Work in Later Life*, preconference workshop at the 2015 Gerontological Society of America Conference, Orlando, FL.
10. Ludlow, L.H. & **Matz-Costa, C.** (2014, October 14). *Scenario-based scales: Integrating Guttman Facet Theory and Rasch measurement*. Invited presentation at the Institute Of Education, Higher School of Economics, Moscow, Russia.
11. James, J., **Matz-Costa, C.**, Ludlow, L., Brown, M., Besen, E., Johnson, C. (2013, April). *Beyond the 'busy ethic': The meaning and measurement of engagement in later life*. Invited address to the Gerontology Department, University of Massachusetts, Boston, MA.
12. Ludlow, L., **Matz-Costa, C.**, Johnson, C., Brown, M., James, J., & Besen, E. (2013, February 4). *The measurement of engagement in later life: Multiple contexts, multiple approaches*. An invited presentation to the School of Counselling, Human Services and Social Work, Faculty of Education, University of Auckland, Auckland, New Zealand.
13. **Matz-Costa, C.** (2012, June 14). *Funded Research Opportunities: A presentation to the Work and Family Researchers Network's (WFRN) Early Career Scholars*. An invited presentation at the Work and Family Researchers Network (WFRN) Conference, New York, NY.
14. **Matz-Costa, C.** (2010, March). *From the Sloan Center on Aging & Work: Engaging the 21st century multigenerational workforce*. An invited presentation at The 2010 Work Life Conference, Washington, DC.
15. **Matz-Costa, C.** & Lynch, K. (2009, January 14). *Quality employment for the 21st century multi-generational workforce: Findings from the Age & Generations Study*. A web seminar hosted by the Sloan Center on Aging & Work for its Employer Affiliates.
16. Pitt-Catsouphes, M., **Matz-Costa, C.**, Lynch, K., & Besen, E. (2009, December 16). *Quality of employment: A framework for workforce management across the lifespan*,

findings from the Age & Generations Study. A web seminar hosted by the Sloan Center on Aging & Work for employers.

17. **Matz-Costa, C.** & Pitt-Catsouphes, M. (2008, December 3). *Engaging the 21st century multi-generational workforce: Findings from the Age & Generations Study*. A Research Community Meeting Hosted by the Sloan Center on Aging & Work.
18. **Matz-Costa, C.** & Pitt-Catsouphes, M. (2008, October 29). *For-profits and non-profits: Ready for the aging of the workforce?* A webinar sponsored by the National Governor's Association and the National Council on Aging.
19. **Matz-Costa, C.**, Valcour, M., Celello, K., Romich, J., Karin, M., & Ollier-Malaterre, A. (2008, May 30). *The next wave of work/family research*. A roundtable hosted by the Georgetown Law School, Sponsored by the Sloan Foundation and Workplace Flexibility 2010, Washington DC.
20. **Matz-Costa, C.** (2008, April 30). *What is employee engagement and why does it matter how we measure it?* A web seminar hosted by The Sloan Center on Aging & Work for its Employer Learning Circle Members.
21. **Matz-Costa, C.**, Pitt-Catsouphes, M., & Smyer, M. (2007, October 26). *The aging of the workforce: Are employers ready?* An invited presentation at the Annual World Employees Assistance Program (EAP) Conference, San Diego, CA.

REFEREED PRESENTATIONS

1. Ludlow, L.H., Braun, H., O'Keefe, T., Howell, B., Anghel, E., Szenday, O. & **Matz-Costa, C.** (2019, April 25). Rasch/Guttman scenario scales. Paper presented at the New England Educational Research organization annual meeting. Portsmouth, NH.
2. Ludlow, L.H., Braun, H., O'Keefe, T., Howell, B., Anghel, E., Szenday, O. & **Matz-Costa, C.** (2019, April 7). The Boston College Living a Life of Meaning and Purpose (BC-LAMP) Portfolio: A series of Rasch/Guttman scenario scales. Paper presented at the American Educational Research Association annual meeting. Toronto, Canada.
3. **Matz-Costa, C.** & Diaz-Valdes, A. (2019, January). Determinants of the discrepancy of planned versus actual retirement age: A comparison between Hispanics and non-Hispanics in the United States. Paper presented in C. Matz & C. Halvorsen (co-chairs), *Best laid plans: Planned and unplanned pathways into retirement*. Symposium presented at the Society for Social Work Research's (SSWR) Annual Conference, San Francisco, CA.
4. **Matz-Costa, C.**, Howard, E., Castaneda-Sceppa, C., Diaz-Valdes, A. & Lachman, M. (2018, November). Peer-based strategies to support physical activity interventions for older adults: A typology, conceptual framework, and practice guidelines. Paper to be presented in C. Matz-Costa (chair), *Social Engagement Strategies for increasing the*

Health and Well-being of Diverse Older Adults. Symposium at the Gerontological Society of America's (GSA) Annual Conference, Boston, MA.

5. **Matz-Costa, C.** (2017, January). Findings from a randomized controlled trial of an ecologically-sensitive intervention to enhance the health-promoting effects of older adults' activity portfolios. Paper presented in C. Matz-Costa (chair), *Engagement in paid and unpaid work in later life: From conceptualization to intervention and the role of social work*. Symposium presented at the Society for Social Work Research's (SSWR) Annual Conference, New Orleans, LA.
6. **Matz-Costa, C.,** Lee, H.L, Choi, Y.J., Foss, S., & Lubben, J. (2016, November). Engaged4Life: An ecologically-sensitive intervention to enhance the health-promoting effects of older adults' activity portfolios. Paper presented in M.E. Lachman (chair), *Strategies to increase physical activity: Findings from the Boston Roybal Center for Active Lifestyle Interventions (RALI)*. Symposium presented at the 2016 Gerontological Society of America Conference, New Orleans, LA.
7. **Matz-Costa, C. & Klein, K.** (2015, November). Using ecological momentary assessment to examine the relationship between productive engagement and health and well-being in later life. Paper presented in C. Matz-Costa (chair), *Physical, cognitive, emotional, and social wellbeing at older ages: The roles of work and retirement*. Symposium at the 2015 Gerontological Society of America Conference, Orlando, FL.
8. **Matz-Costa, C.,** Carr, D., & McNamara, T. (2015, January). Staying engaged and healthy: The interplay of volunteering and other productive activities among older adults. Paper presented in N. Morrow-Howell (chair), *The Productive Engagement of Older Adults as Volunteers: Meeting Agencies' Needs While Promoting Health in Later Life*. Symposium presented at the 2015 Society for Social Work Research (SSWR) Conference, New Orleans, LA.
9. **Matz-Costa, C.,** Klein, K., & Laudate, C. (2014, November). The experience of engagement in the third age: An exploration of socially-productive activities. Paper presented in **C. Matz-Costa** (chair), *The Use of Daily Life Methods in Aging Research: Insights from Four Studies*. Symposium presented at the 2014 Gerontological Society of America's Annual Conference, Washington, DC.
10. **Matz-Costa, C.,** Klein, K., & Laudate, C. (2014, June 19). Staying engaged and healthy: The interplay of work and other life roles among older adults. Paper presented in M. Pitt-Catsoupes (chair), *Work-Life Experiences of Employees 50+*. Symposium presented at the 2014 Work and Family Researchers Network (WFRN) Conference, New York, NY.
11. **Matz-Costa, C.** (2014, January 17). Work as a form of community: Workplace-based social networks, engagement, and the psychological well-being of older adults. Paper presented in T. Lewinson (chair), *Exploring the Landscape of "Community" in Aging*

Research: Quantitative and Qualitative Approaches. Symposium presented at the 2014 Society for Social Work Research (SSWR) Conference, San Antonio, TX.

12. Klein, K., Laudate, C., & **Matz-Costa, C.** (2013). *The feasibility of using iPads to collect Ecological Momentary Assessment (EMA) data among older adults.* Late-breaking poster presented at the 2013 Gerontological Society of America's Annual Conference, New Orleans, LA.
13. **Matz-Costa, C.** & James, J. (2013, November 23). *On "giving back" and "not giving back": Older adults' diverse needs and wants in the encore stage.* Paper presented in A. Reed & C. Halvorsen (co-chairs), Engagement in the Encore Stage of Life: From Psychological Factors to Policy Implications. Symposium presented at the 2013 Gerontological Society of America's Annual Conference, New Orleans, LA.
14. Johnson, C., Ludlow, L., **Matz-Costa, C.**, Brown, M., Besen, E., & James, J. (2013, April). *Development of a work engagement scale: Examining the utility of scenario-style items.* Paper presented at the 2013 American Educational Research Association (AERA) Annual Meeting- Rasch Special Interest Group, San Francisco, CA.
15. Ludlow, L.H., Johnson, C., **Matz-Costa, C.**, Brown, M., Besen, E. & James, J. (2013, April 19). *The construction of Rasch-based scenarios.* Paper presented at the New England Educational Research Organization annual meeting. Portsmouth, NH.
16. **Matz-Costa, C.**, James, J. & Besen, E. (2013, January 19). *Quality of engagement in work, volunteering, and caregiving in later life and its relationship to well-being.* Paper presented at the 2013 Society for Social Work Research (SSWR) Conference, San Diego, CA.
17. **Matz-Costa, C.**, James, J. & Besen, E. (2012, November 16). *Quantity, quality, or nature of productive activity in later life? Effects on subjective well-being.* Paper presented in **C. Matz-Costa** (chair), Productive Activities: Competing and Complementary Roles. Symposium presented at the 2012 Gerontological Society of America's Annual Conference, San Diego, CA.
18. **Matz-Costa, C.**, Sweet, S., Sarkisian, N., & Pitt-Catsoupes, M. (2011, November). *Work Centrality and age: The impact of jobs, organizations, and cultural contexts.* Paper presented in M. Pitt-Catsoupes & N. Sarkisian (co-chairs), Cross-National Variation in Work Outcomes among Older Adults: The Generations of Talent Study. Symposium presented at the 2011 Gerontological Society of America's Annual Conference, Boston, MA.
19. **Matz-Costa, C.**, Pitt-Catsoupes, M., Carapinha, R., & Lee, J. (2011, May 20). *The Generations of Talent Study: Study Design and Methods.* Paper presented in M. Pitt-Catsoupes (chair), The Strength of Ties to Work: Insights from the Cross-National Generations of Talent Study. Symposium presented at the IVth International Community, Work and Family Conference, Tampere, Finland.

20. Sweet, S., **Matz-Costa, C.**, & Pitt-Catsouphe, M. (2011, May 20). *The Embracement of Work across the Life Course: The Impact of Jobs, Organizations, and Cultural Contexts*. Paper presented in M. Pitt-Catsouphe (chair), The Strength of Ties to Work: Insights from the Cross-National Generations of Talent Study. Symposium presented at the IVth International Community, Work and Family Conference, Tampere, Finland.
21. **Matz-Costa, C.** & Pitt-Catsouphe, M. (2011, May 17). *Understanding the Work-Life Concerns of the Older Worker in the US National Context and Beyond*. Paper presented at the Cross-national Conversations: Context theorizing in work-life research conference, Paris, France.
22. **Matz-Costa, C.** (2010, November 20). *The measurement of employee engagement*. Paper presented in N. Morrow-Howell (chair), Activity engagement in later life: Conceptual and Measurement Advances. Symposium presented at the 2010 Gerontological Society of America's Annual Conference, New Orleans, LA.
23. **Matz-Costa, C.**, & Pitt-Catsouphe, M. (2010, January 14). *Productive aging in the workplace: Understanding factors that promote or impede engagement in work roles*. Paper presented at the 2010 Society for Social Work Research (SSWR) Conference, San Francisco, CA.
24. **Matz-Costa, C.** & Pitt-Catsouphe, M. (2009, November 19). *Productive aging at work: Understanding factors that promote or impede engagement in work roles*. Paper presented at the 2009 Gerontological Society of America's Annual Conference, Atlanta, GA.
25. **Matz-Costa, C.** & Pitt-Catsouphe, M. (2009, April 2-4). *Age, flexibility, and engagement in the new millennium*. Paper presented in S. Katzman (chair), Multiple paths in driving engagement through work-life flexibility. Symposium conducted at the annual meeting of the Society of Industrial and Organizational Psychology, New Orleans, LA.
26. **Matz-Costa, C.**, Pitt-Catsouphe, M., & Besen, E. (2008, November 23). *Needs and preferences for workplace flexibility: Age differences and similarities*. Paper presented in M. Pitt-Catsouphe & M. Smyer (co-chairs), Quality Employment for Older Workers: Lessons on Resilience from the Age & Generation Study. Symposium presented at the 2008 Gerontological Society of America's Annual Conference, National Harbor, MD.
27. **Matz-Costa, C.** & Pitt-Catsouphe, M. (2008, March 7). *The multi-generational workforce: Workplace flexibility and engagement*. Paper presented in J. Civian (chair), Opening Corporate File Drawers to Examine Workplace Flexibility. Symposium presented at the International Conference on Occupational Stress and Health, Sponsored by APA and NIOSH, Washington, DC.

OTHER PROFESSIONAL EXPERIENCE

- 2002-2007 **Sloan Work and Family Research Network, Chestnut Hill, MA**
Program Manager, June 2003 – June 2007
Graduate Student Intern, May 2002 – May 2003
- 2002 **Boston College Graduate School of Social Work, Chestnut Hill, MA**
Graduate Student Intern, February 2002 – May 2002
The Nurturing Families Study, Funded by the Alfred P. Sloan Foundation
- 2000-2001 **Brown University, Department of Psychiatry and Human Behavior, Providence, RI**
Research Assistant, Primary Care Anxiety Project, Funded by Pfizer Company
- 1999-2000 **University of Massachusetts Amherst, Department of Psychology, Amherst, MA**
Research Assistant, Work and Family Transitions Project, Funded by the National Institute of Mental Health

RESEARCH AND STATISTICS WORKSHOPS

- 2013, June **Center for Research on Families' Summer Research Methodology Workshop at the University of Massachusetts, Amherst, MA**
Analyzing Intensive Longitudinal Data
- 2012, Nov **Gerontological Society of America's Pre-Conference Workshop, San Diego, CA**
Introduction to the Health and Retirement Study: Going Global
- 2011, Nov **Grant Training Center, Hartford, CT**
Professional Grant Development Workshop
- 2010, Nov **Gerontological Society of America's Pre-Conference Workshop, New Orleans, LA**
Using Film and Digital Media in Aging Research
- 2010, Jan **Society for Social Work Research's Pre-Conference Workshop, San Francisco, CA**
Social Network Analysis
- 2009, Nov **Resource Centers for Minority Aging Research and Gerontological Society of America's Pre-Conference Workshop, Atlanta, GA**
Using, Adapting and Modifying Existing Measures for Studies of Diverse Population Groups

- 2007, Feb **Institute for Communication Improvement: The Grant Institute,
Boston, MA**
Grants 101: Professional Grant Proposal Writing Workshop
- 2003, Nov **SdG Associates Research and Training Consultants, Boston, MA**
Introduction to N6 Workshop (Qualitative data analysis software)