

**Alex L. Pieterse, Ph.D.**  
**February, 2023**

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Boston College  
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**EDUCATION**

University of the State of New York, New York State Education Department - Licensed  
Psychologist – #018552

Ph.D. Counseling Psychology (APA accredited), Teachers College, Columbia University,  
New York, 2005

Pre-Doctoral Internship (APA accredited), University of Maryland Counseling Center,  
2004-2005

M.A. Counseling Psychology, New York University, New York, 1997

B.HSc. (Nursing), Australian Catholic University, Sydney, Australia 1991

Dip.ASc. (Nursing), Avondale College, NSW, Australia 1987

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**ACADEMIC APPOINTMENTS**

Associate Professor  
Director – Institute for the Study of Race and Culture

Boston College, MA  
2022 –

Associate Professor and Doctoral Training Director:

University at Albany - SUNY  
2015 – 2021

Associate Professor, Counseling Psychology:

University at Albany - SUNY  
2014 -

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|---|---|
| Senior Lecturer, Counseling Psychology:     | Monash University,<br>Melbourne, Australia<br>2012 - 2013 |
| Assistant Professor, Counseling Psychology: | University at Albany - SUNY<br>2008-2012                  |
| Assistant Professor of Education:           | George Mason University<br>2005-2008                      |

## PROFESSIONAL WORK EXPERIENCE

|  |                |
|--|----------------|
| Independent Psychotherapy Practice<br>Licensed Psychologist, Albany  | 2010 - ongoing |
| University of Maryland Counseling Center<br><u>Position:</u> Staff Counselor, part-time                                    | 2005 - 2007    |
| Memorial Sloan Kettering Cancer Center, NYC<br><u>Position:</u> Clinical Nurse III – Hematology and Bone Marrow Transplant | 1993-2004      |
| LaGuardia Community College, CUNY<br><u>Position:</u> Adjunct Instructor   | 1998 – 2000    |
| Westmead Hospital, Sydney, Australia<br><u>Position:</u> Clinical Nurse Specialist   | 1990 – 1993    |
| Sydney Adventist Hospital, Sydney Australia<br><u>Position:</u> Registered Nurse   | 1987-1989      |

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## REFEREED PUBLICATIONS

**Pieterse, A. L.,** Austin, C., Nicolas, A., Agiliga, A., Martin, C., & Kirkinis, K. (In press) Essential Elements for Working with Racial Trauma: A Guide for Health Service Psychologists”. *Professional Psychology: Research and Practice*

**Pieterse, A. L,** Lewis, J. A., & Miller, M. J. (In press) Dismantling and Eradicating Anti-Blackness and Systemic Racism: Introduction to the Special Section. *Journal of Counseling Psychology*

Lin, B., Flagg, A. M., Yeo, A. J., & **Pieterse, A. L.** (In press). The psychophysiological salience of past experiences of discrimination *Cultural Diversity and Ethnic Minority Psychology*

- Pieterse, A. L.,** Kirkinis, K., & Paiko, L. (In press) The Anti-Racism Behavioral Inventory: A Validation Study. *Journal of Social Action in Counseling and Psychology*
- Tung, I., Daniel, K. E., Lumley, M. A., Arora, P. G., Cavell, T. A., **Pieterse, A. L.,** Edstrom, L., McWhorter, L. G., Bridges, A. J., Rollock, D., Miville, M. L., Angyal, B., & Fernandes, M. A. (2023). Making the leap to socially responsive research training in health service psychology. *Training and Education in Professional Psychology, 17*(1), 31–42. <https://doi.org/10.1037/tep0000427>
- Pieterse, A. L.,** Roberson, K. L., Garcia, R., & Carter, R. T. (2022). Racial discrimination and trauma symptoms: Further support for the Race-Based Traumatic Stress Symptom Scale. *Cultural Diversity and Ethnic Minority Psychology*. Advance online publication. <https://doi.org/10.1037/cdp0000544>
- Stevenson, L., & **Pieterse, A.** (2022). Considering the Phenomenon of Violence in Black and Brown Communities: An Interview with Lawrence Stevenson and Dr. Alex Pieterse. *New England Journal of Relational and Systemic Practice, 2*(3), 103-108.
- Kangos, K. A., & **Pieterse, A. L.** (2021). Examining how lesbian, gay, and bisexual Christian clients' perceptions of therapists' cultural humility contribute to psychotherapy outcomes. *Psychotherapy, 58*(2), 254–262. <https://doi.org/10.1037/pst0000375>
- Roberson, K., & **Pieterse, A. L.** (2021). Internalized racism and self-esteem: Do depressive symptoms matter? *Cultural Diversity and Ethnic Minority Psychology, 27*(3), 531–536. <https://doi.org/10.1037/cdp0000453>
- Kirkinis, K., **Pieterse, A. L.,** Martin, C., Agiliga, A., & Brownell, A. (2021). Racism, racial discrimination, and trauma: A systematic review of the social science literature. *Ethnicity & Health, 26*(3), 392-412. <https://doi.org/10.1080/13557858.2018.1514453>
- Scharff, A., Breiner, C. E., Ueno, L. F., Underwood, S. B., Merritt, E. C., Welch, L. M., ... & **Pieterse, A. L.** (2020). Shifting a training clinic to teletherapy during the COVID-19 pandemic: a trainee perspective. *Counselling Psychology Quarterly, 1*-11.
- Gale, M., **Pieterse, A. L.,** Lee, D., M., Huynh, K., Powell, S., & Kirkinis, K. (2020). A Meta-Analysis of the Relationship between Internalized Racial Oppression and Health-Related Outcomes. *The Counseling Psychologist, 48* (4), 498-525. [doi.org/10.1177/0011000020904454](https://doi.org/10.1177/0011000020904454)

- Lantz, M. M., **Pieterse, A. L.**, & Taylor, T. O. (2020). A social dominance theory perspective on multicultural competence. *Counselling Psychology Quarterly*, 33(2), 142-162.
- Pieterse, A. L.** (2018). Attending to racial trauma in clinical supervision: Enhancing client and supervisee outcomes, *The Clinical Supervisor*, 37, 204-220, DOI: 10.1080/07325223.2018.1443304
- Carter, R. T., Muchow, C., & **Pieterse, A. L.** (2018). Construct, predictive validity, and measurement equivalence of the Race-Based Traumatic Stress Symptom Scale for Black Americans. *Traumatology*, 24(1), 8-16. <http://dx.doi.org/10.1037/trm0000128>
- Pieterse, A. L.**, Nicolas, A. I., & Monachino, C (2017). Examining the Factor Structure of the Perceived Ethnic Discrimination Questionnaire in an Australian University Student Sample. *International Journal of Culture and Mental Health*, 10, 97-107.
- Pieterse, A. L.** Lee, M., & Fetzer, A. (2016). Racial group membership and multicultural training: examining the experiences of counseling and counseling psychology students. *International Journal for the Advancement of Counselling*, 38, 26-47. doi :10.1007/s10447-015-9254-3
- Fang, K., Friedlander, M., & **Pieterse, A. L.** (2016). Contributions of acculturation, enculturation, discrimination, and personality traits to social anxiety among Chinese immigrants: a context-specific assessment, *Cultural Diversity and Ethnic Minority Psychology*, 22, 58-68. <http://dx.doi.org/10.1037/cdp0000030>
- Pieterse, A. L.**, Utsey, S. O., & Miller, M. J. (2016). Development and initial validation of the anti-racism behavioral inventory (ARBI). *Counselling Psychology Quarterly*, 29(4), 356-381. doi.org/10.1080/09515070.2015.1101534
- Paradies Y., Ben J., Denson N., Elias A., Priest N., **Pieterse A.**, et al. (2015) Racism as a determinant of health: a systematic review and meta-analysis. *PLoS ONE* 10(9): e0138511. doi:10.1371/journal.pone.0138511
- Paradies, Y., Priest, N., Ben, J., Truong, M., Gupta, A., **Pieterse, A.**, ... & Gee, G. (2013). Racism as a determinant of health: a protocol for conducting a systematic review and meta-analysis. *Systematic reviews*, 2(1), 85.
- Pieterse, A. L.**, Lee, M., Collins, N. M., & Ritmeester, A. (2013). Towards an integrated model of self-awareness development for counseling and psychotherapy training. *Counselling Psychology Quarterly*, 26, 190-207. doi: 10.1080/09515070.2013.793451

- Pieterse, A. L.,** Carter, R. T., & K. A. Ray. (2013) The relationship between perceived racism, stress, and psychological functioning among Black women *Journal of Multicultural Counseling and Development, 41*, 36-46. doi: 10.1002/j.2161-1912.2013.00025.x
- Pieterse, A. L.,** Todd, N. R., Neville, H. A., & Carter, R. T. (2012). Perceived racism and mental health among Black American adults: a meta-analytic review. *Journal of Counseling Psychology, 59*, 1-9. doi: 10.1037/a0026208
- Fang, K., **Pieterse, A. L.,** Friedlander, M. L., & Cao, J. (2011) Assessing the Psychometric Properties of a Chinese Version of the Attitudes Toward Seeking Professional Psychological Help Scale – Short Form. *International Journal of the Advancement of Counselling, 33*, 309-321. doi: 10.1007/s10447-011-9137-1
- Pieterse, A. L.** Fang, K., & Evans, S. A. (2011). Examining the internationalization of counseling psychology scholarship: A content analysis. *International Journal for the Advancement of Counselling, 33*, 280-292. doi: 10.1007/s10447-011-9134-4
- Williams III, O., **Pieterse, A. L.,** DeLoach, C., Bolden, M. A., Ball, J., & Awadalla, S. (2010). Beyond health disparities: examining power disparities and industrial complexes from the views of Franz Fanon. *Journal of Pan African Studies, 3* (8), 151-178.
- Pieterse, A. L.,** Carter, R. T., Evans, S. A., & Walter, R (2010). An Exploratory Examination of the Associations Among Racial and Ethnic Discrimination, Racial Climate, and Trauma-Related Symptoms in a College Student Population *Journal of Counseling Psychology, 57*, 255-263.
- Pieterse, A. L.,** & Carter, R. T. (2010). The role of racial identity in perceived racism and psychological stress among Black American adults: Exploring traditional and alternative approaches. *Journal of Applied Social Psychology, 40*, 1028-1053.
- Pieterse, A. L.,** & Carter, R. T. (2010). An exploratory investigation of the relationship between racism, racial identity, perceptions of health, and health locus of control among American women of African descent. *Journal of Health Care for the Poor and Underserved, 21*, 334-348.
- Pieterse, A. L.** (2009). Teaching anti-racism in counselor training: Reflections on a course. *Journal of Multicultural Counseling and Development, 37*, 141-152.
- Pieterse, A. L.,** Evans, S A., Collins, N. M., A., Risner-Butner, & Mason, L. B. (2009). Multicultural and social justice training in counseling psychology and counselor education: A review and analysis of a sample of course syllabi. *The Counseling Psychologist, 37*, 93-115.

Carter, R.T., **Pieterse, A. L.**, & Smith, S (2008). An exploratory analysis of racial identity profile statuses and expressions of anger in Black Americans. *Journal of Multicultural Counseling and Development*, 36, 101-112.

**Pieterse, A. L.** & Collins, N. M. (2007). A socialization based values approach to inter-cultural communication. *College Student Affairs Journal*, 26, 141-150.

**Pieterse, A. L.**, & Carter, R. T. (2007). An examination of the relationship between general life stress, racism-related stress and psychological health among Black men. *Journal of Counseling Psychology*, 54, 102-109.

Collins N, M. & **Pieterse, A. L.** (2007). Critical incident analysis based learning: An approach to training for active racial and cultural awareness. *Journal of Counseling and Development*, 85, 14-23. (Shared Authorship)

Baluch, S., **Pieterse, A. L.**, & Bolden, M. (2004) Counseling psychology and social justice: Houston... we have a problem. *The Counseling Psychologist*, 32, 89-98.

Yeh, C., Carter, R. T., & **Pieterse, A. L.** (2004) Cultural values and racial identity attitudes among Asian American students: an exploratory investigation. *Counseling and Values*, 48, 82-95.

## **BOOKS**

Carter, R. T., & **Pieterse, A. L.** (2020). *Measuring the effects of racism: Guidelines for the assessment and treatment of race-based traumatic stress*. New York, NY: Columbia University Press: New York

## **BOOKS UNDER CONTRACT**

**Pieterse, A.L.**, Carter, R. T., & Forsyth, J. *Black American's Strengths-Based Cultural Practices: Tools for Clients to Promote Psychological Well-Being*. London, UK. Routledge (Due June 2024).

## **BOOK CHAPTERS**

**Pieterse, A. L.**, & Powell, S. (2016). A theoretical overview of the impact of racism on people of color. In A. N. Alvarez, C.T.H. Liang & H.A. Neville, (Eds.), *The Cost of Racism for People of Color* (pp. 11-30). Washington, D.C.: American Psychological Association.

**Pieterse, A. L.** (2016). Racialized Perspectives on the Prison Industrial Complex In. E. L. Short., & L. Wilton (Eds.). *Talking about Structural Inequalities in Everyday Life: New Politics of Race in Groups, Organizations, and Social Systems*. New York, NY: Information Age Publishing.

- Pieterse, A. L.,** Chung, S., Khan, T. A., & Bissram, J. (2013). Social Class and Racial/Ethnic Identity: Perspectives on the Psychological Impact of Social Stratification and Inequality. In W. M. Liu (Ed.). *Handbook of Social Class and Counseling Psychology* (pp. 379-393). Oxford Press: New York, NY.
- Pieterse, A. L.,** Hanus, A., & Gale, M. (2012). Advocacy and Prevention: Dismantling Systems of Oppression In E. Vera (Ed.). *The Oxford Handbook of Prevention in Counseling Psychology* (pp. 109-124). Oxford Press: New York, NY.
- Friedlander, M. L., **Pieterse, A. L.,** & Lambert. (2012). Evolution of counseling theory in counseling psychology. In N. A. Fouad (Ed). *APA Handbook of Counseling Psychology Vol 1. Theories, Research, and Methods* (pp. 31-57). American Psychological Association: Washington DC.
- Pieterse, A. L.,** Howitt, D., & Naidoo, A. V. (2011). Racial oppression, colonization and self- efficacy: Towards an empowerment model for individuals of African heritage. In E. Mpofo (Ed.). *Counseling People of African Ancestry* (pp. 93-108), London, UK: Cambridge Publications.
- Pieterse, A. L.,** Miller, M. J. (2009). Current considerations in the assessment of adults: A review and extension of culturally inclusive models. In J. Ponterotto, L. A. Suzuki, C. Alexander, & J. M. Cases (Eds.). *Handbook of Multicultural Counseling, 3<sup>rd</sup> Edition*, (pp. 649-666). Thousand Oaks, CA: Sage Publications.
- Neville, H. A., & **Pieterse, A. L.** (2009). Racism, white supremacy, and resistance: Contextualizing Black American experiences. In H. A. Neville, B. N. Tynes, & S. O. Utsey (Eds.). *Handbook of African American Psychology*. (pp. 159-174) Thousand Oaks, CA: Sage Publications.
- Carter, R. T., & **Pieterse, A. L.** (2005) Race: Its meaning and related constructs. In R. T. Carter (Ed.). *Handbook of Racial Cultural Psychology and Counseling* (pp.41-63). Hoboken, NJ: Wiley & Sons.
- Carter, R. T., **Pieterse, A. L.,** & Williams, C. B. (2005). The decline of eurocentric dominance in counseling and psychology: A summary and reflections on the impact of multiple perspectives. In R. T. Carter (Ed.). *Handbook of Racial Cultural Psychology and Counseling* (pp. 414-422). Hoboken, NJ: Wiley & Sons.
- Suzuki, L. A., Short, E. L., **Pieterse, A. L.,** & Kugler, J. (2001). Multicultural issues and the assessment of aptitude. In L. A. Suzuki, J. Ponterotto, & P. J. Meller (Eds.). *Handbook of Multicultural Assessment – 2<sup>nd</sup> Edition* (pp. 359-382). New York: Jossey & Bass.

## ENCYCLOPEDIA ENTRIES & COMMENTARIES

**Pieterse, A. L., & Ray, K.** Racism. (2008). In F. T. L. Leong (Ed.). *Encyclopedia of Counseling, Vol. 4*. Thousand Oaks, CA: Sage Publications.

Suzuki, L. A., & **Pieterse, A. L.** (2005). Educational assessment. In S. Farenga & D. Ness (Eds.). *Encyclopedia on Education and Human Development* (pp. 100-103). Armonk, NY: M. E. Sharpe Publishers.

## BOOK REVIEWS

**Pieterse, A. L.** (2007). Noncognitive Assessment in Higher Education: Beyond the Big Test by W. E. Sedlacek. In *Measurement and Evaluation in Counseling and Development, 40*, 181-183.

## CITATION RECORD – GOOGLE SCHOLAR

|             |      |
|-------------|------|
| # Citations | 5449 |
| H index     | 27   |
| h10 index   | 36   |

## MANUSCRIPTS UNDER REVIEW

**Pieterse, A. L., Johnson, V., & Carter, R. T.** The Relationship Between PTSD and Race-Based Traumatic Stress" (*under review – revision*)

Gale, M., & **Pieterse, A. L.** For Whose Benefit? Internalized Racism and Shifting Racial Expression among Multiracial Adults (*Under Review*)

Motley, R. O., Williams, E., **Pieterse, A. L., & Harris, M.** Latent class profiles of exposure to racism-based police violence and their associations with mental health (*under review*)

**Pieterse, A.L., Paiko, L., Roberson, K., & Kirkinis, K.** Exploring the Experiences of Students of Color in Counseling Psychology Doctoral Training: A Qualitative Investigation (*under review*)

## MANUSCRIPTS IN PREPARATION

Paiko, L., & **Pieterse, A. L.** Predicting Anti-Racism in White Counseling Trainees: The Role of Affective Costs of Racism to Whites

Miller, M. J., & **Pieterse, A. L.** Development and Initial Validation of the Racism Coping Self-Efficacy Scale



**Pieterse, A. L.,** Collins, N. M., Lee, M., & Wright, S. Therapist Self-Awareness and Counseling-Related Outcomes: A Quantitative Examination

**Pieterse, A. L.,** Martin, C. M., Agiliga, A., & Lombardi, A. The Process of Antiracism Advocacy: A Single Subject Case Study Design.

### **RESEARCH IN PROGRESS**

**Pieterse, A. L & Lee, M.** Development and Validation of the Therapist Self-Awareness Inventory

**Pieterse, A. L.,** Taylor, T., Harris, M. Assessment of Inter-generational Racial Trauma

**Pieterse, A. L.,** Gordon, S., & Yang, E.J. Racial Trauma in Clinical Supervision

### **INVITED PRESENTATIONS**

Pieterse, A. L. (2023, January). *Enhancing the Therapeutic Relationship through Cultural Humility: Theory, Research and Clinical Applications*. South London and Maudsley NHS (SLaM) Cultural Competence Series (via Zoom)

Pieterse, A. L. (2022, October). *Anti-Racism in Psychological Science and Practice: A Call for Action*. University of Vermont, Department of Psychology Colloquium.

Pieterse, A. L (2022, July). *Thoughts on Race and Racial Trauma in the Clinical Encounter*. MIT, Student Mental Health and Counseling Services

Pieterse, A. L (2022, March). *Health Disparities, Race and Racism: Critical Perspectives from Psychological Science and Practice*. American Psychological Association Professional Development Training Institute, Washington DC.

Pieterse, A. L. (2022, March). *Clinical Supervision: Exploring the Dynamics of Racial Trauma and Anti-Racist Practice*. – Columbia Psychoanalytic Institute, NYC

Pieterse, A.L (2022, March). *Considerations for Anti-Racist Practice in Counseling and Psychotherapy*. University of Regina, CA

Pieterse, A. L. (2021, October). *Engaging Racial Diversity in Clinical Practice: Moving from Fear to Freedom*. Keynote Address – New York Psychological Association Annual Convention

Pieterse, A. L. (2021, May). *Working with Difference in the Supervisory Relationship: A Focus on Race.*, Association of Clinical Psychologists – United Kingdom (UK)

Pieterse, A. L. (2021, February). *Racial Dynamics in American Life: Implications for Psychology Training Programs*. University of Southern California

- Pieterse, A. L. (2021, February). *Clinical Considerations for Racial Trauma: Assessment, Intervention and Prevention*. American Psychological Association Professional Development Training Institute, Washington DC.
- Pieterse, A. L. (2020, December). *Understanding and Addressing Psychological Impacts of Racism*. – California Psychological Association
- Pieterse, A. L. (2020, October). *Effects of Racism and Racial Trauma on Health Providers*. CHOC Conference, Orange County, CA.
- Pieterse, A. L. (2020, July). *Racial Trauma and Supervision: Critical Considerations*. International Interdisciplinary Conference on Clinical Supervision. Held Virtually
- Pieterse, A. L., Roberson, K., & Paiko, L. (2019, February). *Attending to the Experiences of our Students of Color*. Council of Counseling Psychology Training Programs (CCPTP). Invited presentation at the Mid-Winter Meeting and Conference. Santa Ana Pueblo, NM.
- Pieterse, A. L. (2018, April). *Antiracism and Implicit Bias: Considerations for Public Health*. University at Albany – School of Public Health
- Pieterse, A. L. (2017, November). *The Relationship Between Life-Stress and Psychological Health for Boys of Color*. Office of Family and Child Services, NY State
- Pieterse, A. L. (2017, May). *Engaging Race-Related Dialogue: Moving From Fear to Freedom*. Skidmore College, Saratoga NY
- Pieterse, A. L. (2017, January). *Addressing Race in the Therapeutic Encounter*. Skidmore College, Saratoga, NY
- Pieterse, A. L. (2016, April). *Addressing Racial Diversity in the Work Place*, University at Albany – SUNY, School of Public Health, Albany, NY
- Pieterse, A. L. (2015, September). *Racial-Cultural Consciousness in Engaging Communities of Color*. University at Albany – SUNY, Diversity Conference, Division of Counseling Psychology, Albany NY
- Pieterse, A. L. (2014, October). *Racism-related trauma: empirical and clinical considerations*. Miami University, Oxford, OH.
- Pieterse, A. L. (2014, September). *Racism and health: using data as a tool in ant-racism advocacy*. Brigham Young University, Provo UT.

- Pieterse, A. L. (2014, August). *Mental health: Its impact on the physical health of Black Americans*. Black Men's Health Summit, Albany, NY
- Pieterse, A. L. (2013, October). *Clinical and policy related considerations in race-related trauma*. Diversity Challenge, Boston, MA
- Pieterse, A. L. (2013, September). *Research in counseling psychology: emphasizing our strengths*. Australian Psychological Society, Melbourne, Australia
- Pieterse, A. L. (2011, April). *Race and racism in health disparities: theoretical and empirical considerations*. Center for the Elimination of Minority Health Disparities, University at Albany – SUNY
- Pieterse, A. L. (2011, March). *School climate: racial considerations*. CASDA Teachers Assistant Conference, Albany, NY
- Pieterse, A. L. (2010, September). *Racism in Health Care Delivery and Practice: Empirical and Theoretical Considerations*. Albany Medical Center, Psychiatric Grand Rounds. Albany, NY
- Pieterse, A. L. & Collins, N. M. (2009, March). *Anti-racism training in human resources*. National Reconnaissance Office. Chantilly, VA
- Pieterse, A. L. (2009, May). *Multicultural considerations in DSM-IV-TR diagnosis*. Falls Church Community Mental Health Board. Fairfax, VA.
- Pieterse, A. L. (2009, March). *On doing social justice in an era of change: Barack Obama and the psychology of race*. 18<sup>th</sup> Annual Diversity Conference, University at Albany. Albany, NY.
- Pieterse, A. L. (2008, May). *Internalized Racism: A socio-psychological analysis*. Presentation for the Commission on Race Relations, Hamilton, Bermuda
- Pieterse, A. L. (2007, April). *Liberation psychology: perspectives on South Africa and the US*. Panel Discussion at the 4<sup>th</sup> annual National Conference of Black Counseling Psychologists, Washington, DC.
- Pieterse, A. L., Obasi, E., & Bethea, A. (2004, April) *Experiences of Black graduate students in psychology programs*. Panel Presentation at The National Conference of Black Counseling Psychologists. Washington, DC.
- McRae, M., Wilton, L., Short, E., Pieterse, A. L., & Lao, T. (2000, April). *Race, class and ethnicity in groups and organizations: Experiences and observations*. Symposium presentation at the Eastern Regional Conference of the Association of Black Psychologists. New York, NY. (M. McRae, Chair)

Pieterse, A. L. (1999, November). *Psychosocial aspects of bone marrow transplantation*. – Paper presentation, Allogeneic Hematopoietic Cell Transplantation. Current Practice and Future Directions. Memorial Sloan Kettering Cancer Center, New York, NY.

## REFEREED CONFERENCE PRESENTATIONS

Gale, M., & Pieterse, A. L. (October, 2020). Internalized Racism and Shifting Racial Expression among Multiracial Adults. Presentation at the 20<sup>th</sup> Annual Diversity Challenge, Boston College, MA

Paiko, L. & Pieterse, A. L. (August 2018). Racial Attitudes and Advocacy. Poster session presented at 2018 American Psychological Association Annual Convention, San Francisco, CA.

Pieterse, A. L., (2018). Anti-Racism Training in Organizational Settings: A Critical Role for Psychology. Paper presented at the 126<sup>th</sup> Annual Convention of the American Psychological Society, San Francisco. (M. Miller Chair).

Roberson, K., Pieterse, A.L., Martin, C., O’Neil, J., Taylor, B., et al., (2018). *Validation of the race-based traumatic stress symptom scale*. Poster presented at the 126<sup>th</sup> Annual Convention of the American Psychological Society, San Francisco

Kirkinis, K., Martin, C., Agiliga, A., & Pieterse, A. (2018, April). *Racial trauma: A unique form of trauma*. Symposium presented at the Defining Trauma and Resilience Conference, Keene, NH

Martin, C., Agiliga, A., Austin, C., & Pieterse, A. (2018, March). *White identity within anti-racism advocacy: A case study*. Poster presented at the Association for Women in Psychology Conference, Philadelphia, PA.

Kirkinis, K., Austin, C., Pieterse, A. L., & Neblett, E. (2017) *Internalized racism and the college experience*. Poster presented at the 27<sup>th</sup> annual Convention of the American Psychological Society, Boston, MA

McLaughlin, K. L., Kumar, S. M., & Pieterse, A. L (2015). *Assessing the factor structure of Greer’s (2010) alternative model of the Schedule of Racist Events*. Poster presented at the 123<sup>rd</sup> Annual Convention of the American Psychological Association, Toronto, Canada

Pieterse, A. L. (2014). *Examining the factor structure of an Australian version of the Perceived Ethnic Discrimination Questionnaire (PEDQ-A)*. Poster presented at the National Society of Counseling Psychology 2014 Conference, Atlanta, GA.

Pieterse, A. L. (2013). *Training for Multicultural Competence in Counseling Psychology: Perspectives on Process and Outcome*. Paper presented at the APS 2013 Counseling Psychology Conference, February 23, Melbourne, Australia.

- Pieterse, A. L. (2013). *Counselor self-awareness and counseling-related outcomes: conceptual and empirical considerations*. Paper presented at the APS 2013 Counseling Psychology Conference, February 22, Melbourne, Australia.
- Miller, M. J., & Pieterse, A. L. (2012). *Development of the Racism Coping Self-Efficacy Scales*. Poster presented at the NIH Science of Eliminating Health Disparities Conference, National Harbor, MD, USA
- Pieterse, A. L., Chung, G. I., Bissram, J., & Ball, M. (2012). *Therapist self-awareness and counseling-related outcomes: A quantitative examination*. Poster presented at the 120th Annual Convention of the American Psychological Association, Orlando, FL.
- Pieterse, A. L., Carter, R. T., Chung, S., Khan, T., Lantz, M. (2010, August). *The relationship between racism, health risk behaviors and health status*. Poster presented at the 118<sup>th</sup> Annual Convention of the American Psychological Association, San Diego.
- Pieterse, A. L., Ritmeester, A. Lee, M., Chung, S., Fang, K., & Hanus, A (2010, August). *Exploring the influence of racial group membership in multicultural training*. Poster presented at the 118<sup>th</sup> Annual Convention of the American Psychological Association, San Diego.
- Pieterse, A. L., & Fang, K. (2010, February). *General life stress and racism-related stress for African American populations: a mutually inclusive or mutually exclusive phenomenon*. Paper presented at the 27<sup>th</sup> Annual Winter Roundtable Conference on Cultural Psychology and Education. New York, NY.
- Pieterse, A. L., & Lee, M. (2009, October). *Towards a model of self-awareness development on counseling and psychotherapy training*. Paper presentation at the New England Society for Psychotherapy Research Conference, Williamstown, MA.
- Pieterse, A L., Collins, N. M., Ritmeester, A., Chung, S., & Fang, K (2009, August). *A qualitative examination of the process of self-awareness development among counselor trainees*. Poster presented at the 117<sup>th</sup> Annual Convention of the American Psychological Association, Toronto Canada.
- Pieterse, A. L., & Utsey, S. (2009, August). *Development and initial validation of the Anti-Racism Behavioral Inventory*. Poster presented at the 117<sup>th</sup> Annual Convention of the American Psychological Association, Toronto, Canada.
- Pieterse A. L., & Carter, R. T. (2008, December). *An investigation of the relationship between racism, racial identity, perceptions of health, and health locus of control among Black women*. Poster Presentation at the NIH Summit: The Science of

Eliminating Health Disparities, National Harbor, MD.

- Pieterse, A. L. & Evans S. A. (2008, March) *Examining the internationalization of counseling psychology scholarship: A content analysis*. Paper presented at the International Counseling Psychology Conference. Chicago, IL.
- Pieterse, A. L., Evans, S. A., & Carter, R. T. (2007, August). *Ethnic discrimination, racial climate and trauma-related symptoms in a college population*. Poster presented at the 115<sup>th</sup> Annual Convention of the American Psychological Association. San Francisco, CA
- Pieterse, A. L., & Mason, L. B. (2007, August). *Social justice and multicultural training: A content analysis of course syllabi*. Paper presented at the 115<sup>th</sup> Annual Convention of the American Psychological Association. San Francisco, CA. (M. Miller, Chair)
- Pieterse, A. L., & Collins, N. M. (2007, February). *Employing critical incident analysis in developing active racial awareness: A socialization values approach*. Workshop presentation at the 24<sup>st</sup> Annual Winter Roundtable on Cultural Psychology and Education. New York, NY.
- Pieterse, A. L. (2006, August). *Anti-racism training in counseling and psychology*. Paper presented in a symposium at the 114<sup>th</sup> Annual Convention of the American Psychological Association. New Orleans, LA. (A. Pieterse, Chair)
- Pieterse, A. L., Carter, R. T., & Pieterse, P. L. (2006, August). *Racism-related stress and psychological functioning among American women of African descent*. Poster presented at the 114<sup>th</sup> Annual Convention of the American Psychological Association. New Orleans, LA
- Pieterse, A. L. (2005, August). *Quantitative Considerations in Racism-Related Research: The role of measurement*. Paper presented in a symposium at the 113<sup>th</sup> Annual Convention of the American Psychological Association. Washington DC. (S. Utsey, Chair)
- Pieterse, A. L. & Carter, R. T. (2005, August). *Racism-related stress and psychological functioning: Does racial identity matter?* Poster presented at the 113<sup>th</sup> Annual convention of the American Psychological Association. Washington, DC.
- Bouis, G., & Pieterse, A. L. (2005, February). *Social justice: From classroom to community*. Paper presented at the University of Maryland Student Affairs Conference, College Park, MD.
- Pieterse, A. L. & Alvarez, A. (2005, February). *The influence of racial identity on the psychological outcomes of racism: the case of African Americans and Asian*

- Americans*. Symposium presented at the 22<sup>nd</sup> Annual Winter Roundtable of Cultural Psychology and Education. New York, NY
- Pieterse, A. L., & Collins, N. (2004, February). *Active multicultural awareness and counselor training: A critique and extension of current approaches to competence*. Paper presented at the 21<sup>st</sup> Annual Winter Roundtable on Cultural Psychology and Education. New York, NY.
- Pieterse, A. L., Carter, R. T., & Smith, S. (2003, October). *Racial identity statuses and anger expression: Toward a more complex understanding of the Black experience*. Paper presented at the 3<sup>rd</sup> Annual Diversity Challenge Boston College. Chestnut Hill, MA.
- Carter, R. T., Pieterse, A. L., & Williams, C. B. (2003, October). *A retrospective symposium on the implications of three decades of research and theory on racial identity development*. Symposium presented at the 3<sup>rd</sup> Annual Diversity Challenge, Boston College. Chestnut Hill, MA.
- Pieterse, A. L. (2002, August). *Incorporating race, culture, gender and religion in clinical supervision: A case study*. Individual paper presentation in symposium presented at the 110<sup>th</sup> Annual APA Convention. Chicago, IL.
- Carter, R. T., Pieterse, A. L., & Jackson K. (2002, October). *The role of racial identity in clinical assessment: Enhancing our understanding of PTSD*. Symposium presentation at the 2<sup>nd</sup> Annual Diversity Challenge, Boston College. Chestnut Hill, MA. (R.T. Carter, Chair)
- Pieterse, A. L., & Suzuki, L. A. (2002, October). *Graduate level training in testing and assessment: Incorporating race and culture in word and deeds*. Structured Discussion presented at the 2<sup>nd</sup> Annual Diversity Challenge, Boston College. Chestnut Hill, MA.
- Juby, H., Pieterse, A. L., & Chiang, L. (2001, March). *Building multicultural alliances – a student perspective*. Symposium presented at the Fourth National Counseling Psychology Conference, Houston, TX.
- Pieterse, A. L., Short, E., Ahluwhalia, M., Tully, C., Yokoyama, K., & Suzuki, L. A. (2000, August). *Multiculturalism in graduate studies – the unspoken dynamics of color*. Symposium presentation at the 108<sup>th</sup> Annual APA Convention, Washington DC. (L.A. Suzuki, Chair)
- Suzuki, L. A., Short, E., Pieterse, A. L. & Armor-Thomas. E. (1999, August). *Redefining intelligence: A multicultural mosaic: Socio-cultural aspects of intelligence*. Symposium presented at the 107<sup>th</sup> Annual Convention of the American Psychological Association. Boston, MA. (L. A. Suzuki, Chair)

Vraniak, P., Suzuki, L., Lee, C., Kobo, T., Pieterse, A., Short, E., Lin, F., Kim, E., & Choi, S. (1998, August). *Intelligence exposed: a multicultural redress*. Poster presented at the 106<sup>th</sup> Annual Convention of the American Psychological Association, San Francisco, CA.

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## GRANT ACTIVITY

### **National Institute on Minority Health and Health Disparities (NIH)**

“Intra- and Intergenerational Consequences of Maternal Stress Exposure for Maternal-Infant Health in Black U.S. Families” – R21 Grant Under Review, Co-Investigator  
\$662,035

**National Education Association.** ER3J Racial Justice Grant (In Association with New York State Teachers Union – NYSUT 2018-2020 – Co-PI  
\$322,000

### **National Center on Minority Health and Health Disparities (NIH);**

“The Endowment for Community-Based Health Disparities Research and Training.” Co-Investigator. Grant # S21MD010692-01. 4/1/2016-3/31/2020, Total award  
\$10,000,000.

### **University at Albany Faculty Research Assistance Program, 2016 -**

*Further Validation of the Race-Based Traumatic Stress Symptom Scale* \$4,000

### **University at Albany Faculty Research Assistance Program, 2009 -**

*Exploring the Relationship Between Perceptions of Racism and Health-Related Attitudes and Behaviors among Black American Adults* \$9,000

### **NIH - Health Disparities Loan Repayment Grant, 2006 – 2010**

*Behavioral and Psychological Correlates of Racism-Related Experiences: Expanding our Understanding of Health Disparities* \$82,000

### **George Mason University, Summer Research Grant– 2006**

*Exploring the relationship between racism-related stress, general health and psychological functioning among American women of African descent* \$4,970

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## TEACHING

### **Courses at George Mason University**

EDCD 609: Advanced Counseling: Skills and Strategies

EDCD 658: Family and Couples Counseling

EDCD 653: Diagnosis and Treatment Planning in Counseling

EDCD 692: Anti-Racism Advocacy in Counseling and Education

EDCD 602: Foundations in Counseling

### **Courses at The University at Albany**

ECPY 805: Advanced Doctoral Practicum in Counseling Psychology



ECPY 706: Psychological Assessment and Measurement  
ECPY 612/700: Pre-Practicum in Counseling  
ECPY 808: Advanced Practicum in Specialized Procedures in Counseling Psychology  
ECPY 606: ECPY 606 Internship in Mental Health Counseling Practice

**Courses Taught at Monash University**

EDF6502 – Clinical Assessment and Psychopathology  
EDF6517 – Research and Therapeutic Interventions in Counseling Psychology

**Courses Taught at Boston College**

APSY 8915 – Critical Perspectives on the Psychology of Race, Gender and Social Class  
APSY 9410 – Quantitative Methods

**Dissertation Advisement (Chair)**

- Mason, M. (2012). The development of a theoretical orientation in counseling psychology trainees
- Kim, J. (2012). Maladaptive perfectionism, depression and anxiety, self-construal, and acculturative stress
- Lee, M. (2013). Exploring U.S. Imperialist Influences on Bicultural Koreans' Identity Negotiation: A Qualitative Study
- Lantz, M (2015). Investigating counselor training environment, awareness of privilege, and social dominance orientation as predictors of counselor trainees' self-reported multicultural competencies.
- Kahn, D. (2016). Sexual-Minority Black Men, Internalized Stigmas and Depression: Does Community Connectedness Help?
- Gale, M. (2017). Does Multiracial Identity Integration Moderate the Relation between Racism and Health?
- McGlaughlin, K. (2016). Sexism makes me sick: An examination of the contributions of sexism and feminist identity development to women's self-objectification.
- Xhahani, A. (2017). Acculturation, Enculturation, Stigma and Attitudes Toward Seeking Psychological Help among Eastern Europeans in the US.
- Nicolas, A. (2018). Intraethnic and Interethnic discrimination: the association with psychological distress and self-esteem among Black young adults.
- Wright, S. (2019). Therapist Cultural Humility and the Working Alliance: Exploring Empathy, Congruence, and Positive Regard as Mediators

- Kangos, K. (2019). Understanding How Therapists' Cultural Humility Contributes to Therapy Outcomes For Lesbian, Gay, and Bisexual Christian Clients
- Powell, S. (2020). Big, Black, and Strong: Does Identification as a Strong Black Woman Moderate the Relation between Racism-related Stress and Emotional Eating?
- Kangos, K. (2019). Understanding How Therapists' Cultural Humility Contributes to Therapy Outcomes For Lesbian, Gay, and Bisexual Christian Clients
- Martin, C. (2021) Racism, Mental Health and the Role of Racial Conflict for Multiracial People
- Agiliga, A. (2021). Black Bisexual Woman's Experiences of Growth Following Gendered Racism and Biphobia.
- Stewart, T. (2022)

**Dissertation Advisement (Committee Member)**

- Youman, K. (2009). Wrongful Incarceration? Race differences in perceived innocence among jail inmates (GMU)
- Rodriguez, I. (2009). Work-family Conflict and Psychological Distress in U.S. Latino mothers and fathers: The moderating effects of familismo and gender
- Kendall, W. (2010). Examining the persuasive effect of metaphor use in psychotherapy: The impact of message and messenger on attitude change.
- Ling, L. (2010). The moderating roles of ethnic identity and racism-related stress on the relationship between racial discrimination and situational well-being for Asian Americans
- Gibson, J. (2011). Black college students' perceptions of occupational self-efficacy and barriers for racial/ethnically traditional and nontraditional majors.
- Martin, J. (2011). Examination of the interaction of drinking motives and personality on alcohol use and alcohol-related problems among college students.
- Siembor, M. (2012). The relationship of the supervisory working alliance to supervisees' reluctance to disclose: Is it mediated by role conflict?

- Lee, C. (2012). Relations of Acculturation, Enculturation, and Acculturative Family Distancing to Depressive Symptoms as Mediated by Family Conflict: A Study of Taiwanese Adults in North America
- Fang, K. (2013). Contributions of Personality, Acculturation/Enculturation and Perceived Racial Discrimination to Social Anxiety among Chinese Immigrants: A Context-Specific Assessment
- Kasson, D. (2013). Effect of a Diversity Training Workshop on College Students' Pro-diversity Orientation
- Skinner, A. (2013). Relation of Therapeutic Alliance to Retention in Eight Cases of Brief Strategic Family Therapy
- Cusick, M. (2016). Help-seeking Attitudes of Black College Students: The Effects of Race-related Stress, Cultural Mistrust, and Campus Racial Climate
- Worhach, M. (2016). Internalized Homophobia, Alcohol Use, Sexual Behavior and DBT Coping Skills
- Johnson, V. (2017). A Theoretical Model of the Transmission of Black Cultural Strength (Teachers College, Columbia University)
- Longo, L. (2017). Drinking with Those Who Mind: An Examination of College Students' Beliefs about Secondhand Effects of Alcohol and Related Intentions To Drink.
- Stone, M. (2017). Effects of Brief Mindfulness Practice on Perceptions of Therapist Empathy, Self-Awareness, and the Real Relationship
- Austin, C. (2018). Making Sense of The Mix: Understanding the Biracial Identity Construction Process of Black-White Emerging Adults
- Barbaro, L. (2019). Female College Students' Experiences with Coercive Control: A Qualitative Investigation

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## **AWARDS AND HONORS**

Fellow of the Society of Counseling Psychology, Division 17 – American Psychological Association, 2022

Biggs-Pine 2005-2006 Award for Outstanding Contribution to *Counseling and Values Journal*

Council for Counseling Psychology Training Programs (CCPTP)  
Nominated for Outstanding Graduate Student – 2004

## PROFESSIONAL SERVICE

**Center for the Elimination of Minority Health Disparities – University at Albany:**  
Associate and Albany Minority Health Task Force Committee Member

### Editorial Activity

|   |             |
|---|-------------|
| Associate Editor, <i>The Counseling Psychologist</i> ,                        | 2019 -      |
| Associate Editor, <i>Journal of Psychology in Africa</i> ,                    | 2014 - 2018 |
| Editorial Board, <i>Journal of Social Action in Counseling and Psychology</i> | 2020 -      |
| Editorial Board, <i>Cultural Diversity and Ethnic Minority Psychology</i> ,   | 2015 - 2018 |
| Editorial Board, <i>Journal of Counseling Psychology</i> ,                    | 2017 – 2018 |
| Editorial Board, <i>Measurement and Evaluation in Counseling</i>              | 2009 – 2017 |
| Editorial Board, <i>Journal of Black Psychology</i>                           | 2011        |

### Ad Hoc Reviewer

*Ethnicity and Disease*  
*Journal of Racial and Ethnic Health Disparities*  
*Journal of Social Issues*

### Service to the Profession

|  |             |
|--|-------------|
| CCPTP, Executive Board, Secretary                                    | 2017 – 2020 |
| Counseling Psychology Leadership and SCP Writing team:               | 2020        |
| CRSSPP Counseling Psychology petition                                |             |
| APA, Society for Counseling Psychology, (Div17):                     |             |
| Mentor for SAS mentoring Project                                     | 2013 - 2014 |
| Section on Racial and Ethnic Diversity, Conference Co-Chair          | 2011 -2012  |
| Awards Committee   | 2007-2011   |
| Hospitality Suite Committee  | 2010        |
| Membership Committee   | 2007-2010   |
| Program Committee  | 2006-2010   |
| Section on Racial and Ethnic Diversity Newsletter Co-Editor          | 2005-2006   |
| American Counseling Association:                                     |             |
| Counselors for Social Justice, Position Statement Task Force Member, | 2007        |

### Institutional Service

#### George Mason University

|  |      |
|--|------|
| Task Force on Teaching Excellence Member, CEHD, GMU –                | 2007 |
| Academic Advising Specialist Search Committee Member, CEHD           | 2006 |
| Counseling and Development Program Representative, Graduate Showcase | 2006 |

#### University at Albany, SUNY University

|   |         |
|---|---------|
| Member – Institutional Review Board                             | 2009-11 |
| Member – Health Disparities Research Steering Committee         | 2015-   |
| Facilitator – Diversity in Action Dialogues                     | 2015-16 |
| Member – Search Committee, Assistant Dean of Graduate Education | 2017    |

**School of Education, SUNY**

|   |           |
|---|-----------|
| Director of Equity and Inclusion                        | 2019 –    |
| Chair, Faculty Search Committee – Counseling Psychology | 2017-2018 |

**Division**

|  |             |
|--|-------------|
| Doctoral Training Director   | 2015 - 2021 |
| Chair – Academic Standards Committee – Division of Counseling Psychology | 2009 - 12   |
| Member – Doctoral Qualifications Examination Committee                   | 2008 -      |
| Member – Doctoral and MA Admissions Committee                            | 2008 –      |

**MEDIA APPEARANCES**

Januray 2023 – BBC – Interviewed for news report on Murder of Tyre Nichols

June 2020, NBC CH 13 – Albany – Interviewed and Provided commentary on Racial Justice

April, 19, 2007 – Interviewed by NBC4, Washington DC on psychological responses to the Virginia Tech Shooting.

**CONSULTATION**

Albany Medical College – Diversity Consultation, 2010 -2012; 2014

Albany Visiting Nurses Association – Clinical Consultation, 2011 - 2012

Kingston School District, NY – Diversity Consultation, 2019 – 2022

Carter & Associates, TX – Racial Trauma Consultation 2020 -