Introduction
Resilience imply a dynamic process of adaptation and recovery, and in the elderly, this potential is a protective factor in the face of changes that occur with advancing age\(^1\). Nurses in the evaluation of human responses will be able to plan and evaluate their interventions for the development of promotion and adaptation resources in a positive perspective\(^2\).

Study purpose
The aim of this work is to develop the concept of resilience in the context of the elderly people.

Method
- Concept analysis using Beth Rodgers’ Evolutionary Model\(^3\).
- Concept of interest was “resilience in the elderly”.
- Integrative review with the questions: “What are the conceptual elements of resilience in the elderly?” and “What are the tools for assessing resilience in the elderly?”.

“Personal Resilience” of Nursing Outcomes Classification (NOC): concept model in elderly people
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Key Words: Aged; Concept formation, Geriatric Nursing, Resilience Psychological, Standardized Nursing Terminology

Results
Resilience in the Elderly
"Positive attitudes of older people with the assistance of available resources from experiences of adversity"

Attributes
- Available Resources
- Positive Behaviors

Experiencies of Adversity
- Life Experiences
- Physiology Factors
- Social Context
- Intrinsic Aspects
- Health Conditions

Sociodemographic Characteristics
- Express self-awareness

Consequents
- Mental Health Components
- Positive Perspective and Experience of Ageing
- Coping Strategies
- Grief and Losses Experiencies
- Health Perspective
- Optimistic Perspective

Consequences

Impact
The conceptual model and its elements may establish sensitive indicators for nursing care on the phenomenon of resilience, specifically in the elderly, with a view to achieving the expected outcomes in nursing care for the elderly.