

**Alethea Desrosiers**  
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## **EDUCATION**

- 2011        **PhD, Clinical Psychology**  
Teachers College, Columbia University, New York, NY
- 2007        **Msc, Clinical Psychology**  
Teachers College, Columbia University, New York, NY
- 2004        **MA, Psychology in Education**  
Teachers College, Columbia University, New York, NY
- 2001        **BA, Psychology**  
McDaniel College, Westminster, MD

## **CAREER/ACADEMIC APPOINTMENTS**

- 2019-present    **Research Assistant Professor**  
Boston College School of Social Work, Chestnut Hill, MA
- 2017-2019        **Visiting Scholar,**  
Boston College School of Social Work, Chestnut Hill, MA
- 2017-2018        **Staff Counselor,**  
Amherst College, Student Counseling Center, Amherst, MA
- 2016-2017        **Visiting Scientist,**  
Harvard School of Public Health, Department of Global Health and Population, Boston, MA
- 2012-2016        **Associate Research Scientist,**  
Yale School of Medicine, Department of Psychiatry, New Haven, CT
- 2011-2012        **Postdoctoral Fellow, T32 Substance Abuse Prevention Training Grant**  
Yale School of Medicine, Department of Psychiatry, New Haven, CT
- 2010-2011        **Internship, Clinical Psychology**  
Beth Israel Medical Center, Department of Psychiatry, New York, NY

## **PROFESSIONAL HONORS AND AWARDS**

- 2021        NIH Early Career Review Program
- 2012        Center for Interdisciplinary Research on AIDS (CIRA), Research Affiliate
- 2012        National Institute of Health, Loan Repayment Program Award
- 2006        Jodie Lane Scholarship, Psychology Department, Teachers College, Columbia University
- 2001        Rotary Ambassadorial Scholarship, University of Manchester, England
- 2001        Phi Beta Kappa
- 2001        Departmental Honors, Psychology, McDaniel College

1997-2001 Full Tuition Academic Scholarship, McDaniel College

## **PROFESSIONAL LICENSES**

2018-present Psychology License, Commonwealth of Massachusetts

2015-2018 Psychology License, State of Connecticut

## **RESEARCH EXPERIENCE**

2019-present **Boston College School of Social Work, Research Program on Children and Adversity  
Research Assistant Professor**  
Chestnut Hill, Massachusetts

*mHealth Tools to Improve Service Delivery Quality of an Evidence-based Family Home Visiting Intervention to Prevent Family Violence among High Risk Families in Sierra Leone*  
R21 MH124071-01 (NIMH)

Role: Principal Investigator for an exploratory study to apply a user-centered design approach to develop mHealth tools to improve supervision and fidelity monitoring of community health workers delivering a family-based behavioral home visiting intervention to vulnerable families in Sierra Leone with children aged 6-36 months.

*Expanding the Reach of Evidence-Based Mental Health Treatment: Diffusion and Spillover of Mental Health Benefits Among Peer Networks and Caregivers of Youth Facing Compounded Adversity in Sierra Leone*  
R01 MH117359-02 (NIMH)

Role: Co-investigator for an implementation science research study to investigate diffusion and spillover of mental health benefits of a CBT-based intervention to promote emotion regulation and daily functioning among youth facing compounded adversity in Sierra Leone.

*Youth Forward: Capacity Building in Alternate Delivery Platforms and Implementation Models for Bringing Evidence-Based Behavior Interventions to Scale for Youth Facing Adversity in West Africa*  
U19 MH109989 (NIMH)

Role: Co-investigator for a hybrid effectiveness-implementation trial to investigate a collaborative team approach to scaling up and sustaining a CBT-based intervention for at-risk youth in Sierra Leone and the effectiveness of the intervention delivered via an employment promotion program.

2018-2019 **World Health Organization  
Consultant**

Role: To develop an individual and community level sexual and reproductive health-infused psychosocial intervention to improve reproductive health service usage and well-being among adolescent and young adult female Syrian refugees in Jordan, Turkey, and Lebanon.

2017-2019 **Boston College School of Social Work  
Visiting Scholar**  
Chestnut Hill, Massachusetts

Role: Led resubmission of an NIMH grant proposal to examine diffusion and spillover of mental health benefits of a CBT-based intervention among youth facing compounded adversity in Sierra Leone; coordinated multidisciplinary teams of research partners in Boston and Sierra Leone.

2016-2017 **Harvard School of Public Health, Department of Global Health and Population**  
**Visiting Scientist**  
Boston, Massachusetts

Role: Led development of an NIMH implementation science grant to examine diffusion and spillover of mental health benefits of a CBT-based intervention to promote emotion regulation and functioning among youth facing compounded adversity in Sierra Leone.

2012-2016 **Yale School of Medicine, Department of Psychiatry**  
**Associate Research Scientist**  
New Haven, Connecticut

***Behavioral Drug and HIV Risk Reduction with MMT in China***

5 R01 DA026797-03 (NIDA)

Principal Investigator: Marek Chawarski, Ph.D.

Role: Co-investigator for a randomized clinical trial comparing the efficacy of MMT combined with one of three manual-guided counseling approaches in reducing HIV risk behaviors and illicit opiate use in China.

***Naltrexone and Behavioral Drug and HIV Risk Reduction Counseling in Russia***

5 R01 DA027405-03 (NIDA)

Principal Investigator: Marek Chawarski, Ph.D.

Role: Co-investigator on a randomized clinical trial evaluating the efficacy of two medication formulations of naltrexone and two manually-guided counseling conditions in reducing HIV risk behaviors and illicit opiate use in Russia.

2012-2014 ***Drug Counseling and Abstinent-Contingent Take Home Buprenorphine in Malaysia***  
R01 DA014718-05A1 (NIDA)

Principal Investigators: Richard Schottenfeld, M.D., Marek Chawarski, Ph.D.

Role: Co-investigator on a randomized clinical trial evaluating whether behavioral counseling, abstinent-contingent take-home buprenorphine, or their combination improves efficacy of standard treatment for opiate dependence in Malaysia.

2011-2012 **Yale School of Medicine, Department of Psychiatry**  
**Postdoctoral Fellow, Research Training Program in Substance Abuse Prevention**  
T32 DA019426 (NIDA)

***Intervention to Reduce Acute Stress and HIV Risk in Newly Diagnosed Men***

R34 MH087216-01A2 (NIMH)

Principal Investigator: Nathan Hansen, Ph.D.

Role: Provided STAY Healthy intervention to newly diagnosed HIV+ men who have sex with men (MSM) and contributed to development of a revised intervention manual.

***HIV/STD Risk Among Young Expectant Fathers: Relationship Attachment and Transition***

5 R01 MH075685-05 (NIMH)

Principal Investigator: Trace Kershaw, Ph.D.

Role: Collaborated with a multidisciplinary team to analyze a longitudinal data set of pregnant and parenting adolescent couples, develop manuscripts, and present findings.

**The Healthy Girls Project**

Yale Institute for Social Policy Studies

Principal Investigator: Susan Nolen-Hoeksema, Ph.D.

Role: Worked on implementation of an emotion regulation intervention for prevention of substance abuse, mood disorders, and risk behavior in ethnically diverse adolescent females.

2009-2010 **Brown University**  
**Research Assistant**  
Providence, Rhode Island

*Meditation Training in Early Adolescents and College Students*

(Mind and Life Institute)

Principal Investigator: Willoughby Britton, Ph.D.

Role: Coordinated and implemented a study investigating meditation practice and mental health in college students; analyzed data and presented findings at national conferences.

2009-2010 **Brown University, Center for Alcohol and Addiction Studies**  
**Intervention Specialist**

*Effects of the Family Check-up on Adolescents with Alcohol Related Events and their Siblings*

R01 AA017659 (NIAAA)

Principal Investigator: Anthony Spirito, Ph.D.

Role: Provided a brief motivational interviewing based intervention to adolescents with alcohol infractions recruited from juvenile and family courts, analyzed video-taped parent-child discussion sessions, and conducted feedback sessions with families.

*Substance Abuse Prevention for Preadolescents with Psychiatric Disorders*

R21 DA024207 (NIDA)

Principal Investigator: Anthony Spirito, Ph.D.

Role: Provided a motivational interviewing based intervention to substance abusing adolescents with co-occurring psychiatric diagnoses and their parents; developed study protocols and intervention manuals; conducted training sessions with new staff.

2004-2008 **Teachers College, Columbia University**  
**Project Director**  
New York, New York

*Religion and Resilience in Adolescents*

(William T. Grant Foundation)

Principal Investigator: Lisa Miller, Ph.D.

Role: Coordinated and implemented a study on religion and mental health in adolescents; developed community partnerships with youth organizations; managed large quantitative databases; analyzed data and presented findings at national and international conferences.

2004-2008 **National Development & Research Institute**  
**Senior Research Assistant**  
New York, New York

***Computer-Assisted HIV Prevention for Young Drug Users***

3 R01 DA015964-04S1 (NIDA)

Principal Investigator: Lisa Marsch, Ph.D.

Role: Coordinated and implemented a study on HIV prevention education for substance abusing adolescents; collaborated with community drug treatment programs; conducted informed consent sessions; developed and managed study files and databases.

***Expanding Computer-Based Drug Abuse Prevention***

5 R42 DA016083-03 (NIDA)

Principal Investigator: Lisa Marsch, Ph.D

Role: Coordinated and implemented a study on computer-based drug abuse prevention in elementary school students; conducted focus groups and feedback sessions with school- aged children; organized and maintained participant databases.

***Science-Based Treatment for Opioid-Dependent Adolescents***

5 R01 DA018297 04 (NIDA)

Principal Investigator: Lisa Marsch, Ph.D.

Role: Facilitated recruitment, initiated community partnerships, and facilitated participant recruitment efforts; organized and maintained files and databases for study participants.

**PEER-REVIEWED PUBLICATIONS**

Moya, A., Serneels, P., **Desrosiers, A.**, & Reyes, V., Torres, M. J., & Lieberman, A. The impact of COVID-19 on mental health in a fragile and conflict-affected setting: A Longitudinal Case-Control Study in Tumaco, Colombia. *The Lancet*. [epub ahead of print].

Cornelius, T., **Desrosiers, A.**, & Kerhsaw, T. Emergency Medical Care Utilization, Romantic Attachment, and Psychological Distress in Pregnant Adolescent and Young Adult Couples. *Family, Systems & Health*. [epub ahead of print].

**Desrosiers, A.**, Schafer, C., Esliker, R., Jambai, M., & Betancourt, T. (2021). mHealth tools to improve supervision and fidelity monitoring of a family home visiting intervention in Sierra Leone: Study protocol. *Journal of Medical Internet Research*. [epub ahead of print].

Betancourt, T.S., Hansen, N., Farrar, J., Borg, R.C., Brennan, R.T., Callands, T., **Desrosiers, A.**, Antonaccio, C.M., Williams, M.J. (2020). Youth Functioning and Organizational Success for West African Regional Development (Youth FORWARD): Study Protocol. *Psychiatric Services*. [epub ahead of print].

Su, S., Frounfelker, R. L., **Desrosiers, A.**, Brennan R.T., Farrar, J., & Betancourt, T. S. (2020). Classifying childhood war trauma exposure: Latent profile analyses of Sierra Leone's former child soldiers. *The Journal of Child Psychology and Psychiatry*. [epub ahead of print].

**Desrosiers, A.**, Betancourt, T., Kergoat, Y., Servilli, C., Say, L., Kobeissi, L. (2020). A systematic review of sexual and reproductive health interventions for young people in humanitarian and lower-and-middle-income country settings. *BMC Public Health*, 20, 666.

**Desrosiers, A.**, Kumar, P., Dayal, A., Alex, L., Akram, T., Betancourt, T. (2020). Diffusion and spillover effects of an evidence-based mental health intervention among peers and caregivers of high risk youth in Sierra Leone: study protocol. *BMC Psychiatry*, 20, 85.

Lauckner, C., **Desrosiers, A.**, Muilenburg, J., Kilanin, A., Genter, E., & Kershaw, T. (2019). Social media photos of substance use and their relationship to attitudes and behaviors among minority emerging adult men. *Journal of Adolescence*, 77, 152-162.

**Desrosiers, A.**, Vine, V., & Kershaw, T. (2019). "R U Mad?": Computerized text analysis of affect in social media relates to stress and substance use among emerging adult, ethnic minority males. *Anxiety, Stress and Coping*, 32, 109-123.

Cornelius, T., **Desrosiers, A.**, & Kershaw, T. (2017). Smoking together during pregnancy: Are there relationship benefits? *Social Science and Medicine*, 192, 30-35.

Rizor, A., Callands, T., **Desrosiers, A.**, & Kershaw, T. (2017). (S)He's gotta have it: Emotion regulation, emotional expression, and sexual risk behavior in emerging adult couples. *Sexual Addiction & Compulsivity*, 24, 203-216.

Chooi, W., **Desrosiers, A.**, Zaharim, N., Ahmad, I., Yasin, M., Jaaper, S., Schottenfeld, R., Vicknasingam, B., & Chawarski, M. (2017). Early initiation of amphetamine-type stimulants (ATS) use associated with lowered cognitive performance among individuals with co-occurring opioid and ATS use disorders in Malaysia. *Journal of Psychoactive Drugs*, 49, 326-332.

**Desrosiers, A.**, Blokhina, E., Zvartua, E., Krupitsky, E., Schottenfeld, R., & Chawarski, M. (2016). Psychiatric symptoms, quality of life, and HIV status among people using opioids in Saint Petersburg, Russia. *Drug and Alcohol Dependence*, 172, 60-65.

Cornelius, T., **Desrosiers, A.**, & Kershaw, T. (2016). Spread of health behaviors in young couples: How relationship power shapes relational influence. *Social Science & Medicine*, 165, 46-55.

Sipsma, H., Callands, T., **Desrosiers, A.**, Magriples, M., Jones, K., Albritton, T., & Kershaw, T. (2016). Exploring trajectories and predictors of depressive symptoms among young couples during their transition to parenthood. *Maternal and Child Health Journal*, 20, 2372-2381.

**Desrosiers, A.**, Chooi, W., Zaharim, N., Ahmad, I., Yasin, A., Jaapar, S., Schottenfeld, R., Vicknasingam, B., Chawarski, M. (2016). Emerging drug use trends in Kelantan, Malaysia. *Journal of Psychoactive Drugs*, 48, 218-216.

**Desrosiers, A.**, Sipsma, H., Kershaw, T., Divney, A., & Magriples, U. (2015). Emotion expression and substance use in newly parenting adolescents and young adults. *Journal of Clinical Psychology*, 71, 684-695.

**Desrosiers, A.**, Thompson, A., Divney, A., Magriples, A., & Kershaw, T. (2015). Romantic partner influences on substance use among pregnant and parenting young couples. *Journal of Public Health*, 38, 300-307.

Zhou, W., Wang, X., Zhou, S., Xie, N., Liu, P., Luo, L., Peng, J., Liu, M., **Desrosiers, A.**, Schottenfeld, R., Chawarski, M. C. (2014). Hepatitis C seroconversion in methadone maintenance treatment programs in Wuhan, China. *Addiction*, 110, 796-802.

Zhang, Y., Xu, Z., Zhang, S., **Desrosiers, A.**, Schottenfeld, R. S., Chawarski, M. C. (2014). Profiles of psychiatric symptoms among amphetamine type stimulant and ketamine using inpatients in Wuhan, China. *Journal of Psychiatric Research*, 53, 99-102.

- Desrosiers, A.,** Vine, V., Curtiss, J., & Klemanski, D. (2014). Observing Nonreactively: A conditional process model linking mindfulness facets, cognitive emotion regulation strategies, and depression and anxiety symptoms. *Journal of Affective Disorders*, 165, 31-37.
- Desrosiers, A.,** Sipsma, H., Callands, T., Hansen, N., Divney, A., Magriples, U., & Kershaw, T. (2014). “Love Hurts”: Romantic attachment and depressive symptoms in pregnant adolescent and young adult couples. *Journal of Clinical Psychology*, 70, 95-106.
- Desrosiers, A.,** Vine, V., Klemanski, D., & Nolen-Hoeksema, S. (2013). Mindfulness and emotion regulation in depression and anxiety: Common and distinct mechanisms of action. *Depression and Anxiety*, 30, 654-661.
- Desrosiers, A.,** Klemanski, D., & Nolen-Hoeksema, S. (2013). Mapping mindfulness facets onto dimensions of anxiety and depression. *Behavior Therapy*, 44, 373-384.
- Nolen-Hoeksema, S., **Desrosiers, A.,** & Wilsnack, S. C. (2013). Predictors of alcohol-related problems among depressed and non-depressed women. *Journal of Affective Disorders*, 150, 967-973.
- Marsch, L. A., Grabinski, M. J., Bickel, W. K., **Desrosiers, A.,** Guarino, H., Muehlbach, B., Solhkhah, R., Taufique, S., & Acosta, M. (2011). Computer-assisted HIV prevention for youth with substance use disorders. *Substance Use and Misuse*, 46, 46-56.
- Desrosiers, A.** (2011). Development of religion and spirituality across the lifespan. In J. Aten, K. O’Grady, & E. Worthington (Eds.). *The Psychology of Religion and Spirituality for Clinicians: Using Research in Your Practice*.
- Desrosiers, A.,** Kelly, B., & Miller, L. (2010). Parent and peer facilitation of relational spirituality in adolescents and young adults. *Psychology of Religion and Spirituality*, vol. 3, 39-54.
- Desrosiers, A. & Miller, L.** (2008). Substance use versus anxiety in adolescents: Are some disorders more spiritual than others? *Research in the Social Scientific Study of Religion*, 9, 137-154.
- Desrosiers, A. & Miller, L.** (2007). Relational spirituality and depression in adolescent girls. *Journal of Clinical Psychology*, 63, 1021-1037.

### **MANUSCRIPTS UNDER REVIEW**

- Desrosiers, A.,** Pinerros-Leano, M., Moya, A., Duryea, S., & Gonzalez-Velosa, C. Posttraumatic stress symptoms, socio-emotional skills, and labor market outcomes among Colombian youth affected by conflict. [Manuscript submitted for publication].
- Freeman, A., **Desrosiers, A.,** Schafer, C., Kamara, P., & Betancourt, T.S. The adaptation of a youth mental health intervention to a peer delivery model utilizing CBPR methods and the ADAPT-ITT framework in Sierra Leone. [Manuscript submitted for publication].
- Su, S., Desrosiers, A., Freeman, J., Brennan, R., Mehta, H., & Betancourt, T. S. Perceived parenting, emotion regulation, and mental health among offspring of war-affected parents in Sierra Leone. [Manuscript submitted for publication].
- Desrosiers, A., Kumar, P., Su, S., Schafer, C., Mitra, R., & Betancourt, T. S. Exploring social networks of youth facing adversity in rural regions of Sierra Leone. [Manuscript submitted for publication].

Callands, T. A., Hylick, K., **Desrosiers, A.**, Gilliam, S. M., Taylor, E. N., Hunter, Josalin J., Hansen, N.B. The feasibility and acceptability of Project POWER: A cognitive-behavioral mindfulness-infused group-based mental and sexual health intervention among young pregnant women in Liberia. [Manuscript submitted for publication].

**Desrosiers, A.**, Freeman, J., Mitra, R., Farrar, J., Borg, R., & Betancourt, T. Alternative delivery platforms for expanding evidence-based mental health interventions for youth in Sierra Leone: A pilot study. [Manuscript submitted for publication].

Chawarski, M., Zhou, W., **Desrosiers, A.**, Song, R., & Schottenfeld, R. Behavioral drug and HIV risk reduction counseling (BDRC) in methadone maintenance treatment (MMT) in China: A randomized controlled trial. [Manuscript submitted for publication].

## **SYMPOSIUM AND POSTER PRESENTATIONS**

**Desrosiers, A.**, Schafer, C., Freeman, J., Vandi, A., Hinton, M., & Betancourt, T. S. Mental health spillover effects among cohabitating caregivers of Sierra Leonean youth receiving a cognitive behavioral therapy-based intervention. Oral presentation at the ARM Academy Health Annual Research Meeting (June, 2021).

Freeman, J., Su, S., Farrar, J., **Desrosiers, A.**, Brennan, R., & Betancourt, T. S. Evaluating the implementation and effectiveness of an evidence-based group mental health intervention integrated into youth entrepreneurship programs in a fragile setting: A hybrid type 2 implementation-effectiveness trial. Oral presentation at the ARM Academy Health Annual Research Meeting (June, 2021).

Berent, J. M., Black, C. J., **Desrosiers, A.**, Bhattacharya, S., & Betancourt, T. S. For refugees, by refugees: Using co-design methodology to engage vulnerable populations in mHealth prevention services. Poster presentation at the ARM Academy Health Annual Research Meeting (June, 2021).

Black, C. J., Anand A., Berent, J. M., Joshi, U., Gautam, B., Naslund, J. A., Bhattacharya, S., **Desrosiers, A.**, & Betancourt T. S. (April 2021). A tale of two teams: Using human-centered design principles to promote engagement and adoption of digital mHealth tools among community health workers and families in low resource settings. Accepted presentation at the Global Health Science and Practice Technical Exchange, Virtual.

**Desrosiers, A.**, Schafer, C, Esliker, R., Jambai, M, & Betancourt, T. (April 2021). mHealth supported delivery of an evidence-based behavioral intervention for high-risk families in Sierra Leone: Study protocol. Research Spotlight at the 42nd Annual Meeting of the Society of Behavioral Medicine, Virtual Conference.

Cornelius, T., **Desrosiers, A.**, & Kershaw, T. (April 2021). Emergency medical care utilization, romantic attachment, and psychological distress in pregnant adolescent and young adult couples. Oral presentation at the 42nd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Virtual Conference.

Black, C., **Desrosiers, A.**, & Betancourt, T.S. (March 2021). Technology-supported implementation science for scaling out and sustaining quality in evidence-based interventions for vulnerable children and families. Invited oral presentation for the Dartmouth University Center for Technology and Behavioral Health Seminar Series.

**Desrosiers, A.**, Kumar, P., Su, S., Mitra, R., Schafer, C., & Betancourt, T.S. (March 2021). Exploring personal networks of youth with poor emotion regulation enrolled in an evidence-based mental health intervention linked with employment programming in Sierra Leone. Virtual poster presentation at the Consortium of Universities for Global Health Annual Global Health Conference.



**Desrosiers, A.**, Freeman, J., Mitra, R., Bond., L., Dal Santo, L., Farrar, J., Borg, R., et al. (March 2021). Alternative delivery platforms for expanding the reach of evidence-based mental health interventions for youth in Sierra Leone: A pilot study. Virtual poster presentation at the Consortium of Universities for Global Health Annual Global Health Conference.

**Desrosiers, A.**, & Betancourt, T.S. (December 2020). Promoting mental health and resilience in children and families affected by adversity: From longitudinal research to implementation science. Invited oral presentation for the Columbia University Seminar Series on Global Mental Health.

Freeman, J. A., **Desrosiers, A.**, Schafer, C., Kamara, P., Betancourt, T.S. (December 2020). The Adaptation of a Youth Mental Health Intervention to a Peer Delivery Model Utilizing CBPR Methods and the ADAPT ITT Framework in Sierra Leone. Virtual poster presentation, 13th Annual Conference on the Science of Dissemination and Implementation in Health, Washington, D.C., United States.

Moya, A., Serneels, P., **Desrosiers, A.**, & Reyes, V., Torres, M. J., & Lieberman, A. (August 2020). The impact of COVID-19 on mental health in a fragile and conflict-affected setting in Colombia. Virtual poster presentation, IZA/World Bank/NJD/UNU-WIDER Jobs and Development 3<sup>rd</sup> Annual Conference.

Su, S., Layne, C. M., **Desrosiers, A.**, Brennan, R. T., Betancourt, T.S. (November 2020). Longitudinal Associations among Family Acceptance, Community Acceptance, and Symptoms of Post-Traumatic Stress Disorder among Former Child Soldiers. Virtual poster presentation, International Society for Traumatic Stress Studies (ISTSS) 36th Annual Meeting.

**Desrosiers, A.** (January 2020). Alternative delivery platforms for expanding evidence-based mental health interventions for youth in Sierra Leone: A pilot study. Invited oral presentation at the Global & Local Center for Mental Health Disparities at Boston Medical Center, Boston, MA.

**Desrosiers, A.**, Mitra, R., Borg, R., Farrar, J., & Betancourt, T. (December 2019). Fidelity monitoring of a cognitive-behavioral therapy-based intervention for youth facing compounded adversity in Sierra Leone. Poster session at the Annual Academy Health Conference on the Science of Dissemination and Implementation in Health, Arlington, VA.

**Desrosiers, A.** (July 2018). Depressive disorders. Invited oral presentation, American University of the Carribean, St. Maarten.

**Desrosiers, A.** (July 2017). Linking mindfulness facets, cognitive emotion regulation strategies, and depression and anxiety symptoms. Invited oral presentation, University of Medicine and Health Sciences, St. Kitts.

**Desrosiers, A.** (June 2017). Positive and negative emotion in social media: Associations with substance use among ethnic minority, emerging adult males. Poster session presented at the biannual meeting of the International Society for Child Indicators, Montreal, Canada.

**Desrosiers, A.** (April 2017). Relating mindfulness facets to depression and anxiety symptoms in a clinical sample of adults. Invited oral presentation at departmental grand rounds, St. George's University, Grenada.

**Desrosiers, A.** (February 2017). "LOL, I feel you": Linguistic indicators of emotion in social med stress, and substance use among young, minority males. Invited oral presentation at the department of psychology colloquium series, Williams College, MA.

Cornelius, T., **Desrosiers, A.**, & Kershaw, T. (January 2017). Drinking doesn't always make you popular. Poster session presented at the annual meeting of the Society of Personality and Social Psychology, San Antonio, TX.

Lauckner, C., **Desrosiers, A.**, Muilenburg, J., Kilanin, A., Genter, E., & Kershaw, T. (March 2016). Social media photos of substance use and their relationship to attitudes and behaviors among minority emerging adult men. Poster session presented at the annual meeting of behavioral medicine, Washington, D.C.

**Desrosiers, A.**, Blokhina, E., Krupitsky, E., Zvartua, E., Schottenfeld, R. S., & Chawarski, M. (June 2015). HIV status and mental health among opioid using adults in Russia. Poster session presented at the annual meeting of the College on Problems of Drug Dependence, Phoenix, AZ.

Mohd-Zaharim, N., Chawarski, M., Chooi, W., **Desrosiers, A.**, Schottenfeld, R. S., & Kasinather, V. (March 2015). Behavioral drug and risk reduction counseling (BDRC): A new psychosocial treatment for co-occurring opioid and amphetamine-type stimulant dependent individuals in Kota Bharu, Malaysia. Poster session presented at the annual international conference of the Association for Psychological Science, Amsterdam, The Netherlands.

**Desrosiers, A.**, Vine, V., Curtiss, J., Klemanski, D. H. (November 2014). Mindfulness facets interact to influence emotion regulation strategies and depression and anxiety symptoms. Poster session presented at the annual conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

**Desrosiers, A.**, Blokhina, E., Krupitsky, E., & Chawarski, M. (June 2014). Gender differences in psychiatric symptoms among opiate dependents patients in Russia. Poster session presented at the annual meeting of the College on Problems of Drug Dependence, San Juan, Puerto Rico.

Kasinather, B. V., **Desrosiers, A.**, Schottenfeld, R., & Chawarski, M. (June 2014). International Collaboration between academic institutions: University Sains Malaysia and Yale School of Medicine. Poster session presented at the annual meeting of the College on Problems of Drug Dependence, San Juan, Puerto Rico.

Syarif, Z., Susami, H., Sarasvita, R., Utami, D., Nurhidayat, A., **Desrosiers, A.**, Chawarski, M., Woody, G., & Metzger, D. (June 2014). Benzodiazepine use among methadone maintenance treatment patients in Jakarta, Indonesia. Poster session presented at the annual meeting of the College on Problems of Drug Dependence, San Juan, Puerto Rico.

Kasinather, V. B., Chawarski, M., Chooi, W. T., Zaharim, N. M., **Desrosiers, A.**, Yasin, A. M., Ahmad, I., & Schottenfeld, R. (November 2013). Characteristics of individuals with co-occurring opioid and amphetamine type stimulant dependence in Kota Bharu, Malaysia. Poster session at the annual conference of the International Society of Addiction Medicine, Kuala Lumpur, Malaysia.

Zaharim, N. M., Chooi, W. T., Kasinather, V. B., Yasin, A. M., Ahmad, I., **Desrosiers, A.**, Schottenfeld, R. S., Chawarski, M. C. (November 2013). A counseling model for co-occurring opioid and amphetamine type stimulant dependence in Kota Bharu, Malaysia. Oral presentation in symposium (chair: K. Kamali) Psychosocial intervention in the treatment of addiction, at the annual conference of the International Society of Addiction Medicine, Kuala Lumpur, Malaysia.

Kershaw, T., Sipsma, H., **Desrosiers, A.**, Callands, T., Albritton, T., Magriples, U., & Gordon, D. M. (November 2013). Interconnectedness of parents' relationship functioning and mental health. Poster session presented at the annual conference of the American Public Health Association, Boston, MA.

Sipsma, H., **Desrosiers, A.**, Callands, T., Gordon, D., Magriples, U., Jones, K., & Kershaw, T. (November 2013). Mental health of young parents from pregnancy through 1-year postpartum. Poster session presented at the annual conference of the American Public Health Association, Boston, MA.

**Desrosiers, A.** (October 2013). Mapping out mindfulness: Relating mindfulness facets to depression and anxiety symptoms. Invited oral presentation at the clinical psychology department colloquium series, Teachers College, Columbia University.

**Desrosiers, A.**, Sipsma, H., Kershaw, T. (June 2013). Negative affect, emotional awareness, and substance use in adolescents and young adults. Poster session presented at the annual meeting of the College on Problems of Drug Dependence, San Diego, CA.

**Desrosiers, A.**, Nolen-Hoeksema, S., & Klemanski, D. H. (November 2012). Mindfulness in depression and anxiety: Mechanisms of action via emotion regulation. Oral presentation in symposium (chair: Moria J. Smoski), Emotion regulation in psychopathology: What works for whom?, presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

**Desrosiers, A.**, Nolen-Hoeksema, S., & Klemanski, D. H. (November 2012). Modeling mindfulness: How mindfulness facets map onto dimensions of anxiety and depression. Poster session presented at the annual conference of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Klemanski, D. H., Millstein, D. J., **Desrosiers, A.**, & Nolen-Hoeksema, S. (November 2012). Effects of worry on quality of life in a clinical sample: The role of psychological flexibility, emotion regulation, and mindfulness. Poster session presented at the annual conference of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

**Desrosiers, A.**, Sipsma, H., Hansen, N., Callands, T., & Kershaw, T. (June 2012). "Love Hurts": Romantic attachment and depression in pregnant adolescent couples. Poster session presented at the Society for Psychotherapy Research Conference. Virginia Beach, VA.

**Desrosiers, A.**, Vine, V., & Nolen-Hoeksema, H. (December 2011). Mindfulness in depression and anxiety: common and distinct mechanisms of action. Poster session presented at the Affective Science Institute meeting, Boston, MA.

**Desrosiers, A.**, Donalds, R., & Britton, W. (June 2010). School-based mindfulness training may offer clinical benefits. Poster presented at the World Congress for Cognitive and Behavioral Therapies, Boston, MA.

**Desrosiers, A.** & Miller, L. (August 2008). Relational spirituality and psychopathology in adolescents. Invited Oral Presentation in Symposium (Chair: Chris Boyatzis), Religiosity and psychological adjustment in adolescents, college students, and elderly, presented at the annual conference of the American Psychological Association, Boston, MA.

Marsch, L. A., Bickel, W. K., Grabinski, M. J., **Desrosiers, A.** & Guarino, H. (August 2006). Computer delivery of HIV and hepatitis prevention in substance abuse treatment. Invited oral presentation in symposium (Chair: Jesse Dallery), Innovations in technology for substance abuse treatment, at the annual conference of the American Psychological Association, New Orleans, LA.

Marsch, L. A., Bickel, W.K., **Desrosiers, A.** & Guarino, H. (June 2005). Computer-delivered HIV and other disease prevention for substance-abusing youth. Paper presented in Oral Communications Session VIII "AIDS/HIV" (Co-Chairs: Marc Auriacombe & Lisa Marsch) at the annual meeting of the College on Problems of Drug Dependence, Orlando, FL.

Miller, L., Desrosiers, A., Kelley, B., & Peters, T. (March, 2006). Spirituality and mental health in adolescents. Key Note Address, World Congress on Spirituality and Health, Monterey, Mexico.

## **TEACHING EXPERIENCE**

### **University of Amsterdam Lecturer**

2021 Global Mental Health, Winter School

### **Boston College School of Social Work Lecturer**

2020 Applied Methods in Multicultural Mental Health and Social Work Research (SCWK 9963 01)  
2021 Applied Methods in Multicultural Mental Health and Social Work Research (SCWK 9963 01)

### **Harvard T. H. Chan School of Public Health/Harvard School of Medicine Lecturer**

2020 Case Studies in Global Mental Health Delivery (GHP 208/SM 518.0)  
2021 Case Studies in Global Mental Health Delivery (GHP 208/SM 518.0)  
2021 Global Health and Health Policy (GHHP 50)

### **Yale University, Department of Psychology Lecturer**

2012 Introduction to Psychology (Psych S110 01)  
2013 Introduction to Psychology (Psych S110 01)

### **Yale School of Medicine, Department of Psychiatry Co-Instructor**

2012 Behavioral Drug and HIV-risk Reduction Counseling training workshop, Wuhan China  
2013 Behavioral Drug and HIV-risk Reduction Counseling training workshop, Kota Bharu, Malaysia  
2013 Behavioral Drug and HIV-risk Reduction Counseling training workshop, St. Petersburg, Russia  
2014 Behavioral Drug and HIV-risk Reduction Counseling training workshop, St. Petersburg, Russia

### **Teachers College, Columbia University, Department of Clinical and Counseling Psychology Co-Instructor**

2009 Psychotherapy, religious diversity, and spirituality

## **CLINICAL EXPERIENCE**

2017-2018 **Amherst College  
Staff Counselor**  
Amherst, MA

Role: Provided intake evaluations and individual psychotherapy to college students; provided consultation services, risk assessment, and crisis intervention; participated in campus outreach.

2010-2011 **Beth Israel Medical Center**  
**Psychology Intern**  
New York, New York

***Psychiatric Inpatient Services for Adults, Division of Addictions***

Role: Conducted intake evaluations and provided individual psychotherapy to adults in inpatient treatment for co-occurring substance use and psychiatric disorders; collaborated with multidisciplinary teams to coordinate care and disposition.

***Psychiatric Outpatient Services for Adults (POSA)***

Role: Conducted intake evaluations for adults; provided individual, family, and group psychotherapy to adults with Axis I and Axis II disorders using multiple treatment approaches.

***Psychiatric Outpatient Services for Children (POSC)***

Role: Conducted intake evaluations for children and adolescents, provided individual psychotherapy and collateral parent sessions; provided psychological testing for children to assess cognitive and socio-emotional functioning; provided consultation-liaison services.

***Yarmon Neurobehavior and Alzheimer's Disease Center***

Role: Completed neuropsychological evaluations for adults with cognitive deficits; provided individual and group psychotherapy to older adults with cognitive disorders.

2009-2010 **Brown University, Center for Alcohol and Addiction Studies**  
**Intervention Specialist**  
Providence, Rhode Island

Role: provided motivational interviewing to Hispanic adults with alcohol use/abuse concerns for a study investigating a culturally adapted form of motivation interviewing.

2009-2010 **Rhode Island Hospital, Adult Partial Hospitalization Program**  
**Adult Psychotherapist**  
Providence, Rhode Island

Role: Provided individual and group psychotherapy to adults with Axis I and Axis II disorders; conducted intake evaluations; collaborated with multidisciplinary teams; led discharge planning.

2008-2009 **Connecticut College, Student Counseling Services**  
**Psychotherapist**  
New London, Connecticut

Role: Provided intake evaluations and individual psychotherapy to undergraduates with substance use disorders, mood/anxiety disorders, adjustment disorders, and eating disorders.

2007-2008 **St. Luke's-Roosevelt Hospital Center, Child and Family Institute (CFI)**  
**Child Psychotherapist**  
New York, New York

Role: Provided weekly individual, family, and group outpatient psychotherapy to ethnically diverse children and adolescents; provided parent training and education.

2005-2008 **Teachers College, Columbia University, Dean-Hope Center Child and Adult Psychotherapist**  
New York, New York

Role: Provided individual outpatient psychotherapy to children and adults integrating multiple treatment approaches; intake evaluations and psychological testing for children and adults.

## **PROFESSIONAL SERVICE**

### **Professional Affiliations:**

2005-present American Psychological Association (APA)  
2020-present International Society for Quality in Health Care (ISQua)  
2021-present Society of Behavioral Medicine

### **Ad Hoc Reviewer:**

*PLOS ONE*  
*Annals of Global Health*  
*Addiction*  
*Depression and Anxiety*  
*Drug and Alcohol Dependence International Journal of Drug Policy Journal of Clinical Psychology*  
*Journal of Research on Adolescence Mindfulness*  
*Psychiatry Research*  
*Substance Abuse*  
*Substance Abuse Treatment, Prevention, and Policy*

### **Professional Training and Development:**

2021 Global Mental Health Institute, Teachers College, Columbia University  
2019-2021 Implementation Science Working Group, Harvard T. H. Chan School of Public Health  
2020 Integrating Implementation Strategies & Context Short Course, University of Wisconsin  
2019 Ethical Issues in Technology and Mental Health, Worcester, MA  
2018 Progressive Counting Training for Trauma, Amherst, MA  
2018 Stereotype and Implicit Bias, Amherst College, Amherst, MA  
2017 Transgender Health, Cambridge Health Alliance, Boston, MA  
2015 Advanced Mindfulness Techniques, PESI, Cromwell, CT  
2013 Behavioral Drug and HIV-Risk Reduction Counseling Training, Yale University  
2012 Mindfulness and Emotion Regulation Skills Group Training, Yale University  
2010 Attachment, Self-Regulation, and Competency Training, Beth Israel Medical Center  
2009 Motivational Interviewing Training, Brown University  
2008 Diversity Training, Connecticut College  
2007 Dialectical Behavior Therapy Training, St. Luke's-Roosevelt Hospital  
2007 Diversity Training, St. Luke's-Roosevelt Hospital Center