

#### BOSTON COLLEGE BENEFITS OFFICE

October 2022

- TO: All Eligible Employees
- FR: Jack Burke, Benefits Director

# RE: OPEN ENROLLMENT for MEDICAL, DENTAL, FSA, MET LIFE LEGAL, and VISION PLANS

## NOTE: IF YOU ARE CURRENTLY PARTICIPATING IN THE <u>FLEXIBLE SPENDING</u> <u>ACCOUNT</u> (FSA), <u>MET LIFE LEGAL</u> or <u>VISION PLAN</u> (EyeMed), YOU <u>MUST RE-</u> <u>ENROLL FOR 2023</u> TO CONTINUE COVERAGE.

Accompanying this memo are:

- > Medical, Dental and Vision rates that will be effective January 1
- > General Information: Online eBenefits Enrollment and other reminders
- Flexible Spending Account Open Enrollment for 2023
- MetLife Legal Plan Open Enrollment for 2023
- **EyeMed Vision Plan** Open Enrollment for 2023
- Required Notices about "COBRA" rights and Medicaid Premium Assistance

## MEDICAL RATES – EFFECTIVE JANUARY 1, 2023

The rates for both the PPO plan and the HMO plan are **increasing by 5%** for 2023. As a self-insured plan our rates are driven by our actual claims and resulting projections, as well as medical trend assumptions.

## DENTAL PLAN RATES – EFFECTIVE JANUARY 1, 2023

We are happy to say that, <u>for the sixth year in a row</u>, the dental rates for both the **Delta PPO Plus Premium plan and the DeltaCare plan are not changing**.

## **OPEN ENROLLMENT PERIOD**

During the Open Enrollment period, **November 1 through November 30th**, eligible employees may switch coverage from one medical or dental plan to another, enroll in a plan for the first time, add or remove dependents, or change membership from individual to family (or vice versa), with the transaction effective **January 1, 2023**. [Note: Enrolling or changing membership in any of the plans is <u>not permitted at other times</u> unless qualifying conditions set by IRS regulations are met – for example, marriage, birth of a child, a spouse's involuntary loss of coverage due to termination of employment, etc.]

Information about the plans may be obtained on the *Open Enrollment* webpage and from the Benefits Office in the 129 Lake St. building on the Brighton Campus. Enrolling in or making changes to a Medical, Dental, Flexible Spending Account, or Vision plan is done online through the PeopleSoft/HR *eBenefits* service. For information and instructions go

<u>www.bc.edu/openenrollment</u>. Also see the enclosed *General Information* page. (To enroll in the **MetLife Legal** plan, see the enclosed MetLife Legal memo, since <u>enrollment is done through</u> their website, not through PeopleSoft.)

<u>Note</u>: If you change to or enroll in a family membership and include your spouse for the first time, you will need to upload a copy of your <u>marriage certificate</u> through the *eBenefits* process or submit a copy to the Benefits Office before your enrollment request can be processed.

## [If you make no change, your current medical and dental coverage will simply continue.]

## THE PRESCRIPTION MAIL ORDER OPTION

Reminder: The Home Delivery mail service for prescription drugs, through OptumRx, can provide cost savings on 90-day prescriptions, with free standard delivery. <u>Anyone who utilizes maintenance medications may want to consider this alternative</u>. The benefit is that, for prescriptions on the first three tiers, you can usually get a 90-day supply by paying only two copay amounts instead of three, saving \$5, \$20, or \$30 respectively. (Top tier prescriptions will still cost three copays, \$150, for a 90-day supply.)

To set up this service, including auto refill and auto renewal, go to <u>www.optumRx.com</u>. For assistance call OptumRx at **1-855-546-3439**.

#### **RULES FOR DEPENDENT CHILD COVERAGE**

Children may remain on a medical, dental or vision family membership until the end of the month in which they turn age 26. If you have a child under age 26 who is not on your plan but who needs coverage, you may add the child as of January 1, 2023 through the *eBenefits* process. You may also remove a child who is on your plan but no longer needs coverage.

## ALL ENROLLMENTS AND CHANGES MUST BE COMPLETED BY NOVEMBER 30.

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