

Wellbeing Graduate Resident Advisor



Divisional and Position Overview

A signature goal of MIT's Division of Student Life is to make MIT known for its culture of wellbeing. To achieve this goal, DSL will provide support services that are robust and accessible to all students, educate the campus community about prevention, and create spaces on campus that promote wellbeing.

Working closely with both the Student Support and Wellbeing (SSAW) and Undergraduate Residential Life (URL) teams, the Wellbeing Graduate Resident Advisor (WGRA) is responsible for developing and implementing programs designed to improve student wellbeing. They will also contribute to overall efforts to enhance and sustain a campus environment that supports that goal. Through these programs and initiatives, students will be provided opportunities to enhance their knowledge about wellbeing, engage in healthy decision-making, develop and apply skills that promote wellbeing, and modify their behavior to enhance personal wellbeing.

Responsibilities

- Serve as a primary resource to students and house teams from MacGregor House and New Vassar Residence Hall (opening in Fall 2020) on topics of wellbeing and health promotion.
- Use the MIT pillars of wellbeing (mind, body, relationships, purpose) to develop, implement, and assess educational programs in MacGregor House and New Vassar Residence Hall.
- Assist in the development and dissemination of health and wellbeing communication materials, including promoting relevant events.
- Assist in the content development and facilitation of peer education trainings throughout the year.
- Provide health and wellbeing education trainings and workshops to student groups as requested.
- Assist in conducting focus groups, administering surveys, and facilitating meetings with stakeholders as needed to assess wellbeing initiatives.

Appointment

- The appointment for the WGRA runs from approximately August 15, 2020 through June 1, 2021. It is a one-year appointment with the opportunity for a second-year renewal following a mid-semester and mid-year review.
- The WGRA is expected to work 20 hours/week, including required after-hours and weekend events, programs, and meetings.
- The WGRA is provided with a one-bedroom on-campus apartment in MacGregor House, where they will be expected to reside for the duration of their appointment.

Qualifications

- Enrollment in a graduate program at an accredited institution of higher education is required. Candidates from higher education, educational leadership, student affairs, student development, health education, public health, or relevant fields are preferred.
- Must be able to work with a variety of community members, including undergraduate and graduate students, faculty, and staff.
- Strong organizational, communication, and facilitation skills required.

Compensation

- A one-bedroom on-campus apartment and meal plan.
- A monthly MBTA Link Charlie Card.
- Academic credit if approved by their graduate program.
- Opportunities for professional development.

Supervision

The WGRA will be supervised by the Assistant Dean, Student Support and Wellbeing. As a live-in resident of MacGregor House, the WGA will also be a part of the MacGregor House Team and receive support from the Assistant Director/Area Director, MacGregor House.

To apply, send a resume and cover letter in PDF format to wellbeing-grad@mit.edu with subject line "Wellbeing GRA Application". Interviews will be conducted on a rolling basis until the position is filled. For questions, contact Jimmy Doan, Assistant Dean, Student Support and Wellbeing at jdoan@mit.edu.

