

CURRICULUM VITAE
BROOKE HUMINSKI, MSW, LICSW

Business Address: 154 Waterman St. Suite 15
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401.489.6885

EDUCATION

Graduate: Boston College, Clinical Social Work
Master of Social Work, 05/2014
Mental Health Concentration

Undergraduate: Providence College, Public and Community Service
Bachelor of Arts, 05/2007
Public Health Concentration, Minor in Theology

POSTGRADUATE TRAINING:

Member/Trainee, *Eating Disorder Training and Consultation Group for Family-Based Therapy and Cognitive Behavioral Therapy for Eating Disorders.*

Trainee: *Formal Individual Consultation for Family-Based Therapy for Eating Disorders, Formal Individual Consultation in Advanced Eating Disorder Treatment*

PROFESSIONAL LICENSE

State of Rhode Island- Licensed Independent Clinical Social Worker,
License #: ISW02676

State of Massachusetts- Licensed Independent Clinical Social Worker,
License #: 120148

HOSPITAL APPOINTMENTS

Credentialed Clinician, Psychiatric Emergency Room
Butler Hospital
2/2017- present

Per Diem Clinical Social Worker, Psychiatric Social Work Department
McLean Hospital

10/2014-9/2017

Clinical Social Worker, Medical Social Work Department
The Miriam Hospital
10/2014-2/2017

Per Diem Clinical Social Worker, Medical Social Work Department
Women and Infants Hospital
5/2014-10/2014

OTHER APPOINTMENTS

Private Practice Psychotherapist, Brooke Huminski, LICSW
Providence, RI 3/2017-present

Per Diem Psychotherapist, College Counseling Center, Providence
College. Providence, RI 11/2019-present.

Freelance Contributor, Health Union.
Virtual, 8/2017-12/2019

Psychotherapist, Intensive Outpatient Program, Walden Behavioral Care
Milford, MA 2/2017-2/2018

Clinical Social Work Intern, Maternal-Fetal Medicine, Women & Infants
Hospital, Providence, RI 2013-2014

Graduate Assistant, Continuing Education Department & HIV/AIDS
Conference, Boston College, GSSW, 2013-2014

Project Hope, Catholic Charities
Providence, RI 2012-2013

Research Assistant, Rhode Island Hospital, Neuropsychology Program
Providence, RI 11/2009-4/2011

Mental Health Specialist, McLean Hospital
Brockton, MA 9/2008-1/2010

Member, Core Curriculum Review Committee, Providence
College. Providence, RI 1/2005-5/2007

PROFESSIONAL SERVICE

Peer Consultation Group, Cognitive Processing Therapy,
6/2020-present

Rhode Island Clinician Ambassador, Multi-Service Eating Disorder
Association, 3/2019-present

Co-creator, Peer Consultation Group, Eating Disorder Professionals in RI,
2018-present

Member, Pain Management and Palliative Care Committee, The Miriam
Hospital, 1/2016-2/2017

Member, NASW-RI Aging Subcommittee
2016-2017

Co-leader, Spirituality and Social Work Student Group, Boston College
School of Social Work, 2013-2014

Co-leader, Neuroscience and Social Work Student Group, Boston College
School of Social Work, 2012-2013

ACADEMIC PUBLICATIONS

1. Tremont, G., Papandonatos, G. D., Springate, B., Huminski, B., McQuiggan, M. D., Grace, J., . . . Ott, B. R. (2011). *Use of the Telephone-administered Minnesota Cognitive Acuity Screen to detect mild cognitive impairment*. American Journal of Alzheimer's Disease and Other Dementias, 26(7), 555-562.

OTHER PUBLICATIONS

1. Huminski, B. (2020, April). [Staying Focused on Your Eating Disorder Recovery During COVID-19](#). Zencare Blog.
2. Huminski, B. (2019, September). [Navigating a Mental Health Emergency](#). Parkinson's Disease Community. Health Union.
3. Huminski, B. (2019, June). [Using DBT to Cope with Caregiver Stress: Relationships](#). Parkinson's Disease Community. Health Union.

4. Huminski, B. (2019, May). [Using DBT to Cope with Caregiver Stress: Mindfulness.](#) Parkinson's Disease Community. Health Union.
5. Huminski, B. (2019, May). [Coping with Double Loss.](#) Parkinson's Disease Community. Health Union.
6. Huminski, B. (2019, March). [Back to Basics: Managing Stress While Caregiving.](#) Parkinson's Disease Community. Health Union.
7. Huminski, B. (2019, February). [Using Compassion to Cope with Parkinson's Disease.](#) Parkinson's Disease Community. Health Union.
8. Huminski, B. (2019, January). [Coping with a Loved One's Crisis While Dealing with Parkinson's Disease.](#) Parkinson's Disease Community. Health Union.
9. Huminski, B. (2018, May). [Using Radical Acceptance to Cope with Parkinson's Disease.](#) Parkinson's Disease Community. Health Union.
10. Huminski, B. (2017, December). [Silencing our Harshest Critic: Recognizing and Breaking Free of Perfectionism.](#) Zencare Blog
11. Huminski, B. (2017, November). [Self-care for Caregivers: Moving Past the Barriers.](#) Parkinson's Disease Community. Health Union.
12. Huminski, B. (2017, September). [End of Live Planning: Bravely Beginning the Conversation.](#) Parkinson's Disease Community. Health Union.
13. Huminski, B. (2017, September). [Considering the Emotional Toll of Parkinson's Disease.](#) Parkinson's Disease Community. Health Union.
14. Huminski, B. (2013, January). *Access to care: the state of eating disorder treatment in Rhode Island.* Rhode Island NASW Chapter News, 5

INVITED PRESENTATIONS

1. Huminski, B. (2020, May). *Staying Focused on Your Eating Disorder Recovery During COVID-19.* Presentation to community. Mental Health Association of Rhode Island. Virtual

2. Huminski, B (2019, October). *The Risks of Perfection: Eating Disorders, Perfectionism & Suicidality*. Presentation to registered dietitians and psychotherapists. Caffeinated Connections Series, Providence, RI.
3. Huminski, B. & Fayram, E. (2017). *Intuitive Eating: Getting Off the Diet Roller Coaster*. Lifestyle Medicine Symposium. Women's Medicine Collaborative. Lifespan. Providence, RI
4. Huminski, B. (2017, November). *The Risks of Perfection: Eating Disorders, Perfectionism & Suicidality*. Presentation to 40 therapists at CEU event. Walden Behavioral Care. Milford, MA

ACADEMIC & COMMUNITY TRAININGS

1. Guest Lecturer, *Advanced Clinical Topics in Eating Disorder Treatment*, PG-4 Psychiatry Residency Program. Brown Medical School. Virtual. 6/2020.
2. Developer and Co-Leader, *Cognitive Processing Therapy for Healthcare Professionals affected by COVID-19*. Group Study for Therapists. Virtual. 3/2020-6/2020
3. Guest Lecturer, *Perfectionism, Eating Disorders, and Suicidality in Psychiatric Emergency Assessment*. Butler Hospital. 4/2020.
4. Guest Lecturer, *The Risks of Perfectionism: Eating Disorders, Perfectionism, and Suicidality*. PG1& PG2 Psychiatry Training Program, Brown Medical School, 2/2020
5. Developer and Co-Supervisor, Supervision Group for Eating Disorder Professionals with Personal Recovery Histories. Private Practice. 2019-present.
6. Guest Lecturer, *Non-Pharmacological Pain Management for Inpatient Care*. Social Work Continuing Education. Providence, RI, March 2016
7. Guest Lecturer, *Non-pharmacological Pain Management for Inpatient Care*. Nursing Continuing Education. The Miriam Hospital, Providence, RI, 2016
8. Guest Lecturer, *Non-Pharmacological Pain Management Interventions for Inpatient Care*. Certified Nursing Assistant Continuing Education. The Miriam Hospital, Providence, RI, 2016-2017

MEMBERSHIP IN SOCIETIES

American Association of Suicidality - Member

Academy for Eating Disorders (AED)- Member

International Association of Eating Disorder Professionals- RI Chapter
Executive Board, 2019-present

National Association of Social Workers- Member