First Estonian version of NANDA-I was published in 2012 and during that year NANDA-I was started being used in nursing studies in Estonia. As of today, there are 4 Estonian versions. By teaching NANDA-I classifications the English versions of NOC and NIC were being implemented in the study process. Currently the use of 3N classifications in basic nursing studies is compulsory. As for the already practicing nurses, advanced training is being offered.

By taking into account the active use of classifications we have decided to translate NOC and NIC classifications into Estonian. In 2022 The Estonian National Health Fund funds the translation, editing and publishing of the classifications. Developing the terminology of nursing care and making agreements were the main challenges that were being faced. Long time translators of NANDA-I classifications, the editor and the members of the Estonian nursing terminology working group have been involved in the process. The deadline for publishing the books is January 2023. The project is being led by the Estonian Nursing Quality Development Center.

Along with the translation and editing of NIC and NOC classifications, the future plans for implementing the standardized nursing language into practice have been agreed upon. Over the next year the business analysis of 3N will be done, the 3N service design will be mapped and Estonian Ministry of Social Affairs, Center of Health and Welfare Information Systems and the Institute of Health Development will also be involved in the process. The aim is to reach an agreement over the principles and values that the service will provide for patients, nurses and health care system in general. The most ambitious plan is to cover the entire Estonian Health Care system with the service by 2025. Therefore the aim is that by 2025 throughout the entire state nurses will be using the electronic support that will be based on the classifications of NANDA-I, NIC and NOC.

3N for supporting the human-centered health care - implementation of standardized nursing language in Estonia

Aleksei Gaidajenko, APN, MA, MSc Estonian Nursing Quality Development Center, Tallinn Health Care College, West Tallinn Central Hospital, Estonian Nursing Quality Development Center, aleksei.gaidajenko@ttk.ee, aleksei.gaidajenko@keskhaigla.ee

Kristi Puusepp, MSc Tallinn Health Care College, Estonian Nursing Quality Development Center kristi.puusepp@ttk.ee

Tallinn Health Care College Development plan 2022-2026: https://www.ttk.ee/en/node/2793