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BIRTH: March 7, 1947, Santa Monica, California

DEGREES: Ph.D., 1974, University of California, Los Angeles  
M.A., 1971, University of California, Los Angeles  
A.B., 1970, University of California, Los Angeles

PROFESSIONAL EXPERIENCE:

2010 - -- Affiliated Research Scholar, Queen Mary Centre for the History of  
the Emotions, University of London

2010 (Fall) Visiting Professor, Catholic University of Leuven

2003 - 2009 Chair, Department of Psychology, Boston College

2001 - -- Professor of Psychology, Boston College

1995 (June) Visiting Professor, Autonoma University of Madrid

1981 - 1982 Visiting Scholar, IPAR, University of California, Berkeley

1975 - 2001 Assistant Professor to Professor, University of British Columbia

1974 - 1975 Lecturer, University of California, Los Angeles

EDITORIAL RESPONSIBILITIES:

Editor-in-chief, *Emotion Review* (2007 – 2014)

Editor, Special Issue, *Cognition and Emotion*.

Editorial Board: *Emotion* (2010 – 2012), *Philosophical Psychology* (2007 – 2009),  
*Motivation and Emotion* (1990 - 2001), *Cognition and Emotion* (1994 – 2008), *Journal  
of Personality and Social Psychology: ASC* (1996 – 2001), *Journal of Personality and  
Social Psychology: PPID* (1997 – 2004), *Journal of Nonverbal Behavior* (1996-1999),  
*Review of Personality and Social Psychology* (1991-1992), *Journal of Environmental  
Psychology* (1982-1990)

## HONORS

Killam Research Prize  
Killam Senior Fellowship  
UBC Alumni Prize for Research in the Social Sciences  
UCLA Chancellor's Fellowship

## PROFESSIONAL AFFILIATIONS

Fellow, American Psychological Association  
Fellow, Association for Psychological Science  
Member, International Society for Research on Emotion  
Member, Society for Personality and Social Psychology  
Member, Society for Affective Science

## OTHER PROFESSIONAL ACTIVITIES:

Invited Keynote Speaker: Affective Computing & Intelligent Interaction (San Antonio, 24-26 Oct 2017); Japanese Psychological Association (Kyoto, Japan, September 9-12, 2014); Western Psychological Association (Vancouver, Canada, May 3-6, 2007); International Society for Research on Emotion (Cuenca, Spain, June 20-24, 2002).

Colloquium Speaker: UC Berkeley; U Penn; New York State Psychiatric Institute; Doshisha U; Columbia; McGill; Autonoma U Madrid; U Mass, Boston; U Mass, Amherst; U Amsterdam; Northeastern; Yale; U Geneva; U Leuven; U Ghent; U Lisbon; U Stockholm; Oxford; U London; Brock U; Emmanuel College; U Glasgow, Loyola U Andalucia.

Executive Committee, ISRE, 2009 -2014  
Member, NIH BBBP4 grants review panel, 2002 -03.  
Member, NSF Social Psychology grants review panel, 2000-2001.  
Coordinator, NATO Advanced Research Workshop, Almagro, Spain, May 1994.  
Organizer and Co-chairman, 7<sup>th</sup> EDRA, Vancouver, B.C., May, 1976.

## SOURCES OF FUNDING

Hong Kong Research Grants Council, 2017-2019  
Ministerio of Spain, 2015 – 2017; 2018 - 2021  
NSF, 2004 – 2010; 2009-2013; 2010-2014  
Boston College, 2001 – 2004; 2014; 2016-18  
Social Sciences and Humanities Research Council of Canada, 1986 - 2001  
UBC Hampton Grant, 1994-96  
Canada Council, 1975 - 1986

## Statement of Interests

My research interests might seem diverse, ranging from a collaborative study of the role of the amygdala in interpreting facial expressions of emotion to a review of ethnographic and linguistic evidence on cultural variations in people's concepts of emotion to the psychometrics of testing bipolarity in correlational data to the basis of moral judgments. What unifies this diversity is an abiding interest in emotion. My doctoral dissertation examined the idea that behavior within a place is mediated by the emotional quality of that place: how soothing or upsetting, boring or exciting it is. This interest led to more basic questions about the nature of emotion itself.

One continuing line of research concerns something I now call 'core affect.' Core affect is the neurophysiological state consciously accessible as simply feeling good or bad, energized or enervated. A circumplex model of core affect provides a good fit to data on mood, affective reactions to places, and the emotional interpretation of faces; provides a means of integrating various models of mood; and summarizes results obtained with two-year olds and those speaking various languages. One specific focus has been the question of whether feeling good is, as assumed in the circumplex, the bipolar opposite of feeling bad -- or whether these are better thought of as separable or even independent responses.

Another line of research concerns the concepts of 'emotion,' 'fear,' 'anger' and the like. Evidence challenges the classical Aristotelian assumption that these concepts are defined by necessary and sufficient features. Instead, to have the concept of, say, anger is to know a prototype or script for anger. To categorize an event (perceiving oneself or another) as anger is to perceive a resemblance between the event and the script. Resemblance can occur in varying ways and to varying degrees, with no feature of the script necessary or sufficient. Emotion concepts in English resemble but are not identical with emotion concepts in other languages.

A third line of research concerns the claim that basic emotions produce facial signals that are easily and universally recognized. There are a variety of ways to account for existing data without making this assumption. A similar conclusion stems from studies of how children come to understand facial expressions.

Recently, I turned to the integration of these various strands into a broad framework, called the psychological construction of emotion, which tries to provide a fresh perspective on continuing conceptual debates about the nature of emotion, ranging from the idea that emotions are universal aspects of human nature to the idea that they are artifacts of human culture. The next step is integrating psychological construction with other perspectives on emotion.

## Publication Impact

IMPACT via Google Scholar (November 2019)

h-index: 97

10-index: 223

Total citations: 69072

## Publication About My Work

Zachar, P., & Ellis, R., Eds. (2012). *Categorical versus dimensional models of affect: A seminar on the theories of Panksepp and Russell*. Amsterdam: John Benjamins Publishing.

## My Publications

For each reference, at the far right is given the number of its citations, as determined by Google Scholar, November 2019

### In Press

Ikemoto, M., Kikutani, M., & Russell, J. A., (in press). Voice quality perception from emotional voices: Comparison of emotional utterances in English and Japanese. *Applied Human Informatics*. \_\_\_\_\_

Kollareth, D., Allam, A., & Russell, J. A. (in press). On judging the immorality of someone having taken his or her own life. *Social Cognition*. \_\_\_\_\_

Sauter, D. & Russell, J. A. (in press). Nonverbal expressions of emotion. In A. Scarantino (Ed.). *Routledge Handbook of Emotion Theory*. London: Routledge. \_\_\_\_\_

### 2019

Fridlund A.J., Crivelli C., Jarillo S., Fernández-Dols J. M., Russell J. A. (2019). Facial Expressions. In: Shackelford T., Weekes-Shackelford V. (eds) *Encyclopedia of Evolutionary Psychological Science*. New York: Springer. \_\_\_\_\_

Kollareth, D., Kikutani, M. & Russell, J. A. (2019). Shame as a folk term unsuitable as a technical term in science. In C. Mun (Ed.), *Interdisciplinary Perspectives on Shame*. New York: Lexington Books. \_\_\_\_\_

Kollareth, D., Kikutani, M., Shirai, M., & Russell, J. A. (2019). Do community and autonomy moral violations elicit different emotions? *International Journal of Psychology*, 54, 612-620. DOI: 10.1002/ijop.12504 \_\_\_\_\_ 2

Kollareth, D., & Russell, J. A. (2019). Disgust and the sacred: Do people react to violations of the sacred with the same emotion they react to something \_\_\_\_\_ 2

- putrid? *Emotion*, 19, 37-52.  
doi:<http://dx.doi.org.proxy.bc.edu/10.1037/emo0000412>.
- 2018**
- Ershadi, M., Goldstein, T. R., Pochedly, J., & Russell, J. A. (2018). Facial expressions as performances in mime. *Cognition and Emotion*, 32(3), 494-503. 1
- Jarillo, S., Fridlund, A., Crivelli, C., Fernández-Dols, J.-M., Russell, J.A. (2018). Rejoinder to Kret and Straffon. *Journal of Human Evolution*, 3, 1-3. doi.org/10.1016/j.jhevol.2018.03.002
- Kollareth, D, Fernandez-Dols, J.-M. & Russell, J. A. (2018). Shame as a culture-specific emotion concept. *Journal of Cognition and Culture*, 18, 274-292.
- Kollareth, D., & Russell, J. A. (2018). Even unpleasant reminders that you are an animal need not disgust you. *Emotion*, 18, 304-312. DOI: 10.1037/emo0000365
- Kollareth, D. & Russell, J.A. (2018). On an observer's reaction to hearing of someone harming him or herself. *Psychological Studies*, 63, 298-314
- Nelson, N. L., Nowicki, E., Diemer, M. C., Sangster, K., Cheng, C., & Russell, J. A. (2018). Children can create a new emotion category through a process of elimination. *Cognitive Development*, 47, 117 – 123. 4
- 2017**
- Crivelli, C., Jarillo, S., Russell, J. A., & Fernandez-Dols, J. M. (2017). Recognizing spontaneous facial expressions of emotion in a small-scale society of Papua New Guinea. *Emotion*, 17, 337-347. 26
- DiGirolamo, M. A., & Russell, J. A. (2017). The emotion seen in a face can be a methodological artifact: The process of elimination hypothesis. *Emotion*, 17, 538-546. 20
- Ershadi, M., Russell, J. A., & Herz, R. S. 2017). The (Non)-effect of induced emotion on desire for different types of foods. *Food Quality and Preference*, 62, 214-217. 2
- Fernández-Dols, J. M., & Russell, J. A. (Eds.). (2017). *The Science of Facial Expression*. Oxford University Press. 21
- Kuppens, P., Tuerlinckx, F., Yik, M., Koval, P., Coosemans, J., Zeng, K. J., & Russell, J. A. (2017). The relation between valence and arousal in subjective experience varies with personality and culture. *Journal of Personality*, 85, 530-542. DOI: 10.1111/jopy.12258. 22
- Kollareth, D. & Russell, J. A. (2017). Is it disgusting to be reminded that you are an animal? *Cognition and Emotion*, 31, 1318-1332. 10

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Kollareth, D., & Russell, J. A. (2017). On the emotions associated with violations of three moral codes (community, autonomy, divinity). <i>Motivation and Emotion</i> , 41, 322-342.	8
Russell, J. A. (2017). Cross-cultural similarities and differences in affective processing and expression. In M. Jeon (Ed.). <i>Emotions and affect in human factors and human-computer interaction</i> . Pp 124- 142. Cambridge MA: Academic Press.	7
Russell, J. A. (2017). Impressive new theory and theorist. <i>Psychological Inquiry</i> , 28(1), 50-51.	
Russell, J. A. (2017). Mixed emotions viewed from the psychological constructionist perspective. <i>Emotion Review</i> , 9(2), 111-117.	33
Russell, J. A. (2017). Toward a broader perspective on facial expressions. In J. M. Fernandez Dols & J. A. Russell (Eds), <i>The Science of Facial Expression</i> , Oxford: Oxford University Press.	3
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Crivelli, C., Russell, J. A., Jarillo, S., & Fernandez-Dols, J. M. (2016). The fear gasping face as a threat display in a Melanesian society. <i>PNAS</i> , 113 (44), 12403-12407. doi:10.1073/pnas.1611622113	45
Crivelli, C., Jarillo, S., Russell, J. A., & Fernandez-Dols, J. M. (2016). Reading emotions from faces in two indigenous societies. <i>Journal of Experimental Psychology: General</i> , 145, 830-843.	55
Kikutani, M., Ikemoto, M., Russell, J. A., Roberson, D. (2016). Cultural influences on the structure of emotion: An investigation of emotional situations described by individuals from Cambodia, Japan, UK and US. <i>International Journal of Applied Psychology</i> , 26, 20-26. doi:10.5923/j.ijap.20160601.04	2
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Nelson, N. L., & Russell, J. A. (2016). Building emotion categories: Children use a process of elimination when they encounter novel expressions <i>Journal of Experimental Child Psychology</i> , 151, 120-130.	16
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## 2015

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- Kayyal, M.H., Widen, S.C., & Russell, J. A. (2015). Context is more powerful than we think: Contextual cues override facial cues even on valence. *Emotion, 15*, 287-291. 4
- Nelson, N. L. & Russell, J. A. (2015). Children distinguish between positive pride and hubris. *Developmental Psychology, 51*(11), 1609-1614.
- Russell, J. A. (2015). My psychological constructionist perspective. In L. F. Barrett & J.A. Russell (Eds.) *The psychological construction of emotion*. Pp. 183-208. New York: Guilford Press. 2
- Russell, J. A. (2015). The greater constructionist project for emotion. In L. F. Barrett & J.A. Russell (Eds.) *The psychological construction of emotion*. Pp. 429-447. New York: Guilford Press. 2
- Widen, S. C., Pochedly, J. T., & Russell, J. A. (2015). The development of emotion concepts: A story superiority effect in older children and adolescents. *Journal of Experimental Child Psychology, 131*, 186-192. 3
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## 2014

- Tseng, A., Bansal, R., Liu, J., Gerber, A., Goh, S., Posner, J., Colibazzi, T., Chiang, I-C., Russell, J. A., & Peterson, B., (2014). Using the circumplex model of affect to study valence and arousal ratings of emotional faces by children and adults with Autism Spectrum Disorders. *Journal of Autism and Developmental Disorders, 44*, 1332-1346. 3

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**2013**

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Kayyal, M.H. & Russell, J.A. (2013). Palestinians and Americans judge spontaneous facial expressions of emotion. *Emotion, 13*, 891-904.

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Nelson, N., & Russell, J. A. (2013). Universality revisited. *Emotion Review, 5*, 8-15.

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Russell, J. A. (2013). Foreword. In P. Ekkekakis, *The measurement of affect, mood, and emotion: A guide for health-behavioral research*. Cambridge: Cambridge University Press.

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Widen, S. C., Pochedly, J. T., Pieloch, K., & Russell, J. A. (2013). Introducing the sick face. *Motivation and Emotion, 37*, 550-557.

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<b>2012</b>	
Nelson, N.L. & Russell, J.A. (2012). Children's understanding of nonverbal expressions of pride. <i>Journal of Experimental Child Psychology</i> , 111, 379-385.	6
Pochedly, J. T., Widen S. C., & Russell, J. A. (2012). What emotion does the "facial expression of disgust" express? <i>Emotion</i> , 12, 1315-1319.	9
Russell, J. A. (2012). From a psychological constructionist perspective. In P. Zachar & R. Ellis (Eds.), <i>Categorical versus dimensional models of affect: A seminar on the theories of Panksepp and Russell</i> . Amsterdam: John Benjamins Publishing.	12
Russell, J. A. (2012). Preliminary comments on Panksepp. In P. Zachar & R. Ellis (Eds.). <i>Categorical versus dimensional models of affect: A seminar on the theories of Panksepp and Russell</i> . Amsterdam: John Benjamins Publishing.	
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<b>2011</b>	
Nelson, N. L., & Russell, J. A. (2011). When dynamic, the head and face alone can express pride. <i>Emotion</i> , 11, 990-993.	11
Nelson, N.L. & Russell, J.A. (2011). Putting motion in emotion: Do dynamic presentations increase preschooler's recognition of emotion? <i>Cognitive Development</i> . 26, 248-259.	12
Nelson, N.L. & Russell, J.A. (2011). Preschoolers' use of dynamic facial, bodily, and vocal cues to emotion. <i>Journal of Experimental Child Psychology</i> , 110, 52-61.	49

Widen, S. C. & Russell, J. A. (2011). In building a script for an emotion, do preschoolers add its cause before its behavioral consequence? <i>Social Development, 20</i> , 471-485	17
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Yik, M., Russell, J. A., & Steiger, J. H. (2011). A 12-point circumplex structure of core affect. <i>Emotion, 11</i> , 705-731.	23
<b>2010</b>	
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Widen, S. C. & Russell, J. A. (2010). Children's scripts for social emotions: Causes and consequences are more central than are facial expressions. <i>British Journal of Developmental Psychology, 28</i> , 565-581.	70
Widen, S. C. & Russell, J. A. (2010). The disgust face conveys anger to children. <i>Emotion, 10</i> , 455-466.	29
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<b>2009</b>	
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Russell, J. A. (2009). Emotion, core affect, and psychological construction. <i>Cognition and Emotion, 23</i> , 1259-1283.	205
Russell, J. A. & Barrett, L. F. (2009). Core affect. In D. Sander & K. R. Scherer (Eds.), <i>The Oxford companion to emotion and the affective sciences</i> . Oxford: Oxford University Press.	
<b>2008</b>	
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<b>2007</b>	
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36, 53-71.	
<b>2006</b>	
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Fridlund, A. J., & Russell, J. A. (2006). The functions of facial expressions: What's in a face? In V. Manusov & M. L. Patterson (Eds.), <i>Sage Handbook of Nonverbal Communication</i> . (pp. 299-320). Newbury Park, CA: Sage.	35
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<b>2005</b>	
Posner, J., Russell, J. A., & Peterson, B.S. (2005). A circumplex model of affect: An integrative approach to affective neuroscience, cognitive development, and psychopathology. <i>Development and Psychopathology, 17</i> , 715-734.	622
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Fernandez-Dols, J. M. & Russell, J.A. (2003). Emotion, affect and mood in social judgments. In T. Millon & M.J. Lerner (Eds.) <i>Handbook of Psychology. Volume Five: Personality and Social Psychology</i> . (pp. 283-298) New York: Wiley.	17
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