

## INTRODUCTION

Anorexia nervosa (AN), is a growing public health problem of rapid and severe atypical presentation that generates an increasing risk of death due to purgative and restrictive behaviors, so interventions should be aimed at prevention, early detection and avoidance of relapses with a multidisciplinary hospital management approach, permanent and timely follow-up.

## STUDY PURPOSE/AIMS

Demonstrate how NIC influences the evolution of patient with AN.

Determine Nursing Intervention Classification (NIC) impact on the evolution of the patient with AN.

## METHODOLOGY

The assessment framework of the 11 functional health patterns was used, with the identification of problem-objective-activity, articulating the NANDA-NIC-NOC interrelation, based on the nursing care process as a scientific method of problem-solving. For data collection, we relied on observation, physical examination, mental examination and suicide assessment test.

# IMPACT OF NURSING CARE ON ANOREXIA NERVOSA: A CASE REPORT

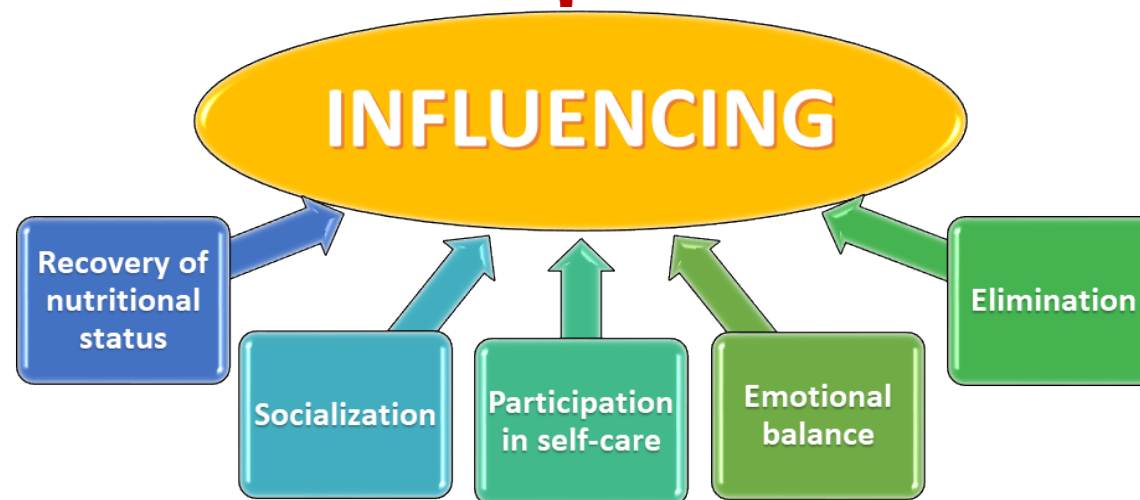
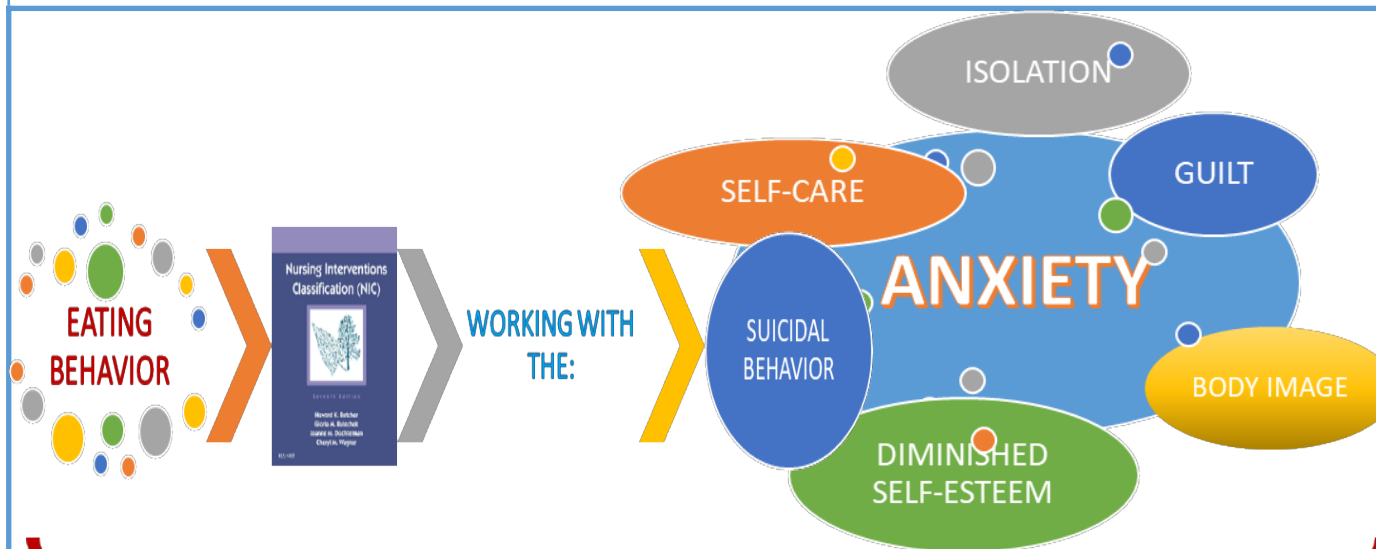
Hilda Torres-Figueroa 1,a, Carlos Aldana-Contreras 2,b

(1) Hospital Nacional Edgardo Rebagliati Martins, Lima, Perú.

(2) Hospital Regional Docente Materno Infantil El Carmen, Huancayo, Perú.

(a) Maestría en Docencia e Investigación.

(b) Magíster en Salud Pública y Gestión Sanitaria



## RESULTS

The human responses of eating behavior rated 1 initially, was modified with the NIC interventions from an initial rating of 1, increasing to a final rating of 3 with a change score of +2, reflected in the recovery of nutritional status, socialization, elimination, participation in self-care and emotional balance.

## IMPACT

The NICs demonstrate how they influence the protection of life, prevention, alleviation of suffering and correction of dysfunction in the AN.

## REFERENCES

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BOSTON COLLEGE  
Connell School of Nursing

