Post Master’s Certificate in Spiritual Direction

Monday—Thursday, 8:45—11:45 AM and 2:00—4:30 PM

“The Art of Spiritual Direction”

Morning sessions will consist of faculty presentations on the historical roots and contemporary understandings of spiritual guidance, developmental considerations and ethical considerations for spiritual guides, contemplative listening, and particular issues in spiritual direction.

Afternoon sessions will be comprised of interactive spiritual direction exercises, verbatim exercises, role plays, and peer review of constructed retreat presentations, all in small groups facilitated by experienced supervisors.

Pre-Course Work

For entering students:
- Read and take notes on Case studies for “Grant,” “Leah,” and “David” from Candlelight: Illuminating the Art of Spiritual Direction.
- Begin reading from all of the required texts (listed below).

For 2nd and 3rd year students (in addition to the assignments numerated above):
- Prepare a written verbatim (using the guide sheet) (please make 9 copies total)
- Prepare a retreat presentation (12-15 minutes in duration), set in the context of a weekend guided retreat. Please bring 10 copies for peer and super-visual review.

For 3rd year students (in addition to the assignments numerated in the above two sections):
- Prepare a second written verbatim for individual supervision (bring 3 copies total)

Required Reading


Colleen Griffith

Professor of the Practice of Theology and Faculty Director of Spirituality Studies

Colleen M. Griffith holds her Doctorate in Theology from Harvard University Divinity School. She works at the intersection of theology and spirituality and her publications, public lectures and addresses reflect this intersection. In addition to her full time teaching, Colleen directs the Post-Masters Certificate Program in the Practice of Spirituality.

Education
Th.D., Harvard Divinity School
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