Addie Wyman Battalen, PhD, MSW, LICSW

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EDUCATION

Ph.D. Boston College School of Social Work, May 2018
Dissertation: "Beliefs, perceptions, and socialization practices of lesbian, gay, and heterosexual adoptive parents"
Committee: Ruth McRoy, PhD, Summer Hawkins, PhD (co-chairs)
Shanta Pandey, PhD, Rachel Farr, PhD, David Brodzinsky, PhD

M.S. Columbia School of Social Work, May 2006

B.A. Earlham College, May 2004

HONORS AND FELLOWSHIPS

Research Fellowship, Boston Children's Hospital	2017-2019
Rudd Adoption Research Scholar	2017
Boston College Graduate Student Association Conference Grant	2016-2018
Dr. Carolyn B. Thomas Fellowship, Boston College	2016-2017
Boston College Social Work Doctoral Fellowship	2014-2018
David Koch '66 Public Service Award Recipient, Earlham College	2004
Elected Scholar, National Bonner Foundation	2001-2004
Van Valkenburg Scholarship	2000-2004
Community Foundation of Western Mass Scholarship	2000-2004

PEER-REVIEWED ARTICLES

Wyman Battalen, A., Farr, R., Brodzinsky, D., McRoy, R. (2018). Socializing children about family structure: Perspectives of lesbian and gay adoptive parents. *Journal of GLBT Family Studies,* doi: 10.1080/1550428X.2018.1465875

O'Brien, K., Sellers, C. M., **Wyman Battalen, A**., White, E., Ryan, C., Maneta, E., Aguinaldo, L., Spirito, A. (2018). Feasibility, acceptability, and preliminary effects of a brief alcohol intervention for suicidal adolescents in inpatient psychiatric treatment. *Journal of Substance Abuse Treatment.* doi: 10.1016/j.jsat.2018.08.013

Wyman Battalen, A., Sellers, C. M., McRoy, R., & Grotevant, H. (In press). Birth mothers as grandmothers: Examining contact, relationship quality, and the role of technology. *Adoption Quarterly.* doi: 10.1080/10926755.2018.1488327

Sellers, C. M., **Wyman Battalen, A.,** McRoy, R., Fiorenzo, L., & Grotevant, H. (In press). An exploration of adoptive mothers' and fathers' mental health: 10-20 years post-adoption. *Adoption Quarterly.*

MANUSCRIPTS UNDER REVIEW

O'Brien, K., **Wyman Battalen, A**., Sellers, C. M., Spirito, A., Yen, S., Maneta, E., Ryan, C. & Braciszewski, J. (Resubmitted for review). An mHealth approach to extend a brief intervention for adolescent alcohol use and suicidal behavior: Qualitative analyses of adolescent and parent feedback.

Wyman Battalen, A., Dow-Fleisner, S., Brodzinsky, D., & McRoy, R. (Under review). Lesbian, gay, and heterosexual adoptive parents' attitudes towards racial socialization practices.

BOOK CHAPTERS AND WORKING MANUSCRIPTS

Wyman Battalen, A., Sellers, C. M., Fong, R., McRoy, R., Hanna, M. (In preparation). Children with mental health needs in child welfare. In Hanna, M., Rolock, N., McRoy, R. & Fong, R. (Eds.) *Introduction to Child Welfare: Building a Culturally Responsive Multisystemic Evidence Based Approach*. Cognella Press.

Wyman Battalen, A., Meriesh, E., Putney, J., Sellers, C. M., & O'Brien, K. (In preparation). Victimization, discrimination, resiliency, and suicidal ideation and attempts among sexual and gender minority youth.

Lee, B., **Wyman Battalen, A.,** Goldberg, A., Brodzinsky, D. (In preparation). Post-adoption support needs: A latent class analysis.

Wyman Battalen, A., Goldberg, A., Brodzinsky, D., Hawkins, S. (In preparation). Satisfaction with adoption-competency of pediatricians and mental health providers among lesbian, gay, and heterosexual adoptive parent families.

Wyman Battalen, A., Sellers, C. M., Cashen, K., McRoy, R., Grotevant, H. (In preparation). Psychological presence of adult adoptees: Exploring birth mother perspectives over time.

Cashen, K., **Wyman Battalen, A.,** Sellers, C. M., McRoy, R., Grotevant, H. (In preparation). The role of tech-mediated and traditional modes of communication in adult adoptees' contact with birth mothers and birth fathers.

Sellers, C. M., Diaz-Valdes Iriarte, A., **Wyman Battalen, A**., O'Brien, K. & Spirito, A. (In preparation). Alcohol and marijuana use as daily predictors of suicide ideation and attempts among adolescents prior to psychiatric hospitalization.

OTHER ACADEMIC WRITING

Sellers, C. M., Evans, K., **Wyman Battalen, A.,** Hasson, R., McRoy, R. G., Lee, S., Preston, S.M., Getman, S. M., Takahashi, G. (2017). *Permanency for youth in out-of-home care: Suitability of the permanency rating tool.* Needham, MA: Walker Trieshman Institute.

RESEARCH INTERESTS

Clinical interventions for children and families: Adaptation of interventions for SGM-headed, multiracial, and adoptive families; Child welfare, SGM youth

RESEARCH EXPERIENCE

Boston Children's Hospital, Boston, MA
Psychiatry Department
Postdoctoral Research Fellow 2018-Present
Principal Investigator: Kimberly O'Brien, PhD
1R34AA025763-01, National Institute on Alcohol Abuse and Alcoholism. Randomized Clinical Control Trial of brief alcohol intervention for adolescents who have attempted suicide

- Deliver motivational enhancement individual and family intervention session
- Conduct data analysis
- Prepare manuscripts and present findings

Boston College, Chestnut Hill, MA; **University of Massachusetts**, Amherst, MA
Research Assistant 2015-Present
Principal Investigators: Hal Grotevant, PhD; Ruth McRoy, PhD
Minnesota/Texas Adoption Research Project (MTARP)

- Conduct in-depth phone interviews
- Conduct data analysis
- Prepare manuscripts and present findings

Walker Treischman Institute for Training and Research, Needham, MA
Research Consultant 2017

- Conducted in-depth literature review
- Prepared report and presented findings

Boston College, Chestnut Hill, MA
Research Assistant 2016-2017
Principal Investigator: Summer Hawkins, PhD
Breastfeeding initiation research project

- Conducted literature review
- Entered and analyzed data

Boston College, Chestnut Hill, MA
Research Assistant 2015-Present
Principal Investigator: Jim Lubben, PhD

- Maintain Lubben Social Networking Scale (LSNS) website
- Serve as primary contact for LSNS requests
- Consult on scale use and modification for new populations
- Present on use of LSNS to measure social isolation

CONFERENCE PRESENTATIONS

Wyman Battalen, A., Brodzinsky, D., McRoy, R. (July 2018). Lesbian, gay, and heterosexual adoptive parents' attitudes towards racial socialization self-efficacy. "Achieving Authenticity in Cultural Ethnic Racial Socialization: Factors Related to Parents' Socialization Choices for their Adopted Children" Paper Symposium. International Conference on Adoption Research (ICAR6), Montreal, CA.

Cashen, K., **Wyman Battalen, A.,** Sellers, C. M., Grotevant, H., McRoy, R. (July 2018). The Role of Tech-Mediated and Traditional Modes of Communication in Adult Adoptees' Contact with Birth Mothers and Birth Fathers. International Conference on Adoption Research (ICAR6), Montreal, CA.

Sellers, C. M., Valdez, A., **Wyman Battalen, A.**, O'Brien, K.H.M. (May 2018). A Mixed Effect Model Predicting Suicidal Ideation Among Adolescents Prior to Inpatient Hospitalization. Boston Children's Hospital Folkman Research Day, Boston, MA.

Wyman Battalen, A., Mereish, E., Putney, J., O'Brien, K.H.M. (April 2018). Victimization, Discrimination, Resiliency, and Suicide Ideation and Attempts among Sexual and Gender Minority Youth. American Association for Suicidology Conference (AAS). Washington DC.

Wyman Battalen, A., Sellers, C. M., Cashen, K., McRoy, R., & Grotevant, H. (April 2018). Psychological presence of adult adoptees: Exploring birth mother perspectives over time. Rudd Adoption Conference, Amherst, MA.

Sellers, C. M., **Wyman Battalen, A.,** McRoy, R., Fiorenzo, L., & Grotevant, H. (April 2018). An exploration of adoptive mothers and fathers mental health: 10-20 years post-adoption. Rudd Adoption Conference, Amherst, MA.

Wyman Battalen, A., Farr, R. H., Dow-Fleisner, S., & Brodzinsky, D. (January 2018). Lesbian and Gay Parents' Beliefs about Talking with Their Children about Their Sexual Minority Status: Associations with Child Adjustment. Society for Social Work Research Conference (SSWR). Washington DC.

Wyman Battalen, A. & Brodzinsky, D. (November 2017). Parents' Racial Socialization in Lesbian, Gay, and Heterosexual Adoptive Families. "Community Matters: Race and Cultural Implications" Paper Symposium. National Council on Family Relations (NCFR) Annual Conference. Orlando, FL.

Wyman Battalen, A., Farr, R. H., & Brodzinsky, D. (November 2017). Socialization beliefs and perceptions among lesbian and gay parents. "Families Negotiating Identities and Orientations Across Contexts" Poster Symposium. National Council on Family Relations (NCFR) Annual Conference. Orlando, FL.

Wyman Battalen, A., & Lubben, J. (October 2017). Social isolation and older adults. "Eradicate Social Isolation: Teaching and learning strategies for generalist and advanced curriculum" Grand Challenges Teaching Institute. Council at Social Work Education (CSWE) Annual Program Meeting. Dallas, TX.

Wyman Battalen, A., McRoy, R., & Brodzinsky, D. (May 2017). Lesbian, gay, and heterosexual adoptive parents' racial socialization beliefs, perceptions, and self-efficacy. Rudd Research Institute, Amherst, MA.

Sellers, C.M., **Wyman Battalen, A.,** McRoy, R., Cashen, K., & Grotevant, H. (January 2017). Family predictors of adoptive mothers' and fathers' mental health 10 to 20 years post-adoption. Society for Social Work Research Conference. New Orleans, LA.

Grotevant, H., McRoy, R., Farr, R. H., Ravvina, Y., & **Wyman Battalen, A**. (November 2016). Talking 'bout my generation: Adoption openness in two longitudinal studies. "Emerging Trends in Adoption Openness and Birth Family Contact" Symposium. National Council on Family Relations (NCFR) Annual Conference. Minneapolis, MN.

Wyman Battalen, A., Wigglesworth (Sellers), C.M., McRoy, R., & Grotevant, H. (May 2016). Birthmothers as Grandmothers: Examining forms of post adoption contact & relationship quality with placed children & grandchildren. Rudd Adoption Conference, Amherst, MA.

Wyman Battalen, A. (March 2016). "Birth Grandmothers: Examining the Role of Technology within the Adoption Kinship Network". New England Doctoral Student Conference. Nashua, NH.

Cashen, K., Grotevant, H., & **Wyman Battalen, A**. (January 2016). Relationship predictors of psychological wellbeing and psychopathology in adult adoptees. Poster accepted for presentation at the Fifth International Conference on Adoption Research (ICAR5), Auckland, New Zealand.

Wyman Battalen, A. & Harrison, K. (October 2013). "Bringing mindfulness practices into the classroom". National Conference of Expeditionary Learning. Atlanta, GA.

TEACHING EXPERIENCE

Boston College School of Social Work, Chestnut Hill, MA

Instructor, Working with LGBT Youth, Families, and Adults (MSW)	Summer 2018
Instructor, Human Behavior in the Social Environment (MSW) (2 sections)	Fall 2017, 2018
Teaching Assistant, Contemporary Issues in Adoption and Foster Care (MSW/PhD)	Spring 2017
Teaching Assistant, Program Evaluation (MSW) (2 sections)	Spring 2017
Teaching Assistant, History & Philosophy of Social Welfare in the US (PhD)	Fall 2016
Teaching Assistant, Research Methods (MSW) (2 sections)	Fall 2016
Teaching Assistant, Cognitive Behavioral Therapy (MSW)	Fall 2015
Guest Lecturer, Diversity & Cross-Cultural Issues (MSW)	Fall 2015

School of Social Work, Simmons College, Boston, MA

Instructor, Motivational Interviewing (MSW)	Summer 2018
Instructor, Advocacy and Social Action for Practitioners (MSW) (2 sections)	Spring 2017

Columbia School of Social Work, New York, NY

Instructor, Statistics (MSW, online)	Fall 2017

Teaching Associate, Adult Psychopathology (MSW, online) Summer 2017

Smith College School for Social Work, Northampton, MA
Instructor, Child Welfare Policy (MSW) Summer 2017

School of Social Work, Salem State University, Salem, MA
Instructor, Diversity & Cultural Competence in Human Services (BSW) Spring 2017
Instructor, Diversity & Cultural Competence in Human Services (BSW, hybrid) Fall 2016
Instructor, Human Behavior and the Social Environment (MSW) Fall 2016

Wheelock College, Boston, MA
Guest Lecturer, Foundations for Social Research (MSW) Fall 2015

Earlham College, Richmond, IN
Teaching Assistant, Introduction to Psychology (BA) Fall 2003

UNIVERSITY SERVICE

Boston College School of Social Work, Chestnut Hill, MA
Advanced Clinical Practice Certificate Course
Trainer, Sexuality and Gender for Children, Youth, and Families Fall 2017
Trainer, Sexuality and Gender for Adults Fall 2017

Smith College School for Social Work, Northampton, MA
Thesis Reader Summer 2017
Margaux Flood "Navigating romantic relationships among individuals aging out of foster care"

Boston University School of Social Work, Boston, MA
MSW Field Instructor 2011-2014

CLINICAL EXPERIENCE

Arlington Youth Counseling Center (AYCC), Arlington, MA
Therapist 2018-Present

- Conduct individual and family therapy

Boston Children's Hospital, Boston, MA
Social Worker II/Clinical Interventionist 2017-2018

- Conduct brief motivational interviewing individual session with adolescents (13-17) who have attempted suicide with history of substance use (alcohol and marijuana) as part of a randomized clinical control trial
- Conduct family therapy session with adolescent and their parents/caregivers to provide psychoeducation and support about parent-child communication and parental monitoring

McAuliffe Regional School, Framingham, MA
School Social Worker 2010-2014

- Provided individual therapy to middle school students (drop-in & IEP)
- Ran weekly groups; healthy relationships, study skills, social skills, DBT mindfulness techniques
- Taught Social/Emotional Wellness courses, including social media competency
- Supervised MSW interns
- Implemented school policies and advised school personnel regarding behavior issues
- Planned, facilitated, and supervised regular family/parent programming
- Founded and ran Gay/Straight Alliance (GSA)

Justice Resource Institute (JRI)-Walden Street School, Concord, MA
Clinician 2008-2010

- Provided therapy to adolescents in residential treatment program with a diagnosis of complex trauma, PTSD, emotional dysregulation, mood disorders, behavioral difficulties, ADHD and learning disorders
- Ran weekly groups; gender & sexual identity, healthy relationships, social skills, DBT skills
- Provided family therapy, psycho-education about mental health, learning disabilities and case management
- Supervised MA counseling interns
- Presented on mental health topics regularly to staff and teachers
- Conducted crisis assessment and hospital referrals, follow-up treatment coordination and consultation
- Collaborated with multidisciplinary team of medical, educational and residential treatment professionals
- Provided clinical documentation

Wediko Children's Services, Boston, MA
School-based Clinician 2006-2008

- Conducted weekly individual and family therapy in Boston Public School's therapeutic elementary, middle & high schools
- Ran social skills and talk therapy groups
- Collaborated with related service providers, including DCF, DDS, DMH, and medical staff
- Consulted with psychiatrists, made referrals, contributed to Psychopharmacological assessments
- Provided treatment planning, incorporating CBT, DBT, strengths-based approach and crisis intervention
- Wrote child clinical reports and made after-care referral

Educational Consultants of New England/Milestones, Waltham, MA
Summer Assistant Director Summer 2008

- Supervised head and assistant teachers in summer social/emotional/behavioral day program
- Oversaw daily schedule and activities
- Provided consultation and developed specific behavior plans, and treatment planning to parents, program staff, speech and occupational therapists
- Managed crisis interventions
- Mediated staff conflicts
- Wrote Individualized Education Plan goals
- Provided clinical documentation for funding sources
- Communicated with parents and families on a regular basis (in-person, phone and e-mail)

Wediko Children's Services, Windsor, NH
Summer Clinical Supervisor Summers 2006 & 2007

- Conducted therapeutic interventions at a short-term residential setting for emotionally and behaviorally disturbed youth and adolescents
- Provided family and individual therapy
- Provided clinical supervision for a team of nine staff and nine adolescents
- Led daily group therapy, bi-weekly staff supervision, bi-weekly family therapy, formulating and writing treatment plans
- Coordinated the research team that assessed the social dynamics in a therapeutic group setting for seriously emotionally disturbed children
- Led staff trainings on sensory regulation, emotion regulation and crisis diffusion

Association for Helping Retarded Children (AHRC), New York, NY 2005-2006
Social Work Intern

- Provided individual psychotherapy for children and adults with cognitive and developmental delays
- Conducted psychosocial assessment, diagnosis, and referral

Middle School CIS 303, Bronx, NY
Social Work Intern 2005

- Provided individual psychotherapy and group therapy with adolescents
- Crisis intervention and facilitation of mediation between teachers, parents, and students

Interfaith Neighbors After-School Program, New York, NY
Social Work Intern 2004

- Provided individual psychotherapy and group therapy
- Facilitated weekly social and recreational groups

Earlham College Cross-Country Team, Richmond, IN
Assistant Coach Intern 2004

- Assisted Head Coach, led daily practices, mentored underclassmen
- Assisted with organization and planning of meets

Bonner Scholar Program, Richmond, IN 2001-2004
Bonner Scholar

- Volunteered at a social service agency throughout college
- Organized and implemented freshmen orientation week
- Mentored freshmen throughout their first year of college
- Served on selection committee to evaluate applications for admittance to Bonner Scholar Program in partnership with college admissions personnel
- Participated in and led workshops on social service issues, such as addressing race and class issues

Project LOVE Health Resources, Richmond, IN
Team Leader 2002-2004

- Taught adolescent health through instruction, discussion, and interactive activities

- Led girls' groups addressing safe relationships, including issues of sexuality and self-esteem
- Determined and maintained budget
- Trained staff

ELII (Earlham Lily Indiana Initiative) Odyssey, Richmond, IN
Tutor and Mentor 2000-2004

- Tutored and mentored first-generation college high school students
- Provided students with resources for academic success in continued education
- Assisted with test preparation and the college application process

America Reads, Richmond, IN 2000-2004
Reading Coach

- Coached elementary-aged students from low-income families with identified reading trouble to promote literacy in community
- Worked individually with students to help develop literacy skills

Upward Bound - Northfield Mount Hermon School, Northfield, MA
Teaching Associate & Assistant Dorm Head Summers 2002 & 2003

- Assistant taught Junior Literature and Senior Writing classrooms in college preparatory program for first-generation high school students
- Served as an academic advisor for high school students
- Supervised residential daily schedule activities and events
- Facilitated White privilege workshop at annual diversity summit

Mohawk Trail Recreation Summer Camp, Buckland, MA Summers 2000 & 2001
Senior Counselor

- Supervised Counselors-in-Training at outdoor day camp for youth
- Facilitated team building and group activities

Ashfield Youth Commission, Ashfield, MA Summers 2000 & 2001
Summer Intern

- Planned and led programs for children and their families
- Assisted director with organization of program

PROFESSIONAL SERVICE

SOGIE Research Group, Harvard Chan School of Public Health 2018-Present
Boston Children's Hospital Rainbow Consortium on Gender and Sexual Diversity 2018-Present
LGBTQIA+ Rainbow Commission Volunteer 2018-Present
Gay, Lesbian & Straight Education Network (GLSEN) Volunteer 2011-Present

LICENSES

Licensed Independent Clinical Social Worker (LICSW), MA #114740 2008-Present
Licensed Certified Social Worker (LCSW), MA, #214356 2007- 2008

TRAININGS

NIH Sexual and Gender Minority (SGM) Research Workshop	2018
Harvard Catalyst "Funding your Research" Course	2018
Institute on Pedagogy and Technology for Online Courses, Columbia School of Social Work	2017
Anti-racism in Education Training, Smith College School for Social Work	2017
Rudd Adoption Research Institute, University of Massachusetts-Amherst	2017
Attachment, Regulation, Competency (ARC) Training, The Trauma Center at JRI	2009
CANS Certification	2008
Behavioral Tech DBT Training	2008

MEMBERSHIPS

Council on Social Work Education (CSWE) Member	2017-Present
Society for Social Work and Research (SSWR) Member	2016-Present
National Council on Family Relations (NCFR) Member	2016-Present
Boston College Adoption Research Special Interest Group	2014-2017
National Association of Social Workers (NASW) Member	2006-Present
Columbia School of Social Work Social Justice Caucus	2004-2006