
SIDNEY M. TRANTHAM, PH.D.

Boston, MA 02118 / 617.785.0409

Website: www.sidneytrantham.com / [linkedin.com/in/sidney-m-trantham](https://www.linkedin.com/in/sidney-m-trantham) / sidneytrantham@gmail.com

ASSOCIATE PROFESSOR

Master's and Doctoral Programs – Counseling & Psychology

Expertise Teaching, Mentoring & Counseling – Emphasis on training future mental-health counselors

Enrich the Learning Experience – Excellent Student Evaluations – Classroom/Online/Hybrid Teaching Experience

◆◆◆

Bring added value as Licensed Clinical Psychologist, Neuropsychologist & Thought Leader

Specialization: Marginalized Populations – People of Color (POC) / LGBTQ – Integrated Approach – CBT/MCBT/Humanistic

... 10 years of prior experience engaging in a combined role consisting of teaching and clinical practice ...

- ◆ Twenty-plus years of experience as associate professor at institutions of higher learning, with a deep passion for teaching, mentoring, and supervising counselors in training. Prior experience as division director and program chair.
 - ◆ Stimulate learning through thought provoking lectures and facilitating student engagement, encouraging reflection by students and helping bring relevancy to subject matter while applying didactic and Socratic methods.
 - ◆ As clinician, dedicated to empowering and supporting clients in healing from emotional pain and suffering through individual, group, and family counseling. Advocate for marginalized populations. Sought out for speaking engagements.
-

LICENSE

PSYCHOLOGY LICENSE – State of Massachusetts (MA PSY #8509)

EDUCATION

Ph.D., CLINICAL PSYCHOLOGY, University of Florida, Gainesville, FL

Dissertation: Male Psychological Adjustment Related to Early Sexual Experiences

M.S., CLINICAL PSYCHOLOGY, University of Florida, Gainesville, FL

Thesis: Children's Response to Interpersonal Conflict Situations: Investigation of a Measure of Aggression

B.A. in PSYCHOLOGY, Brown University, Providence, RI

PROFESSIONAL EXPERIENCE

Lesley University, Cambridge, MA, Sept. 2009 – Present

ASSOCIATE PROFESSOR - Graduate Counseling & Psychology Master's & Doctoral Program, Sept. 2009 – Present

DIVISION DIRECTOR, Counseling & Psychology - Graduate School of Arts & Social Sciences, Jan. 2017 – June 2020

Recruited as a core faculty member, teaching clinically focused graduate courses. As faculty advisor, mentor master's students and doctoral students. Progressed to division director, creating a more diverse and inclusive culture and driving impactful operational and academic changes. Led projects related to governance, program assessment, and accreditation.

TEACHING & LEADERSHIP SCOPE

Counseling and psychology on- and off-campus graduate program. Direct/Indirect Reports: 60+ (10 FT faculty, ~45 adjuncts, and 6 staff). Operating Budget: (always under budget). Teach: Clinical Skills & The Counseling Process, Assessments for Counselors & Psychologists, Biological Bases of Behavior, Interpersonal Neurobiology, and Human Sexuality

- ◆ Led entire division in transitioning to online learning during COVID-19. Developed guidelines for faculty, held Q&A with students, and created resources used university-wide to help manage stress/anxiety during this challenging time.
- ◆ Played key role in developing new doctoral program as well as expanded and improved overall course offerings:
 - Revamped/reintroduced **Human Sexuality course** after 10 years off schedule and incorporated research project.
 - Revamped **Biological Bases for Behavior** to provide more relevant, counselor-friendly learning experience.
 - Developed new doctoral course, **Interpersonal Neurobiology**, to elevate focus on applied neuroscience.

Associate Professor & Division Director continued...

- ♦ **Led improvements to enhance programs**, learning, enrollments, and efficiencies. Initiated informal program review, gained support to develop online courses, hired and increased diversity of faculty/staff (50% of new hires POC), revamped/digitized processes, implemented technology, and developed online pedagogy with lasting impact.
- ♦ **Adopted Watermark LAT web-based learning-management tool** to track student progress for assessment/ accreditation purposes.
- ♦ **Helped provide a positive campus experience** and prepare students for career, leading professionalization student group (7 yrs.) and establishing and managing cross-program student organization (6 years).
- ♦ **Served as internal expert and provided guidance** to university on steps to support transgender and non-binary students and improve campus climate for LGBTQ students.

Dr. Sidney Trantham Counseling Practice, Brookline, MA, Apr. 2007 - Present

PSYCHOLOGIST/NEUROPSYCHOLOGIST

Established and grew solo practice, providing individual, couples, and family counseling and conducting psychological, gender, and neuropsychological assessments. Built client base of children, adolescents, and adults from all socioeconomic backgrounds. Strong focus on anxiety, depression, and gender identity and use of CBT and MBCT interventions. Consult with physicians, mental health providers, and treatment programs.

- ♦ **Foster safe environment and open**, honest communication while serving diverse client base, primarily people of color (POC) and LGBTQ-identified.
- ♦ **Apply foundational expertise**, cognitive behavioral therapy (CBT), and humanistic counseling approaches in therapy sessions, in addition to incorporating mindfulness-based cognitive therapies (MBCT).
- ♦ **Help clients integrate sexual, gender, and class identity**, encouraging them to reflect on and affirm who they are and live life fully.
- ♦ **Deliver training series on gender identity** and counseling for external mental-health professionals and educators through The Bridge Training Institute for last 4 years. <http://thebridgetraininginstitute.org/>
- ♦ **Provided clinical supervision** to 3 doctoral psychology interns at Massachusetts College of Arts & Design (MassArt).

Short-list of Positive Client Outcomes

- ✓ Deeper insight into themselves
- ✓ Reduced emotional pain/suffering
- ✓ Previously unfulfilled goals attained
- ✓ Actively working towards becoming their best selves.

Lasell College (now Lasell University), Newton, MA, Sept. 2000 – Aug. 2009

DEPARTMENT CHAIR – SOCIAL SCIENCES (UNDERGRADUATE), 2007 – 2009 / CO-CHAIR – SOCIAL SCIENCES, 2007 – 2008

ASSISTANT PROFESSOR, 2000 – 2006 / ASSOCIATE PROFESSOR, 2007 – 2009

ADJUNCT FACULTY, 2000 – 2000

Created climate that encouraged personal and academic growth of students, advancing to associate professor and department chair within 6 years of hire. Led 8 faculty members/30 adjuncts, taught social science, advised and mentored students, and supervised interns. Managed efforts for faculty development, governance, accreditation, and assessments.

- ♦ **Played key leadership role during 2-year project**, defining, introducing, and implementing capstone projects (CPs) as a tool to assess student learning. Trained faculty on creation of CPs.
- ♦ **Enhanced student learning/scholarship** by overseeing multi-year grant with 2 colleagues. Led to launch of annual Connected Learning Symposium showcasing faculty/student research and academic creativity.
- ♦ **Served as faculty advisor/mentor to SAFE: Students Advocating for Equality** that won *Student Group of the Year* for contributing to the well-being of college community by creating support system for marginalized LGBTQ students.
- ♦ **Additional Committees:** Chair, Faculty Elections Committee and department chairs committees.

Tapped as department chair (over more seasoned professors) based on proven success bringing a fresh perspective to the classroom, making faculty and students feel valued/respected, and applying deep insights into human behavior to solve complex issues.

STAFF PSYCHOTHERAPIST, Fenway Health, Boston, MA, Jan. 1999 – May 2006

Counseled adults (individuals, couples, and groups) and completed psychological assessments. Improved agency's reputation with people of color by communicating issues faced by LGBTQ POC at the agency, leading to positive change.

HARVARD POSTDOCTORAL FELLOW, Sept. 1999 – Aug. 2001 HARVARD CLINICAL FELLOW, July 1997 – Aug. 1999 / CLINICAL PSYCHOLOGY INTERN, July 1996 – July 1997, Cambridge Health Alliance, July 1996 – Aug. 2001

Provided mental health counseling and conducted psychological and neuropsychological assessments. Taught graduate assessment course for psychology trainees. Served as research assistant on neuropsychological and medical studies.

PROFESSIONAL DEVELOPMENT

- ♦ Teacher's College Winter Roundtable (theme: "Teaching to Transform"), (February 28 – February 29, 2020), New York, NY (6 CEUs)
- ♦ American Psychological Association (APA) annual convention (August 8 – August 11, 2019), Chicago, IL (16 CEUs)
- ♦ Teacher's College Winter Roundtable (theme: "Rise Up"), (February 22 – 23, 2019), New York, NY (8 CEUs)
- ♦ American Psychological Association (APA) annual convention, (August 3 – August 6, 2017), Washington, DC (14 CEUs)
- ♦ Teacher's College Winter Roundtable (theme: "From Ferguson to Flint: Multicultural Competencies for Community-Based Trauma") (February 24 & 25, 2017), New York, NY (10 CEUs)
- ♦ Learning & The Brain: The Science of Character (November 13 – November 15, 2015) (16 CEUs)
- ♦ American Psychological Association (APA) annual convention (August 6 – August 9, 2015) (17 CEUs)
- ♦ American Psychological Association (APA) annual convention (August 6 – August 10, 2014) (28 CEUs)
- ♦ Boston Children's Hospital Gender Management Service (GeMS) Gender Non-Conformity in Children
- ♦ Meditation and Visualization Practices for Everyday Living and Well-Being and to Enhance Peak Performance by Daniel Brown; part of Harvard Medical School Department of Continuing Education (November 30, 2012 and December 1, 2012) (15 CEUs)
- ♦ American Psychological Association (APA) annual convention (August 3 – August 7, 2011) (18 CEUs)
- ♦ Aging: Treatment Perspectives and Challenges from Mid-Life Forwards as presented by Harvard Medical School Department of Continuing Education (November 5 – 6, 2010) (14 CEUs)
- ♦ Understanding Personality Disorders presented by Dennis Markakis as part of the Institute of Brain Potential Seminars (October 2010) (6 CEUs)
- ♦ Behavioral Interventions for Children & Teen Disorders (June 2010) (6 CEUs)
- ♦ Child and Adolescent Needs and Strengths (CANS) training and certification (October 2009) – part of the Massachusetts Child Behavioral Health Initiative (CBHI)
- ♦ The Wise Heart & The Mindful Buddha by Jack Kornfield & Daniel Siegel (September 2009) (6 CEUs)

PUBLICATIONS

- ♦ Candler, C., & Trantham, S. M. (2016). Chapter 10: Diagnoses Commonly Associated with Childhood. In A. Wagenfeld & J. Kaldenberg (Eds.), *Foundations of Pediatric Practice for the Occupational Therapy Assistant* (2nd Edition); Thorofare, NJ: Slack, Inc.
- ♦ Bucci, L., & Trantham, S. M. (2014). Children & Violence: An Undergraduate Course Model for Interdisciplinary Co-Teaching. *International Journal of Teaching and Learning in Higher Education*, 26(1), 122 - 131.
- ♦ Gere, S., Motulsky, S., Saleem, R. & Trantham, S. M. (2014). Teaching Social Justice in Counseling Psychology. *The Counseling Psychologist*, 42(8), 1058.
- ♦ Kass, J.D., & Trantham, S. M. (2013). Perspectives from Clinical Neuroscience: Mindfulness and Therapeutic Use of the Arts. In, L. Rappaport (Ed.), *Mindfulness and the creative arts therapies*. London, UK: Jessica Kingsley.
- ♦ Trantham, S. M. (2005). Diagnoses Commonly Associated with Childhood. In A. Wagenfeld & J. Kaldenberg (Eds.), *Foundations of Pediatric Practice for the OTA* (Chapter 10), Thorofare, NJ: Slack, Inc.

PRESENTATIONS

- ♦ Trantham, S. M. (2020, March 6). Gender Identity – Part 1: What Everybody Needs To Know About Transgender & Non-Binary Youth continuing education training provided via The Bridge Training Institute, Marlborough, Massachusetts.
- ♦ Trantham, S. M. (2019, December 4 and December 8). LGBTQ+ Youth: Understanding Risks & Resiliencies. Professional training provided to faculty and staff at Beaver Country Day School, Chestnut Hill, Massachusetts.
- ♦ Trantham, S. M. (2019, October 26). Sexuality Matters. Keynote Address at the Couple & Family Institute of New England, Smith College, Northampton, Massachusetts.
- ♦ Trantham, S. M. (2019, October 26). Changing the Narrative: Paving the Way Towards Resilience for LGBTQ+ Identified Youth and Their Families. Professional training provided at Couple & Family Institute of New England, Smith College, Northampton, Massachusetts.
- ♦ Trantham, S. M. (2019, April 17). Understanding Gender Identity: Working with Trans* & Non-Binary Youth. Professional training provided to staff at Tempus Unlimited, Stoughton, Massachusetts.

Presentations continued...

- ◆ Trantham, S. M. (2019, March 27). Understanding Gender Identity: Working with Trans* & Non-Binary Youth. Professional training provided to staff at Department of Children & Families (DCF), Southborough, Massachusetts.
- ◆ Motulsky, S., Trantham, S. M., McCullough, M., Rosinski, C. & Cherry, K. (2019, February 22). Advocacy and Social Justice Research in Transgender and Non-Binary Communities. Symposium provided at the Winter Roundtable, Teachers College, New York, New York.
- ◆ Trantham, S. M. (2018, December 3). Gender & Sexual Diversity. Workshop provided at Beaver Country Day School, Chestnut Hill, Massachusetts.
- ◆ Trantham, S. M. (2018, November 2). A Clinician's Guide to Assessment & Treatment with Transgender & Non-Binary Youth. Continuing education training provided via The Bridge Training Institute, Marlborough, Massachusetts.
- ◆ Trantham, S. M. (2018, October 5). Understanding Gender Identity: Working with Trans* & Non-Binary Youth. Continuing education training provided via The Bridge Training Institute, Marlborough, Massachusetts.
- ◆ Motulsky, S. & Trantham, S. M. (2018, September 4). Unpacking the Gender Knapsack. Symposium provided at Lesley University Faculty Development Day, Cambridge, Massachusetts.
- ◆ Motulsky, S., Trantham, S. M., McCullough, M., Rosinski, C., & Cherry, K. (2018, March 28). Leadership in LGBTQ+ Research and Practice Within Counseling Psychology. Symposium provided at Lesley University Community of Scholars, Cambridge, Massachusetts.
- ◆ Trantham, S. M. (2017, November 17). A Clinician's Guide to Assessment & Treatment with Transgender & Non-Binary Youth. Continuing education training provided via The Bridge Training Institute, Marlborough, Massachusetts.
- ◆ Trantham, S. M. (2017, October 6). Understanding Gender Identity: Working with Trans* & Non-Binary Youth. Continuing education training provided via The Bridge Training Institute, Marlborough, Massachusetts.
- ◆ Trantham, S. M. (2017, June 9). Working with Trans* & Non-Binary Youth: Assessment & Treatment Issues. Workshop provided at the Youth at Risk (YAR) Conference, Salem State University, Salem, Massachusetts.
- ◆ Trantham, S. M. (2017, May 5). Gender101: Understanding the Basics about Gender Identity and the Transgender* & Non-Binary Experience. Workshop provided as part of staff development day, Lesley University, Cambridge, Massachusetts.
- ◆ Motulsky, S. & Trantham, S. M. (2017, February 25). Unpacking the Gender Knapsack. Symposium provided at the Winter Roundtable, Teachers College, New York, New York.
- ◆ Motulsky, S. & Trantham, S. M. (2017, February 25). You, Me & Us: Identity Conversations. Symposium provided at the Winter Roundtable, Teachers College, New York, New York.
- ◆ Trantham, S. M. (2016, November 16). Understanding Gender Identity: Working with Trans* & Non-Binary Youth. Workshop provided as part of Clinical Workshop Series: Cultural Sensitivity and Competence in Clinical Practice, Clark University Doctoral Psychology Program, Worcester, Massachusetts.
- ◆ Trantham, S. M. (2016, October 28). Understanding Gender Identity: Working with Trans* & Non-Binary Youth. Continuing education training provided via The Bridge Training Institute, Marlborough, Massachusetts.
- ◆ Trantham, S. M. (2016, October 21). Understanding Gender Identity: Working with Trans* & Non-Binary Youth. Workshop provided as part of Massachusetts Department of Mental Health (DMH) staff training series, Tewksbury, Massachusetts.
- ◆ Trantham, S. M. (2016, April 28). Trans*101: Gender Matters. Training provided at McLean Hospital's Arlington School, Belmont, Massachusetts.
- ◆ Trantham, S. M. (2016, February 5). Understanding Gender Identity: Working with Transgender & Gender Queer Youth. Continuing Education training at Bridge Mental Health Training Institute, Marlborough, Massachusetts.
- ◆ Trantham, S. M. (2015, October 29 & November 5). Trans*101: Gender Matters. Faculty and staff training at Massachusetts College of Art, Boston, Massachusetts.
- ◆ Motulsky, S. & Trantham, S. M. (2014, February 15). Transitions: Issues Facing Transgender Children, Adolescents, and Adults. Panel presentation at Teachers College Columbia University, 31st Annual Winter Roundtable on Cultural Psychology and Education, New York, New York.
- ◆ Bucci, L., Rosenthal, L., Trantham, S. M., & Zeek, C. (2014, February 6). Crossing the Boundaries: Models for Interdisciplinary Co-Teaching in Undergraduate Courses. Practice session presented at the Conference on Higher Education Pedagogy (CHEP), Blacksburg, Virginia.
- ◆ Trantham, S. M. (2014, February 3). Neuropsychology 101 for Mental Health Counselors. In-service workshop training for counseling interns at Colleges of the Fenway, Wentworth Institute, Boston, Massachusetts.

Presentations continued...

- ♦ Trantham, S. M. (2013, November 9). Developmental Treatment Issues. Panel presentation at Boston Children's Hospital Gender Management Service (GeMS) Gender Non-Conformity in Children and Adolescents: A Conference for Health and Mental Health Clinicians, Boston, Massachusetts.
- ♦ Bucci, L. & Trantham, S. M. (2013, August). Children and Violence: An Undergraduate Course Model of Interdisciplinary Co-Teaching. Paper presented at the National Social Science Association, San Francisco, California.
- ♦ Trantham, S. M. (2013, April 7). Navigating Relationships & Transgender Teens. Discussion group at Boston Children's Hospital Gender Management Service (GeMS) Family and School Conference, Boston, Massachusetts.
- ♦ Trantham, S. M. (2013, February 2). Multiculturalism and Social Justice in Counselor Education: An Integrative Approach Across the Curriculum. 30th Annual Winter Roundtable on Cultural Psychology and Education, Teachers College Columbia University, New York, New York.
- ♦ Trantham, S. M. (2011, October). Clinical Supervision in the 21st Century: Broadening Perspectives on Diversity. Training provided at Lesley University Graduate School of Arts & Social Sciences, Division of Counseling & Psychology Field Training Office, Cambridge, Massachusetts.
- ♦ Trantham, S. M. (2011, March). Interdisciplinary Co-Teaching. Symposium provided at Lesley University Community of Scholars Day, Cambridge, Massachusetts.
- ♦ Trantham, S. M. (2010, October). The Gender Continuum: YES Institute Workshop and Panel Discussion. Symposium provided at Episcopal Divinity School, Episcopal Divinity School, Cambridge, Massachusetts.
- ♦ Trantham, S. M. (2010, May). Visual Literacy: Children & Media Violence. Symposium provided at Lesley University Faculty Development Day, Cambridge, Massachusetts.
- ♦ Trantham, S. M. (2010, March). What Impact Does Diversity Have on The Education of Lesley Students? Symposium provided at Lesley University Community of Scholars Day, Cambridge, Massachusetts.

COMMITTEES (Lesley University)

- ♦ FACULTY REPRESENTATIVE, UNIVERSITY COUNCIL (University-wide advisory board to the president), 2009 – 2013: Voted on and advised president on community-initiated discussions (e.g., issues of racism/homophobia on campus, changing name of Columbus Day weekend, becoming smoke-free campus, and changing course schedule).
- ♦ VICE-CHAIR, UNIVERSITY COUNCIL, 2012 – 2013 and CHAIR, UNIVERSITY COUNCIL, 2013 – 2015.
- ♦ CO-CHAIR, STANDARD 3 (ORGANIZATION & GOVERNANCE), a sub-committee of New England Association of Schools & Colleges (NEASC) University Accreditation Team, 2013 – 2015: Crafted report to address issues related to structure, organization, and functioning of entire institution as part of university's accreditation process
- ♦ FACULTY REPRESENTATIVE, LESLEY UNIVERSITY WORKPLACE CULTURE WORKGROUP, 2016 – 2017: Convened by the president to address morale issues at the university, leading to changes in how faculty, staff, and students interacted.
- ♦ FACULTY REPRESENTATIVE, ACADEMIC AFFAIRS COMMITTEE, 2018: Faculty-led committee charged with addressing university-wide teaching issues (e.g., academic calendar, course evaluations, assessment, accreditation, and standards).
- ♦ UNIVERSITY PRESIDENTIAL SEARCH COMMITTEE, 2018 – 2019.
- ♦ VARIOUS SEARCH COMMITTEES – DIVISION-LEVEL (graduate school and university).
- ♦ DOCTORAL DISSERTATION COMMITTEES – Member of 3 doctoral committees.

PROFESSIONAL AFFILIATIONS

- ♦ American Psychological Association (APA)
- ♦ American Counseling Association (ACA)
- ♦ International Neuropsychological Society (INS)
- ♦ World Professional Association for Transgender Health (WPATH)