

**LIFE AND CAREER PLANNING - UNCP5505-01  
COURSE SEQUENCE  
SPRING SEMESTER, 2019**

DATE 2018	TOPIC	ASSIGNMENTS
		<i>"You are who you are until you die." -John LeCarre, <u>Single &amp; Single</u></i>
8/28	Outline of Course	Start Reading, <u>The Alchemist</u>
9/4	Career Management, Individual and Institutional Perspectives	Your Obituary- <b>Submit same</b> Your Eulogy - <b>Submit same</b>
		<i>"All we want to be in life is to be remembered." – Anon.</i>
		<i>"All anyone ever wants is to be recognized and remembered. Neither is possible without the other." --Viet Thanh Nguyen, <u>The Sympathizer</u></i>
9/11	Continuation – Introduction to the Written Interview The Career Concept	Review pps. 13-35 in the textbook Discussion: <u>The Alchemist</u>
		<i>"Is the life I am living the same as the life that wants to live in me? Before you tell your life what you intend to do with it, listen for what it intends to do with you. Let your life tell you what truths you embody, what values you represent." –Parker Palmer, <u>Let Your Life Speak</u></i>
9/18	Resume and Cover Letter Guest: Mr. Nicholas Paschvoss, Career Counselor, Career Center "A Workshop On Job Search Strategies"	<b>Submit draft of resume and cover letter</b> C, 26, pps. 297-306. <b>C, 23</b> Start reading, <u>The Defining Decade</u>
9/25	Making a Career of Careers The First Year Out: Sorting Life and Career Values Guests: Mr. Nick Chang, '18 MacDougall Biomedical Communications. Account Coordinator; Mr. Ryan Vu '18, pre-grad school gap year, and Ms. Rachel Newell '18, Harvard Univ. Development Office, Staff Assistant	C, 4, use the aspect cards in back of C after p.444. <b>Submit same</b> C35
		<i>"At the end of you life all you have left is guilt." –Anon.</i>
		<i>"Try to love and care for one another when we are still alive. For when we are dead, crying is only tears on a lifeless mound of earth." –Dr. Dang Thuy Tram, <u>Last Night I Dreamed of Peace</u></i>
10/2	Survey of Behavioral Characteristics Survey of Managerial Style	C, 5, Please score as well C, 6, <b>Submit both instruments</b> Discussion: <u>The Defining Decade</u>
10/9	Interviewing Interpersonal Style Inventory  Letters of Recommendation	C, 27; C, 28 C, 9, This needs 5 friends to take a short survey about you - start early. <b>Do not compute standard deviation</b> <b>Submit a letter recommending you for a position</b> Start reading, <u>A Safe Place</u>
	Mid-Term Advisory Grade	
		<i>"Be bold and mighty forces will come to your aid." – The Bible</i>

- 10/16 The Early Career C, 37; Skim C, 25 & 26  
Guests: Mr. Ben Tan '16 Boston College Associate  
HELP Desk Specialist; Ms. Megan Greeley '16,  
John Hancock, Government Relations Advisor and PAC  
Manager, and Mr. Dan Lococo '15 Operating Room, RN  
Discussion: A Safe Place
- 10/23 The Strong Interest Inventory C, 13 Skim C, 24  
Guest: Ms. Amy Flynn, Career Counselor,  
Boston College Career Center  
The Predisposition Test C, 10, **Submit same**  
Analyzing the Written Interview C, 14; C, 16; & C, 17

**Submit Written Interview**

- 10/30 Myers-Briggs Type Indicator (MBTI--Type Coach) C, 28  
Guest: Mr. Michael Connolly, Cambridge Consulting C, 7  
Company Visits  
*"Work is a curse that can only be defeated by more work." - Naguib Mahfouz, Children of the Alley*
- 11/6 Assessing a Job Offer/ Accepting a Job Offer C, 30 and C 31  
24 Hour Diary C, 11, **Submit same**  
Creating Life Style Representations C, 12, **Submit same**  
Discussion: Tuesdays with Morrie  
Start Reading Rich Dad Poor Dad  
*"In matters of style, swim with the current; in matters of principle, stand like a rock." – Jefferson*
- 11/13 The Perspective of Young Professionals C, 32; C, 38  
Guests: Dane Hutchison, Esq. '97, Business Advisor, U.S. Air Force, Ms. Lauren Hutchison, Exec. Ass't. to  
Senior VP. Marketing, J. Jill Co., Miss Angelina Hutchison '29 and Miss Genevieve Hutchison '31  
Interview Techniques
- 11/20 Thanksgiving
- 11/27 Financial Management for the Young Executive Discussion, Rich Dad, Poor Dad
- 12/4 The Balanced Person--- Reflections on the Quotations on the Syllabus

**All written assignments due in class**

*"All that we will have to do is to decide what to do with the time that is given to us."*  
--Gandolf, "Lord of the Rings"

*"As children, learn good manners, as young men, learn to control the passions. In middle age, be just. In old age, give good advice. Then die, without regret."* Inscription on a pillar at Ai Khanum, the military headquarters of Alexander the Great in Afghanistan

**N.B.: Students may only take one Capstone course during matriculation.**