

# María Fernanda Piñeros Leño, PhD, MSW, MPH

## Curriculum Vitae

Boston College  
School of Social Work  
140 Commonwealth Ave. Chestnut Hill, MA, 02467

Cell: (857) 316-9508  
E-mail: maria.pinerosleano@bc.edu

### EDUCATION

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- PhD** School of Social Work, University of Illinois at Urbana-Champaign  
2018 Dissertation title: “Associations between maternal depression and childhood obesity: Examination of potential mediators and moderators”  
Committee: Karen Tabb-Dina, Sharon Donovan, Salma Musaad, Janet M. Liechty (Chair)
- MPH** University of Illinois at Urbana-Champaign  
2015 Capstone Project: “Comorbidity of Depression and Diabetes in a Women, Infant and Children (WIC) Program”
- MSW** School of Social Work, University of Illinois at Urbana-Champaign  
2012 Concentration: Mental Health
- BS** University of Illinois at Urbana-Champaign  
2011 Bachelor of Science  
*Magna Cum Laude* Major: Psychology  
Phi Beta Kappa Minor: Latino/Latina Studies

### RESEARCH INTERESTS

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Maternal and child mental and physical health among Latinx populations  
Risk factors of maternal depression and mood disorders among Latinx populations  
Social-contextual antecedents to childhood obesity  
Prevention trials for maternal depression and childhood obesity

### ACADEMIC APPOINTMENTS

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- 08/2018 – Present Assistant Professor, School of Social Work, Boston College  
08/2018 – Present Principal Investigator, Mothers and Children of All Nations Defying the Odds [MACONDO] Research Team.

### FUNDING

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- Active funding**  
04/01/2022 - Grant # 27332. Multi-PI: Pineros-Leano and Desrosiers

- 03/31/2025 Improving Mental Health Among Colombian and Venezuelan Children and Youth Affected by Armed Conflict: Adaptation and Implementation of Two Trauma-informed, Evidence-based Interventions. Conrad N. Hilton Foundation. \$1,500,000 (Total direct costs)
- 12/1/2021 – 11/30/2023 R01MD014694-03S1. Diversity Supplement. PI: Pinos-Leano Understanding the needs of Post Maria Puerto Rican Migrants in New Growth Communities. National Institute on Minority Health and Health Disparities. \$250,000 (Total direct costs)
- 09/01/20 – 09/01/23 PI: Moya. Role: Consultant Scale-up and evaluation at scale of a psychosocial support program for communities exposed to violence in Colombia. Interamerican Development Bank. Early Childhood Development Innovation Fund. \$10,000 (Awarded)

**Completed funding**

- 8/1/2021 – 4/30/2022 Multi-PI: Pinos-Leano and Desrosiers Adapting an Evidence-Based Mental Health Intervention for Youth Affected by Displacement in Colombia Bogotá Mayor’s Office. Higher Council for Peace and Reconciliation. Bogotá, Colombia. \$41,000. (Total costs)
- 8/1/2021 – 5/31/2022 Multi-PI: Dwyer, Pinos-Leano, and Hesse-Biber Developing Culturally-Tailored Interventions to Overcome Genomic Health Disparities in Communities of Color Schiller Institute Grants for Exploratory Collaborative Scholarship (SIGECS). Boston College. \$50,000 (Total costs)
- 11/1/2019 PI: Pinos-Leano Exploratory study to use tablets for data collection in Colombia. Exploratory Technology Grant. Boston College. \$2,300 (Total costs)
- 5/1/2016 – 12/31/2016 Seed Grant. Multi-PI: Aguayo and Pinos-Leano HOPS: Holistic Obesity Prevention Study with Mexican Mothers and Preschool-Aged Children. University of Illinois, United States Department of Agriculture, National Institute of Food and Agriculture. \$10,000 (Total costs)
- 6/1/2015 – 5/31/2016 Seed Grant. PI: Pinos-Leano Understanding feeding practices among first generation Latina mothers and families: A qualitative study. University of Illinois, United States Department of Agriculture, National Institute of Food and Agriculture. \$10,000 (Total costs)

## PEER REVIEWED PUBLICATIONS

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1. Simonovich, S. D., Bush, N. M., Mueller Wiesemann, M., **Pineros-Leano, M.** (In print). Providing Labor and Delivery Care During the First Wave of the COVID-19 Pandemic. *Journal of Obstetric, Gynecologic & Neonatal Nursing*
2. Reyes-Martínez, J.\* Martínez-Martínez, O. A., Lombe, M., **Pineros Leano, M.** (In print). Exploring the Influence of Cultural Participation on the Subjective Well-Being of Victims in Mexico. *Frontiers in Psychology*
3. Schwartz, S.J., Montero-Zamora, P., Salas-Wright, C.P., Brown, E.C., Garcia, M. F., Scaramutti, C., Rodríguez, J., **Pineros-Leano, M.**, Bates, M.M., Maldonado-Molina, M.M. (In print). After Hurricane Maria: Effects of disaster trauma on Puerto Rican survivors on the U.S. mainland. *Psychological Trauma: Theory, Research, Practice, and Policy*
4. **Pineros-Leano, M.**, Salas-Wright, C.P., Maldonado-Molina, M.M., Hodges, J.C., Brown, E.C., Bates, M.M., Mendez-Campos, B., Rodríguez, J., & Schwartz, S.J. (2022). Technology-based Communication among Hurricane Maria Survivors in the United States: A Trans-Territorial Lens. *Social Psychiatry and Psychiatric Epidemiology*.
5. **Pineros-Leano, M.**, Parchment, T. M., Calvo., R. (2022). Family Interventions to improve mental and behavioral health outcomes among Latine children: A systematic review. *Children and Youth Services Review*.
6. **Pineros-Leano, M.**, Pérez-Flores, N. J., Damian, K., Rodrigues, K., Ortiz, G, Simonovich, S. D. (2022). Mental health disparities in Latinx immigrant communities during COVID-19: Implications for Policy and Practice. *Frontiers in Public Health*
7. **Pineros-Leano, M.**, Pérez-Flores, N. J., Damian, K., Piñeros-Leaño, N., Yao, L., Rodrigues, K. (2022). Context matters: A qualitative study about the perinatal experiences of Latina immigrant women. *Journal of Immigrant and Minority Health*
8. Grafft, N.\*, Rodrigues, K., Costas-Rodriguez, B., **Pineros-Leano, M.** (2022). Latinx immigrants and complex layers of trauma: Providers' perspectives. *Journal of Latinx Psychology*
9. **Pineros-Leano, M.**, Grafft, N., Aguayo, L. (2022). Childhood obesity risk factors by race and ethnicity. *Obesity*
10. Grafft, N.\*, Dwyer, A. A., **Pineros-Leano, M.** (2022). Latinx individuals' knowledge of, preferences for, and experiences with prenatal genetic testing: A scoping

review. *BMC Reproductive Health*

11. Tabb, K. M., Bentley, B., **Pineros-Leano, M.**, Simonovich, S. D., Nidey, N., Ross, K., Huang, W. D., Huang, H. (2022). Home Visiting as an equitable intervention for perinatal depression: A scoping Review. *Frontiers in Psychiatry*
12. Mehmet, B., McDonald, I. R., Saldarriaga, S., **Pineros-Leano, M.**, Dwyer, A. A. (2022). What's missing in sex chromosome aneuploidies? Representation and inclusion. *Journal of Pediatric Nursing*
13. **Pineros-Leano, M.**, Saran, I., Parchment, T., Grafft, N. (2021). Prevalence and predictors of parental depression: Results from a 15-year longitudinal study. *Journal of Affective Disorders*. <https://doi.org/10.1016/j.jad.2021.08.030>
14. Simonovich, S.D., Nidey., N. L., Gaving, A. R., **Pineros-Leano, M.**, Hsieh, W., Sbrilli, M., Ables-Torres, L.A., Huang, H., Ryckman, K., Tabb, K. M. (2021). Meta-analysis of antenatal depression and adverse birth outcomes in US populations 2010-20. *Health Affairs*.
15. Salas-Wright, C.P., Cano, M., Hang, A.H., Cano, M.A., Oh, S., **Pineros-Leano, M.**, & Vaughn, M.G. (2021). Alcohol abstinence and binge drinking: The intersections of language and gender among Hispanic adults in a national sample, 2002-2018. *Social Psychiatry and Psychiatric Endocrinology*.
16. Aguayo, L., **Pineros-Leano, M.**, Alam, R., Aguirre-Pereyra, R., Schwingel, A., Cunningham, S. A. (2021). The association of family nutrition and physical activity (FNPA) screening tool with children's working memory: A cross-sectional study among Mexican young children. *Children*.
17. **Pineros-Leano, M.**, Grafft, N. (2021). Racial and ethnic disparities in childhood growth trajectories. *Journal of Racial and Ethnic Health Disparities*.
18. **Pineros-Leano, M.**, Yao, L., Simonovich, S. D., Piñeros-Leaño, N., Huang, H. (2021). "I don't have time to be sad": Experiences and perceptions of sadness among Latina mothers. *Social Work*.
19. Simonovich, S. D., **Pineros-Leano, M.**, Hench, K., Meline, B., Tabb, K. M. (2021). Formula and Milk Food Insecurity amongst infants and children in WIC families. *Journal of Nursing Practice Applications & Reviews of Research*.
20. **Pineros-Leano, M.**, Saltzman, J. A., Aguayo, L., Liechty, J. M., Musaad, S. (2021). Maternal depressive symptoms and their association with breastfeeding and child weight outcomes. *Children*. <https://doi.org/10.3390/children8030233>
21. **Pineros-Leano M.**, Yao, L., Yousuf, A., Oliveira, G. (2021). Depressive Symptoms and Emotional Distress of Transnational Mothers: A Scoping Review. *Frontiers in*

*Psychiatry*. <https://doi.org/10.3389/fpsyt.2021.574100>

22. Aguayo, L., Ogolsky, B., Teran-Garcia, M., **Pineros-Leano, M.**, Wiley, A., Lin, J., Aguirre, Pereyra, R., Schwingel, A. (2021). From culture to chromosomes: A mother-child dyadic study of acculturation, telomere lengths, and body fat. *Comprehensive Psychoneuroendocrinology*. doi: <https://doi.org/10.1016/j.cpnec.2021.100029>
23. Hong, J. S., Hsieh, Y.P., Burlaka, V., Ortega, R. M., Espelage, D. L., **Pineros-Leano, M.** (2021). Do Caregivers' Health Conditions Impact Children's Externalizing Behavior? The Roles of Caregivers' Parenting Frustration and Family Cohesion. *Child and Adolescent Social Work Journal*, 1-10. doi: <https://doi.org/10.1007/s10560-020-00736-7>
24. Hai, A. H., Lee, C., Oh, S., Vaughn, M.G., **Pineros-Leano, M.**, Delva, J., & Salas-Wright, C. (2020). Trends and correlates of Internet support group participation for mental health problems in the United States, 2004-2018. *Journal of Psychiatric Research*, 132, 136-143. doi: <https://doi.org/10.1016/j.jpsychires.2020.10.012>
25. Simonovich, S.D., **Pineros-Leano, M.**, Bass, M.E., Stromer, S.M., Kim, K.C., Meline, B., Tabb, K.M. (2020). WIC professionals' adaptations in clinical practice to better assess and address household food insecurity in diverse nonmetropolitan families. *Beyond Borders: Advances in Global Welfare*, 1(1). doi: <https://doi.org/10.6017/bbagw.v1i1.11839>
26. Simonovich, S.D., **Pineros-Leano, M.**, Herman, A., Clark, M.H., Loiacono, B., Cory, M., Estrada, M., Soto, D., Ali, A., Awosika, O., Buscemi, J. (2020). A systematic review examining the relationship between food insecurity and early childhood health outcomes. *Translational Behavioral Medicine*, 10(5), 1086-109. doi: <https://doi.org/10.1093/tbm/ibaa021>
27. Lee, J., Hong, J. S., Tan, K., **Pineros-Leano, M.**, Baek, S. A. (2020). Bullying Victimization Profiles of School-Aged Adolescents and Associations with Weight Statuses: A Latent Class Analysis. *Journal of Interpersonal Violence*. doi: <https://doi.org/10.1177%2F0886260520905087>
28. **Pineros-Leano, M.** (2020). Association Between Early Maternal Depression and Child Growth: A Group-Based Trajectory Modeling Analysis. *Childhood Obesity*, 16(1), 26-33. doi: <https://doi.org/10.1089/chi.2019.0121>
29. Tabb, K. M., Pérez-Flores, N. J., **Pineros-Leano, M.**, Piedra, L. M., Meline, B., & Huang, H. (2019). Depressive Symptoms among Pregnant Low-Income Adolescents and Implications for Social Workers. *Journal of Sociology*, 7(2), 1-7.
30. **Pineros-Leano, M.**, Tabb, K., Liechty, J., Castañeda, Y., & Williams, M. (2019).

Feeding decision-making among first generation Latinas living in non-metropolitan and small metro areas. *PloS One*, 14(3), e0213442, <https://doi.org/10.1371/journal.pone.0213442>

31. **Pineros-Leano, M.**, Tabb, K., Simonovich, S. D., Wang, Y., Meline, B., Huang, H. (2018). Racial differences in breastfeeding initiation among WIC participants in a Midwestern public health district. *Health Equity*, 2:1, 296-303. doi: <https://doi.org/10.1089/heq.2018.0016>
32. Cintron, V., Piedra, L. M., **Pineros-Leano, M.** (2018). Vida Alegre: Teaching Cognitive Behavioral Therapy in Spanish. *Journal of Teaching in Social Work*, 38(3), 292-310. doi: 10.1080/08841233.2018.146287
33. Tabb, K., Malinga, T., **Pineros-Leano, M.**, Andrade, F. (2017). Impact of pre-pregnancy weight and gestational weight gain on birth outcomes by nativity: A systematic review. *Healthcare*, 5, 67. doi: 10.3390/healthcare5040067
34. **Pineros-Leano, M.**, Liechty, J. M., & Piedra, L. (2017). Latino immigrants, depressive symptoms, and cognitive behavioral therapy: A systematic review. *Journal of Affective Disorders*, 208, 567–576. doi: <http://dx.doi.org/10.1016/j.jad.2016.10.025>
35. Saltzman, J. A., **Pineros-Leano, M.**, Liechty, J. M., Bost, K. K., & Fiese, B. H. (2016) Eating, feeding, and feeling: emotional responsiveness mediates longitudinal associations between maternal binge eating, feeding practices, and child weight. *International Journal of Behavioral Nutrition and Physical Activity*, 13(1), 1. doi: 10.1186/s12966-016-0415-5 <http://ijbnpa.biomedcentral.com/articles/10.1186/s12966-016-0415-5>
36. Tabb, K. M., Choi, S., **Pineros-Leano, M.**, Meline, B., McDonald, H. G., Kester, R., & Huang, H. (2015). Perinatal depression screening in a Women, Infants, and Children (WIC) program: Perception of feasibility and acceptability among a multidisciplinary staff. *General Hospital Psychiatry*, 37(4), 305-309. doi:10.1016/j.genhosppsy.2015.03.008
37. **Pineros-Leano, M.**, Tabb, K. M., Sears, H., Meline, B., & Huang, H. (2015). Clinic staff attitudes towards the use of mHealth technology to conduct perinatal depression screenings: A qualitative study. *Family Practice*, 32(2), 211-215. doi: <https://doi.org/10.1093/fampra/cmu083>
38. Albino, S., Tabb, K. M., Requena, D., Egoavil, M., **Pineros-Leano, M.**, Zunt, J. R., & García, P. J. (2014). Perceptions and acceptability of short message services technology to improve treatment adherence amongst tuberculosis patients in Peru: a Focus Group Study. *PloS One*, 9(5), e95770. doi:10.1371/journal.pone.0095770

## **PUBLICATIONS UNDER REVIEW**

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- Parchment, T., Saran, I., **Pineros-Leano, M.** (under review). A three-generation examination of retrospective and current depression patterns among Black families. *Journal of Black Psychology*.
- Grafft, N., Lo, B., Easton, S., **Pineros-Leano, M.**, Davison, K. (under review). The intergenerational transmission of parents' adverse childhood experiences (ACEs) on offspring health and wellbeing: A scoping review. *Pediatrics*.
- Pérez-Flores, N. J.\*, **Pineros-Leano, M.**, Damian, K., Toney, A. M., Aguayo, L. (under review). Perceptions of physical activity among Latina mothers living in the U.S. and Mexico: A Qualitative Study. *Family Practice*.
- Pérez-Flores, N.J.\*, Costas-Rodriguez, B., Damian, K., Yespica Mendoza, E., **Pineros-Leano, M.** (under review). Provider Perspectives on Structural Mental Health Care Barriers Among Latino/a Immigrants. *Family, Systems & Health*
- Toney, A. M., **Pineros-Leano, M.**, Pérez-Flores, N. J., Gomez, D., Aguayo, L. (under review) "It is in our hands – why wait until you are sick?": Perceptions about diabetes prevention of Latina mothers in Mexico and the United States.
- Schwartz, S.J., Maldonado-Molina, M.M., Bates, M.M., Calderón, I. A., Garcia, M. F., Montero-Zamora, P., Duque, M., **Pineros-Leano, M.**, Scaramutti, C., Rodríguez, J. Salas-Wright, C.P. (under review). Validating the Negative Context of Reception Scale for Mainland Puerto Ricans. *The Counseling Psychologist*
- Hodges, J. C., Maldonado-Molina, M.M., Schwartz, S. J., García, M. F., **Pineros-Leano, M.**, Bates, M.M., Montero-Zamora, P., Calderón, I., Rodríguez, J., Salas-Wright, C.P. (under review) The impact of hurricane trauma and cultural stress on posttraumatic stress among hurricane Maria survivors relocated to the U.S. mainland. *Cultural Diversity & Ethnic Minority Psychology*
- Evans, K., Calvo, R., **Pineros-Leano, M.**, Newnham, E. A., Farrar, J., Gray, A. E., Bolton, P., Betancourt, T. S. (under review). Psychological Consequences of Detention: Implications for Advancing Social Work Practice. *International Social Work*.

\* Denotes doctoral student mentee.

## **BOOK CHAPTERS**

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- Pineros-Leano, M.**, Cintrón, V., Piedra, L. M. (2017). Culturally Adapted Cognitive Interventions for Depression- Treatment Tools from Vida Alegre. Benuto, L.T. (Ed.), *Toolkit for Counseling Spanish-Speaking Clients*. New York, NY: Springer Press.

## **SYSTEMATIC REVIEWS- PUBLISHED REGISTRY**

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**Pineros-Leano, M.** Calvo, R. (Status: completed). *Family interventions among Latino families to improve family well-being*. PROSPERO 2019: CRD42019112389. International Prospective Register of Systematic Reviews, University of York and the U.K. National Institute for Health Research. Available from:  
[http://www.crd.york.ac.uk/PROSPERO/display\\_record.php?ID=CRD42019112389](http://www.crd.york.ac.uk/PROSPERO/display_record.php?ID=CRD42019112389)

**Pineros-Leano, M.** Liechty, J. M., & Piedra, L. (Status: completed). *Cognitive behavioral therapy for treating depression among first generation Latinos/as in the US: a systematic review*. PROSPERO 2014: CRD42014013616. International Prospective Register of Systematic Reviews, University of York and the U.K. National Institute for Health Research. Available from:  
[http://www.crd.york.ac.uk/PROSPERO/display\\_record.php?ID=CRD42014013616](http://www.crd.york.ac.uk/PROSPERO/display_record.php?ID=CRD42014013616)

## AWARDS

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| 2021      | Training Grant Recipient. William T. Grant Advanced Quantitative and Computational (AQC) Scholars Program. Institute in Critical Quantitative, Computational, and Mixed-Methodologies (ICQCM). Competitive 2-year expenses-paid training grant.  |
| 2019      | Latino 30 Under 30. El Mundo, Boston, MA.  |
| 2019      | 2019 Outstanding Social Work Doctoral Dissertation Award Honorable Mention. 2019 Society for Social Work and Research, San Francisco, California   |
| 2013-2018 | Fellowship recipient. Doctoral Fellowship, Illinois Transdisciplinary Obesity Prevention Program (I-TOPP). Five-year fellowship that included tuition waiver, monthly stipend, and travel conference funds.<br>Training grant from the United States Department of Agriculture, National Institute of Food and Agriculture (Award #2011-67001-30101).<br>Award: \$28,600/ year |
| 2018      | Gullerud Dissertation Award, \$2000<br>School of Social Work, University of Illinois Urbana-Champaign  |
| 2018      | Student Diversity Leadership Award, \$500<br>School of Social Work, University of Illinois Urbana-Champaign  |
| 2017      | Graduate College Conference Travel Award, \$550<br>Graduate College, University of Illinois at Urbana-Champaign  |
| 2017      | President's Research in Diversity Travel Award, \$800<br>Vice President for Academic Affairs. University of Illinois at Urbana-Champaign   |
| 2017      | Ackerson Award for Excellence in Student Teaching, \$500<br>School of Social Work. University of Illinois at Urbana-Champaign  |
| 2017      | Graduate College Conference Travel Award, \$700<br>Graduate College, University of Illinois at Urbana-Champaign  |
| 2017      | Academic Excellence award<br>Graduate College Educational Equity Programs, University of Illinois at Urbana-Champaign  |
| 2016      | Graduate College Conference Travel Award, \$700  |



2016	Training Grant recipient. Fragile Families Summer Data Workshop 2016, <i>Columbia School of Social Work</i> , Columbia University, New York, NY. Competitive 3-day expenses-paid training grant. Graduate College, University of Illinois at Urbana-Champaign
2015	List of “Teachers Ranked as Excellent by Their Students” University of Illinois at Urbana-Champaign
2015	Service Award Graduate College Educational Equity Programs, University of Illinois at Urbana-Champaign
2014	Van Vorst Graduate Health Administration Intern Fellowship, \$2500 Carle Hospital, Urbana, IL
2013	Summer Predoctoral Institute Fellowship, \$3500 Graduate College, University of Illinois at Urbana-Champaign
2012	Award for Outstanding Service as a Graduate Counselor Division of General Studies, University of Illinois at Urbana-Champaign
2012	Excellence in Scholarship University of Illinois at Urbana-Champaign
2012	Mark P. Hale Award, \$325 University of Illinois at Urbana-Champaign

## **PEER-REVIEWED PRESENTATIONS**

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### **Oral Presentations**

1. **Pineros-Leano, M.**, Pérez-Flores, N. J., Grafft, N., Costas, B., Damian, K., Rodrigues, K. (November, 2022). COVID-19 and its impact on Latinx immigrant Communities. American Public Health Association 150<sup>th</sup> Annual Meeting and Exposition, Boston, MA.
2. Simonovich, S.D., Bush, N.M., Mueller Wiesemann, L., **Pineros-Leano, M.**, Tabb, K.M. (November, 2022). Experiences providing labor and delivery care during the first wave of COVID-19: Implications for maternal child public health nursing. *Public Health Nursing Section*, American Public Health Association 150<sup>th</sup> Annual Meeting and Exposition, Boston, MA.
3. **Pineros-Leano, M.** (August 2022). *Promoting the use of evidence-based interventions in Colombia*. American Psychological Association, Minneapolis, MN.
4. Grafft, N\*., Dwyer, A., **Pineros-Leano, M.** (May 2022). *Latina women’s knowledge of, preferences for, and experiences with prenatal genetic testing: A scoping review*. Ethical, Legal, and Social Implications (ELSI) Congress, Division of Ethics at Columbia University and the Stanford Center for Biomedical Ethics. New York, NY.
5. Perez-Flores, N., J.\*., Costas-Rodriguez, B., Damian, K., Yespica Mendoza, E., **Pineros-Leano, M.** (January 2022). *Provider Perspectives on Structural Mental Health Care Barriers Among Latino/a Immigrants*. Society for Social Work and Research, Washington, DC.

6. **Pineros-Leano, M.**, Pérez-Flores, N. J., Damian, K., Rodrigues, K., Ortiz, G. (January 2022). *COVID-19 and its impact on Latine immigrant communities*. Society for Social Work and Research, Washington, DC.
7. Giorgio, L., Diaz, S. V., Alcántara, C., Calvo, R., **Pineros-Leano, M.** (January 2021). *Latinxs Thriving in Academia: Increasing Latinx Representation and Retention in Social Work Higher Education Programs*. Round Table. Society for Social Work and Research, Virtual Conference.
8. **Pineros-Leano, M.**, Parchment, T., Yao, L., Calvo, R. (January 2021). *Family Interventions Among Latinx Families: A Systematic Review*. Society for Social Work and Research, Virtual Conference.
9. **Pineros-Leano, M.**, Yao, L., Piñeros Leño, N. (January 2020). *Experiences of Latina Immigrant Women during the Perinatal Period*. Society for Social Work and Research, Washington, DC.
10. **Pineros-Leano, M.** (January 2019). *Association of Early Maternal Depression and Childhood Obesity Development: Longitudinal Association in a Low-Income Sample*. Society for Social Work and Research, San Francisco, CA.
11. **Pineros-Leano, M.**, Tabb, K., Castaneda, Y., Liechty, J. M. (January, 2018). *Feeding choices among first generation Latina mothers living in non-metropolitan communities*. Society for Social Work and Research, Washington, DC.
12. **Pineros-Leano, M.**, Tabb, K., Castaneda, Y., Liechty, J. M. (April, 2017). *Feeding practices and lifestyle changes after migration: Perceptions of first generation Latinas living in an emerging community*. Experimental Biology, American Society for Nutrition section, Chicago, IL.
13. **Pineros-Leano M.**, Saltzman, J., Liechty, J.M., Musaad, S. (January, 2017). *Maternal depressive symptoms and their association with breastfeeding and childhood adiposity*. Society for Social Work and Research, New Orleans, LA.
14. Aguayo L., Galvez P., **Pineros-Leano M.**, Wiley A. (November, 2016) *Young children's characterization of their obesogenic world: Findings from an international qualitative study with children of Mexican background*. The Obesity Society Annual Meeting. 2016 Obesity Week. New Orleans, LA.
15. Lux, E., Carter-Black, J., **Pineros-Leano, M.**, Cleeland, L. (November, 2016). *Teaching intersectionality using personal narratives, identity categories, and student reflections*. Paper presented at the 2016 Annual Program Meeting for the Council of Social Work Education. Atlanta, GA.

16. **Pineros-Leano, M.** (October, 2015). *Revising the current state of universal perinatal depression screening*. Biennial International Symposium: Healthy Women, Healthy Societies, University of Illinois, Urbana-Champaign.
17. **Pineros-Leano, M.** Liechty, J., Piedra, L. (January, 2015). *Cognitive behavioral therapy treatment for depression among first generation Latinos/As: A systematic review*. Society for Social Work and Research, New Orleans, LA.
18. Liechty, J.M., Lee, M.J., **Pineros-Leano, M.**, Saltzman, J. (March, 2014). *Longitudinal predictors of disordered eating among Latina adolescents and young adults in the U.S.* International Conference on Eating Disorders, New York, NY.

### **Poster Presentations**

1. Yespica-Mendoza\*, E., Grafft, N., Gomez, D., Francis, J., **Pineros-Leano, M.** *Family dynamics before and after migration among recently-arrived Latinx immigrants: A parent perspective*. American Public Health Association 150<sup>th</sup> Annual Meeting and Exposition, Boston, MA.
2. Toney, A.\*, **Pineros-Leano, M.**, Pérez-Flores, N. J., Gomez, D., Aguayo, L. (2022). *Health Beliefs About Diabetes Among Latina Mothers Living in Mexico and the United States: A Qualitative Study*. American Society for Nutrition. Nutrition 2022. Virtual conference.
3. Simonovich, S.D., Bush, N., Mueller Wiesemann, L., **Pineros-Leano, M.**, Tabb, K. (April 2022). *Labor and delivery experiences during the first US wave of the COVID-19 pandemic*. North American Society for Psychosocial Obstetrics & Gynecology, Ann Arbor, MI.
4. Hai, A. H., Lee, C. S., Oh, S., Vaughn, M.G., **Pineros-Leano, M.**, Delva, J., & Salas-Wright, C. P. (2022, January). *Trends and correlates of Internet support group participation for mental health problems in the United States, 2004-2018*. Society for Social Work Research Annual Conference, Washington, DC.
5. **Pineros-Leano, M.** (January 2019). *How Early Do Racial/Ethnic Disparities in Childhood Obesity Start?: Differences in Growth Trajectories and Early-Life Predictors By Race/Ethnicity*. Society for Social Work and Research, San Francisco, CA.
6. **Pineros-Leano, M.**, Tabb, K., Simonovich, S., Wang, Y., Meline, B., Huang, H. (November 2017). *Racial differences in breastfeeding initiation among WIC participants in a Midwestern public health district*. American Public Health Association 145<sup>th</sup> Annual Meeting and Exposition, Atlanta, GA.
7. Tabb, K., Pryde, J., Simonovich, S., Meline, B., **Pineros-Leano, M.**, McDonald, H., Huang, H. (November 2017). *University and Public Health District Collaboration to Improve Community Health and respond to State-level Maternal Depression Screening Policy*

*Mandate*. American Public Health Association 145<sup>th</sup> Annual Meeting and Exposition, Atlanta, GA.

8. Saltzman, J. A., **Pineros-Leano, M.** (May, 2016). *Eating, feeding, and feeling: Do feeding and emotional responsiveness mediate associations between maternal binge eating and child weight?* International Conference on Eating Disorders, San Francisco, CA.
9. Liechty, J.M., Lee, M-J., **Pineros-Leano, M.** (January, 2016). *Race, place, and health: Neighborhood social-environmental influences on adolescent obesity and overweight in the US.* Society for Social Work and Research, Washington, D.C.
10. Tabb, K., **Pineros-Leano, M.**, Quintanilla, C., Belwalkar, D., Huang, H. (November, 2015). *Prevalence of diabetes and depression in women: A systematic review of studies published in the United States.* American Public Health Association 143rd Annual Meeting and Exposition. Chicago, IL.
11. Tabb, K., **Pineros-Leano, M.**, Quintanilla, C., Huang, H. (April, 2015). *Prevalence of diabetes and depression: A systematic review.* Network of Minority Health Research Investigators Annual Workshop, Bethesda, MD.
12. **Pineros-Leano, M.** (November, 2014). *Depression among Latina transnational mothers: A systematic review.* American Public Health Association 142<sup>nd</sup> Annual Meeting and Exposition. New Orleans, LA.
13. Tabb, K., **Pineros-Leano, M.**, Choi, S., Root, M., Meline, B., Huang, H. (November, 2013). *Perinatal depression screening in a public health women, infants, children program: Feasibility and acceptability.* American Public Health Association 141<sup>st</sup> Annual Meeting and Exposition. Boston, MA.

\* Denotes student mentee.

## **INVITED PRESENTATIONS**

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### **Local**

- Pineros-Leano, M.** (September, 2019). *Mental Health Experiences of First-Generation Latina Mothers Living in Emerging Communities.* Symposium: Acculturation, Trauma & Mental Health Services for Hispanic and Latino Communities. Boston College, Chestnut Hill, MA.
- Pineros-Leano, M.** (November, 2019). *Working with Latino populations living in emerging communities.* Guest Lecturer, graduate course, Connell School of Nursing, Boston College.
- Pineros-Leano, M.** (April, 2019). Invited panelist. *Transforming the Ivory Tower. A Seminar to Help First Generation and/or Doctoral Students of Color Thrive.* Boston College.
- Pineros-Leano, M.** (October, 2018). Doctoral journey. Guest Lecturer, graduate course at Boston College.
- Pineros-Leano, M.** (March 2017, November, 2016, March, 2016, and November, 2015).

- Immigration*. Guest Lecturer, undergraduate course, University of Illinois at Urbana-Champaign.
- Pineros-Leano, M.** (April, 2016). *The intricate link between physical and mental health among immigrant women*. Women's Empowerment and International Development Focal Point Research Symposium, Urbana, IL.
- Pineros-Leano, M.** (April, 2016 and November, 2015). *Childhood obesity: Sizeism*. Guest Lecturer, undergraduate course, University of Illinois at Urbana-Champaign.
- Pineros-Leano, M.** (February, 2016 and October, 2015). *Privilege*. Guest Lecturer, undergraduate course, University of Illinois at Urbana-Champaign.
- Pineros-Leano, M.** (February, 2016 and October, 2015). *Assimilation, Acculturation, Enculturation*. Guest Lecturer, undergraduate course, University of Illinois at Urbana-Champaign.
- Pineros-Leano, M.**, Metcalfe, J. J. (October, 2015). Invited panelist at the Illinois Transdisciplinary Obesity Prevention Program Biennial Symposium. "Overcoming transdisciplinary education barriers". Urbana, IL.
- Pineros-Leano, M.**, Liechty, J. M. (October, 2015). *Associations between elevated maternal depressive symptoms, breastfeeding patterns and children's BMI*. Illinois Transdisciplinary Obesity Prevention Program Biennial Symposium, Urbana, IL.
- Pineros-Leano, M.** (October, 2014). *Women, Infant, and Children (WIC) program before and after the affordable care act*. Guest lecturer, graduate course, University of Illinois at Urbana-Champaign.
- Pineros-Leano, M.** (February, 2014). *Immigration, assimilation, and acculturation*. Guest lecturer, undergraduate course, University of Illinois at Urbana-Champaign.
- Pineros-Leano, M.** & Matthews, L. (May, 2013). *International social work, poverty alleviation, & Latin America*. Guest lecturer, undergraduate course, University of Illinois at Urbana-Champaign.
- Pineros-Leano, M.** (April, 2013). *Eating disorders: Understudied populations*. Guest lecturer, graduate course, University of Illinois at Urbana-Champaign.

### **Regional**

- Pineros-Leano, M.** (March, 2021). Parenting Awareness Conference. Waltham Public Schools. Keynote Speaker. *Enhancing parent-child relationships through positive communication*. Waltham, MA.
- Pineros-Leano, M.** Matthew, L. (March, 2021). Grand Rounds Cambridge Health Alliance invited presenter. *Mental health needs of recently arrived Latino immigrants*. Department of Psychiatry.
- Pineros-Leano, M.** (February, 2021). *Mental Health of Latin American populations in the United States and Abroad*. Guest Lecturer, Introduction to Business, Merrimack College, MA.
- Pineros-Leano, M.** (October, 2019). Cambridge Health Alliance invited presenter. Latino Clinic. *Maternal depression among Latina immigrant mothers*. Harvard Medical School.
- Pineros-Leano, M.** (May, 2019). Grand Rounds Cambridge Health Alliance invited presenter. *Latino Mental Health*. Department of Psychiatry.
- Pineros-Leano, M.** (May, 2019). Invited panelist. Cancer prevention seminar. Harvard T.H. Chan School of Public Health.

### **National**

- Pineros-Leano, M.** (June, 2022). *Considering race/ethnic specific factors in Childhood Obesity Development*. Biostatistics and Epidemiology Virtual Seminar Series. Cincinnati Children’s Hospital. Cincinnati, OH.
- Pineros-Leano, M.** (April, 2022). *Racial/ethnic differences in Childhood Obesity*. Fragile Families Working Group. Center for Research on Child and Wellbeing. Princeton University. Princeton, NJ.
- Pineros-Leano, M.** (May, 2019). Invited presenter at the National Perinatal Depression Research Engagement Symposium. *Early-life predictors of racial/ethnic disparities in childhood obesity*. Urbana, IL.
- Pineros-Leano, M.,** Tabb-Dina, K., Sears, H. (January, 2014). Invited panelist at the premiere symposium at the Society for Social Work and Research. *“Invigorating the social work research pipeline: The importance of engaging undergraduate scholars”*. San Antonio, TX.

### **International**

- Pineros-Leano, M.** (November, 2022). III International Conference Clinical Social Work. Invited speaker. Development and cultural adaptation of an intervention to improve emotion regulation and mental health among Colombian displaced youth. Universidad Católica de Santa María, Arequipa, Perú.
- Pineros-Leano, M.** (September, 2022). Jesuit Network with Migrants in Central America and North America (RJM-CANA). Invited panelist. Using Evidence-based interventions in the US and Colombia to improve the wellbeing of im/migrants. Virtual Presentation.
- Pineros-Leano, M. Ciro, D., Olate, R., Alba-Niño, M.** (December, 2020). *Migrantes Venezolanos en Colombia (“Los Caminantes”): Desarrollo de albergues y sociedad civil dividida*. presented at the Conversemos sobre comunidad (Let’s talk about community): La vinculación universidad-comunidad virtual conference hosted by La Universidad Autónoma de Baja California (UABC), Tijuana, Mexico.
- Pineros-Leano, M.** (July, 2020). Olate, R., Ciro, D. *Social Work Without Borders*. Guest panelist. Department of Social Sciences and the Humanities. Universidad Externado de Colombia, Bogotá, Colombia.

### **INVITED CONSULTATIONS**

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Office of the Special Representative of the Secretary-General for Children and Armed Conflict. United Nations. July 2019. Consultations with NGO’s and Academia.

### **TEACHING INTERESTS**

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Health and Mental Health Policy  
 Statistics: introductory, intermediate and advanced  
 Immigrant Families in the United States

Social Work Research Methods  
 Behavioral and Cognitive Methods for Social Work  
 Human Behavior in the Social Environment

## **TEACHING EXPERIENCE**

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### **Boston College**

Spring 2021, 2022      *Course:* Social Welfare  
 School of Social Work  
*Role:* Professor

Fall 2018, 2019,  
 2020, 2021      *Course:* Human Behavior and the Social Environment  
 School of Social Work  
*Role:* Professor

### **University of Illinois at Urbana-Champaign**

Fall 2015-  
 Spring 2016      *Course:* Diversity: Identities and Issues in Social Work  
 School of Social Work  
*Professor:* Janet Carter-Black, PhD  
*Role:* Teaching Assistant

Spring 2013      *Course:* Mental Disorders. Human Behavior and the Social Environment  
 School of Social Work  
*Professor:* Teresa Ostler, PhD  
*Role:* Teaching Assistant

## **MENTEES**

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### **Doctoral students**

2022 – Present      Courtney Colgan. Dissertation committee member. Boston College, Lynch School of Education.

2021 – Present      Saher Rehmani, Dissertation committee member, DePaul University

2021 – Present      Jennifer Sandoval, Dissertation committee member, DePaul University

2021 – Present      Nichelle Bush. Dissertation committee member, DePaul University

2021 – Present      Gabi Ortiz. Boston College, School of Social Work. Research advisor.

2020- Present      Natalie Grafft. Boston College, School of Social Work. Research advisor.

2020      Jaime Perez-Aponte. Boston College, School of Social Work. Publishable paper reviewer.

- 2020- 2021 Javier Reyes Martínez. Boston College, School of Social Work. Dissertation committee member.
- 2019- Present Camilo Doig-Acuña. Cambridge Health Alliance. Harvard Medical School. Dissertation committee member.
- 2019- Present Alejandra Fabiola Pallamar Azua. Boston College, School of Social Work. Publishable paper reviewer and Dissertation committee member.
- 2019- Present Juan Pablo A. Sánchez King. Boston College, School of Social Work. Publishable paper reviewer and Dissertation committee member.
- 2019- 2021 Ignacio Eissmann Araya. Boston College, School of Social Work. Dissertation committee member.
- 2018- 2021 Carlos Andrade Guzmán. Boston College, School of Social Work. Publishable paper reviewer and Dissertation committee member.
- 2018- Present Nancy Jacquelyn Pérez-Flores. Brown School, Washington University in St. Louis, Research advisor.

**Master students**

- 2019- 2020 Chelsea Kamuene. Boston College, School of Social Work.
- 2018- 2020 Laura Yao. Boston College, School of Social Work.
- 2018- 2020 William Lopez. Boston College, School of Social Work.
- 2018- 2019 María Lopez. Boston College, School of Social Work.
- 2018- 2019 Joseph Connors. Boston College, School of Social Work.
- 2015-2016 Lisett Tito. University of Illinois at Urbana-Champaign School of Social Work.
- 2013-2014 Heather Sears, MSW. University of Illinois School of Social Work. Presented research findings at the Undergraduate Research Symposium. Co-authored manuscript in *Family Practice Journal*.

**Undergraduate students**

- 2021- Present Beatriz Costas. Boston College, Morrissey College of Arts and Sciences.
- 2020- Present Maribel Andrade. Boston College, Morrissey College of Arts and Sciences.



2020- Present	Diana Gomez. University of Illinois at Urbana-Champaign. Department of Biology.
2020- Present	Katerine Damian. University of Illinois at Urbana-Champaign. College of Liberal Arts and Sciences.
2019- Present	Aroub Yousuf. Boston College, Morrissey College of Arts and Sciences.
2019- Present	Kelli Rodrigues. Boston College, Morrissey College of Arts and Sciences.
2019- Present	Natalia Piñeros Leaña. Universidad de la Sabana. Department of Psychology.

### **CERTIFICATIONS AND TRAINING**

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2016	<b>Graduate Teaching Certificate</b> , Center for Innovation in Teaching & Learning, University of Illinois at Urbana-Champaign
2016	<b>Analyzing Repeated Measures Data: ANOVA and Mixed Model Approaches Workshop</b> . The Analysis Factor. Instructor: Karen Grace-Martin, MS
2016	<b>Structural Equation Modeling Workshop</b> , University of Illinois at Urbana-Champaign. Instructor: Kristen Bub, PhD
2015	<b>Network of Minority Health Research Investigators Annual Workshop</b> . National Institutes of Health. Bethesda, MD.

### **PROFESSIONAL EXPERIENCE**

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Summer 2014	<b>Public Health Intern</b> Carle Hospital, Urbana, IL <i>Supervisor: Lynne Barnes, M.S, Vice-President of Hospital Operations</i>
2011-2013	<b>Graduate Counselor</b> Division of General Studies, University of Illinois at Urbana-Champaign <i>Supervisor: Mara Freeman, MBA, CAS</i>
May 2012- December 2012	<b>MSW Social Work Intern</b> Champaign-Urbana Public Health District, Champaign, IL <i>Supervisor: Nicole Wentz, MS</i>
Summer 2011	<b>Youth Coordinator</b> The Access Initiative of Champaign County <i>Supervisor: Shawn Lampkins, PhD</i>

Summer 2009      **Trained Recruiter**  
 Migrant Education Program, Champaign, IL  
*Supervisor:* Charles Larenas, MS

**NEWS / PUBLIC ENGAGEMENT**

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- 2022      Boston College researchers to test trauma interventions. Boston College Office University Communications. <https://www.bc.edu/content/bc-web/bcnews/nation-world-society/social-work/interventions-for-displaced-and-migrant-youth.html>
  
- 2021      “Undergraduate student researchers confront ‘messy reality’ of the real world”. Boston College Office University Communications. [https://www.bc.edu/content/bc-web/schools/ssw/about/bcssw-news/2021/undergraduate\\_student\\_researchers\\_at\\_boston\\_college\\_confront\\_messy\\_reality\\_of\\_real\\_world.html](https://www.bc.edu/content/bc-web/schools/ssw/about/bcssw-news/2021/undergraduate_student_researchers_at_boston_college_confront_messy_reality_of_real_world.html)
  
- 2019      “El Mundo Boston names María Piñeros-Leaño an influential Latina leader in Massachusetts”. BCSSW News. <https://www.bc.edu/content/bc-web/schools/ssw/bcssw-news/2019/maria-pineros-leano-named-an-influential-latina-leader-in-ma.html>
  
- 2016      “Creating interventions to address childhood obesity”. 2016 School of Social Work Annual Report. Urbana-Champaign. September 2016
  
- 2015      “Project to use tablets to screen women for perinatal depression”. Illinois News Bureau. Urbana-Champaign, IL, March 19, 2015 <https://news.illinois.edu/blog/view/6367/204390>

**SERVICE**

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**Academic**

**Guest Editor**

2022      *General Hospital Psychiatry*. Special Issue on Perinatal Mental Health.

**Review Editor**

2021 – Present      *Frontiers in Psychiatry*. Mood and Anxiety Disorders.

2022 – Present      *Frontiers in Pediatrics*. Pediatric Obesity.

**Ad-Hoc Reviewer**

*Pediatrics* (2022). *Journal of Immigrant and Minority Health* (2022). *Social Science & Medicine* (2022). *International Journal of Women’s Health* (2022). *Public Health Reports* (2022). *BMC Pregnancy and Childbirth* (2022). *International Journal of Environmental Research and Public*

*Health* (2021). *Peace and Conflict: Journal of Peace Psychology* (2021). *Obesity* (2021). *Journal of Psychosomatic Obstetrics & Gynecology* (2021). *Journal of Racial and Ethnic Health Disparities* (2021). *Annals of Global Health* (2021). *Women's Health Reports* (2021). *Journal of the Society for Social Work and Research* (2021). *Family Medicine and Community Health Journal* (2021). *Journal of Behavioral and Cognitive Therapy* (2021). *Journal of Aggression, Conflict and Peace Research* (2020). *International Journal of Intercultural Relations* (2020). *Reproductive Health* (2020). *Nutrition Reviews* (2020). *Journal of Community Psychology* (2020). *Health Equity* (2018). *Journal of Latina/o Psychology* (2018). *Journal of Medical Internet Research- Mental Health* (2018). *Qualitative Social Work* (2013).

2014- 2018 Abstract Peer Reviewer, *American Public Health Association*

**Profession**

2021 Coffee with a Scholar Mentor. Society for Social Work and Research, Washington, DC.

2021 Invited 2022 SSWR Book Award Review Committee. Member. Society for Social Work and Research, Washington, DC.

January 2014 Invited panelist for the symposium at the premiere research conference: Society for Social Work and Research entitled “Invigorating the Social Work Research Pipeline: The Importance of Engaging Undergraduate Scholars”

November 2013 Session moderator at the American Public Health Association 141<sup>st</sup> Annual Meeting and Exposition. Boston, MA

**University Service**

2021 Community Research Program Advisor, Boston College

**Departmental Service**

**Boston College**

2022 Doctoral Professional Development discussion. *Dissertation 101*. Guest speaker.

2018, 2019, 2020, 2021 Admitted students’ day. Invited Clinical-track Faculty member

2018, 2019 2020, 2021 Informational MSW sessions. Invited Clinical-track Faculty member.

2019 Faculty Greeting. Three Year Program Student Orientation.

2019-Present Equity, Justice and Inclusion Committee. Oversight Committee Member.

2018- Present Mental Health Concentration Committee. Committee Member.

**University of Illinois at Urbana-Champaign**

- 2016 - 2017 Faculty-selected member of Dean search committee.
- 2016 - 2017 Search committee member for assistant professor.
- 2015 - 2016 President, Doctoral Social Work Association.
- 2014 - 2015 Chair, Doctoral Social Work Association.
- 2014 Search committee member for program director of the Illinois Transdisciplinary Obesity Prevention Program (I-TOPP).
- 2012- 2013 Mental Health Concentration Committee. Committee Member

**Community**

- 2019 – Present Matahari Women Workers’ Center Volunteer, Boston, MA
- 2019 – Present Creator of Young Professional Latinx Collective, Boston, MA
- 2016 - 2018 Crisis Nursery Volunteer, Urbana, IL
- 2011 - 2012 Treasurer, Colombian Student Association at UIUC, Champaign, IL
- 2008 - 2009 Member, Latino Club, Parkland College, Champaign, IL

**PROFESSIONAL AFFILIATIONS**

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- 2019- Present Association of Latina and Latino Social Work Educators (ALLSWE)
- 2016- Present Council on Social Work Education (CSWE)
- 2015- Present American Psychological Association (APA)
- 2014- Present Society for Nutrition Education and Behavior (SNEB)
- 2013- Present American Public Health Association (APHA)
- 2013- Present Society for Social Work Research (SSWR)
- 2010- Present Phi Beta Kappa Honors Society

**ANALYSIS SOFTWARE**

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SPSS, SAS, R, Stata, Mplus, NVIVO

**LANGUAGES**

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- English (ILR level 5- Bilingual proficiency)
- Spanish (ILR level 5- Native speaker)
- French (ILR level 2- Limited working proficiency)