

FIRST & LAST NAME

Chestnut Hill, MA | email@bc.edu | (272) 383-4858 | linkedin.com/name

EDUCATION

Boston College, Morrissey College of Arts & Sciences | Chestnut Hill, MA May 2020
Bachelor of Science in Biochemistry, Minor in Global Public Health & the Common Good | GPA: 3.6
Relevant Coursework: Behavioral Neuroscience, Advanced Calculus II, Chemical Biology: Structure & Function

SKILLS

Laboratory: Microscopy, Gas chromatography, DNA extraction/quantification, amino acid analysis, yeast display, flow cytometry, protein library sorting, DNA cloning & sequencing, ELISA
Language: Polish (Advanced Proficiency)

RELEVANT EXPERIENCE

Boston College Metabolic Cancer Research Lab | Chestnut Hill, MA | *Research Assistant* Dec 2018 – Present

- Design and implement a study comparing the glucose and ketone value readings for two commercially available blood monitoring devices with the goal of informing consumers about value accuracy for calculating Glucose Ketone Index
- Execute a study focusing on the effects of exercise on tumor growth, conducted by collecting data on the voluntary wheel running on C57BL/6 mice
- Conduct a diet study testing the effects of various ingredients to determine optimal conditions for tumor suppression through the Ketogenic diet

Newton Wellesley Hospital | Newton, MA | *Surgical Pre-Op Volunteer* Aug 2018 – Present

- Comfort patients and assess their needs as they waited and prepared for surgery
- Clean and maintain all 24 rooms in the unit after each patient leaves and prepare rooms for incoming patients

St. Francis Hospital | Hartford, CT | *Neuro Nursing Unit Volunteer and Mobility Tech* Summer 2018

- Assessed fall risk and performed comfort and safety rounds on 28 patients to ensure all rooms were in compliance with hospital safety regulations
- Completed mobility training with physical therapy and nursing to better assist patients with walking

WORK EXPERIENCE

Rocco's Pizza & Grill | Manchester, CT | *Hostess, Busser, & Food Runner* Summer 2017 – Summer 2019

- Managed all front of house responsibilities while simultaneously cleaning and setting 42 tables
- Developed a table delegation system to increase efficiencies during service
- Communicated with servers and kitchen to ensure a timely arrival of food to tables

LEADERSHIP EXPERIENCE

The Body Project (NEDA) at Boston College | Chestnut Hill, MA | *Peer Leader* Aug 2018 – Present

- Lead small group of female-identifying students in two educational, discussion-based meetings on challenges preventing body image positivity to encourage rejection of the appearance ideal

Office of Health Promotion | Chestnut Hill, MA | *Team Manager, Health Coach* Aug 2017 – Present

- Co-lead weekly meetings for 15 other health coaches to continue group education on matters of health, wellness, and stress management
- Lead monthly workshops for students on the science behind stress and shared key strategies to cope throughout the school year
- Facilitate one-on-one 30 minute discussions with 3-5 students a week to evaluate current levels of stress and set attainable stress management goals

FIRST & LAST NAME

Portland, OR | email@bc.edu | (384) 482-3948

EDUCATION

Boston College Connell School of Nursing

Bachelor of Science in Nursing, Minor in Hispanic Studies | GPA: 3.45
Anticipated Date of NCLEX: July 2020

Chestnut Hill, MA

May 2020

Universidad de San Francisco de Quito

Relevant Coursework: Community Research in Healthcare

Quito, Ecuador

Fall 2018

CLINICAL EXPERIENCE

Massachusetts General Hospital

Senior Synthesis: Labor & Delivery
Adult Health II: Adult Oncology Unit
Adult Health I: Adult Medical/Surgical Unit

Boston, MA

Spring 2020

Spring 2019

Spring 2018

Carney Hospital

Psychiatric/Mental Health: Adolescent/Adult Psychiatric Units

Dorchester, MA

Fall 2019

Boston Children's Hospital

Childbearing/Maternal Health: Labor & Delivery/Postpartum/NICU Units
Pediatrics: NICU

Boston, MA

Spring 2019

Fall 2019

Centro de Salud Tumbaco

Population Health: Public Health Clinic

Tumbaco, Ecuador

Fall 2018

RESEARCH EXPERIENCE

Massachusetts General Hospital

Undergraduate Research Assistant

Boston, MA

Summer 2019

- Collaborate with faculty on a research project examining nursing related factors that might contribute to cesarean sections in nulliparous and term patients
- Synthesize relevant patient information from the OBTraceVu system at Massachusetts General Hospital
- Develop a more efficient system of locating and organizing patient data from the hospital computer system into the research study organizational tool

EXTRACURRICULAR EXPERIENCE

Student Nurse Association, Boston College Chapter

Secretary

Chestnut Hill, MA

Sept 2017 – Present

- Participate in monthly meetings with other student nurses, emphasizing professional development
- Provide meeting minutes to members who are unable to attend meetings in order to provide meaningful information to all members

American Red Cross of Boston College

Blood Drive Volunteer

Chestnut Hill, MA

Sept 2016 – Present

- Collaborate with 10 students and American Red Cross staff to organize biannual blood drives for the Boston College student body
- Monitor blood donors post-donation and ensure they are sufficiently hydrated and nourished before leaving the facility

First & Last Name

Buffalo, NY | email@bc.edu | (283) 394-4857 | linkedin.com/name

Education

Boston College, Morrissey College of Arts & Sciences; Chestnut Hill, MA May 2021

Bachelor of Science in Biology, Minor in Faith, Peace & Justice – Medical Ethics | GPA: 3.0

- Relevant Coursework: Vaccine Development & Public Health, Sociology of Health & Illness, Bioethics & Social Justice, Values in Social Service & Health Care

Leadership Experience

Bioethics Society of Boston College; Chestnut Hill, MA August 2020 – Present

President

- Collaborate with fellow executive board members to organize and lead a biweekly clinical ethics discussion group on current Bioethics-related news
- Identify and invite top Bioethics professionals in order to coordinate two informative guest speaker events on campus per academic year

Founder

February 2019 – May 2019

- Spearheaded the creation of the Bioethics Society of Boston College, a student organization focused on providing a space for interested students to learn more about and discuss the field of Bioethics
- Coordinated with the Office of Student Involvement to bring the club from the drawing board to fruition, which included tasks such as drafting a preliminary budget, devising an initial marketing plan, and petitioning the Biology department for a faculty advisor
- Recruited 18 new members to the organization through active social media and email marketing

Winston Center for Leadership Ethics; Chestnut Hill, MA

November 2019

Travel Grant Recipient

- Attended the 2018 American Society for Bioethics and Medical Humanities Conference in Anaheim, California, and participated in discussions on topics including gene editing, consciousness, religion in medicine, and gun violence

Work Experience

Recanati-Miller Transplantation Institute at Mount Sinai Hospital; New York, NY Summer 2018

Transplant Surgery & Hospital Ethics Intern

- Observed both living and deceased donor kidney removal procedures, as well as recipient kidney transplant surgeries, to learn about the distinct intricacies facing each process
- Gained exposure to the ethics side of transplant operations by attending a variety of patient clinic appointments, including final cross matches, listed follow-ups, and social work evaluations

Volunteer Experience

Appalachia Volunteers Program; Chestnut Hill, MA September 2019 – March 2020

- Met weekly with a small discussion group to reflect on matters of service and social justice
- Volunteered in Detroit, MI for one week during spring break, working directly alongside community members and leaders to better understand the impact of social injustices on the local population

Global Medical Brigades of Boston College; Estelí, Nicaragua

May 2018

- Traveled to Nicaragua as a part of a Global Medical Brigade, bringing medical care to remote parts of the country by taking vitals in triage, shadowing doctors in consultations, and assisting in a pharmacy

Skills

Language: Spanish (Fluent)