Introduction

Heart Failure (HF) is a chronic and progressive disease which individuals must be able to perform self-care activities in order to manage their health and prevent disease worsening. Nevertheless, the nursing diagnosis (ND) Ineffective Health Management is very frequent in these individuals.

Purpose

To construct a situation – specific theory (SST) for outpatients with Heart Failure (HF) and with the nursing diagnoses (ND) Ineffective Health Management, based on the Self-care deficit nursing theory (SCDNT) by Orem, the standardized languages NANDA, NOC and NIC (NNN) and GEPASAE (Group for the Study, Research and Systematization of Nursing Care) research.

Methodology

- Theoretical synthesis and derivation
- Definition of concepts
- THEORIZATION

Self-care Deficit Nursing theory

| Literature Review | GEPASAE research |

THEORY CONSTRUCTION

Pictogram showing the relationships among the concepts

THEORY ANALYSIS

- Use of the Delphi technique for analysis of the theory by experts.
- Items evaluated:
  - Properties of an SST (Im & Meleis, 1999)
  - Concepts, assumptions and propositions (Fawcett, 2000)
  - Pictogram (Meleis, 2012)

The experts were selected by their experience/knowledge on Cardiology Nursing, nursing theories and/or standardized nursing language.

RESULTS

- INTENSIVE
- 

- Treatment units

- INEFFICIENT HEALTH MANAGEMENT
- 

- Ineffective health management
- 

- Conditions
- 

- Interactions

Acknowledgment

We thank Jacqueline Fawcett for her contribution in guiding the structure of the theory and in revising the text.

References