

**Curriculum Vitae**  
**Maria D. Theodorakakis, PhD**

**Contact Information**

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**Academic Appointments**

- 07/2023- Assistant Professor of the Practice, Department of Counseling, Developmental, and Educational Psychology, Boston College - Lynch School of Education and Human Development, Chestnut Hill, MA
- 07/2022- Visiting Assistant Professor, Department of Counseling, Developmental and Educational Psychology  
06/2023 Boston College - Lynch School of Education and Human Development, Chestnut Hill, MA
- 12/2019- Instructor, Department of Psychiatry, Harvard Medical School, Boston, MA  
06/2022
- 09/2018- Adjunct Faculty, Counseling, Department of Developmental and Educational Psychology  
06/2022 Boston College - Lynch School of Education and Human Development, Chestnut Hill, MA

**Professional Positions**

- 12/2019- Staff Psychologist, Child and Adolescent Psychiatry/Pediatric Behavioral Medicine  
Massachusetts General Hospital, Boston, MA
- 07/2019- Senior Manager of Clinical Practice and Research, City Connects  
06/2022 Mary E. Walsh Center for Thriving Children, Boston College, Chestnut Hill, MA

**Education**

- 09/2013- PhD, Counseling Psychology  
05/2018 Boston College - Lynch School of Education and Human Development, Chestnut Hill, MA
- 05/2011- MA Counseling Psychology/School Counseling  
05/2010 Boston College - Lynch School of Education and Human Development, Chestnut Hill, MA
- 09/2006- BA, Human Development  
05/2010 Boston College - Lynch School of Education and Human Development, Chestnut Hill, MA

**Licensure**

Massachusetts Psychology License # 11165, Issued October 2019

**Doctoral Dissertation**

- “Teachers’ perceptions of support in a comprehensive student support intervention: A mixed-methods analysis”
- Defended December 2017
  - Dissertation Committee: Mary E. Walsh, PhD (chair), Eric Dearing, PhD, and Claire Foley, PhD

## **Postdoctoral Fellowship**

07/2018- Postdoctoral Fellowship, Pediatric Behavioral Medicine  
06/2019 Massachusetts General Hospital/Harvard Medical School, Boston, MA  
*Primary Supervisor: Nancy Rotter, PhD*

- Pediatric Cleft Lip and Palate Clinic (10% time)
- Pediatric Multiple Sclerosis Clinic (10% time)
- Pediatric Diabetes Multidisciplinary Clinic (10% time)
- Pediatric Food Allergy Clinic (5% time)
- Pediatric Gastroenterology and Nutrition, Neurogastro Clinic (5% time)
- Pediatric Gastroenterology and Nutrition, Liver Clinic (10% time)
- Inpatient Acute Burn Unit, Shriners Hospital for Children - Boston (10% time)
- Outpatient Child and Adolescent Psychiatry Service (30% time)
- Research Fellow (10% time)

## **Pre-Doctoral Internship**

07/2017- Pre-doctoral Internship, Clinical Psychology – Child Track  
06/2018 Massachusetts General Hospital/Harvard Medical School, Boston, MA  
*Director of Training: Sheila O'Keefe, EdD*

- Provide individual psychotherapy services in a hospital outpatient setting to children and adolescents ages 4 to 18 with a variety of emotional and behavioral disorders using evidence-based treatments
- Provide psychotherapy services to families and couples in a hospital outpatient setting
- Collaborate with medical providers to provide comprehensive patient care
- Conduct comprehensive neuropsychological and educational assessments for children and adolescents ages 3-22 through the Learning & Emotional Assessment Program (LEAP); this includes administering and scoring assessments, writing integrated reports, and conducting feedback sessions with families
- Participate in weekly patient rounds and deliver individual psychotherapy services on adult inpatient medical-psychiatric unit
- Attend weekly didactic seminars, grand rounds, and individual supervision with licensed psychologists,

## **Teaching Experience**

Boston College, Lynch School of Education and Human Development

- Instructor: Issues in School Counseling (09/2022 to present)
- Instructor: Doctoral Seminar in Advanced Psychopathology (01/2022-05-2023)
- Instructor: Psychological Testing (01/2022 to present)
- Instructor: Seminar in Group Counseling (01/2020-05/2021; 01/2024 to present)
- Instructor: Foundations of Counseling (09/2018 to present)
- Instructor/Supervisor: School Counseling Pre-Practicum Experience (09/2014-05/2016)
- Teaching Fellow: Principles and Techniques of Counseling (09/2014-12/2015)
- Teaching Assistant: Issues in School Counseling (09/2013-12/2013)

## Peer-Reviewed Scholarship

- Kennedy, L., Machado, S., Nguyen, E., Balkcom, J., Jaffee, H., **Theodorakakis, M.D.**, & Pistiner, M., (2024). Role of Sesame Allergy in Self-Efficacy, Sense of Community, and Quality of Life. *The Journal of Allergy and Clinical Immunology*, 153(2), AB51.
- Li, J.C., Rotter, N.S., Stieb, E.S., Stockbridge, J.L., **Theodorakakis, M.D.**, & Shreffler, W.G. (2023). Utility of Food Allergy Thresholds. *Annals of Allergy, Asthma, and Immunology*, 132(3), 321-327.
- Pollack, C., **Theodorakakis, M.D.**, & Walsh, M.E. (2021). Leveraging Integrated Student Support to Identify and Address COVID-19-Related Needs for Students, Families, and Teachers. *AERA Open*, November 2021, <https://doi.org/10.1177/23328584211058473>
- Pistiner, M., & **Theodorakakis, M.D.** (2021). Development and Implementation of a Community Mentorship Program to Support Children with Food Allergy. *The Journal of Allergy and Clinical Immunology. In practice*, 9(5), 2129–2131.e2. <https://doi.org/10.1016/j.jaip.2021.02.002>
- Sibley, E., **Theodorakakis, M.D.**, Walsh, M.E., Foley, C., Petrie, J., & Raczek, A. (2017). The impact of comprehensive student support on teachers: Knowledge of the whole child, classroom practice, and teacher support. Submitted to: *Teaching and Teacher Education*, 65, 145-156.
- Walsh, M.E., & **Theodorakakis, M.D.** (2017). The impact of economic inequality on children's development and achievement. Submitted to: *Religions*, 8(4), 67.

## Non-peer reviewed Scholarship

- **Theodorakakis, M.D.**, Walsh, M.E., Tran, Q.D., & O'Donnell, E.O. (2024). Multidisciplinary Support for Diverse Youth Managing Type 2 Diabetes. in J. Park-Taylor & M. Keitel, An intersectional Approach to Counseling Children and Adolescents with Health Conditions. Information Age Publishing.
- **Theodorakakis, M.D.**, Walsh, M.E., Tran, Q.D., & O'Donnell, E.H. (2022). Multidisciplinary support for diverse youth managing Type 2 Diabetes. [Book chapter submitted for publication]. Center for Thriving Children, Boston College.
- Walsh, M. E., **Theodorakakis, M. D.**, & Backe, S.M. (2016). Redesigning a core function of Schools: A systemic, evidence-based approach to student support. In H. A. Lawson & D. van Veen (Eds.), *Developing extended and multi-service schools: International exemplars for practice, policy, and research*. Springer.
- Walsh, M.E., Washer Gish, J., Foley, C., **Theodorakakis, M.D.**, & Rene, K. (2016). *Policy Brief: Principles of Effective Practice for Integrated Student Support*. Chestnut Hill, MA: Center for Optimized Student Support.
- City Connects Evaluation Team. (2016). *The Impact of City Connects: Progress Report 2016*. Chestnut Hill, MA: Center for Optimized Student Support.
- Foley, C., **Theodorakakis, M.D.**, Walsh, M., DiNatale, P., & Raczek, A., (2015). *Policy Brief: Building a sustainable intervention to address the out-of-school factors affecting achievement: A primer and case study*. Chestnut Hill, MA: Center for Optimized Study Support.
- City Connects Evaluation Team. (2014). *The Impact of City Connects: Progress Report 2014*. Chestnut Hill, MA: Center for Optimized Student Support.

## Invited Presentations

- **Theodorakakis, M.D.**, Bennett, M., Kaskas, M., & Caruso, A. (2024, January-March). Supporting Students with Chronic Medical Conditions. Professional Development Series offered for Massachusetts Partnership for Youth [Virtual Presentation].
- **Theodorakakis, M.D.** (2023, March). Pediatric Psychology. Guest lecture in Pediatric Psychology Course, Tufts University, Medford, MA
- **Theodorakakis, M.D.**, Schmidtberger, R., & Walsh, M.E., (2022, April). Fostering Resilience Through Strengths-Based Student Support Programming. Presentation at the 2022 Massachusetts School Counselors Association (MASCA) Conference, Newton, MA.
- Pollack, C., **Theodorakakis, M.D.**, Leigh, Y., Walsh, M. E., & Morgan, A. (2021, August). The long haul of COVID: Fall 2020 challenges for students, families, & staff in high-poverty schools. Paper presentation at the 19th Biennial Conference of the European Association for Research on Learning and Instruction (EARLI), Sweden [Virtual Conference].
- **Theodorakakis, M.D.**, Simpson, K., & Walsh, M.E., (2021, April). School Counselors' Critical Role in

Implementing Systemic Student Support. Presentation at the 2021 Massachusetts School Counselors Association (MASCA) Conference, [Virtual Conference].

- Lebowitz, R. B., **Theodorakakis, M.D.**, Pollack, C. DiNatale, P., & Walsh, M. (2021, April). Preparing school staff to support students and families during COVID-19: Insights from research and practice. Presentation at the 2021 Biennial Meeting for the Society for Research in Child Development (SRCD), [Virtual Conference].
- Pollack, C., **Theodorakakis, M.D.**, & Walsh, M. E. (2021, April). Leveraging integrated student support for COVID-19-related needs for students, families, and teachers in high-poverty schools. Presentation at the 2021 Biennial Meeting for the Society for Research in Child Development (SRCD), [Virtual Conference].
- **Theodorakakis, M.D.** (2019, April). *Stepping into Adulthood: Managing Stress and Navigating Post High School Life*. Presentation for the “Everyone Counts Program”. The National Multiple Sclerosis Society. Marlborough, MA.
- **Theodorakakis, M.D.** (2018, April). *Mindfulness Matters: Managing Stress in your Daily Life*. Presentation for the “My Future Youth Symposium.” The Y Achievers of Tufts Health Plan and YMCA of Greater Boston. Somerville, MA.
- **Theodorakakis, M.D.** (2016, September). Guest Lecturer: Issues in School Counseling Course Boston College, Lynch School of Education and Human Development. Lecture Title: “A Comprehensive, Coordinated Approach to School Counseling”
- **Theodorakakis, M.D.** (2016, November). Guest Lecturer: Issues in School Counseling Course Boston College, Lynch School of Education and Human Development. Lecture Title: “The Role of School Counselors in Addressing Diversity
- **Theodorakakis, M.D.** (2016, May). *The Impact of Poverty on Pediatric Health and Achievement: One Approach to Addressing Children’s Needs*. Presentation delivered as part of Continuing Education program at Massachusetts General Hospital Charlestown HealthCare Center.

#### **Poster Presentations Presented at Professional Meetings**

- **Theodorakakis, M.D.**, Andre, M., & Pistiner, M. (2021, February). MassGeneral Hospital for Children Food Allergy Buddies Program: A Multidisciplinary Community Mentorship Program. Poster presented at American Academy of Allergy, Asthma, and Immunology Annual Meeting [Virtual Conference].
- **Theodorakakis, M. D.**, Friedman, D., Bennett, M., Berthold, L., Cutillo, K., Kiley, L., Koren, D., Jafri, R., and O’Donnell, E. (2019, May). *Patient Satisfaction with the Multidisciplinary Pediatric Diabetes Clinic within the MGH Pediatric Endocrinology Program and Diabetes Center*. Poster presented at the Massachusetts General Hospital for Children Annual Research Day, Boston, MA.
- **Theodorakakis, M.D.**, Walsh, M. E., Rene, K., & Chung, A. (2016, August). *The Impact of a Comprehensive Student Support Intervention on Teachers*. Poster submitted to the annual meeting of the American Psychological Association, Denver, CO.
- Rene, K., Walsh, M. E., **Theodorakakis, M.D.**, & Chung, A. (2016, August). *An Evidence-Based Intervention that Provides Infrastructure to Schools: Creating Hubs for Student Support*. Poster submitted to the annual meeting of the American Psychological Association, Denver, CO.
- **Theodorakakis, M. D.**, Walsh, M. E., Lee-St. John, T. J., Rene, K. M., & Michel, E. B. (2015, August). *Reducing disparity for students with behavior-related needs via a student support intervention*. Poster submitted to the annual meeting of the American Psychological Association, Toronto, Canada.
- **Theodorakakis, M. D.**, Walsh, M. E., Rene, K. M., & Michel, E. B. (2015, August). *An evidence-based intervention that provides infrastructure to link schools and community agencies*. Poster submitted to the annual meeting of the American Psychological Association, Toronto, Canada.
- **Theodorakakis, M. D.**, Walsh, M. E., & Lee-St. John, T. J. (2014, December). *Reducing disparity experienced by students in high-poverty urban schools via a comprehensive approach to student support*. Poster presented at the Boston College Student Poster Competition, Chestnut Hill, MA.
- **Theodorakakis, M. D.**, Walsh, M. E., Lee-St. John, T., Michel, E. B., & Capawana, M. R. (2014, August). *Tailoring student support services for urban schoolchildren with family-related challenges*. Poster presented at the annual meeting of the American Psychological Association, Washington, D.C.
- Capawana, M. R., Walsh, M. E., Lee-St. John, T. J., **Theodorakakis, M.D.**, & Michel, E. B. (2014, March). *Behavioral and academic challenges of obese and non-obese urban schoolchildren*. Poster presented at the Harvard Graduate School of Education Student Research Conference, Cambridge, MA.
- Capawana, M. R., Walsh, M. E., Lee-St. John, T., **Theodorakakis, M. D.**, & Michel, E. B. (2014, August).

*Tailored services for obese children in urban schools.* Poster presented at the annual meeting of the American Psychological Association, Washington, D.C.

- **Theodorakakis, M. D.,** Walsh, M. E., Lee-St. John, T. J., Michel, E. B., & Capawana, M. R. (2014, March). *Tailoring student support services for urban schoolchildren with family-related challenges.* Poster presented at the Harvard Graduate School of Education Student Research Conference, Cambridge, MA.
- Capawana, M. R., Walsh, M. E., Lee-St. John, T. J., **Theodorakakis, M. D.,** & Michel, E. B. (2014, March/April). *Tailored services for obese children in urban schools.* Poster presented at the Boston College Graduate Education Association Conference, Chestnut Hill, MA.
- Michel, E. B., Walsh, M. E., Lee-St. John, T. J., Capawana, M. R., & **Theodorakakis, M. D.** (2014, March). *Assessing urban student needs through tailored support.* Poster presented at the Harvard Graduate School of Education Student Research Conference, Cambridge, MA.
- **Theodorakakis, M. D.** & Walsh, M. E. (2014, March). *Counseling psychologists implement a collaborative, holistic student support intervention.* Poster presented at the meeting of the Society of Counseling Psychology, Atlanta, GA.

**Pre-Doctoral Clinical Experience:**

09/2016-06/2017	<p><b>Psychological Assessment Intern Chelsea Public Schools</b> Chelsea, MA <i>Supervisor: Andrea Weiss, PsyD</i></p>	<ul style="list-style-type: none"> <li>• Conduct psychological, neuropsychological, and academic assessments with children and adolescents in a diverse K-12 public school setting</li> <li>• Administer, score, and interpret testing measures and write integrated assessment reports</li> <li>• Participate in feedback sessions with families and school staff to share results of testing</li> <li>• Provide recommendations to families with respect to interventions and additional assessment options</li> <li>• Attend weekly testing seminars, didactic trainings, and process groups</li> </ul>
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07/2015-06/2016	<p><b>Clinical Psychology Practicum – Clinical Psychology Fellow Massachusetts General Hospital, Charlestown HealthCare Center</b> Charlestown, MA <i>Supervisors: Lisa Solomon, PhD, Florence Farrell, PhD</i></p>	<ul style="list-style-type: none"> <li>• Provide weekly outpatient psychotherapy services for a caseload of 10-12 children and adolescents (ages 5-15) and 3 adult patients (ages 19-29)</li> <li>• Implement and integrate an array of treatment modalities, including psychodynamic, cognitive behavioral, dialectic behavioral, family systems, and solution-focused approaches</li> <li>• Collaborate and consult with on-site multidisciplinary team, outside service providers, and school staff members in order to provide comprehensive care</li> <li>• Administer and score neuropsychological assessments, write integrated reports, and conduct feedback sessions for clients</li> <li>• Pilot a behavioral health consultation program in collaboration with the Health Center’s Pediatrics Unit in order to increase access to mental health care; provide consultation and advocacy services, short-term mental health treatment, and parent-guidance services</li> <li>• Participate in case presentations, didactic seminars (including Psychiatry Grand Rounds), individual supervision, group supervision, and staff trainings</li> <li>• Deliver a Continuing Education presentation to all staff members entitled “<i>The Impact of Poverty on Pediatric Health and Achievement: One Approach to Addressing Children’s Needs.</i>”</li> </ul>
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07/2014-06/2015	<b>Clinical Psychology Practicum – Community Psychology Fellow Massachusetts General Hospital, Charlestown HealthCare Center</b> Charlestown, MA <i>Supervisors: Lisa Solomon, PhD, Sid Mondell, PhD</i>	<ul style="list-style-type: none"> <li>• Provide weekly individual psychotherapy services for a caseload of 12-13 children and adolescents (ages 5 to 15) in community-based settings</li> <li>• Implement and integrate an array of treatment modalities, including psychodynamic, cognitive behavioral, dialectic behavioral, family systems, and solution-focused approaches</li> <li>• Collaborate and consult with on-site multidisciplinary team, outside service providers, and school staff members in order to provide comprehensive care</li> <li>• Conduct classroom observations and participate in school-based meetings as a student advocate</li> <li>• Facilitate a summer therapy group for children ages 10-12 with a focus on anxiety and coping skills</li> <li>• Participate in case presentations, didactic seminars (including Psychiatry Grand Rounds), individual supervision, group supervision, and staff trainings</li> </ul>
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07/2011-06/2013	<b>Upper School Counselor Cristo Rey Network, Cristo Rey Boston High School</b> Dorchester, MA <i>Supervisor: Elizabeth Degnan, M.A</i>	<ul style="list-style-type: none"> <li>• Provide personal and social-emotional counseling for all students in grades 11 and 12</li> <li>• Facilitate counseling groups with 4-8 students around specific psycho educational topics</li> <li>• Collaborate with parents to address out-of-school needs of students and the transition to college</li> <li>• Work collaboratively as a member of the Student Support Team, Admissions Team, and School Administration Team in order to serve the overarching needs of the school</li> <li>• Manage the college application process and financial aid application process for all senior students and families</li> </ul>
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09/2010-06/2011	<b>Counseling Intern Boston Public Schools, Edwards Middle School</b> Charlestown, MA <i>Supervisor: Sugeily Santos, M.A.</i>	<ul style="list-style-type: none"> <li>• Conduct individual counseling with a diverse caseload of students across grade levels</li> <li>• Co-facilitate Social Skills Group, Substance Abuse Support Group, and High School Transition Group</li> <li>• Lead school Attendance Initiative, in partnership with the Boston court system, to reduce truancy</li> <li>• Advise 8th grade students through the Boston Public Schools High School Selection Process</li> <li>• Serve as Sixth Grade Liaison to facilitate communication between students, teachers, and student support staff</li> <li>• Facilitate crisis counseling and peer mediation</li> <li>• Implement a <i>Kindness and Compassion Paper Chain</i> initiative as part of anti-bullying campaign</li> <li>• Perform administrative tasks and maintain regular contact with students, staff, and parents</li> </ul>
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### Membership in Professional Societies

09/2013-	Member	American Psychological Association
09/2019-	Member	American Psychological Association, Division 54

