

## Sophie Hansen, MSW, LCSW

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### SUMMARY

Macro and clinical social worker specialized in children & youth mental health, behavioral health integration and government relations. Experienced in teaching at the university level; providing group and individual direct clinical psychiatric services; and community organizing. Interests include: behavioral health policy and integration in health care, racial inequities in health care, and reproductive justice.

### DEGREES

**Simmons University;** Boston, MA May 2016  
Master of Social Work, specialization in Children & Families

**University of Massachusetts- Lowell;** Lowell, MA May 2012  
Bachelor of Science in Criminal Justice, violence concentration  
Bachelor of Arts in Psychology

### TEACHING EXPERIENCE

**Part-Time Faculty** Boston College School of Social Work, Chestnut Hill, MA

- 1. The Social Welfare System**
  - Scheduled Spring 2022
  - Overall student evaluation average of 5/5 for two sections Spring 2021
  - Overall student evaluation average of 5/5 Spring 2020
- 2. Policy Issues in Family and Child Services**
  - Scheduled Spring 2022

**Part-Time Faculty** Boston University School of Social Work, Boston, MA

- 1. Social Welfare Policy I: Conceptions, Scope, History, and Philosophies**
  - Overall student evaluation average of 4.9/5 for two sections Fall 2020
  - Overall student evaluation average of 4.8/5 Spring 2020
  - Overall student evaluation average of 4.9/5 Fall 2019
    - Received letter from Dean for teaching excellence
- 2. Social Welfare Policy II: Contemporary Social Policy Analysis**
  - Overall student evaluation average of 4.5/5 Summer 2021
  - Overall student evaluation average of 4.7/5 (OLP) Fall 2020
  - Overall student evaluation average of 4.9/5 (OLP) Spring 2020

### CLINICAL AND MACRO SOCIAL WORK EXPERIENCE

**State Government Relations Manager** Commonwealth Care Alliance Sep 2019-  
Monitors state government and regulatory programs related to dual-eligible (Medicare and Medicaid) individuals aged 21+ who have complex medical needs, physical disabilities and/or mental illness and substance use disorders, enrolled in our One Care or Senior Care Options health plans.

**Applicant Reviewer** Massachusetts League of Community Health Centers Aug 2018-  
Annually reviews 8-10 applications for the *DSRIP Statewide Investments Student Loan Repayment Program* along with other reviewers that helps the committee in awarding applicants.

**Emergency Services Social Worker** Boston Children's Hospital Feb 2018-  
Coordinates care for children and families on inpatient medical floors as well as the emergency department through case management and clinical interventions via psychosocial assessments. This includes, but is not limited to, issues concerning child protection, bereavement, medical traumas, facilitation of resources and general concerns.

**Emergency Department Psychiatry Clinician** Sep 2020-  
Conducting psychiatric evaluations, mental status updates and finding appropriate levels of care (inpatient, partial and outpatient) for children and their families. This includes liaising with medical providers, and at times the Child Protection Team.

**Political Director** National Association of Social Workers- MA Chapter Sep 2017-Jul 2019  
Responsible for developing and executing the legislative agenda of the chapter during the two-year legislative session. Oversaw the chapter's internship program, which included liaising with schools of social work, planned seminars and directed projects for interns in addition to providing weekly supervision.

**Care Coordination Social Worker** Brigham & Women's Hospital Feb 2017-Jul 2018  
Responsible for responding to consultation requests in the emergency department, inpatient and labor/delivery floors. Consults included medical traumas, community and domestic violence, death/bereavement, new diagnoses, assessment for drug and alcohol use, assessment for mental health status/suicidality and more.

**Training & Services Coordinator** Massachusetts Children's Alliance Oct 2016-Sep 2017  
Assisted in implementing the Statewide Trauma Focused-Cognitive Behavioral Therapy (TF-CBT) learning collaborative in conjunction with the UMASS Medical consultant team and Advisory Board as well as rolling out the responding to child abuse curriculum.

**Emergency Department Psychiatric Clinician** Metrowest Medical Center Sep 2016-Jul 2017  
Employed as the sole clinician for the hospital's emergency department per shift, psychiatric evaluations were conducted for patients to determine the level of care including obtaining insurance authorization and when possible, planning safe discharge and outpatient follow up for mental health issues.

**Psychiatric Admissions Coordinator & Mental Health Counselor** Nov 2014-Sep 2016  
Filled all 100 inpatient psychiatric beds across all age groups, while triaging and prioritizing boarders in the Emergency Departments for Natick and Framingham. Worked as an MHC on all psychiatric units (child, adult and geriatric) assisting with ADLs.

**Mental Health Specialist** McLean Hospital Aug 2015-Feb 2016  
Primarily stationed on the Short-Term Unit (patients experiencing Mood Disorders), patients were assisted with their activities of daily living, this included 24/7 monitoring ("checks"), facilitation of groups and other projects as well as 1:1 check-ins and appropriate documentation.

**Clinical Intern at Child Witness to Violence Project** Boston Medical Center Sep 2015-May 2016  
This program provides child-parent psychotherapy (CPP) to children ages 0-8 and their caregivers who have experienced or witnessed a traumatic experience (domestic violence, natural disaster, war, etc). As

a clinical intern, I was responsible for a caseload of 4-6 families over the course of a 24-hour week, providing individual and dyadic therapy under the supervision of an LICSW.

**Clinical Intern with Mobile Crisis Team** Wayside Youth & Families Aug 2014-Jul 2015

Conducted a full psychosocial assessment for youth enrolled in MassHealth, who experienced psychiatric emergencies, alongside a master-level clinician, making appropriate contact to collaterals for a complete picture before making recommendations.

**Residential Childcare Worker** Walker Home & School Jul 2013-Sep 2014

Provided short-term care for children aged 3-13 by assisting with Activities of Daily Living, planning therapeutic activities and provided clinical documentation on the Community Based Acute Treatment (CBAT) Unit.

### **PROFESSIONAL, ACADEMIC WORKSHOPS & PRESENTATIONS**

1. "Centering Survivors' Voices in Policy Making". Massachusetts Office for Victim Assistance (MOVA). April 2021.
2. "Can I Count On Your Vote? Breaking Into Campaigns", 2 CEUs offered. BCSSW Continuing Education Webinar. March 2021. (90% satisfactory rating)
3. "Welfare Policies that Impact Clients: A Refresher", 2 CEUs offered. BCSSW Continuing Education Webinar. November 2020. (85% satisfactory rating)
4. "Making the State House Work for You"
  - 3 CEUs offered. NASW-MA Symposium, Virtual. April 2021. (5/5 rating)
  - 1.5 CEUs offered. Brigham & Women's In-Service Training, Virtual. March 2021.
  - 1.5 CEUs offered. NASW-MA Webinar. September 2020. (5/5 rating)
  - 2 CEUs offered. Boston College School of Social Work (BCSSW) Continuing Education Webinar. June 2020. (94% satisfactory rating)
5. "Legislation, Policy and Clinical Social Work"
  - Presented to Boston Children's Hospital Social Work Staff, Boston, MA. April 2019.
  - 1 CEU offered. Presented at the Elder Services of Merrimack Valley, Lowell, MA. February 2019.
6. "Changing the System: Social Workers in Public Office" Panel. Moderated at Community Catalyst, Boston, MA. March 2019.
7. "The Political Social Worker: Translating Clinical Skills to Advocacy"
  - 2 CEUs offered. Presented for NASW-MA Members, Boston, MA. August 2018.
  - 1.5 CEUs offered. Presented at the National Association of Social Workers-Massachusetts (NASW-MA) Symposium, Framingham, MA. April 2018. (5/5 rating)
8. "Legislative Advocacy in Massachusetts". 2017-Present
  - Harvard University's Undergraduate Psychology Class
  - Boston University Graduate School of Social Work
  - Bridgewater State University School of Social Work
  - Simmons University Graduate School of Social Work

**PUBLICATIONS - FEATURED**

GBH. (2021). Web and Radio. [Mental Health Crises Rise](#)  
Cathy McNally. (2018). Podcast, "Take the Mic", Episode #14.  
Simmons University. (2018). [Campaigning for Social Justice with Sophie Hansen '16MSW](#)

**PUBLICATIONS - AUTHORED**

Hansen, S. (2020). Calling Out: The Uncomfortable Practice of White Accountability. *NASW-MA Social Work Voice*, 3(5).  
Hansen, S. (2019). Coalition Building: A Cornerstone of Effective Advocacy. *NASW-MA Social Work Voice*, 2(5).  
Hansen, S. (2019). Advocacy During the Budget Process. *NASW-MA Social Work Voice*, 2(4).  
Hansen, S. (2019). Social Workers and Sexual Assault: Policy Change for Prevention. *NASW-MA Social Work Voice*, 2(3).  
Hansen, S. (2019). Unveiling the 2019-2020 Legislative Agenda. *NASW-MA Social Work Voice*, 2(2).  
Hansen, S. (2019). A New Client Safeguard: What Clinicians Need to Know About PATCH. *NASW-MA Social Work Voice*, 2(1).  
Hansen, S. (2018). NASW-MA Webinar, "[State House Testimony](#)".  
Hansen, S. (2018). Testimony 101: Bringing Social Work Expertise to the State House. *NASW-MA Social Work Voice*, 1(7).  
Hansen, S. (2018). Power to the Polls: Your Voting Guide Is Here. *NASW-MA Social Work Voice*, 1(6).  
Hansen, S. (2018). Legislative Wins. *NASW-MA Social Work Voice*, 1(5).  
Hansen, S. (2018). Deep Dive: The Criminal Justice Omnibus Bill. *NASW-MA Social Work Voice*, 1(4).  
Hansen, S. (2018). [Letter to the Editor: March Marks Social Work Month](#). *Wicked Local: Cambridge*.  
Hansen, S. (2018). Channeling Our Roles as Leaders, Advocates and Champions. *NASW-MA Social Work Voice*, 1(3).  
Hansen, S. (2018). On the Front Lines of Advocacy. *NASW-MA Social Work Voice*, 1(2).  
Hansen, S. (2018). Healthcare Reform Omnibus Bill to Affect Social Workers and Clients. *NASW-MA Social Work Voice*, 1(1).  
Hansen, S. (2017). Social Workers Are Primed to Lobby- Here's Why. *NASW-MA FOCUS*, 44(10).  
Hansen, S. (2017). Be a Local Advocate: How Social Workers Can Keep Giving Back Amidst Crisis. *NASW-MA FOCUS*, 44(9).

**PROFESSIONAL DEVELOPMENT AND CERTIFICATION**

<b>Harvard T.H. Chan School of Public Health and BCBS Foundation</b>	May 2019
9-Month Massachusetts Institute of Community Health Leadership training	
<b>Boston University</b>	Dec 2018
Seminar in Field Supervision for Macro MSW Students	
<b>Emerge Massachusetts</b>	June 2017
6-Month Training for Women to Run For Public Office	
<b>Massachusetts State Licensed Certified Social Worker</b>	Aug 2016

**PROFESSIONAL AFFILIATIONS**

<b>National Association of Social Workers- MA Chapter</b>	
● Committee on Nominations and Leadership Identification (elected)	Sep 2020-May 2022
● Legislative Advocacy Committee	Sep 2013-

- Political Action for Candidate Election (PACE) Sep 2013-

**Service Employees International Union (SEIU) Local 509** Sep 2019-

**COMMUNITY SERVICE**

**Volunteer** Boston Area Rape Crisis Center, Cambridge, MA Apr 2013-Dec 2019  
**Lobbying and Organizing Consultant** Warriors, Remote Nov 2018-Nov 2019  
**Pen Pal** Timilty Middle School, Roxbury, MA Sep 2016-May 2018  
**Rape Crisis Counselor** Center for Hope & Healing, Lowell, MA Sep 2011-Sep 2013

**SKILLS**

**Administration:** Community Outreach, Conflict Management, Interpersonal Relations, Project Management, Volunteer Management

**Clinical Modalities and Screeners:** Ask Suicide-Screening Questions (ASQ), Columbia-Suicide Severity Rating Scale (CSSR-S), Crisis Intervention and stabilization, Individual and Group therapy with children/adults, Psychosocial assessments, Psychosocial Acuity Scale (PAS), Trauma-informed, Solution-focused

**Research:** Literature Review, Program Evaluation, Survey Method

**Languages:** Native in English, Conversational in American Sign Language and French, Novice in Spanish

**Information Technology:** Blackboard, Canvas, Epic, Excel, FirstNet, Microsoft Word, OneNote, Outlook, PowerPoint, SharePoint, Teams, Zoom