



The NANDA-I Nursing Diagnosis Chronic Pain Syndrome: review and update

Thainá Lucio da Silva, Camila Takáo Lopes, Marina de Góes Salvetti



Introduction

The Nursing Diagnosis Chronic Pain Syndrome (00255) was included in NANDA-I in 2013 and has not been reviewed so far, which may lead to its withdrawal from NANDA-I.

Study Gap

Does the Nursing Diagnosis Chronic Pain Syndrome (00255) reflect the best available evidence?

Study aims

To review and update the NANDA-I nursing diagnosis (ND) Chronic Pain Syndrome (00255).



Methods

A literature review performed in PubMed 12 search strategies: keywords “chronic pain” AND “syndrome” + the descriptor “chronic pain” AND each of the defining characteristics of Chronic Pain Syndrome.

Results

The search resulted in 1499 articles → 69 articles analyzed
The results confirmed the syndromic characteristic of chronic pain and showed that chronic pain is directly related to the defining characteristics of the diagnosis.

No evidence was found to demonstrate the association between chronic pain and deficient knowledge.

Recommendations:

Include the following related factors:

- Sleep disorders
- Obesity
- Negative affect
- Fear
- Avoidance behavior

Impact

This study analyzed evidence available on Chronic Pain Syndrome and its diagnostic elements, recommending its maintenance in the NANDA-I Classification.