Background: the involvement of many workers with occupational stress is evident. However, there is no Occupational Stress Nursing Diagnosis in NANDA–International.

Aim: To develop and clinically validate the proposition of the nursing diagnosis Occupational Stress in health professionals, based on a Middle-Range Theory.

Methods: it will be a study with three stages: theoretical-causal validation (concept analysis and development of Middle-Range Theory), content validation by judges and clinical validation of the constructo-clinical type.

Keywords Nursing Diagnosis. Occupational Stress. Health Personnel. Nursing Theory.

Figure 1 – Flowchart for development and theoretical-causal and content validation of the proposal of the nursing diagnosis occupational stress. Brazil, 2022.

Timeline: The study will be performed over 24 months, from 2022 to 2024.

Ethics: the research was approved by the Research Ethics Committee of the Federal University of Rio Grande do Norte.

Expected implications: it is expected to develop and validate the diagnostic proposition. The study will make it possible to better direct the scientific knowledge of the Nursing discipline focused on the clinical practice of nurses to the health of workers.