

## Materials List for All Forms of Doodling

### **Writing Materials**

Markers, pens, pencil, color or otherwise, charcoal sticks, even oil pastels.

### *Paper Medium*

Any unused paper, lined or unlined. Keep it small – around 4” by 6” is fine.

### *Optional*

**A hard and light portable surface** like a clipboard to make it easy to doodle when sitting in your favorite chair or place.



## Paint Scribbling Materials

### ***Liquid Paint***

Acrylic or watercolors. Oil paints can take too much time to dry out and be too technical to handle, as well as being more expensive.

### ***Painting Instrument***

A blunt butter knife, a spoon or even a small stick.

### ***Palette***

A paper plate as a palette to rest your painting instrument – I use and keep using one paper plate.

### ***Canvas***

Heavyweight manila tagboard, canvas board, canvas or heavy paper (70 - 115 lb / 110 - 187 g/m<sup>2</sup>), framed and primed canvas. Use a size slightly larger than the palm of your hand – not so large that it's unwieldy. I've used heavyweight manila tagboard cut to 6" by 9" (a quarter of the stock 12" by 18").

Basically, anything that might reasonably hold wet paint and not tear apart when pushing wet paint across it.



## *General*

**Soap** to wash up – just run-of-the-mill hand soap works fine.

**Tissues** (not paper rolls) for wiping down fingers or inadvertent flicks of paint. From experience, a rag gets very messy and often complicates matters more.

## *Optional*

**A hard and light portable surface** like a clipboard to make it easy to paint when sitting in your favorite chair or place. Be prepared to stain it.

**Vinyl top liner** to protect the surface you are working on from paint. This liner is usually soft enough to be rolled up when not in use, and keeps things from easily flying.

Cut a relatively large area, about 18 “ by 42”, so that you can put all your art supplies on it and not worry about any inadvertent staining. I’m using 18” because that’s the width of the roll of vinyl top liner I have on hand, work with the size at hand.

## **CAUTION**

Do wash off any paint that gets unto your hands. While the paint medium is usually safe, the pigments can be toxic. Check the paint product you are using for more information.

When working with paints, do note that acrylic paint (almost never) comes out of fabric. I’ve never tried watercolor paints before – but I’d advise the same caution!