# DIVERSITY CHALLENGE 2019

Presenter Program Final 10/7/19)

The Institute for the Study and Promotion of Race & Culture



#### **Diversity Challenge Program Outline**

#### FRIDAY, OCTOBER 25, 2019

8:15am-9:00am	REGISTRATION & CONTINENTAL BREAKFAST Murray Room, Yawkey Center
9:00am-9:15am	WELCOME/ANNOUNCEMENTS Murray Room, Yawkey Center
9:30am-11:00am	CONCURRENT SESSION I
11:00am-11:10am	BREAK
11:10am-11:15am	OPENING REMARKS Ana Martínez-Alemán, Associate Dean Boston College, Lynch School of Education Murray Room, Yawkey Center
11:15am-12:45pm	INVITED SPEAKERS <sup>*(1.5 CEs)</sup> Raquel Muñiz Castro, Ph.D., JD - Boston College Dena Samuels, Ph.D Private Practice <i>Murray Room, Yawkey Center</i>
12:45pm-1:45pm	POSTER SESSION I / NETWORKING LUNCHEON Murray Room, Yawkey Center
2:00pm-3:30pm	CONCURRENT SESSION II
3:30pm-3:45pm	BREAK
3:45pm-5:15pm	INVITED SPEAKERS <sup>*(1.5 CEs)</sup> R. Gabriela Barajas-Gonzalez, Ph.D New York University Maryam Jernigan-Noesi, Ph.D Agnes Scott College <i>Murray Room, Yawkey Center</i>

\*These programs are co-sponsored by the Massachusetts Psychological Association (MPA) and the Institute for the Study and Promotion of Race and Culture (ISPRC) at the Carolyn A. and Peter S. Lynch School of Education at Boston College. MPA is approved by the American Psychological Association to offer Continuing Education (CE) for psychologists. MPA maintains responsibility for the program. Attendees of this program will be awarded credits.

#### **Diversity Challenge Program Outline**

#### SATURDAY, OCTOBER 26, 2019

8:15am-9:00am	REGISTRATION & CONTINENTAL BREAKFAST Murray Room, Yawkey Center
9:00am-9:15am	WELCOME/ANNOUNCEMENTS Murray Room, Yawkey Center
9:30am-11:00am	CONCURRENT SESSION III
11:00am-11:10am	BREAK
11:10am-11:15am	REMARKS / UPDATES Murray Room, Yawkey Center
11:15am-12:45pm	INVITED SPEAKERS <sup>*(1.5 CEs)</sup> Phillipe Copeland, Ph.D Boston University Ben Herzig, Psy.D Private Practice <i>Murray Room, Yawkey Center</i>
12:45pm-1:45pm	POSTER SESSION II / NETWORKING LUNCHEON Murray Room, Yawkey Center
2:00pm-3:30pm	CONCURRENT SESSION IV
3:30pm-3:45pm	BREAK
3:45pm-5:15pm	INVITED SPEAKERS <sup>*(1.5 CEs)</sup> JIONI LEWIS, PH.D UNIVERSITY OF TENNESSEE RAHUL SHARMA, PSY.D PRIVATE PRACTICE <i>Murray Room, Yawkey Center</i>
5:30pm-7:00pm	CLOSING REMARKS / RECEPTION *Sponsored by the ISPRC Advisory Board

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# **DIVERSITY CHALLENGE 2019: FRIDAY SCHEDULE**

8:15am-9:00am	Registration and Continental Breakfast Murray Room, Yawkey Center	
9:00am-9:15am	Welcome/Announcements	
9:30am-11:00am	Concurrent Session I	

Training Professionals to Resist WHMP	
	1A. Structured Discussion
	Bert, Shannon – University of Oklahoma
9:30-11:00am	Implicit Bias Awareness: A New Paradigm for Change in America
	1B. Individual Presentation
	Bagdasaryan, Sofya – CSU Los Angeles
	Using Critical Race Theory and Structural Racism Frameworks to Teach Macro Practice
	Using Critical Race Theory and Structural Racism Frameworks to

Counseling Practices Against WHMP	
	2A. Individual Presentation
	Fleming, Jessica – Bellevue University
9:30-11:00am	Counseling is Multicultural Norming Best Practices through Training Standards
	2B. Structured Discussion
	O'Donnell, Kristin; Healy, Deborah; Dunne, Kathryn; & Wyble, John W. – Our Lady of the Lake University
	Accentuating the Positive: Using a Strengths Based Approach in Therapy and Assessment Practices

Acting Against Separation and Marginalization		
	3A. Individual Presentation	
	Dolby Nadine – Purdue University	
9:30-11:00am	Fostering Empathy in a Disconnected World: Experiential Learning in Teacher Education	
	3B. Structured Discussion	
	Burgess, Claire; Weismoore, Julie; & King, Hannah - VA Boston Healthcare System	
	Addressing Microaggressions and Implementing Affirmative Health Care for Sexual and Gender Minorities	

Organizing Against WHMP	
9:30-11:00am	<ul> <li>4A. Individual Presentation</li> <li>Parker, Chelsea – IC-Race Lab; &amp; de Cunha, Carla; Mchabcheb, Radia; &amp; Adames, Hector - Chicago School of Professional Psychology</li> <li><i>Keeping it Real: Do Social Justice Organizations Disrupt WHMP?</i></li> </ul>
	4B. Structured Discussion Suzuki, Sara; & Lloyd, Courtnye – Boston College Moving Toward Scholar-Activism: Purpose, Power and Approaches

Freedom and Social Liberation	
	5A. Individual Presentation
	Jones, Grant – Harvard University
	Creating Models for Social Liberation in Contemplative Spaces: The Black Lotus Collective
	5B. Individual Presentation
	Suddapalli, Renu – Drake University
9:30-11:00am	The Exploitation of Disenfranchised Communities: Paving the Way for Nationalism
	5C. Individual Presentation
	Fernández, María Cristina Escobar – Boston College
	The Unruled Female Body: A Quest for Freedom

	Hunter, Carla - U. of Illinois Urbana-Champaign; Chioneso, Nkechinyelum - Florida A&M University
	Community Healing and Resistance through Storytelling: A Therapeutic Framework for Healing Black Communities
9:30-11:00am	Racial trauma has chronic effects on the mental health and well-being of Black communities. While individualized models of healing racial trauma have started to amass in the literature, there is a dearth of models that address healing on a community level. Research on storytelling in the African American community has highlighted emancipatory healing benefits for those experiencing racial trauma. The proposed workshop will present the Community Healing and Resistance through Storytelling (C-HeARTS) framework—a culturally-based framework for using storytelling to address racial trauma. Then, we will present how a university-community collaborative utilizes the framework to engage community healing processes. Finally, utilizing the framework and problem-based learning activities, participants will be encouraged to assess healing processes in their own communities. *CE's Offered (1.5)

	AhnAllen, Julie; Jenkins, Yvonne; Malaga, Johanna; & Piontkowski, Sarah – Boston College White Fragility: How Do You Talk to White People about White Fragility when They are Fragile
9:30-11:00am	Addressing white fragility is a difficult task as it is often driven by anxiety and rooted in white superiority and entitlement (DiAngelo, 2018). However, it is an essential component of promoting movement towards social justice and inclusion. This workshop will focus on better understanding the concept of white fragility and its impact on stifling authentic conversation around race and racism. Presenters will share how white fragility plays out in our personal and professional lives. Facilitated small and large group discussions will stimulate conversation centered on impact of white fragility on diversity and inclusion efforts, for both Whites and POC. An opportunity to brainstorm steps to build racial stamina will be provided.

#### 11:00am-11:10am BREAK

11:10am-11:15am Welcoming Remarks

INVITED PANEL	
	<b>Combating WHMP in Powerful Places</b>
11:15am-12:45pm Yawkey Center	Raquel Muñiz Castro, JD, Ph.D. – Boston College Immigration Law and Undocumented Students' Fates in a Time of Uncertainty
MURRAY ROOM	Dena Samuels, Ph.D. – Private Practice Mindfulness in the Workplace: Mitigating Biases and Supporting Inclusive Leadership
	*CEs Offered (1.5)

#### POSTER SESSION I / NETWORKING LUNCHEON 12:45pm-1:45pm

MURRAY ROOM / YAWKEY CENTER

Bell, Tyronn – University of Indianapolis Sexual Identity of Down Low African American Men Who Have Sex with Men

Butay, Elinor Marie – Pacific University Ambassador Fatigue in Multi-diverse Professionals: Best Practices for Education, Training, and Practice

Callwood, Sade - William James College Young Black Men's Experiences of Aggressive Policing

Lahens, Lydje - T1D Exchange, Inc. Cultural Humility Strategies to Improve Diabetes Outcomes for Haitian Patients

McCormic, Rebecca; Poulakis, Mixalis; & Acosta, Aylin - University of Indianapolis Working with Individuals of a Minority Racial or Ethnic Background When Part of the Majority

Rodriguez, Jennifer - Virginia Commonwealth University Financial Stress, Nativity, and Perceived Well-being among Latinas: A Discussion Towards the Immigrant Health Paradox

Williams, Marjorie; & Bullock, Kim – Georgetown University Social Determinants of Health Affecting Medication Assisted Therapy (MAT) for Opioid Dependence

# 2:00pm-3:30pm Concurrent Session II

Schools Combatting WHMP	
2:00-3:30pm	<ul> <li>1A. Individual Presentation</li> <li>Gonell, Eliaquin; &amp; Smith, Lance – University of Vermont</li> <li><i>Cultivating Anti-Racist Student Allies and Activists via SJE and YPAR</i></li> </ul>
	<ul> <li>1B. Structured Discussion</li> <li>Siler, Don – University of St. Joseph</li> <li>Understanding and Overcoming "The Trump Effect" in Schools: Using a Case Study in Racism as a Starting Point</li> </ul>

Resilience Against Systems		
2:00-3:30pm	<ul> <li>2A. Individual Presentation</li> <li>Khamis, Jasmine – Salem State University</li> <li><i>Resilience in the Face of Oppression: How "Veiling and Unveiling" Transformed Experiences of Prejudice to Social Justice</i></li> </ul>	
	2B. Structured Discussion D'Andrea, Michael – Springfield College Integral Theory of Multicultural Counseling and Social Justice Advocacy: Survival-Resistance-Healing	

Educators and Culturally Competent Practices		
	3A. Individual Presentation	
	Moore, Nataka – Adler University	
2:00-3:30pm	Disrupting Colorism and Africanism with Junior High Students in a School that Focuses on Social Justice	
	3B. Individual Presentation	
	Schukow, Alex – Eastern Michigan University	
	Studying the Enactment of Culturally Responsive School Leadership by White Male Principals	

	Female Resistance and Resilience
	4A. Individual Presentation Davis, Ophera A. – Independent Researcher
	A Key Determinant of Resilience: Hurricane Katrina Mississippi Black Women Survivors
2:00 2:20nm	4B. Individual Presentation
2:00-3:30pm	Prince, Chanel – University of Massachusetts, Amherst Masquerade Society: Consequences of Code Switching on Black
	Women's Self Concept

Supporting Youth in School Context		
	5A. Individual Presentation	
	Agudelo Acevedo, Felipe; & Cole, Donna - Simmons University	
2:00-3:30pm	Race Matters: Impact of School Discipline on U.S. Youth Incarceration Rates	
2.00-5.50pm	5B. Individual Presentation	
	Fallon, Lindsay; Veiga, Margarida; & Susilo, Annisha – University of Massachusetts - Boston	
	Empowering Teachers to Change their Discipline Practices: An Overview of Empirically Supported Self-Assessment Options	

Identity Integration, Art, and Media		
2:00-3:30pm	<ul> <li>6A. Individual Presentation</li> <li>McKinley-Hicks, Megan – Boston College</li> <li><i>Constructing and Negotiating STEM Identities through the</i> <i>Integration of Performing Arts and Science: Case Studies from a</i> <i>Middle School Science-Theatre Program</i></li> </ul>	
	6B. Individual Presentation Graziano, Matthew – Seton Hall University <i>Casting Absence: Asian Americans in Theater, Film, &amp; Television</i>	

	Andrews, Casey – TechBoston Academy Revisioning for Increased Equity in the Classroom
	Through the process of "revisioning," I identify and shift key pedagogical
2:00-3:30pm	choices in my classroom to increase engagement without diminishing rigor. In revisioning, one starts by identifying the objectives of a task, then examining in
2.00-5.50pm	relation to larger social structures. Are the goals related to oppressive these systems or beliefs? As the process unfolds, the task becomes noticeably
	changed in order to increase equity. This workshop will engage participants in
	the process of revisioning. We will use the space to think through and revision a specific aspect of our work. This workshop will demand that participants
	examine how their work intersects with systems of societal oppression, and move towards more equitable practices, whether in schools or in other
	institutions.

	Meyer, Marisol; & Nicolas, Guerda – University of Miami
	Designing Community-Based Interventions to Empower Ethnically Diverse and Immigrant Individuals
2:00-3:30pm	The creation of theory of change and logic models when designing community-based prevention and intervention programs can result in collaborative, effective initiatives that inspire positive change in communities and population impacted by racism. This workshop will engage participants in a guided discussion of how to create a theory of change and logic models specifically for programs addressing racism. The workshop leaders will use the Kulula Project curriculum (a mentoring program for Black students in that aims to enhance self-esteem and cultural awareness) as an example intervention. Following this section of the workshop, participants will be invited to engage in discussion regarding the utility of the models for their own work.

	Page, Cassandra; & Washington, Aryssa – Regent Universisty
	Providing Trainings on Microaggressions in a Macroaggressed Society
2:00-3:30pm	Two clinical supervisors discuss the process of designing and implementing institution supported training on diversity and cultural humility with predominantly White audiences. Presenters will outline several themes noted in the development and delivery of these trainings and their experience as Black females presenting this material. This presentation will also describe examples of feedback received at their individual institutions, and compare and postulate with regards to differences and similarities in experiences.
	CE's Offered (1.5)

3:30pm-4:00pm BREAK

3:45-5:15pm Yawkey Center

MURRAY ROOM

]	Resisting	WHMP's	s Impact on	Children

R. Gabriela Barajas-Gonzalez, Ph.D. – NYU Langone Health Applying a Community Violence Framework to Understand the Impact of Immigration Enforcement Threat on Latino Children

Maryam Jernigan-Noesi, Ph.D. – Agnes Scott College Raising Resisters: Caretaking Practices to Promote the Healthy Development of Diverse Youths Across the Lifespan

\*CEs Offered (1.5)

# **DIVERSITY CHALLENGE 2019: SATURDAY SCHEDULE**

8:15am-9:00am	<b>Registration and Continental Breakfast</b> <b>Murray Room, Yawkey Center</b>	
9:00am-9:15am	Welcome / Announcements	
9:30am-11:00am	Concurrent Session III	

WHMP's Influences on Systems		
	1A. Individual Presentation	
	Linzer, Eileen; & Cooper, Marty Aaron – SUNY Old Westbury	
9:30-11:00am	The Relationship Between Awareness of White Heterosexual Male Privilege and Gun Culture	
	1B. Structured Discussion	
	Myers, Takia; & Doherty, Abaigeal – Boston College	
	An Intervention for Confronting Present Day Symptoms of White Supremacist Systems: Invalidated Racial-Ethnic Trauma and the Egregious Violence of White Heterosexual Male Privilege (WHMP)	

	Research Resistence
	2A. Individual Presentation
	Pieterse, Alex – University at Albany - SUNY
	Engaging Anti-Racism through Research, Training, and Intervention: A Counseling Psychology Perspective
	2B. Individual Presentation
9:30-11:00am	D'Andrea, Michael – Springfield College
	Resisting the Empirically-Supported Movement in Education and the Mental Health Professions
	2C. Individual Presentation
	Noyola, Nestor – Clark University
	Who's Afraid of Interpreting? Considerations for Interpreting Contradictory Accounts of Minority Stress in Semi-Structured Interviews

Learning from Each Other	
	3A. Individual Presentation
	Hagler, Matthew – UMASS Boston
9:30-11:00am	Youth Mentoring in Context: Critically Evaluating Historical, Sociopolitical, Cultural, and Economic Influences
	<ul> <li>3B. Structured Discussion</li> <li>Wing, Hannah; &amp; Park-Taylor, Jennie – Fordham University</li> <li>What We Can Learn from Transracial Adoption about Societal Race Relations</li> </ul>

	Surviving, Resisting & Healing
	4A. Individual Presentation
	Dike, Cindy; Carr, Gizelle; & Ortiz, Ashley – Howard University
	Homecoming: Revising Therapeutic Spaces for Black Women
9:30-11:00am	4B. Individual Presentation
	Knight, Mia; & Jernigan-Noesi, Maryam – Agnes Scott College
	Reviving Dreams by Reforming Racial Identities: An Analysis of the Impact Racial Discrimination among African American Adolescent Girls
	4C. Individual Presentation
	Chock-Goldman, Jess – NYU School of Social Work
	The Interplay of Culture and Adolescent Suicidality: High-Achieving Adolescents, Acculturation and Suicidality

	How Teachers Combat WHMP
	<ul> <li>5A. Individual Presentation</li> <li>Gonzalez, Casandra; &amp; McKinley, Megan – Boston College</li> <li>Sharing Authority: Teacher's and Students' Experiences of Democratic Science Teaching</li> </ul>
9:30-11:00am	5B. Individual Presentation Galaz, Leandro – Baylor University Using Student Perception Data to Elevate Student Voice, Inform Professional Development for Teachers, and Guide Interventions for Students in High School in Order to Increase Equity and Access
	5C. Individual Presentation Reese, Bernard – Worcester Public Schools Bridging the Divide in the Classroom through a Cultural Humility Paradigm

Minority Stress, Microaggression, and Mental Health	
	6A. Individual Presentation
	Lai, Kynthia – Beth Israel Deaconess Medical Center
9:30-11:00am	Subtle Racism as Trauma: Understanding the Effects of Microaggressions on Black Americans' Mental Health
	6B. Structured Discussion
	Tran, Quynh; Lambos, Kate; & Sargent, Emily – Antioch University New England
	The Relationship Between Minority Stress, Trauma, and Resiliency in the United States

Surviving, Resisting & Healing	
	7A. Individual Presentation
	Gonzalez, Laura; Gordon Talbot, Jena; & Tummala-Narra, Usha – Boston College
9:30-11:00am	Perspectives on Sexual Violence among 1.5 and 2nd Generation Mexican American Women
	7B. Structured Discussion
	Williams, Natalie; Harris, Chaiqua – Jackson State University; & Jones, Destini – Rhodes College
	Experiences of Sexism and Racism among Women of Color who hold the Doctorate: A Heuristic Inquiry

	Millner, Uma Chandrika; & Zhu, Xiaorui – Lesley University
	Brief Family Counseling for Asians in Recovery from Serious Mental Health Conditions
9:30-11:00am	Asians Americans with serious mental health conditions (SMHC) and their families experience considerable challenges at the intersection of disability and racial socialization. A needs assessment of Asian families was conducted using focus group data from clients, providers, and family members. Based on this research, a brief Asian counseling program was developed that integrates family psychoeducation and counseling, principles of recovery and rehabilitation, open dialogue, and a social justice framework. This workshop will include the results of the study, provide an overview and description of the program, and interactive exercises to engage attendees in learning the strategies implemented in the program. Utility and feasibility of such a program in the current social climate will be discussed.

	Abeleda, Nicole – Boston College; & Rivera, Dianara - Emerald Publishing
	The He(art) of Healing through Storytelling and Poetry
9:30-11:00am	The purpose of this workshop is to inform participants of how storytelling and poetry connects to healing, as research and theory demonstrates that these artforms is a tool of empowerment that leaves space for communities to heal. Participants will be engaged in dialogue surrounding issues of trauma, resistance, survival, mental health, racial diaspora, intersectionality, personal identity, and belonging. Through two person exercises, individual writing, and group discussion participants will gather tools to build their skills in storytelling and poetry writing. Utilizing related concepts from poetry therapy, narrative theory, and narrative therapy, participants will learn how to use their lived experiences and transform these aspects into art.

	Mock, Matthew; & Rasbury, Robbin – John F. Kennedy University
9:30-11:00am	Resisting Influences of Power, Patriarchy and Gender Inequity via Recognition of Social Location, Intersectionality and Alliance Building
	In this didactic, interactive and dynamic workshop presentation, the presenters will share their experiences committed to gender equity and social justice within our society. They will share parts of their own individual journeys towards recognizing their statuses associated with gender discrimination or privilege then share their thoughts to unpack them, address them and charge movements to remain in the struggle for social justice.
	*CE's Offered (1.5)

	Parker, Chelsea – IC-Race Lab; Maddie, Denisha; Manley, Claire; & Adames, Hector - Chicago School of Professional Psych.
	Confronting WHMP: Re-Imagining Racially-Conscious Mentoring of White Students
9:30-11:00am	White racial identity development (WRID), the process by which whites become racially conscious and actively seek to abandon racist ideologies, ultimately contributes to white accountability in greater systemic change (Helms, 2008). In a political time where White Heterosexual Male Privilege (WHMP) is the norm of white supremacy, there is a shortage of white individuals advanced in their racial identities who can help other whites work on their own racial identity development. Due to white responsibility to develop WRID, this proposed workshop suggests that healthy WRID occurs when an individual forms relationships with both REMM (Racial and Ethnic Minority Mentors) and white peer- mentors or Anti-racist White Associates Keeping Engaged (AWAKE; Hirsch, Parker, Goertz, Chavez & Adames, 2015).

	Smith, Sherwood – University of Vermont
	Teaching Students about White Identity Development Theory: Reflecting & Assessing Practice in a PWI Classroom
9:30-11:00am	Presentation shares a practice based review of a course taught by a Black faculty at a predominantly white institution (PWI) for undergraduate students in the Human Development Program and as part of a summer intercultural institute for professionals. The evaluations of the class are shared to describe curriculum and pedagogy, as well as their use of theory in the presentation of the course content. Qualitative and Quantitative assessment measures are presented to document outcomes. Curriculum change has lead to the inclusion of multicultural issues in some areas of university education. There is concern for the most effective approach for teaching issues given the growing need to develop culturally sensitive White professionals especially given the demographic of my institution and the state.

	Lloyd, Courtnye; Suzuki, Sara; & Israni, Venus – Boston College
	Resistance Strategies of Non-WHMP Doctoral Students: Surviving the Socialization Process
9:30-11:00am	Doctoral education has been framed through socialization processes to move students towards adopting the established norms of the discipline or field they are entering (Gardner, 2008; Weidman, Tale, & Stein, 2001). As academia has historically been formed for and by white, heterosexual, males of privilege (WHMP) (Patel, 2015; Patton, 2016), the socialization process within doctoral education functions to uphold the WHMP status quo in academia. Minoritized doctoral students engage in both individual and collective resistance against this socialization process, further, decolonial models of postsecondary education encourage a reimagining of the academy(Benton, 2015). In this workshop, participants will engage these issues through reflective exercises, and dialogue to exchange strategies of resistance and explore possibilities for liberatory doctoral education.

### SYMPOSIA

	Felix, Uwuma; Loewer, Elizabeth; & Page, Cassandra – Regent University
	Claiming My Cross-Cultural Experience: I Am Who I Say I Am
9:30-11:00am	Three presenters embodying unique juxtapositions of race and heritage—African yet Black, American yet Haitian, and White American yet raised in an African nation—will explore their experiences with marginalization and belonging. Drawing from literature and personal narratives, presenters will share experiences and strategies for validating, explaining, claiming, and thriving within their cross-cultural identity, in a sociopolitical climate that forces them into categories. Presenters will address nuances of privilege, racial hierarchies that minimize their stories, and tensions that threaten to divide loyalties within families and within themselves. Finally, the discussant will engage the audience in highlighting additional strategies to cultivate a strong and integrated identity in an America built to serve WHMP.

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	Williams, Tracyann – The New School; Ha, Nina - Virginia Tech; & Hite, Michelle - Spelman College Coping Strategies: Finding Sisterhood Amidst Rage
9:30-11:00am	Building upon the theme of survival, resistance, and healing, this session offers critical interventions into the current sociopolitical climate through an exploration of lives, literatures, experiences, and cultural texts about and by women of color. Through brief papers examining the lives of refugee women in Vietnamese literature, the politics of representation in the college classroom, and alternate life-affirming possibilities for sibling tennis phenoms, we offer that sisterhood and collaboration is necessary for the survival of academic women of color. Audience members have the opportunity to fully engage with the session's theme to derive useful coping strategies that all can employ.

11:00am-11:10am	BREAK
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11:10am-11:15am Remarks

INVITED PANEL	
	Standing Up to the Politics of WHMP
11:15am-12:45pm Yawkey Center Murray Room	<ul> <li>Phillipe Copeland – Boston University BLM: Health Justice and Racial Capitalism</li> <li>Ben Herzig, Psy.D. – Institute for Social Policy and Understanding Addressing the Psychological Needs of American Muslims in Today's Sociopolitical Atmosphere</li> </ul>
	*CEs Offered (1.5)

#### POSTER SESSION II / NETWORKING LUNCHEON 12:45-1:45pm MURRAY ROOM / YAWKEY CENTER

Agiliga, Alexandra; Garcia, Ramon; Martin, Christina; Kirkinis, Katie; & Pieterse, Alex -University at Albany, SUNY *Campus Racial Climate and Psychological Distress* 

Bell, Tyronn – University of Indianapolis Sexual Identity of Down Low African American Men Who Have Sex with Men

Butay, Elinor Marie – Pacific University Ambassador Fatigue in Multi-diverse Professionals: Best Practices for Education, Training, and Practice

Callwood, Sade - William James College Young Black Men's Experiences of Aggressive Policing

Joyner, Emily; Tummala-Narra, Usha; Muwele, Chomba; Jankowski, Alexis; Jha, Ragini; & Delity, Maya – Boston College Experiences of Racism and Emotional Well-Being among Multiracial Emerging Adults: Preliminary Findings

Khera, Gagan; Silva, Kylie; Johansson, Rachel P; Teixeira, Kenya C; Giffels, Kathleen M.; & Ruiz-King, Dalymar – Curry College *Help-seeking, Supports and Stressors Among First-Generation College Students* 

Lahens, Lydje - T1D Exchange, Inc. *Cultural Humility Strategies to Improve Diabetes Outcomes for Haitian Patients* 

Rodriguez, Jennifer - Virginia Commonwealth University Financial Stress, Nativity, and Perceived Well-being among Latinas: A Discussion Towards the Immigrant Health Paradox

Williams, Marjorie; & Bullock, Kim – Georgetown University Social Determinants of Health Affecting Medication Assisted Therapy (MAT) for Opioid Dependence 2:00pm-3:30pm

#### **Concurrent Session IV**

Academia and Social Justice Practices	
	1A. Individual Presentation
	Wells, Yvonne – Suffolk University; & Quinones, Timothy - E.N. Rogers Mem. Veterans Hospital
2:00-3:30pm	Culture Games: Rationale for a Handbook of Sociocultural Syllabi
	1B. Structured Discussion
	Kremens, Rebecca – McLean Hospital; Wing, Hannah – Fordham University; & Gomez, Judelysse – Connecticut College
	Self- and Community Care: Sustainable Social Justice Practices in Academia & Mentoring

	Surviving Higher Education
2:00-3:30pm	<ul> <li>2A. Individual Presentation</li> <li>Perkins, Tiani – University of Michigan</li> <li>Academic Affect Shapes the Relationship between Racial Microaggressions and College Attitudes</li> </ul>
I	2B. Structured Discussion Abeleda, Nicole; & McElhose, Ryan – Boston College <i>QTPoC: Decolonizing Higher Education</i>

Reconsidering Criminal Justice	
	3A. Individual Presentation
	Ortiz, Ashley; Carr, Gizelle; & Dike, Cindy – Howard University
2:00-3:30pm	Toward a New Understanding for LGBTQ Girls in the Juvenile Legal System
	3B. Structured Discussion
	Reginal, Travis – Urban Institute
	Racial Reconciliation and Healing in Higher Education and Criminal Justice

The Leaders of Tomorrow	
	4A. Structured Discussion
	Campón, Rebecca – Baruch College; & Graziano, Matthew – Seton Hall University
2:00-3:30pm	Navigating the Ivory Tower Status Quo: Resistance Strategies of Minority Faculty and Effects on Morale
	4B. Structured Discussion
	Khera, Gagan – Curry College; Kim, Grace S Boston University; & Lee, Matt – Northeastern University
	Asian American Leadership and Activism in Academia: Surving, Healing, Resisting, and Being Visible

Racial Socialization and Identities	
	5A. Individual Presentation
	Capehart, Peyton; & Jernigan-Noesi, Maryam – Agnes Scott College
2 00 2 20	Racial Socialization: Factors that Influence White Students' Perceptions of Race and Racism
2:00-3:30pm	5B. Structured Discussion
	Gadsden, O'Shan; & Russell, Erica – Norfolk State University
	Decolonizing Internalized Whiteness: A Duo- ethnographic Exploration of Two African-American Scholar-Clinician- Activists

People of Color Facing WHMP	
2:00-3:3 <del>0pm</del> -	People of Color Facing WHMP         6A. Individual Presentation
	Developmental and Contextual Factors in Mental Health among Southeast Asian American College Students 6C. Individual Presentation Colgan, Courtney; Shah, Tanvi; Tummala-Narra, Usha; Fatima, Tooba; & Khosla, Gayatri – Boston College Identity, Discrimination, and Resilience of Muslim American College Students

	I.
	Reyome, Amanda; Li, Adriana; & Jackson, Rick-IMPACT
	Trauma Informed Self Defense (IMPACT): Healing through Finding Safety in our Own Bodies
2:00-3:30pm	IMPACT is a Trauma-Informed self-defense program centered on believing that everyone has the right to safety and protection. Participants practice and learn to stop potential attackers with a loud voice, strong stance, and physical moves. This workshop utilizes roleplay-based training to give people physical and verbal defense skills while remaining calm and focused in potentially unsafe situations. For trauma survivors this program identifies reactions to allow individuals to be more connected with their bodies and build confidence to manage these reactions and regain trust in their bodies. In todays' climate dominated by white supremacy culture, IMPACT is committed to giving community groups and individuals the tools to safely intervene when they feel someone is at risk or being discriminated against.

	Sahli, Barbara – Muslim Youth Voices Project
	Muslim Youth Voices: Understanding the Impact of Islamophobia on Muslim Students
	The normalization of Islamophobia through media, political discourse, and religious illiteracy contributes to identity-based bullying, harassment and
2:00-3:30pm	discrimination. Studies show that Muslim youth experience bullying at twice the national average. Furthermore, some adults responsible for creating inclusive
	learning environments may themselves be influenced by widespread assumptions,
	stereotypes, and misconceptions. In contrast to monolithic portrayals, Muslim students differ along many dimensions, including race, ethnicity, culture, language,
	scio-economic status, and religiosity, with additional stressors on those with
	intersectional identities. What can educators and mental health professionals do to
	support Muslim students and reduce anti-Muslim bias? By interacting with
	counter-narratives written by Muslim youth, participants will gain insights into the challenges they face and consider interventions.
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	SATURDAY, OCTOBER 20
	Cain, Meredith; & Neitzey, Rachel – Academy of Minority Identity Development and Advocacy
	Resistance is Not Futile. Learning from a Century of Protest
2:00-3:30pm	The purpose of this workshop is to create an ongoing dialogue centering on resistance strategies, to inform attendees about their historical impacts, and to promote the development of successful resistance strategies within our communities. It will begin with a brainstorming period in which attendees are encouraged to recall past and current protests. A briefing on the research behind these strategies will follow, which will lead the workshop into future implications of effective protesting approaches. Lastly, the group will be challenged to create their own plans of action centering on personal values and diversity issues that are relevant to the current culture. The intention is to begin the process of decreasing the marginalization that is so prevalent in society today.

2:00-3:30pm	Smith, Sherwood – University of Vermont
	Using the Intercultural to Make Whiteness Visible: Supporting Intercultural Learning about Race
	Session presents concepts and exercises to prepare student for the intercultural experience in the context of whiteness across cultures. Participants will sample student exercises and discuss the links to both intercultural development and white identity development models as suggested by the presenter domestic and international experiences as faculty and presenter.

	Davis, Danne – Montclair State University
	Kindness is Gangster: Kind Words and Gestures as Antidote to Racism
2:00-3:30pm	In 1967, Dr. M.L.K., Jr. asked, Where do we go from here? Despite some civil rights' gains, Dr. King lamented freedom over oppression had "grown only a bud and not yet a flower." Then, Black people faced relentless racial subjugation to which Dr. King offered love as the antidote. Today, WHMP still plagues people of color, immigrant and LGBTQ+ friends; represses underserved/undersourced communities. This interactive workshop presents selfstudy methods to ask: 1) How will men with apparent WHMP respond to a Black woman who extends kindness? 2) How might extending kindness serve as an emotional coping strategy amid escalating racial injustice? Attendees will discover kindness to love, develop kindness action plans.

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	Watson, Wanda; & Williams, Wendi – Mills College
	How We Get Free?: Embodied Movement Towards Interbeing and Liberatory Praxis
2:00-3:30pm	Activism and organizing on micro and macro-levels require challenging deeply ingrained systems of oppression, which often leads to burn out. This 90- minute workshop explores the embodied internal & collective, psycho-spiritual & political work necessary for practitioners to engage emancipatory practice as educators in diverse capacities, i.e., classroom teachers, clinicians, researchers, & leaders. We find that in movements towards liberation, individuals are often fighting intellectually, physically, and spiritually, but rarely with an integrated self and integrated with others. Activism and organizing on micro and macro- levels require challenging deeply ingrained systems of oppression, which often leads to burn out over time. This 90-minute workshop explores the embodied internal & collective, psycho-spiritual & political work necessary for practitioners to engage emancipatory practice as educators in diverse capacities, i.e., classroom teachers, clinicians, researchers, & leaders. Goals for the workshop are to: - present a theoretical framework to describe emancipatory/decolonizing practices for enacting praxes, and - work with participants to draw connections between their inner, psycho-spiritual work to inform responses to our raised questions
	*CE's Offered (1.5)

# SYMPOSIA

	McCloskey, Kathy; Gale, Michael; Broderick, Brittany; Burns, Katie; Culp, Megan; Guariniello, Vincenza; Harathi, Sri; Huang, Gary; Mitossis, Regina; Newman, Brittany; Paranamana, Nadika; Young, Aleesha; & Suara, Zainab – University of Hartford
2:00-3:30pm	Overcoming White Heterosexual Male Privilege (WHMP) In Doctoral- Level Clinical Psychology Training Programs
	Two faculty members and a group of doctoral students in a clinical psychology training program discuss their experiences in dealing with white heterosexual male privilege (WHMP) found within the profession. Unfortunately, the multicultural movement in psychology has focused on promoting acceptance of diverse others (i.e., modifying individual attitudes) while ignoring the disruption of systems of power that maintain WHMP. Faculty and students alike discuss the need to include social justice in all training elements, including foundational courses, testing and assessment, experiential courses, and clinical practicum training for service delivery. Strategies for centering social justice issues in order to disrupt WHMP throughout the training program are discussed and critiqued.

	Pierre, Martin; Adams, Jamele – Brandeis University; Oliver, Steven - Salem State University; Johnson, Ulric - Transformation Awareness Growth Vision; Humphrey, Mariano - Boston Public Schools; Beaman, Byron - Prospect Hill Academy; & Sweeper, Jr., Darryl - William James College <i>The Impact of Sexual Abuse on the Lives of African American Males</i>
2:00-3:30pm	The implicit of Sexual House on the Lives of African American Huters The experiences of sexual abuse and trauma related stress have a profound impact on the psychological functioning of African American youth in general and Black males in particular. Trauma-induced behaviors are often triggered by ecological systems (e.g., ethoviolence, so called "justifiable homicide" by police offices) that offer no means for managing one's emotional state. Furthermore, racism and discrimination may exacerbate trauma related symptoms. Moreover, living in a geopolitical environment fueled by heterosexism can trigger trauma related response and increase psychological distress for Black males. However, these men's behaviors must be understood from a trauma informed and culturally sensitive lens. The goals for this film screening and panel discussion is to raise awareness and illustrate the application of culturally responsive interventions.

3:30pm-3:45pm

BREAK

INVITED PANEL		
	Thriving in the Face of WHMP	
3:45pm-5:15pm Yawkey Center Murray Room	Jioni Lewis, Ph.D. – University of Tennessee Reclaiming Our Time: Survival and Resistance in the Face of Gendered Racism	
	Rahul Sharma, Psy.D. – Independent Speaker My C.H.A.I. Recipe for Surviving and Daring to Thrive in the Current Climate	
	*CEs Offered (1.5)	

#### 5:30-7:00pm Closing Remarks / Reception\* \*Sponsored by the ISPRC Advisory Board

