



BOSTON COLLEGE  
WOMEN'S CENTER

# Love Your Body Week

## MONDAY, Nov. 4

**Celebrating Bodies Photobooth,  
UGBC**

McElroy Commons Lobby  
11am to 2pm

**Headwraps & Hijabs**

ASO & MSA

Maloney 4th Floor Lounge, 3pm

## TUESDAY, Nov. 5

**Balancing Identities: Student Stories**

SASA

Stokes 295S, 4:30pm

## THURSDAY, Nov. 7

**Impact of the Water Crisis on  
Female Bodies**

Charity Water

McElroy Commons Lobby, 12pm

**All Bodies Meditation**

Campus Ministry

Multifaith Chapel, 5pm

## FRIDAY, Nov. 8

**Body Love: A Paint Workshop**

Devlin 408, 3pm

**Works of Eve Ensler:**

**A Performance**

Higgins 300, 6pm

# 2019

HOSTED BY THE WOMEN'S CENTER

In collaboration with African Student Organization, Campus Ministry, Charity Water, Muslim Student Association, South Asian Student Association, Undergraduate Government of Boston College

# Event Descriptions

## **Celebrating Bodies Photo booth**

Co-sponsor: UGBC

Location: McElroy Commons Lobby

Date: Monday, November 4

Time: 11:00 am - 2:00 pm

Description: A photo booth for students to take Polaroid pictures celebrating their bodies. Throughout the rest of the week, the UGBC Facebook page will post these pictures as part of a social media/visibility campaign to promote self-love and the celebration of all bodies.

## **Headwraps and Hijabs**

Co-sponsor: African Student Organization and Muslim Student Association

Location: Maloney 4th Floor Lounge

Date: Monday, November 4

Time: 3:00 pm

Description: ASO and MSA will display images of the beautiful women on and off campus who wear headwraps and hijabs while also highlighting the significance of these pieces in their lives. Students are encouraged to come to the event to learn more about the powerful women who surround them and the ways in which they express their identities through their own personal style.

## **Student Panel - Balancing Identities**

Co-sponsor: South Asian Student Association

Location: Stokes 295S

Date: Tuesday, November 5

Time: 4:30 pm

Description: A student panel and audience discussion centering on the intersections of being a South Asian college student in America and the issues of body image, particularly the culture of fatphobia, and colorism, and patriarchal ideals in the South Asian culture. The panelists will highlight the difficulty in navigating the differences between participating in the American college social and their home lives.

## **All Bodies Meditation**

Co-sponsor: Campus Ministry and Ignatian Society

Location: Multi-Faith Chapel

Date: Thursday, November 7

Time: 5:00 pm

Description: A meditation session to provide a space for students to reflect and to learn how to be mindful of their bodies and the process of learning to love one's body. The event will focus on the fact that we all have things we love and do not love about our bodies so we can move towards appreciating all parts of our bodies. The event will also include movement meditation that will be accessible to all.

## **The Impact of the Water Crisis on Female Bodies**

Co-sponsor: Charity Water

Location: McElroy Commons Lobby

Date: Thursday, November 7

Time: 10:00 am – 2:00 pm

Description: A poster display highlighting the water crisis and its effect on female bodies, both on physical illnesses and mental health. Members of Charity Water will invite students to interact with the display by answering the prompt “What makes you feel beautiful?”

## **Body Love: A Paint Workshop**

Location: Devlin 408

Date: Friday, November 8

Time: 3:00 pm

Description: An interactive painting workshop for participants to reflect on their bodies, societal expectations, and other varied topics while creating a piece of artwork. This activity promotes relaxation as well as reflection.

## **Works of Eve Ensler: A Performance**

Location: Higgins 300

Date: Friday, November 8

Time: 6:00 pm

Description: A theatrical performance of excerpts of the works of feminist playwright Eve Ensler, including Emotional Creatures. Directed by Debbie Aboaba.