

EMILY J. DRACHMAN LICSW

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EDUCATION

Boston College, Newton, MA May 2021
Master of Social Work, Clinical Concentration in Mental Health

Brandeis University B.A. Psychology May 2015

RELEVANT EXPERIENCE

Atrius Health part of Optum, Beverly, MA August 2021-present

Psychiatry & Behavioral Health Clinician

- Manage a caseload of 30-40 patients and engage in individual weekly psychotherapy sessions
- Participate in team meetings and consultations
- Help to facilitate monthly groups for patients with opioid use disorder
- Participate in group supervision for two new fellows at the organization
- Serve as the PBH Telehealth lead

Cambridge Health Alliance, Cambridge, MA September 2020-May 2021

Social Work Intern

- Conducted 45-minute weekly psychotherapy sessions for 8 patients with diverse racial, ethnic, and gender identities, ranging in age from 19 to 42 years.
- Collaborated with psychiatrists, psychologists, social workers, and other trainees on an interdisciplinary team that met weekly to discuss and coordinate patient care.
- Participated in three hours weekly of clinical supervision to discuss cases and improve clinical skills.
- Documented clinically relevant information in a timely manner after each psychotherapy session.
- Conducted intake assessments for new patients, documented clinical information in a timely manner, and presented to the interdisciplinary team weekly.
- Attended and participated in weekly training seminars on psychodynamic theory, trauma, and diversity.

Lasell University, Newton MA September 2019- May 2020

Counseling Intern

- Provided individual counseling for students.
- Attended outreach programs as assigned by the Health Educator
- Provided referral services for students as needed.

Center for Discovery, Dunwoody, GA July 2018-May 2019

Counselor III

- Engaged clients in meal coaching and corrected disordered eating behavior for individuals diagnosed with anorexia nervosa and bulimia nervosa.
- Facilitated daily Dialectical Behavioral Therapy (DBT) groups for clients.
- Trained oncoming staff and managed counselor schedule.

Hillside Hospital, Atlanta, GA

September 2017-May 2018

Behavioral Health Specialist

- Provided direct patient care to adolescents diagnosed with borderline personality disorder.
- Served as a teacher's aid in the on-campus classroom and helped manage behavioral problems.
- Ran DBT and process groups for clients.

McLean Hospital, Belmont, MA

May 2015-August 2017

Community Residence Counselor, Obsessive-Compulsive Disorder Institute (OCDI)

March 2017-August 2017

- Engaged patients in Exposure and Response Prevention (ERP) therapy, both on unit and in the community.
- Facilitated groups such as Self-Directed ERP, Treatment Planning, and new patient orientation.
- Administered medications in accordance with Medication Administration Program (MAP) protocol.

Community Residence Counselor, Klarman Eating Disorders Center

July 2015-June 2016

- Provided direct patient care to individuals diagnosed with anorexia nervosa, bulimia nervosa, and related eating disorders.
- Facilitated groups such as Treatment Planning and Post-Meal group.
- Conducted risk assessments for patients with suicidal ideation.

Community Residence Counselor, Appleton House

May 2015-December 2016

- Planned therapeutic groups for individuals diagnosed with bipolar disorder, schizophrenia, and related psychotic disorders.
- Assisted patients in activities of daily life (cooking meals, hygiene, cleaning, etc.)
- Took patients on van-trips to the community to gain "life skills", such as grocery shopping, learning about transportation modes, reading a map, making transactions at a store, etc.
- Administered medications in accordance with Medication Administration Program (MAP) protocol.

LEADERSHIP EXPERIENCE

Brandeis New Student Orientation Leader, Brandeis University, Waltham MA

August 2014-September 2014

- Prepared activities and events to help new students acclimate to college life
- Planned and oversaw orientation activities, such as a welcome banquet for over 2000 people

Waltham Group Afternoon Enrichment Volunteer, Brandeis University, Waltham

September 2013- September 2014

- Designed productive after school activities for middle school students to encourage team-building and academic interest.
- Tutored middle school students with after school homework help.

Peer Counselor, Brandeis University, Waltham, MA

September 2013- September 2014

- Provided confidential peer counseling to Brandeis students during weekly office hours.
- Attended an intense 30-hour training workshop that covered topics such as sexual abuse, eating disorders, domestic violence, LGBTQIA issues, body-image, and suicide and self-harm awareness.

SKILLS

- Spanish language (advanced)
- Microsoft Office: Word, PowerPoint, Excel
- EPIC software
- IBM SPSS: Statistical Analysis in Social Science

CERTIFICATIONS

- CPR and First Aid
- Licensed Independent Social Worker (LCSW) of Massachusetts
- Certified in Cognitive Processing Therapy (CPT)
- MAP (Medication Administration Program)
- CPI (Crisis Prevention Intervention)