PSYC 3336 01 Clinical Psychology (3 Credits)
May 13th-June 17th, 2015

Instructor: Dr. Heather Macdonald  email: hmacdona@lesley.edu
Office: 37 Mellen Street Cambridge, MA  Office Hours: Before & after class or by apt.
Telephone: 617-349-8487

Schedule (class times/days): Monday & Wednesday 6:15 - 9:15pm Room: Campion 204

Boston College Mission Statement
Strengthened by more than a century and a half of dedication to academic excellence, Boston College commits itself to the highest standards of teaching and research in undergraduate, graduate and professional programs and to the pursuit of a just society through its own accomplishments, the work of its faculty and staff, and the achievements of its graduates. It seeks both to advance its place among the nation's finest universities and to bring to the company of its distinguished peers and to contemporary society the richness of the Catholic intellectual ideal of a mutually illuminating relationship between religious faith and free intellectual inquiry.

Boston College draws inspiration for its academic societal mission from its distinctive religious tradition. As a Catholic and Jesuit university, it is rooted in a worldview that encounters God in all creation and through all human activity, especially in the search for truth in every discipline, in the desire to learn, and in the call to live justly together. In this spirit, the University regards the contribution of different religious traditions and value systems as essential to the fullness of its intellectual life and to the continuous development of its distinctive intellectual heritage.

Course Description
This course will review issues associated with the treatment of psychological disorders will be examined. The concepts of normality and pathology will be discussed in the context of various models of intervention. Several different schools of psychotherapy will be covered, with an emphasis on the theoretical assumptions and practical applications of each perspective. Studies on the effectiveness of psychotherapy will be reviewed. The clinical training and professional practices of psychologists will be discussed.

Text(s)/Readings (Required)

Text(s)/Readings (Recommended)

Course Objectives
This course considers the broad aspects of clinical psychology as a field of research, theory and practice. Clinical psychology is the branch of psychology concerned with the assessment and treatment of mental illness, abnormal behavior and psychiatric problems. This field integrates the science of psychology with the treatment of complex human problems. Clinical psychologists aim to improve the wellbeing of individuals and families; they provide comprehensive mental and behavioral health care as well as consultation to agencies and communities; training, education and supervision; and research-based practice.
Once this course is completed, students are expected to be able to:

1. Identify the similarities and differences between different mental health professions in terms of philosophy, amount and content of training, typical duties, typical pay, and licensure requirements.
2. Identify, describe, and understand how research is used to address important issues in diagnosing mental disorders.
3. Identify, describe, and understand how research is used to address important issues in clinical assessment and the use of “clinical judgment” versus actuarial data to make decisions about diagnosis and treatment.
4. Identify and describe different schools of thought in diagnosing, conceptualizing and treating psychological problems.
5. Understand the relevant critiques of psychological discourse especially from cross-cultural and social justice perspectives and will learn the impact of culture, gender, and age in clinical psychology as demonstrated through course readings, exams and papers.
6. Describe the impetus for and current status of how standards are set for psychotherapeutic treatment.
7. Describe and articulate notions about important professional and ethical issues in clinical psychology.
8. Identify and describe the scientist-practitioner, professional, scholar-clinician, and clinical scientist training models in clinical psychology and describe how they are operationalized in training programs.

Grading

Summary:
20% Midterm Quiz (200 points)
20% Final Exam (200 points)
20% Case Analysis (200 points)
20% Final Research Paper (200 points)
10% Research Paper Outline (100 points)
10% Participation (100 points)

Grading Scale:
Your course grade is based on a 1000 point budget. Your grade is determined by the points you earn, per the schedule below. So, you can have any grade you would like. Just get the points for it.

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<th>Scale</th>
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<tr>
<td>930-1000</td>
<td>A</td>
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<td>900-929</td>
<td>A-</td>
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<td>870-899</td>
<td>B+</td>
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<td>830-869</td>
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<td>800-829</td>
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<td>770-799</td>
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<td>700-729</td>
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<td>599 or less</td>
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A or A-, B+ Exceptional. Demonstrates insightful mastery of the subject matter and exceptional quality of content and presentation.

B, B-, C+ Very Good. Exhibits professional competence in the subject matter and a very good quality of content and presentation.

C, C- Satisfactory. Completes course assignments and requirements with satisfactory proficiency of content and presentation.

D+, D, D- Unsatisfactory, Course may not satisfy requirements for a degree

F Failing, no credit is given for the course.

**WCAS Grading System**
The undergraduate grading system consists of twelve categories: A (4.00), A- (3.67), excellent; B+ (3.33), B (3.00), B- (2.67), good; C+ (2.33), C (2.00), C- (1.67), satisfactory; D+ (1.33), D (1.00), D- (.67), passing but unsatisfactory; F (.00), failure; I (.00), incomplete; F (.00), course dropped without notifying office; W (.00), official withdrawal from course.

Grade Reports. All students are required to log into the web through Agora to access their semester grades. Students must utilize their BC username and password to log on. If your username or password is not known, the Student Learning and Support Center in the O’Neill Library Computer Center will issue a new one. The SLSC requires a valid picture ID (a BC ID, driver’s license or passport) to obtain your password.

Important Policies
http://www.bc.edu/content/bc/schools/advstudies/guide/academicinteg.html

**Written Work**
Graduate and undergraduate students are expected to prepare professional, polished written work. Written materials must be typed in the format required by your instructor. Strive for a thorough, yet concise style. Cite literature appropriately, using APA, MLA, CLA format per instructors decision. Develop your thoughts fully, clearly, logically and specifically. Proofread all materials to ensure the use of proper grammar, punctuation, and spelling. You are encouraged to make use of campus resources for refining writing skills as needed [http://www.bc.edu/libraries/help/tutoring.html].

**Scholarship and Academic Integrity**
It is expected that students will produce original work and cite references appropriately. Failure to reference properly is plagiarism. Scholastic dishonesty includes, but is not necessarily limited to, plagiarism, fabrication, facilitating academic dishonesty, cheating on examinations or assignments, and submitting the same paper or substantially similar papers to meet the requirements of more than one course without seeking permission of all instructors concerned. Scholastic misconduct may also involve, but is not necessarily limited to, acts that violate the rights of other students, such as depriving another student of course materials or interfering with another student’s work.

**Request for Accommodations**
If you have a disability and will be requesting accommodations for this course, please register with either Dr. Kathy Duggan (dugganka@bc.edu), Associate Director, Connors Family Learning Center (learning disabilities or AHD) or Dean Paulette Durrett, (paulette.durrett@bc.edu), Assistant Dean for students with disabilities, (all other disabilities). Advance notice and
appropriate documentation are required for accommodations. For further information, you can locate the disability resources on the web at http://www.bc.edu/content/bc/libraries/help/tutoring/specialservices.html.

Attendance
Class attendance is an important component of learning. Students are expected to attend all classes and to arrive by the beginning of and remain for the entire class period. When an occasion occurs that prevents a student from attending class, it is the student’s obligation to inform the instructor of the conflict before the class meets. The student is still expected to meet all assignment deadlines. If a student knows that he or she will be absent on a particular day, the student is responsible for seeing the instructor beforehand to obtain the assignments for that day. If a student misses a class, he or she is responsible for making up the work by obtaining a classmate’s notes and handouts and turning in any assignments due. Furthermore, many instructors give points for participation in class. If you miss class, you cannot make up participation points associated with that class. Types of absences that are not typically excused include weddings, showers, vacations, birthday parties, graduations, etc. Additional assignments, penalties and correctives are at the discretion of the instructor. If circumstances necessitate excessive absence from class, the student should consider withdrawing from the class. In all cases, students are expected to accept the decision of the instructor regarding attendance policies specific to the class.

Attendance/Class participation- Attendance is mandatory and is figured into your final grade. This class meets twice a week. Missing one class significantly impairs your ability to stay on top of the course material. Thus, you are allowed 2 free absences for the course. If you have more than 2 absences and your participation grade may be lowered.

Consistent with our commitment of creating an academic community that is respectful of and welcoming to persons of differing backgrounds, we believe that every reasonable effort should be made to allow members of the university community to observe their religious holidays without jeopardizing the fulfillment of their academic obligations. It is the responsibility of students to review course syllabi as soon as they are distributed and to consult the faculty member promptly regarding any possible conflicts with observed religious holidays. If asked, the student should provide accurate information about the obligations entailed in the observance of that particular holiday. However, it is the responsibility of the student to complete any and all class requirements for days that are missed due to conflicts due to religious holidays.

There may be circumstances that necessitate a departure from this policy. Feel free to contact the WCAS at 617-552-3900 for consultation.

Deadlines
Assignments are due at the beginning of the class period on the specified dates. Late assignments will be graded accordingly.

Late Paper Policy:
Besides VERY extenuating circumstances, papers are expected on the date they are due. Late papers will be dropped a full letter grade for every day they are late. E-mailed copies (in the case of lateness) will only be accepted if a hardcopy is turned in during the following class period (though the grade reduction is still applicable). If you are having difficulty with a paper or your life precludes its completion, talk with me so that we can figure something out. Silent lateness often gets equated with irresponsibility. Let’s stay in dialogue…
Course Assignments

1. Students are expected to regularly participate in all aspects of class including discussions worth 100 points. Points will be allocated each week for discussion contributions.
2. A midterm and final examination will be administered. (midterm will be 200 points, final will be worth 200 points)
3. Each Student will complete a case analyses as a way to explore and apply many of the theories and perspectives reviewed in class (Worth a total 200 points)
4. Each student will write an outline then a short research paper on a particular aspect that occurs within group culture. (Worth a total 300 points)
5. Note on TESTS: There will be a total of two tests, a midterm and a final. These tests will contain objective questions (i.e. multiple choice) drawn from material in any of the readings, class presentations or discussions. Depending on what is covered in class on what I see fit, there may be take-home portions to each test. These tests are non-cumulative and will only cover the material since the previous test. There will be no make up tests offered unless in the case of a very, very extreme circumstance. If you do have an extreme circumstance (such as death of a relative or a dire illness), please communicate with me. No matter the circumstance, I will lower your test grade by at least a letter grade (very possibly more) if you need to take a test at a later date, in order to be fair to those who have prepared on time. If you do not communicate with me and you merely are absent on the day of the test, I hold the right to fail you completely on the test.

Date          Topic/Assignments
05/13/15     Defining Clinical Psychology/Professional Activities, Education, Training and Employment Settings
             Due (next class): Read Chap. 1&2
05/15/15     Evolution and History of Clinical Psychology
             Due: Read Chap. 5 and Foucault--Birth of the Psychiatric Hospital
             Video: Lars and the Real Girl
05/18/15     Definition of Normality and Abnormality/Diagnostic Clarification
             Due: Read Chapter 6
*Research Paper Topic Ideas Due Next Class*
*Case Analysis Due*
05/20/15     The Assessment Interview
             Due: Read Chapter 10, 7 and 18
05/27/15     Clinical Judgment, Intellectual and Neuropsychological Assessment
             (Study for Midterm Quiz)
05/29/15  *Midterm Quiz*
Due: Read Chapter 8 and 9

06/01/15  Personality and Behavior Assessment
Due: Read Chapters 11, 12, 13 and Louis Sass (1994) *The Paradox of Delusion*

*Research Paper Outline Due*

06/03/15  **Psychotherapy: Humanistic and Psychodynamic Models**
*Video: Carl Rogers*
Due: Read Chapter 14 and 17

06/08/15  **Psychotherapy: Behavioral and Cognitive**
*Video: Aron Beck*
Due: Read Chapters 15, 16 and 4

06/10/15  Conducting Research in Clinical Psychology, Community and Group Therapy
Due: Read Chapter 3 and Philip Cushman (1991) *Ideology Obscured: The Political Uses of Self in Daniel Stern’s Infant*

*Research Paper Due*

06/15/15  Cultural Issues and Current Controversies and Ethical Standards
Review for Final Exam

06/17/15  *Final Exam*