<table>
<thead>
<tr>
<th>Doffing Used N95</th>
<th>Redonning Used N95</th>
</tr>
</thead>
</table>
| ![Image](image1.png)  
**Hand hygiene**  
Don clean gloves                    | ![Image](image2.png)  
**Hand hygiene**  
Don clean gloves                    |
| ![Image](image3.png)  
**Remove bottom (neck) strap slowly bringing it carefully over the head**  
**Maintain a hold (control) of the strap**                  | ![Image](image4.png)  
**Examine structural integrity of N95**  
**Leaning forward cup N95 in gloved hand**  
**Wiggle bottom strap to nape of neck**                  |
| ![Image](image5.png)  
**Grasp top strap with other hand and slowly and carefully bring it over the head** | ![Image](image6.png)  
**Place top strap at the crown of the head**                  |
| ![Image](image7.png)  
**Pull N95 away from face without touching the front**  
**Inspect for re-usability**                  | ![Image](image8.png)  
**Adjust around the nose for a comfortable functional fit**                  |
| ![Image](image9.png)  
**Place clean (inside) of N95 into paper bag, front side up**  
**Outside of N95 is considered contaminated and exposure to air is preferred** | ![Image](image10.png)  
**Confirm seal: N95 should pucker with brisk inhalation and expand slightly with brisk exhalation**  
**Doff gloves**  
**Exhale feeling for air leaks without touching face or mask, hand hygiene**                  |
| ![Image](image11.png)  
**Remove gloves**  
**Hand hygiene**                  | ![Image](image12.png)  
**Hand hygiene**  
**Don clean gloves**                  |

Artwork by Nicole Sly
Suggested Best Practice Techniques to Doff and Redon a N95

- Several styles of N95 exist - All require fit testing
- A fit test and inspection for structural integrity does not assure a proper seal
- Always assume the exterior of a used N95 is contaminated. Gloves should be donned if touched
- Extended use, worn appropriately, is optimal with less potential for self-contamination
- A trained peer to assist in doffing and redonning is beneficial
- Inspect N95 for damage prior to donning (Label per institution policy)
- Oil based makeup and facial hair will reduce effectiveness of N95
- Consider a hairnet or placing hair in a device to limit exposure
- When placing straps, use a wiggling approach to guide over glasses
- Seal test required every time
- Gently shape around bridge of nose, then test seal by inhaling briskly to verify collapse & puckering
- Discard N95 if breathing becomes prohibitive or lacks structural integrity
- When in doubt, perform meticulous hand hygiene
- If wearing a face shield, be careful that it does not disrupt the N95 seal
- Decontaminating processes alter integrity of the duckbill N95, reuse with caution

*Reuse of N95 is not ideal and the evidence to support reuse is evolving*

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