

SERVICE
COMPASSION
PROXIMITY
COMMUNITY
& JUSTICE
PULSE
-2021-
& 2022

By Sarah H. Mason

PULSE Student Workbook

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BOSTON COLLEGE
PULSE

CELEBRATING 50 YEARS OF SERVICE

1970-2020

The PULSE Program for Service Learning

“What we have to learn to do, we learn by doing.”

Aristotle, *Nicomachean Ethics* (1103b1)

The PULSE Program aims to foster the growth of a critical social justice consciousness in BC students through the interplay of community service in conjunction with critical reflection on classic and contemporary works of philosophy and theology.

In 1969, concerned BC students saw the need to integrate social action with academic reflection. During this time, there were continual protests on campus that philosophy and theology had no relevance to “real life” concerns. Attempting to rectify these misconceptions, student Patrick Byrne (now a PULSE professor in the Philosophy Department) formed the Social Action Committee under a UGBC mandate. Working with Fr. Joseph Flanagan, S.J. (then chair of the Philosophy Department), the PULSE Program was conceived to enable students to gain academic credit for the study of philosophy and theology in conjunction with service in Boston-area non-profit organizations.

At a time of increasing violence in the anti-war movement, the PULSE Program was created as a non-violent initiative to serve others and foster social change. Its original mandate focused on improving urban social conditions by emphasizing rapid and marked social change through coordinated student action. Over time, the program’s emphasis shifted slightly towards positive participation in community initiatives and continued reflection on the nature and extent of the problems of modern community life.

The PULSE Program was one of the first service-learning programs in the country (even predating the term “service learning” itself). Today, over fifty years later, PULSE is an internationally-recognized model program. PULSE now stands with 16 core classes, 12 elective courses, over 55 community partners, and about 500 students each year.

The PULSE Program: Who's Who

PULSE Staff

Cooney Family Director

Meghan T. Sweeney, PhD
Theology Department
meghan.sweeney@bc.edu

Assistant Director

Shanteri Baliga, MEd, MA
shanteri.baliga@bc.edu

Graduate Assistant

Kate Ballas, STM/GSSW '22
pulse@bc.edu

PULSE Core Faculty

Stanley Anozie, Philosophy

Julia Legas, Philosophy

Elizabeth Antus, Theology

Marina McCoy, Philosophy

Gregory Fried, Philosophy

Joshua Snyder, Theology

Suzanne Hevelone, Theology

Eileen Sweeney, Philosophy

Kenneth Himes, Theology

Meghan T. Sweeney, Theology

Matthew Kruger, Theology

Mary Troxell, Philosophy

James Weiss, Theology

PULSE Electives Faculty

Kathleen Hirsch, Philosophy

David Manzo, Philosophy

Alexis Rizzuto, Philosophy

The PULSE Program: Who's Who

PULSE Council 2021-2022

The PULSE Council consists of eighteen students who have taken the PULSE core and have been selected by the previous year's council to continue working with the program as student leaders. Council Members assist students and supervisors by answering questions, discussing concerns, and acting as a resource for everyone involved in PULSE. Each Council Member has three office hours per week in the PULSE office. Additionally, during the course of the semester, the Council Member will arrange meetings with all students serving at a particular partner. Meetings are mandatory and take place twice each semester (***attendance at council meetings is counted as part of a student's class attendance/participation grade***). These meetings provide PULSE students with an opportunity to discuss issues in depth that pertain specifically to their PULSE service site.

Ryan Bates

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Olivia Bird

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Oliver Dilger

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Katarina Sauter

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Aneesa Wermers

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Information for Your Year in PULSE

Class, Discussion, & Service Schedules

- * You **must** be registered via EagleApps for at least one of the discussion times that correlates with your PULSE section.
- * Your class and PULSE service schedules are **expected to remain the same** for the fall and spring semesters.
- * Switching your PULSE service schedule is **only possible with approval** from your PULSE supervisor and the PULSE office.
- * **When BC classes are in session, PULSE service is in session.** If the Community Partner has a break during a time that BC classes are in session, the supervisor may opt to assign alternative projects.

PULSE Program Policies

- * In order to earn an A in the course, a student must earn an A in the classroom component of the course.
- * In order to pass the course, a student must pass the service and classroom components of the course.
- * Students who fail the fall semester of the PULSE core course may not continue in the spring semester.
- * Students may not friend, follow, post any information about, engage with any individuals from their PULSE service sites, etc. on social media.

Information for Your Year in PULSE

Professionalism in Service

Professionalism is composed of several factors, including punctuality, communication, positive attitude, flexibility and adaptability, perspective, attentiveness, appropriate attire, interaction with others, good manners, organization, timeliness, and dedication to your service. **Ask your PULSE supervisor how to dress appropriately for service regardless of the format you are serving in (i.e in person or hybrid, etc.)**

Information for Your Year in PULSE

Key Dates for PULSE, Fall 2021

9/8	Virtual Town Meeting
9/9 & 9/10	Mandatory Advisement
9/13-9/21	Tour Period
9/23	Respond to all offers
9/23	Street Smarts - BCPD teaches practical safety tips
9/27	PULSE Service begins for Fall 2021
9/24-10/1	CharlieCard distribution for fall PULSE service
9/29	Street Smarts - BCPD teaches practical safety tips
10/12	BC follows a Monday schedule
10/22	Learning Work Agreements (LWAs) due
12/9	Last day for fall PULSE service
Every Tuesday	Weekly PULSE-Y Email

Information for Your Year in PULSE

Key Dates for PULSE, Spring 2022

1/18	PULSE Service begins for Spring 2022
1/18-1/25	CharlieCard distribution for spring PULSE service
2/2	Kelly Brown Douglas Lecture
2/4	Optional LWA Addendum due
4/19	BC follows a Monday schedule
5/5	Last day for spring PULSE service
Every Tuesday	Weekly PULSE-Y Email

PULSE 52nd Anniversary Celebrations

3/24-3/26	PULSE 52nd Anniversary Celebration
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How to Use this Workbook

1) Fill in Your Schedule

Page 15

Your schedule plays a key role in the placement process. This will help you visualize when you will be most available to serve. You must bring your schedule to your Zoom advisement session.

2) Research Our Community Partners

Page 24

With over 55 community partners, there are many agencies where you may be able to serve. Scan the QR code on page 24 to go directly to the list of community partners or visit www.bc.edu/pulse and click on the ‘PULSE Student Site’. Take notes on page 16.

3) Register for Town Meeting

by Friday 9/3

After researching Community Partners, fill out the online Town Meeting registration form indicating the four partners that most interest you. You will find the link to the form on the PULSE Student Site in the “Resources for September” Google folder.

4) Book an Advisement Session

by Friday 9/3

Book a mandatory online advisement session through the PULSE “Resources for September” Google folder. Booking early ensures that you will find an advisement session that works well with your schedule. Don’t forget to record the date and time of your advisement session on page 17. All advisement sessions are in local Boston time and via Zoom at: <https://bccte.zoom.us/j/97012061799>

5) Attend the Virtual Town Meeting

Wednesday 9/8, 7pm

The purpose of this meeting is to learn more about the Community Partners that you are most interested in at this time. You will attend four virtual information sessions about the four partners for which you registered. Take notes on pages 18-19.

6) Attend Advisement

Thursday 9/9 & Friday 9/10

During a 15-minute session, PULSE Council members will help you to explore which PULSE service opportunities are best suited to your interests and schedule, and will answer any questions about the process ahead. Advisement will be via Zoom. Take notes on page 20-21.

7) Tour Community Partners

Monday 9/13– Tuesday 9/21

Attend 3-4 tours to experience more fully the community partners that interest you. Sign up for tours via the link in the “Resources for September” Google folder starting at 9am on 9/11. Take notes on page 22-23.

- If you are going to miss a tour, you **must** cancel the appointment via your Appointy confirmation email.
- Be sure to dress appropriately and be attentive to any tour requirements listed in the Master Tour Sheet.

8) Accept an Offer

Wednesday 9/22

- By Wednesday 9/22, each supervisor will notify you if they can offer you a service position. Be sure to **check your *spam folder*** to ensure you are not missing any pertinent emails!
- By Thursday 9/23 at 1pm *at the latest*, you must respond to ***all*** offers, whether you are accepting or declining.
- Once you have accepted an offer from a PULSE Community Partner:
 - Register your PULSE service site online via the link in the PULSE Google folder.
 - Start PULSE service the week beginning Monday September 27th!

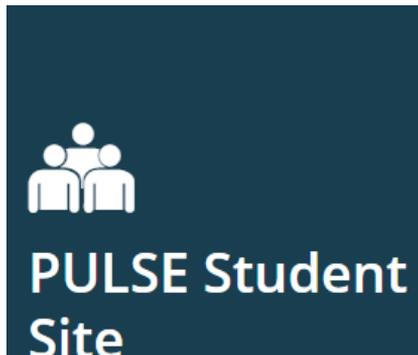
Note: Once you accept an offer, you are committed to that partner and schedule for the *entire* year. You cannot switch your PULSE service site once you have accepted an offer.

If you have not accepted an offer by 9/23, email pulse@bc.edu

Step 1: Fill in Your Schedule

It is very important to keep your schedule in mind during the placement process. Including transportation, you will need to keep two approximately 6-hour blocks or one approximately 10-hour block open each week in order to complete 8 hours of on-site service plus travel.

- Using the schedule on the next page, fill in your academic and other commitments throughout the year. **Keep in mind that PULSE service is an academic commitment and takes priority over non-academic activity.**
- Review this schedule to map out when you will complete your service, remembering to include about an hour or so of travel time on both ends of your service.
- The BC shuttle and the MBTA trains and buses can sometimes be unpredictable. Be aware of this when planning your service time. **Always overestimate how long your travel will take, especially when you start your service and are learning the route.**
- **Remember:** You are committing to this PULSE Community Partner for the entire year with the schedule you choose in the fall. Schedule changes cannot be made unless approved by your PULSE supervisor and the PULSE office.



	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 AM					
9:00 AM					
10:00 AM					
11:00 AM					
12:00 PM					
1:00 PM					
2:00 PM					
3:00 PM					
4:00 PM					
5:00 PM					
6:00 PM					
7:00 PM					

Step 2: Explore PULSE Community Partners

Use the space below to mark down PULSE Community Partners you are interested in once you have researched all the PULSE Community Partners on the PULSE Student Site.

Community Partners I am interested in:

-
-
-
-
-
-
-
-
-

Questions to consider:

- Have you read the description of these partners on the PULSE website?
- Does your schedule work with each of these partners?
- Have you done this kind of work before? Would you like to try something new?
- Which four of these partners would you like to learn more about at the Town Meeting?

Steps 3-4: Sign Up for Town Meeting & Advisement by Friday 9/3

Be sure to register for Town Meeting and to book an advisement session by Friday, 9/3. Attending both the Town Meeting and your booked advisement session is **mandatory**.

I have registered for the Town Meeting, including the four partners that I am most interested in, on the PULSE current student website under “Resources for September.”

I have booked an advisement session on the PULSE current student website under “Resources for September.”

My Zoom advisement session takes place on:

If you have questions:

- First, check this workbook and the PULSE student Google folder, “Resources for September.”
- If your question is not answered by the workbook or the website, please email pulse@bc.edu.
- **All Advisement sessions will take place via Zoom.** The PULSE Zoom link for advisement is: <https://bccte.zoom.us/j/97012061799>

Step 5: Attend the Town Meeting
7:00pm on Wednesday 9/8

Partner 1: _____

Supervisor: _____ Email: _____

Tour Times: _____

Council Member: _____ Email: _____

Notes:

Partner 2: _____

Supervisor: _____ Email: _____

Tour Times: _____

Council Member: _____ Email: _____

Notes:

Step 5: Attend the Town Meeting
7:00pm on Wednesday 9/8

Partner 3: _____

Supervisor: _____ Email: _____

Tour Times: _____

Council Member: _____ Email: _____

Notes:

Partner 4: _____

Supervisor: _____ Email: _____

Tour Times: _____

Council Member: _____ Email: _____

Notes:

Step 6: Attend Advisement
Thursday 9/9 or Friday 9/10

Additional PULSE Community Partners to consider:

-
-
-
-
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-

You can begin signing up for tours on the current student website on Saturday 9/11 at 9:00am. An email will be sent to all PULSE sections indicating when tours are ready to view and sign up for.

Step 6: Continuing notes during Advisement

PULSE Community Partners I want to tour:

-
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-
-
-
-
-
-

You can begin signing up for tours on the current student website on Saturday 9/11 at 9:00am. An email will be sent to all PULSE sections indicating when tours are ready to view and sign up for.

Step 7: Tour PULSE Community Partners

Monday 9/13 through
Tuesday 9/21

Tour 1: _____

Notes:

Tour 2: _____

Notes:

Tour 3: _____

Notes:

Tour 4: _____

Notes:

Step 7: Tour PULSE Community Partners

Monday 9/13 through
Tuesday 9/21

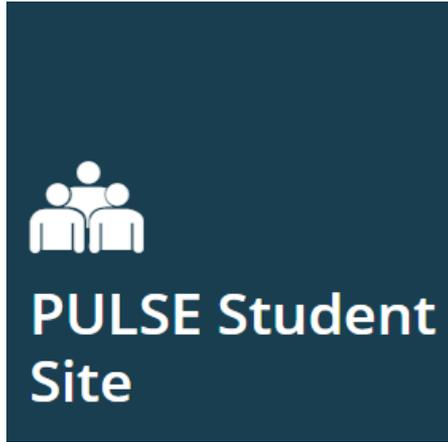
Tour 5: _____

Notes:

PULSE Community Partners

For a Full List of PULSE Community Partners please refer to the “PULSE Student Site” section of the website for access to the Google folder with more in-depth descriptions of each Community Partner, including specific service hours for PULSE students.

www.bc.edu/pulse



This QR code below will also take you directly to the list of PULSE Community Partners.





BOSTON COLLEGE
PULSE

CELEBRATING 50 YEARS OF SERVICE

1970-2020

History of Current Community Partnerships

Current Partners (2021-2022)	Years Paired	Years Total
826 Boston	2014-present	8
ABCD Foster Grandparents Program	2020-present	2
ABCD Inc.	1976-1977, 2010-2020, 2021-present	12
BCYF Mildred Avenue Community Center	2016-2020, 2021-present	5
Boston College Supported Employment Program	2018-present	4
Boston Green Academy	2021-present	1
Boston HealthCare for the Homeless Foot Clinic	2003-2020, 2021-present	18
Boston Housing Authority's Language Access Division	2019-present	3
Boys and Girls Clubs of Dorchester	2021-present	1
Brighton High School	2021-present	1
The Brookline Center for Community Mental Health-BRYT Program @Brookline High School	2020-present	2
The Campus School at Boston College	1971-1972, 1976- 2020, 2021-present	46
Catholic Charities El Centro del Cardenal	2020-present	2
Catholic Charities Labouré Center	2020-present	2
Catholic Charities Teen Center at St. Peter's	2009-2020, 2021-present	12
Centre Street Food Pantry	2020-present	2

History of Current Community Partnerships

Current Partners (2021-2022)	Years Paired	Years Total
Charlesview Residences, Inc.	2014-present	8
<i>common cathedral</i>	2018-present	4
Community Work Services	2020-present	2
Courageous Conversations Toward Racial Justice at Boston College	2020-present	2
Cristo Rey Boston	2020-present	2
Crossroads Family Center	2016-present	6
East Boston High School	2018-present	4
East Boston Neighborhood Health Center	1993-present	29
Elders Living at Home Program	2012-2014, 2017-present	7
The English High School	2021-present	1
Fenway Health	2021-present	1
Haley House	1976-present	46
Harlem Lacrosse-Boston	2018-present	4
James Otis Elementary School	2005-2020, 2021-present	16
John M. Barry Boys and Girls Club	2019-2020, 2021-present	2
Julie's Family Learning Program	2020-present	2
JVS Boston	1986-2001, 2016-present	21

History of Current Community Partnerships

Current Partners (2021-2022)	Years Paired	Years Total
Little Brothers Friends of the Elderly	1983-present	39
MANNA at St. Paul's Cathedral	2021-present	1
METCO: The Metropolitan Council for Educational Opportunity	2020-present	2
Mujeres Unidas Avanzando	2020-present	2
Nativity Preparatory School	1999-present	23
New Academy Estates/URIAH	2019-present	3
Notre Dame Educational Center	1994-2019, 2020-present	28
Oak Square YMCA	2002-2005, 2018-2020, 2021-present	6
The Outdoor Church in Cambridge	2021-present	1
Pine Street Inn-Shattuck Shelter	1976-2020, 2021-present	45
Project Citizenship	2021-present	1
Project Place	1974-1975, 2006-2018, 2019-present	16

History of Current Community Partnerships

Current Partners (2021-2022)	Years Paired	Years Total
Rafael Hernández After-School Program	2019-present	3
Samaritans, Inc.	1977-present	45
St. Francis House	1987-2020, 2021-present	34
St. Stephen’s After School Program	1990-1991, 2006-present	17
Suffolk County House of Corrections	1993-2020, 2021-present	28
United South End Settlements	2015-2019, 2021-present	5
Victory Programs: LARC (Living and Recovering Community)	1977-1991, 1996-present	39
Watertown Boys and Girls Club	2019-present	3
West End House Boys and Girls Club	2002-2013, 2014-2020, 2021-present	18
William J. Ostiguy High School	2021-present	1
Women’s Lunch Place	1991-1995, 2007-2011, 2018-present	12
The WorkForce	2008-2020, 2021-present	13
YMCA International Learning Center (ILC)	2019-present	3

Summary: The Placement Process 2021

1&2) Fill in schedule & explore service options First week of classes

The workbook will walk you through the process of exploring PULSE service opportunities that work with your interests and schedule. You should read through the descriptions of our partners and make a preliminary selection of those that interest you. Be sure to explore more detailed information on our current student website at www.bc.edu/pulse

3&4) Register for Town Meeting & Advisement by Friday 9/3

On the current student website under “Resources for September,” you will fill out the Town Meeting registration form indicating the four partners which most interest you, and book an advisement session.

5) Attend the Town Meeting Wednesday 9/8

Attend information sessions from 7pm to 8:35pm for four partners that most interest you.

6) Attend advisement Thursday 9/9 & Friday 9/10

Attend the advisement session via Zoom that you booked with a PULSE Council member to discuss potential PULSE service options.

7) Sign up for tours Saturday 9/11

Sign up for tours on the current student website beginning at 9:00am on Saturday, 9/11.

8) Attend tours Monday 9/13 – Tuesday 9/21

Tour and apply to 3-4 partners that most interest you.

9) Respond to *all* offers by Thursday 9/23 at 1pm

All supervisors will let you know by Wednesday 9/22 if you have an offer to serve at their agency. Respond by Thursday, 9/23 at 1pm to *all* those who have made offers. If you have not accepted an offer by 9/23, email pulse@bc.edu

10) Begin service work Monday 9/27

Register your PULSE service and schedule via the link in the “Resources for September” Google folder.

Questions?

- First, refer to our current student website (www.bc.edu/pulse), click on “PULSE Student Site” sign), particularly in the “Resources for September” Google folder or refer to this workbook. You may also scan the QR code below.
- If your question is not answered by the website or the workbook, email pulse@bc.edu
- If your question relates to a specific PULSE community partner that you are interested in and cannot be answered by the website or the workbook, you can email the PULSE Council member for that partner directly. The Council member for each partner is listed on the website partner descriptions, and the council members’ email addresses are on page 7 of this workbook.



About the Front Cover Art

The front cover art is an original work by A. Jay Heckelman, an artist at *common art*.

common art is part of *common cathedral*, which was founded in 1994 and has been a PULSE community partner since 2018.

About the Artist

A. Jay paints at *common art*, an art program on Newbury Street that provides space, materials, and support staff to unhoused and low-income individuals.

In the artist's own words:

"I started doing artwork when I was around 6 or 7 years old, and I mostly picked it up from my grandfather and aunt. The [cover art] painting is called, "Into the Wilderness," and is based off another painting I did, but using a different technique. I've been coming to common art for 6 years. What inspires me about common art is to better my art style and learn from other fellow artists. My inspirations are 1) Allie, our Artist in Residence, 2) an artist, named Addison Stone, who passed away at a very young age, because she fought with mental health and was living in NYC the same time I was living there, and 3) the book, The Unfinished Life of Addison Stone by Adele Griffin. Please feel free to check out my Instagram (@yt_xiromassave or OUTxXiroMassave) and YouTube channel (XiroMassave Gaming) Thank you all of you for giving me this opportunity."

The PULSE Program is most grateful to A. Jay for sharing his gifts with PULSE.



A. Jay Heckelman at *common art*

Learn more about *common art* in this article:

<https://www.bostonglobe.com/2021/08/04/arts/where-artists-always-have-creative-home/>

The PULSE Program: The Office

The purpose of the PULSE office is to serve students, faculty, and community partners involved with the PULSE Program. In the office, the people you're likely to see there are the assistant director, the director, the graduate assistant, the members of the PULSE Council, and other students enrolled in the program. Please don't hesitate to contact us with your PULSE-related matters.

Physical Location: Stokes 125N

Zoom Location: <https://bccte.zoom.us/j/97012061799>

Office Hours: Monday-Thursday from 8:30am-4:00pm, and Fridays from 8:30am-2:45pm

***Please note:** The physical office and the Zoom link will be open during office hours. Please keep your facemask on when in the PULSE office.

Email: pulse@bc.edu

Website: bc.edu/pulse

Phone: 617/552-3495

The PULSE Program: The Student Website

On the PULSE homepage, click on the icon shown below to access the PULSE student website. There you will find more and in-depth information about community partners, the placement process, etc.





BOSTON COLLEGE
PULSE

CELEBRATING 50 YEARS OF SERVICE

1970-2020



Aurelie Marcelin



Kevin Latu



Lupita Peralta



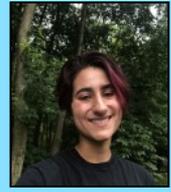
Olivia Bird



Maggie McDonough



Aiden Fleming



Aneesa Wermers



Molly Malloy

"Truth is powerful, and it prevails."



Kemina Julien

- Sojourner Truth



Tommy Merida



Oliver Dilger



Emma Rahilly



Katie Sauter



Nimsu Ng



Louie Franzese



Yuting Jiang



Caroline Hughes



Ryan Bates