23RD ANNUAL
NORTHEAST REGIONAL
NURSE PRACTITIONER
CONFERENCE

Radisson Hotel Downtown, Manchester, NH
Pre-Conference Workshops: Wednesday, May 4, 2016
Conference: Thursday & Friday, May 5–6, 2016

Co-Sponsored by:
Boston College William F. Connell School of Nursing, Continuing Education Program
New Hampshire Nurse Practitioner Association
Massachusetts Coalition of Nurse Practitioners
The Northeast Regional Nurse Practitioner Conference was established in 1992 with the intent of providing continuing nursing education that expands the basic education and experience of nurse practitioners.

It is our mission to assist nurse practitioners in maintaining professional expertise for the delivery of competent, quality, advanced practice nursing care directed at improving clinical outcomes. The sponsoring members are the Massachusetts Coalition of Nurse Practitioners, the New Hampshire Nurse Practitioner Association, and the Boston College William F. Connell School of Nursing Continuing Education Program.

OBJECTIVES

At the conclusion of this conference, the participants will be able to:

- Identify critical issues and clinical challenges facing nurse practitioners in the health care environment.
- Utilize evidence-based strategies in clinical practice to improve patient care outcomes.
- Mobilize professional resources to prepare for future changes and challenges in health care delivery.

Register today at www.bc.edu/npconference
We are delighted to welcome Margaret Franckhauser, MS, MPH, RN as this year’s keynote speaker. Building on her 2015 conference workshops on Leadership Skills in Today’s Healthcare, this year’s session, The Imperative for APRN Leadership in the New Healthcare World Order, will address the emerging opportunities for Advance Practice Leadership and methods to develop oneself as a leader in the new world order. Ms. Franckhauser is currently the CEO of Central New Hampshire VNA & Hospice in Laconia, NH and Chair of the Board of the Endowment for Health.

As always, the conference will provide a variety of workshops, clinical sessions, and poster presentations led by a diverse faculty who are experts in clinical care and professional issues. The Massachusetts Coalition of Nurse Practitioners and the New Hampshire Nurse Practitioner Association will be holding their respective annual business meetings during lunch on Thursday. This is a great opportunity to hear about the work the organizations are doing on behalf of the NP profession. If you do not belong to either organization, we welcome you to join us and learn about the benefits of becoming a member.

As part of the conference, we will once again host an evening reception on Thursday, May 5 at 5:45 PM. We welcome attendees to join us. The event will include recognition of nurse practitioners from Massachusetts and New Hampshire who have demonstrated excellence in professional practice. It will also provide an opportunity for networking and socializing.

By attending the conference, you will become a part of the regional nurse practitioner history and help create a vision for nurse practitioners of the future.

We look forward to seeing you at the conference!

EVIE STACY, MS, APRN  STEPHANIE AHMED, DNP, FNP-BC
President, New Hampshire Nurse President, Massachusetts Coalition
Practitioner Association of Nurse Practitioners
The Imperative for APRN Leadership in the New Healthcare World Order

Thursday, May 5, 2016
8:15 – 9:30 AM

Session Description
The Affordable Care Act is pushing advanced practice nursing out of the shadows and into the forefront. As a broader, more powerful role in healthcare emerges, advanced practice nurses must step up and take the lead for the future of their practice and of the nation’s health. This session will discuss the emerging opportunities for advance practice leadership and methods to develop oneself as a leader in the new world order.

About the Speaker
Margaret Franckhauser is a registered nurse with over 35 years’ experience in acute care, primary care, and public health. For 20 years she practiced as a nurse practitioner, where she worked to expand the role of APRNs in New Hampshire and to establish qualification standards in advanced practice across the nation. Margaret has served on many state and national health and policy committees, and she is an alumnus of the Robert Wood Johnson Executive Nurse Leader Fellowship. Margaret is the current CEO of Central New Hampshire VNA & Hospice.
## AGENDA AT-A-GLANCE

### WEDNESDAY, MAY 4
**PRE-CONFERENCE WORKSHOPS**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>6:30 – 7:30 AM</td>
<td>Exhibitor Setup</td>
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<tr>
<td>7:30 – 8:00 AM</td>
<td>Registration/Industry Exhibits/Continental Breakfast</td>
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### THURSDAY, MAY 5
**CONFERENCE PROGRAM**

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<td>8:15 – 9:30 AM</td>
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<tr>
<td>9:30 – 10:00 AM</td>
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<tr>
<td>10:00 – 11:15 AM</td>
<td>Session A (1–4)</td>
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<tr>
<td>11:15 – 12:45 PM</td>
<td>Industry Exhibits</td>
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<td>12:30 – 2:45 PM</td>
<td>Session A: Workshops 1–3</td>
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<td>2:45 – 3:00 PM</td>
<td>Refreshment Break</td>
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<tr>
<td>3:00 – 5:15 PM</td>
<td>Session B: Workshops 4–6</td>
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<td>10:00 – 11:15 AM</td>
<td>Session F (21–24)</td>
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<td>Industry Exhibits</td>
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<tr>
<td>12:00 – 12:30 PM</td>
<td>Lunch/Assoc. Meetings/Industry Exhibits</td>
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<tr>
<td>12:30 – 2:45 PM</td>
<td>Poster Session I/Industry Exhibits</td>
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<td>2:45 – 3:00 PM</td>
<td>Session C (9–12)</td>
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<td>3:00 – 4:15 PM</td>
<td>Session D (13–16)</td>
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<td>Poster Session II/Industry Exhibits</td>
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**Product Education Dinner(s)**

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**Exhibitor Setup**

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FACULTY

JORGE ALMODOVAR-SUAREZ, MD
Adult Neurology
Dartmouth-Hitchcock Clinic
Manchester, NH

LISA M. ARELLO, MS, NP
Nurse Practitioner
Department of Plastic Surgery
University of Massachusetts Memorial Medical Center
Worcester, MA

ELISABETH M. BAILEY, DNP, RN, PMHCNS-BC
Clinical Assistant Professor
Boston College
Chestnut Hill, MA

AMY E. BARTO, MD
Gastroenterologist
Lahey Clinic
Burlington, MA

SNEHAL BHATT, PHARMD, BCPS
Associate Professor of Pharmacy Practice
MCPHS Clinical Pharmacist
Beth Israel Deaconess Medical Center
Boston, MA

MARTIN BLACK, MD
Pulmonologist/Critical Care Intensivist
Concord Pulmonary Medicine
Concord, NH

AMY BROOKS, PHARMD, BCPS
Clinical Pharmacist
Concord Hospital
Concord, NH

HOLLY B. BUCKLEY, MSN, APRN, NCMP
Women’s Health Nurse Practitioner
Dartmouth-Hitchcock Clinic
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JOHN R. CLARK, MD
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MARGARET FRANKHAUSER, MS, MPH, RN
CEO
Central New Hampshire VNA & Hospice
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JENNIFER GANEM, MS, APRN
Psychiatric Nurse Practitioner
Private Practice
Londonderry, NH

ALICE GERVASINI, PHD, RN
Nurse Director
Massachusetts General Hospital
Boston, MA

MARILYN DALEY, DNP, APRN, CHFN
Clinical Director
Cardiomyopathy Clinic
New England Heart Institute
Manchester, NH

SUSAN DESANTO-MADEYA, PHD, RN, CNS
Clinical Associate Professor
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CYNTHIA DESTEUBEN, CNM, APRN, MSN
Nurse Midwife/Family Nurse Practitioner
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JAMES DEVRIES, MD
Assistant Professor of Medicine
Dartmouth-Hitchcock Medical Center
Lebanon, NH

PATTI DUPREY, MSN, APRN, CDE
Nurse Practitioner, Diabetes
Duprey Consultants
Diabetes Care Center
Conway, NH

PASCAL FERZLI, MD, MSC, FAAD
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CONFERENCE INFORMATION

AUDIENCE:
The content has been designed to meet the needs of nurse practitioners, nurse clinicians, midwives, physician assistants, and students. All other health professionals are also welcome.

CONFERENCE LUNCHES:
Thursday lunch will be provided by MCNP and NHNPA.

SPECIAL ACCOMMODATIONS/DIETARY NEEDS:
Please indicate, on the registration form, any special accommodations/dietary needs necessary during the conference. (You must contact the hotel directly to make accommodations related to your individual hotel stay.)

GUESTS:
Only registered attendees are allowed entry to session rooms and Exhibit Hall — guests are not permitted. This includes spouses and other family members of attendees. Non-registered attendees are not permitted, even if the non-registered attendee does not want to receive contact hours or handouts.

CONTACT HOURS:
Contact hours will be awarded upon completion of an online evaluation for each session attended. A link to the evaluation will be sent via email after the conference.

ACREDITATION:
Boston College William F. Connell School of Nursing Continuing Education Program is an approved provider of continuing nursing education by the American Nurses Association Massachusetts, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

ACCREDITATION INFORMATION:

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We would like to acknowledge the New Hampshire Nurse Practitioner Association and the Massachusetts Coalition of Nurse Practitioners. Their support assists with conference expenses, providing the ability to offer affordable registration fees.
## Conference Agenda

<table>
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<tr>
<th>Date/Time</th>
<th>Activity</th>
<th>Contact Hours</th>
<th>Core</th>
<th>Adult</th>
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<tr>
<td>8:30 – 2:45 PM</td>
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<td>12:30 – 1:00 PM</td>
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**Contact Hours**

| Total Contact Hours | 20 |

**Session Objectives available at www.bc.edu/npconference**

**Schedule subject to change**

‡ Pharmacology Credits

* Additional Charge
REGISTRATION INFORMATION

REGISTRATION:
You may register for the NP Conference online, by fax, or by mail. **All registrations must be postmarked or submitted online or by fax on or before April 22, 2016.**

FEES:
All fees must be received upon registration. Payments may be made by check or credit card (VISA, MasterCard, American Express).

Make checks payable to: Trustees of Boston College.

Website: www.bc.edu/npconference
Email: npconf@bc.edu
Phone: 617-552-4257
Fax: 617-552-3411

Mail: Boston College
   William F. Connell School of Nursing
   Continuing Education Program
   Maloney Hall, 280
   Chestnut Hill, MA 02467-3800

SESSION SELECTION:
**Session objectives are available online to assist you with your selection.** The concurrent sessions provide you with the opportunity to select the activities that are most appropriate for you. We realize that each participant has different educational, networking, and professional needs, so a variety of options are available for you to choose. Select the conference activities that will best meet your needs.

CONFIRMATIONS:
After receiving your registration form and payment, we will send you confirmation by email or letter. It will include a list of sessions in which you are enrolled.

REFUND POLICY:
Requests for refund and cancellation are accepted only in writing (email: sonce@bc.edu) at least four weeks prior to the start of the conference. A refund is provided (less a $75 administrative fee). While we understand that unforeseen events or illnesses occur, unfortunately, and without exception, refunds will not be made for cancellations requested within four weeks of the start date of the conference or for no-shows.

ACCOMMODATIONS:
A block of rooms has been reserved at the **Radisson Hotel Downtown** in Manchester, NH for the nights of Wednesday through Friday, May 4–6, 2016 (special rate: $119 single/double). The rooms will be held until April 12, 2016. Please call the hotel directly at 603-206-4109 or 800-333-3333 and indicate that you are attending the Northeast Regional Nurse Practitioner Conference.

PARKING:
Attendees are responsible for paying their own parking fees.
# PLANNING COMMITTEE

<table>
<thead>
<tr>
<th>Name</th>
<th>Title and Affiliation</th>
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</thead>
<tbody>
<tr>
<td><strong>BARBARA G. ROSATO, DNP, ANP-BC, CDE</strong></td>
<td>Co-Chair, MA Adult Nurse Practitioner Healthcare Associates Beth Israel Deaconess Medical Center Boston, MA</td>
</tr>
<tr>
<td><strong>MARION GROWNEY, MSN, ACNP</strong></td>
<td>Co-Chair, MA Acute Care Nurse Practitioner Massachusetts General Hospital Boston, MA</td>
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<tr>
<td><strong>KAREN QUINN, MSN, ANP-BC</strong></td>
<td>Adult Nurse Practitioner Massachusetts General Hospital Boston, MA</td>
</tr>
<tr>
<td><strong>SHERRI B. ST. PIERRE, MS, APRN, PPCNP-BC</strong></td>
<td>Pediatric Nurse Practitioner Boston College William F. Connell School of Nursing Chestnut Hill, MA</td>
</tr>
<tr>
<td><strong>LINDA H. REED, MS, APRN</strong></td>
<td>Co-Chair, NH Family Nurse Practitioner Family Care of Concord Concord, NH</td>
</tr>
<tr>
<td><strong>EVELYN STACY, MS, APRN</strong></td>
<td>Co-Chair, NH Pediatric Nurse Practitioner Pediatric Neurology Dartmouth-Hitchcock Clinic Manchester, NH</td>
</tr>
<tr>
<td><strong>MARY MACKLIN, MSN, APRN</strong></td>
<td>Adult Nurse Practitioner Concord Hospital Cardiac Associates Concord, NH</td>
</tr>
<tr>
<td><strong>JEAN WEYMAN, PHD, RN</strong></td>
<td>Assistant Dean, Continuing Education Boston College William F. Connell School of Nursing Chestnut Hill, MA</td>
</tr>
</tbody>
</table>

Register today at www.bc.edu/npconference
PERSONAL INFORMATION

Name
Home Address
City
State
Zip
Day Phone
Home Phone
Employer
Email Address

Specialty:
- Acute
- Geriatric
- Primary Care
- Women’s Health
- Adult
- Pediatric
- Psychiatric
- Other

SESSION CHOICES (please choose below):

The Thursday and Friday sessions comprise the basic conference program. In addition to the basic program, a Wednesday Workshop ($200), Friday Breakfast Symposium ($30), and a Friday Lunch Symposium ($30) are optional offerings for an additional fee. Below, please select which programs you would like to attend.

For the day sessions, we will try to give you your first choice, but if the session is full or if a choice is not indicated, we will assign a session for you.

I will attend (check all that apply):
- Wednesday
- Thursday
- Friday

WEDNESDAY ($200 additional)

Session A — 1, 2, 3
1st Choice □ 2nd Choice □

Session B — 4, 5, 6
1st Choice □ 2nd Choice □

THURSDAY

Session A — 1, 2, 3, 4
1st Choice □ 2nd Choice □

Session C — 9, 10, 11, 12
1st Choice □ 2nd Choice □

Session B — 5, 6, 7, 8
1st Choice □ 2nd Choice □

Session D — 13, 14, 15, 16
1st Choice □ 2nd Choice □

- MCNP Association Lunch Meeting
- NHNPA Association Lunch Meeting
- Thursday Evening Reception

FRIDAY

Session E — 17, 18, 19, 20
1st Choice □ 2nd Choice □

Session F — 21, 22, 23, 24
1st Choice □ 2nd Choice □

Session G — 25, 26, 27, 28
1st Choice □ 2nd Choice □

Session H — 29, 30, 31, 32
1st Choice □ 2nd Choice □

REGISTRATION

Online Registration Available at www.bc.edu/npconference
Optional Friday Morning Symposium (on-site registration not available):

- **BREAKFAST SYMPOSIUM:** ($30)

Optional Friday Lunch Symposium (on-site registration not available):

- **LUNCH SYMPOSIUM:** ($30)

**EARLY BIRD REGISTRATION:** Postmarked on or before February 26, 2016

**GENERAL REGISTRATION:** Postmarked after February 26, 2016

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<th>MCNP/NHNPA Members</th>
<th>Non-Members</th>
<th>Full-Time Students</th>
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<td>1-day</td>
<td>$195</td>
<td>$275</td>
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<td>$295</td>
<td>$425</td>
<td>$220</td>
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<td>$250</td>
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<td>2-day</td>
<td>$375</td>
<td>$475</td>
<td>$275</td>
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Early Bird | General | On-Site
---|---|---
1-day | 2-day | 1-day | 2-day | 1-day | 2-day
MCNP/NHNPA Members | $195 | $295 | $225 | $350 | $250 | $375
Non-Members | $275 | $425 | $300 | $450 | $325 | $475
Full-Time Students | $140 | $220 | $165 | $245 | $195 | $275

Current members only as of 3/2/16. Please specify state of membership:  □ MCNP  □ NHNPA

Full-time students, enclose letter from department verifying status.

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<td>Friday Lunch Symposium Fee</td>
<td>$________ ($30, if applicable)</td>
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**TOTAL**  $________

**PAYMENT**

Credit Card:  □ MasterCard  □ VISA  □ AMEX  Expiration Date: _______________________

Card #: _______________________

Signature: _______________________

Check: Make checks payable to Trustees of Boston College.

Special Needs Request: ____________________________________________________________

**REGISTRATION DEADLINE:** APRIL 22, 2016

Website: www.bc.edu/npconference  Mail: **BOSTON COLLEGE**
Email: npconf@bc.edu  William F. Connell School of Nursing
Phone: 617-552-4257  Continuing Education Program
Fax: 617-552-3411  Maloney Hall, 280

140 Commonwealth Avenue
Chestnut Hill, MA 02467
EXHIBITOR REGISTRATION:
Join us at the Radisson Hotel Downtown in Manchester, NH. Reserve your exhibit space now for the 23rd Annual Northeast Regional Nurse Practitioner Conference on Wednesday, May 4 through Friday, May 6, 2016. This annual conference attracts over 500 attendees. It is the premier event for nurse practitioners and exhibitors in the New England region. Exhibitor application is available online at: www.bc.edu/npconference.

Early Bird rates end February 19, 2016.

Hotel Registration for Exhibitors
A block of rooms has been reserved at the Radisson Hotel Downtown in Manchester, NH for the nights of Wednesday through Friday, May 4-6, 2016 (special rate $119 single/double). The rooms will be held until April 12, 2016. Please call the hotel directly at 603-206-4109 or 800-333-3333 and indicate that you are attending the Northeast Regional Nurse Practitioner Conference.
Registration Opens January 21, 2016

www.bc.edu/npconference