

## LUBBEN SOCIAL NETWORK SCALE – 6 (LSNS-6)

**FAMILY:** *Considering the people to whom you are related by birth, marriage, adoption, etc...*

1. How many relatives do you see or hear from at least once a month?  
0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more
2. How many relatives do you feel at ease with that you can talk about private matters?  
0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more
3. How many relatives do you feel close to such that you could call on them for help?  
0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more

**FRIENDSHIPS:** *Considering all of your friends including those who live in your neighborhood*

4. How many of your friends do you see or hear from at least once a month?  
0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more
5. How many friends do you feel at ease with that you can talk about private matters?  
0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more
6. How many friends do you feel close to such that you could call on them for help?  
0 = none    1 = one    2 = two    3 = three or four    4 = five thru eight    5 = nine or more

*LSNS-6 total score is an equally weighted sum of these six items. Scores range from 0 to 30*