

LUBBEN SOCIAL NETWORK SCALE – 18 (LSNS-18)

FAMILY: *Considering the people to whom you are related by birth, marriage, adoption, etc...*

1. How many relatives do you see or hear from at least once a month?
0 = none 1 = one 2 = two 3 = three or four 4 = five thru eight 5 = nine or more
2. How often do you see or hear from relative with whom you have the most contact?
0 = less than monthly 1 = monthly 2 = few times a month 3 = weekly 4 = few times a week
5 = daily
3. How many relatives do you feel at ease with that you can talk about private matters?
0 = none 1 = one 2 = two 3 = three or four 4 = five thru eight 5 = nine or more
4. How many relatives do you feel close to such that you could call on them for help?
0 = none 1 = one 2 = two 3 = three or four 4 = five thru eight 5 = nine or more
5. When one of your relatives has an important decision to make, how often do they talk to you about it?
0 = never 1 = seldom 2 = sometimes 3 = often 4 = very often 5 = always
6. How often is one of your relatives available for you to talk to when you have an important decision to make?
0 = never 1 = seldom 2 = sometimes 3 = often 4 = very often 5 = always

NEIGHBORS: *Considering those people who live in your neighborhood...*

7. How many of your neighbors do you see or hear from at least once a month?
0 = none 1 = one 2 = two 3 = three or four 4 = five thru eight 5 = nine or more
8. How often do you see or hear from the neighbor with whom you have the most contact?
0 = less than monthly 1 = monthly 2 = few times a month 3 = weekly 4 = few times a week
5 = daily
9. How many neighbors do you feel at ease with that you can talk about private matters?
0 = none 1 = one 2 = two 3 = three or four 4 = five thru eight 5 = nine or more
10. How many neighbors do you feel close to such that you could call on them for help?
0 = none 1 = one 2 = two 3 = three or four 4 = five thru eight 5 = nine or more
11. When one of your neighbors has an important decision to make, how often do they talk to you about it?
0 = never 1 = seldom 2 = sometimes 3 = often 4 = very often 5 = always
12. How often is one of your neighbors available for you to talk to when you have an important decision to make?
0 = never 1 = seldom 2 = sometimes 3 = often 4 = very often 5 = always

FRIENDSHIPS: *Considering your friends who do not live in your neighborhood...*

13. How many of your friends do you see or hear from at least once a month?
0 = none 1 = one 2 = two 3 = three or four 4 = five thru eight 5 = nine or more
14. How often do you see or hear from the friend with whom you have the most contact?
0 = less than monthly 1 = monthly 2 = few times a month 3 = weekly 4 = few times a week
5 = daily
15. How many friends do you feel at ease with that you can talk about private matters?
0 = none 1 = one 2 = two 3 = three or four 4 = five thru eight 5 = nine or more
16. How many friends do you feel close to such that you could call on them for help?
0 = none 1 = one 2 = two 3 = three or four 4 = five thru eight 5 = nine or more
17. When one of your friends has an important decision to make, how often do they talk to you about it?
0 = never 1 = seldom 2 = sometimes 3 = often 4 = very often 5 = always
18. How often is one of your friends available for you to talk to when you have an important decision to make?
0 = never 1 = seldom 2 = sometimes 3 = often 4 = very often 5 = always

LSNS-R total score is an equally weighted sum of these twelve items. Scores range from 0 to 90