EMPLOYING THE NINTH AMENDMENT TO SUPPLEMENT SUBSTANTIVE DUE PROCESS: RECOGNIZING THE HISTORY OF THE NINTH AMENDMENT AND THE EXISTENCE OF NONFUNDAMENTAL UNENUMERATED RIGHTS

Abstract: Asserted liberty rights not enumerated in the U.S. Constitution are generally considered under the substantive due process doctrine. Courts look only at narrowly defined interests and their history and traditions, and recognize only fundamental rights. This approach, however, fails to acknowledge the existence of nonfundamental rights that deserve recognition and a level of protection from improper legislation. As a supplement to its incomplete substantive due process jurisprudence, the Supreme Court should examine the Ninth Amendment’s history and traditions. Looking to this history and tradition will provide better guideposts for what types of rights should be protected.Employing the Ninth Amendment in this way will also help alleviate three primary reasons for the Amendment’s disuse: the Ninth Amendment was not meant to apply against states, judges have no power to protect unenumerated rights, and the Ninth Amendment was only relevant under the now-disfavored penumbras and emanations test.

Introduction

According to the U.S. Supreme Court, individual rights not listed in the U.S. Constitution are affirmatively recognized only if they are deemed fundamental.¹ Courts use the Fifth and Fourteenth Amendments of the Constitution to prevent federal and state governments from depriving people of their liberty interests in unenumerated rights without due process of law.² When people bring claims that their rights have been violated by government regulation, courts narrowly define the asserted liberty interest, look at the history and traditions of protecting that interest, and then determine if it is fundamental to the

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concept of ordered liberty. If a court determines that the interest is fundamental, the government must narrowly tailor its law to serve a compelling interest.

This test, developed from the substantive due process doctrine, does not adequately protect otherwise valid rights that courts do not deem fundamental. If a law infringes a right that is not considered fundamental, the government merely must demonstrate some rational basis for passing the law. This rational basis threshold is a low one—otherwise valid rights can be ignored based on the government’s arguments for a law, regardless of the acceptability of its assumptions. This lack of consideration for nonfundamental rights also requires courts to view asserted liberty interests as an all-or-nothing gambit—unenumerated rights are either fundamental or they are not rights at all. Abortion rights, sexual privacy rights, and the right to refuse medical treatment have all been examined under variations of this approach.

Contrary to this all-or-nothing approach to rights, the framers of the Constitution, including the Ninth Amendment’s drafter, James Madison, understood there to be a vast number of rights and different levels of protections for them. Madison drafted the Ninth Amendment

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3 Glucksberg, 521 U.S. at 720–22.
4 Id. at 720–21.
5 See id. at 720–22.
6 See id. at 722.
7 See id.; Lofton v. Sec’y of Dep’t of Children & Family Servs., 358 F.3d 804, 819–20 (11th Cir. 2004) (holding that even if the assumptions underlying the government’s belief in preventing homosexuals from adopting are wrong, the mere fact that they can be argued is sufficient to pass rational basis review).
8 See Glucksberg, 521 U.S. at 720–22.
9 See Planned Parenthood v. Casey, 505 U.S. 833, 857 (1992) (affirming fundamental right to have an abortion); Cruzan v. Dir., Mo. Dep’t of Health, 497 U.S. 261, 279, 281 (1990) (acknowledging the right to refuse medical treatment); Bowers v. Hardwick, 478 U.S. 186, 190 (1986) (denying the existence of right to engage in homosexual sodomy), overruled by Lawrence v. Texas, 539 U.S. 558, 578 (2003) (invalidating law that prohibited homosexual sodomy); Roe v. Wade, 410 U.S. 113, 153 (1973) (holding that there is a fundamental right to have an abortion, in light of the right of privacy). Although the majority opinion in Cruzan did not hold that the right to refuse medical treatment is fundamental, five Justices attempted to answer this question and considered the answer integral to the decision. See Cruzan, 497 U.S. at 295 (Scalia, J., concurring); id. at 302, 304 (Brennan, J., dissenting); id. at 341–42 (Stevens, J., dissenting).
to alleviate concerns that rights not listed in the Constitution or the Bill of Rights would be left unprotected. The Amendment's final wording was important enough to extend significantly the debate between the Virginia state convention and the U.S. Congress about whether to ratify the draft Bill of Rights.

The Ninth Amendment was also at the heart of the U.S. Supreme Court case that first recognized a right to privacy, even though that right is not specifically mentioned in the Constitution. The Ninth Amendment states that unenumerated rights should not be disparaged or denied merely because they have not been enumerated in the Constitution. And yet, today the Ninth Amendment still languishes in jurisprudential obscurity and confusion.

This Note argues that courts should employ the Ninth Amendment to affirm that some unenumerated rights test is required generally, and to supplement the substantive due process doctrine by recognizing non-fundamental unenumerated rights and providing additional decision-
making guideposts. Part I provides the current parameters for examining liberty interests under substantive due process and the presumption of constitutionality for legislative action. Part II of this Note considers the text of the Ninth Amendment, and reviews its ratification history. Part III discusses the varied case law employing or avoiding the Ninth Amendment. Part IV argues that the Ninth Amendment should be employed as support for an unenumerated rights test generally and for supplementing substantive due process specifically. Part IV also provides a summary and example of the proposed supplemented unenumerated rights test. Finally, Part V contends that the three primary reasons the Ninth Amendment has been judicially avoided are answerable.

I. THE CURRENT UNENUMERATED RIGHTS TEST: SUBSTANTIVE DUE PROCESS IN GLUCKSBERG

Substantive due process is a constitutional doctrine that protects individuals’ rights from government infringement. The U.S. Supreme Court’s most recent enunciation of the test for determining unenumerated individual rights under substantive due process appeared in 1997 in Washington v. Glucksberg. If the asserted right is not fundamental, any infringing law maintains a strong presumption of constitutionality, as discussed in Section B.

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16 See infra notes 198–270 and accompanying text.
17 See infra notes 23–59 and accompanying text.
18 See infra notes 60–128 and accompanying text.
19 See infra notes 129–197 and accompanying text.
20 See infra notes 198–270 and accompanying text.
21 See infra notes 271–303 and accompanying text.
22 See infra notes 304–349 and accompanying text.
23 See Kermit Roosevelt III, Forget the Fundamentals: Fixing Substantive Due Process, 8 U. Pa. J. Const. L. 983, 993–94 (2006). This Note focuses on court recognition of liberty interests under substantive due process. Though it is possible that the Ninth Amendment, substantive due process, or a combination thereof could be used also to recognize unenumerated property rights, the Supreme Court has provided little guidance in this area. See Robert J. Krotoszynski, Jr., Fundamental Property Rights, 85 Geo. L.J. 555, 591, 609 (1997) (arguing that, despite the Court’s lack of attention to property for due process purposes, certain interests in “property” merit substantive due process recognition and protection). But see BMW of N. Am., Inc. v. Gore, 517 U.S. 559, 584–85 (1996) (suggesting that fundamental property interests exist in holding that a two-million-dollar punitive damage award was grossly excessive in relation to legitimate state interests).
25 See infra notes 48–59 and accompanying text.
A. **Substantive Due Process in Washington v. Glucksberg**

In *Glucksberg*, the Supreme Court thoroughly analyzed substantive due process and stated the current test for recognizing rights not listed in the Constitution. The Court held that the plaintiff-patients in the case had no right to physician-assisted suicide, nor did the plaintiff-physicians have a right to assist them.

The Court’s unenumerated rights test is essentially a fundamental rights test. First, a court carefully and narrowly defines the asserted liberty interest. Then, the court determines whether this defined right is fundamental based on the tradition and history of protections for that interest, and whether it is necessary to the concept of ordered liberty. If the asserted right is determined to be fundamental, the court requires the infringing legislation to be narrowly tailored to achieve a compelling government interest. If the asserted right is not determined to be fundamental, the legislature must simply show some rational basis for enacting the law. This method generally does not recognize or affirmatively protect nonfundamental rights.

The Court in *Glucksberg* did, however, list unenumerated fundamental rights that have been protected by courts through due process

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27 See *Glucksberg*, 521 U.S. at 723, 735. The plaintiffs in this case asserted that they had a liberty interest that was protected by the Fourteenth Amendment’s Due Process Clause to choose how to die and to control one’s final days. *Id.* at 722. The U.S. Court of Appeals for the Ninth Circuit had found for the plaintiffs after defining the interest as a general right to die. *See id.* at 709. The U.S. Supreme Court, however, defined the asserted interest as a right to commit suicide and a right to have assistance in doing so. *Id.* at 723.

28 See *id.* at 719–22. For this test, the court determines whether the Due Process Clause of the Fourteenth Amendment, which states that no person shall be deprived of liberty by state governments without due process of law, protects a certain right. *Id.* at 719–20; see U.S. CONST. amend. XIV, § 1. The Supreme Court in *Glucksberg* first acknowledged that the Due Process Clause of the Fourteenth Amendment guarantees more than just fair procedural process. 521 U.S. at 719–20; see U.S. CONST. amend. XIV, § 1. The Due Process Clause also protects liberty beyond physical restraint, providing heightened protection against government interference with certain fundamental rights and liberty interests. *Glucksberg*, 521 U.S. at 719–20.

29 *Glucksberg*, 521 U.S. at 721.

30 *Id.* at 720–21.

31 See Rubin, *supra* note 26, at 842.


33 See *id.* at 719–22; Rubin, *supra* note 26, at 844. Two Supreme Court cases have recognized individual liberty interests without describing them as fundamental, though both were heavily divided opinions as to the nature of these rights. See *Lawrence* v. Texas, 539 U.S. 558, 561, 577–78 (2003) (sexual act privacy); *Cruzan* v. Dir., Mo. Dep’t of Health, 497 U.S. 261, 263–64, 279, 281 (1990) (refusal of medical treatment).
These include the right to marry, to direct the education and upbringing of one’s children, to have children, to marital privacy, to use contraception, to bodily integrity, and to have an abortion. The Court also has strongly suggested that a right to refuse unwanted life-saving medical treatment exists.

Nevertheless, the Court tempered its unenumerated fundamental rights analysis by noting its reluctance to expand the concept of substantive due process. According to the Court, this reluctance is due to the scarce and open-ended guideposts for responsible decision making in this area. Although the outlines of the liberty protected by the Fourteenth Amendment have never been fully clarified, and may not be capable of such clarification, the Court stated that the substantive due process doctrine at least has been carefully refined by the listed concrete examples. Thus, the Court can now avoid balancing competing interests in every case. Furthermore, responsible decision making is important in this area because the Court faces a difficult question: should unelected federal judges determine policy and make value judgments rather than elected representatives?

B. Limiting Rights: The Presumption of Constitutionality

In 1938 in United States v. Carolene Products Co., the Supreme Court, in its famous “Footnote Four,” wrote that state legislation has the pre-

34 Glucksberg, 521 U.S. at 720; Rubin, supra note 26, at 843–44.
37 See Skinner v. Oklahoma ex rel. Williamson, 316 U.S. 535, 535, 541 (1942); see also Glucksberg, 521 U.S. at 720 (describing Skinner as a case implicating the fundamental right to have children).
42 See Glucksberg, 521 U.S. at 720; Cruzan, 497 U.S. at 279.
43 Glucksberg, 521 U.S. at 720.
44 Id. at 720–21.
45 Id. at 722.
46 Id.
sumption of constitutionality unless it violates a direct prohibition in the Bill of Rights.\textsuperscript{48} Later substantive due process decisions expanded this presumption to cover unenumerated but fundamental rights.\textsuperscript{49} State legislation is thus presumed to be constitutional unless it violates direct prohibitions in the first ten amendments, prohibitions elsewhere in the Constitution, or judicially determined fundamental rights.\textsuperscript{50}

State governments’ long history of broad police powers generally supports this presumption of constitutionality.\textsuperscript{51} There has been, however, some question as to how limitless these police powers should be.\textsuperscript{52} As far back as the late nineteenth and early twentieth centuries, some scholars argued for judicial limits to the state police power as it affected personal liberty interests.\textsuperscript{53} Also, state courts have invalidated legislation for going beyond the scope of the police power.\textsuperscript{54}

Then, in 2003 in \textit{Lawrence v. Texas}, the U.S. Supreme Court invalidated a state law that prohibited homosexual sodomy, without applying an equal protection claim or determining that the law violated a fundamental right.\textsuperscript{55} Rather, the Court held that the Texas legislature had no legitimate purpose in invading the liberty interests of the individual plaintiffs under substantive due process.\textsuperscript{56} It appears that the majority invalidated the law as having no rational basis, but this was not explicitly stated by the Court.\textsuperscript{57} The Court did not specifically

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\item[48] 304 U.S. 144, 152 & n.4 (1938); Barnett, supra note 11, at 229–30.
\item[49]  Barnett, supra note 11, at 233–34; see Griswold, 381 U.S. at 486; see also Carolene Prods., 304 U.S. at 152 & n.4.
\item[50] Barnett, supra note 11, at 233–34; see U.S. Const. amend. I–VIII; Griswold, 381 U.S. at 486; Carolene Prods., 304 U.S. at 152 & n.4.
\item[51] See Rakove, supra note 10, at 119. At the founding of the Constitution, states were governments of broad legislative powers while the federal government was limited to enumerated powers. See James Wilson, Statehouse Speech (Oct. 6, 1787), reprinted in Rakove, supra note 10, at 121–22 [hereinafter Wilson Statehouse Speech].
\item[53] See id. at 475. See generally Ernst Freund, The Police Power: Public Policy and Constitutional Rights (1904); Christopher G. Tiedeman, A Treatise on the Limitations of Police Power in the United States (1886).
\item[55] See 539 U.S. at 564–79. Justice O’Connor did use an equal protection theory in her concurring opinion, stating that because the antisodomy law applied only to homosexuals, it violated equal protection. Id. at 579 (O’Connor, J., concurring).
\item[56] Id. at 577–78 (majority opinion).
\item[57] See id.; John G. Culhane, Writing On, Around, and Through Lawrence v. Texas, 38 Creighton L. Rev. 493, 497, 503 (2005); Suzanne B. Goldberg, Morals-Based Justifications
define any right at issue, fundamental or otherwise, but rather a general liberty interest. Additionally, the Court did not provide guideposts for future determinations.

II. THE TEXT AND RATIFICATION OF THE NINTH AMENDMENT

In Marbury v. Madison in 1803, the U.S. Supreme Court stated that every clause in the Constitution was intended to have some effect. A construction that would deny a clause any effect would be improper unless the text itself required it. Yet, Supreme Court majorities have avoided construing the Ninth Amendment and have left it with essentially no binding meaning despite its plain language. To understand why, it is necessary to examine the text and ratification history of the Ninth Amendment.

A. The Text of the Ninth Amendment

The Ninth Amendment to the U.S. Constitution was ratified in 1791 and states: “The enumeration in the Constitution, of certain rights, shall not be construed to deny or disparage others retained by the people.” An “enumeration” referred to a listing of specific items, of which there are two relevant to this Note. First, the legitimate powers of the federal government are all enumerated in the Constitution. Second,
there are individual rights enumerated throughout the Constitution.\footnote{See U.S. Const. art. I, § 9, cls. 1–8; \textit{id.} amends. I–VIII; Rakove, \textit{supra} note 10, at 113–14; David N. Mayer, \textit{The Natural Rights Basis of the Ninth Amendment: A Reply to Professor McAffee}, 16 S. Ill. U. L.J. 313, 314 (1992).} The clause “of certain rights” in the Ninth Amendment references the latter of these enumerations.\footnote{See Bennett B. Patterson, \textit{The Forgotten Ninth Amendment} 12 (1955). A common conception among framers of the Constitution was that individual rights and limits on government powers were interwoven. \textit{Id.} Protecting rights would, in theory, limit power and limiting powers would protect rights. \textit{See id.} These rights are contained predominantly in the Bill of Rights, but are also spelled out elsewhere in the Constitution. See U.S. Const. art. I, § 9, cls. 1–8; \textit{id.} amends. I–VIII; Patterson, \textit{supra}, at 12. The drafter of the Ninth Amendment, James Madison, wanted to insert this Amendment into the middle of the Constitution, after Article I, § 9, to make clear that rights were enumerated throughout the Constitution. Patterson, \textit{supra}, at 12; see Edward Dumbauld, \textit{The Bill of Rights and What It Means Today} 44 (1957). It is also relevant that the framers were not generally concerned with protecting the people from their state governments. See Massachusetts v. Upton, 466 U.S. 727, 738–39 (1984) (Stevens, J., concurring). Yet, the framers’ general conception of the reciprocity of rights and powers did apply to both federal and state governments. See Randy E. Barnett, \textit{The Ninth Amendment: It Means What It Says}, 85 Tex. L. Rev. 1, 15 (2006). There was a greater need for bills of rights in state governments because of their broader powers, as compared to the federal government. See Thomas B. McAffee, \textit{The Original Meaning of the Ninth Amendment}, 90 Colum. L. Rev. 1215, 1252–54 (1990). Madison did make some proposals to protect rights specifically against state governments, but they were not ratified. See Dumbauld, \textit{supra}, at 8, 41, 46–47.}

The phrase “shall not be construed” was a declaration against a particular type of interpretation or explanation.\footnote{See 1 Johnson, \textit{supra} note 65, at 222.} To “deny” a right meant to disregard it or fail to accept that it exists.\footnote{See \textit{id.} at 278.} To “disparage” an unenumerated right meant to injure it or place it into an inferior condition, even while recognizing its existence, in part because it was not one of the rights listed in the Constitution.\footnote{See \textit{id.} at 303.} Rights “retained” are those unenumerated rights that the people did not dismiss, and still held, after the Constitution was drafted.\footnote{See Barnett, \textit{supra} note 11, at 54–55; 2 Johnson, \textit{supra} note 65, at 259. Many framers of the Constitution subscribed to the idea that rights are inherent in the people and that only certain rights are given up to a government upon its creation. See Barnett, \textit{supra} note 11, at 55; Laurence Claus, \textit{Protecting Rights from Rights: Enumeration, Disparagement, and the Ninth Amendment}, 79 Notre Dame L. Rev. 585, 593 (2004).} Rights “retained” are those unenumerated rights that the people did not dismiss, and still held, after the Constitution was drafted. \footnote{See United States v. Verdugo-Urquidez, 494 U.S. 259, 265 (1990) (stating that “people” in the Ninth Amendment and other amendments refers to a group of persons who are part of a national community or who have otherwise developed sufficient connection with that country); Claus, \textit{supra} note 72, at 593–94.} At the time of the drafting of the Constitution, “by the people” seems to have referred to the citizens of the respective states.\footnote{See United States v. Verdugo-Urquidez, 494 U.S. 259, 265 (1990) (stating that “people” in the Ninth Amendment and other amendments refers to a group of persons who are part of a national community or who have otherwise developed sufficient connection with that country); Claus, \textit{supra} note 72, at 593–94.}
This language meant essentially the same in 1791 as it means today. The text of the Ninth Amendment states that the listing of certain rights throughout the Constitution should not be interpreted to reject that other rights exist or to diminish the importance of unlisted rights that the people did not give away, simply because certain rights were enumerated. The text does not limit this construction to the federal government; in fact, it does not mention the federal government at all.

B. Ratification of the Ninth Amendment

James Madison and the drafters of the Constitution encountered an important enumeration problem in 1787, when political pressure led them to add a list of particular individual rights to be protected by the Constitution. A Constitutional Convention, consisting of representatives of twelve of the thirteen states, had come together in Philadelphia to modify the Articles of Confederation. Despite the Convention’s intent and the understanding of the nation that they would merely modify the Articles, the delegates created a new Constitution.

The Constitution established a federal government of enumerated and limited powers, meaning that it could only act if it was authorized to do so by provisions of the Constitution. State governments, however, had more general police powers, meaning that their legislatures could pass laws within the proper scope of the police power unless they were denied the power by the people, acting through their respective

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74 See Barnett, supra note 68, at 5.
75 See supra notes 66–74 and accompanying text; see also Patterson, supra note 68, at 19 (stating that although certain rights are enumerated, the reservation should not be taken to deny or disparage any unenumerated right not so apparently protected).
76 See U.S. Const. amend. IX.
77 See Rakove, supra note 10, at 108, 119; infra notes 78–128 and accompanying text.
79 Rakove, supra note 10, at 109; Story, supra note 78, at 106–07.
80 Rakove, supra note 10, at 119; see, e.g., U.S. Const. art. I, § 8 (granting Congress the power to lay and collect taxes).
state constitutions.81 Inherent in both the state and federal conceptions of government was the belief that people possessed their full natural rights before the formation of governments.82 The people handed over only certain rights and privileges upon the formation of government—enumerated powers to the federal government and broad, but not limitless, police powers to the state governments.83 The people retained the power to change this structure as well.84

1. Distrust: Antifederalists’ Call for a Bill of Rights

There were differing views on how well this constitutional structure of limited federal powers would achieve its goals.85 The delegates at the Constitutional Convention, for the most part, believed that limiting the federal government’s powers would adequately protect the rights of the people.86 Nevertheless, there was opposition to the proposed draft from people known as Antifederalists.87 Antifederalists were primarily concerned that the federal government’s power could be extended beyond its supposed constitutional limits.88 Expansive readings of the “necessary and proper” power and the taxing power particularly concerned them.89

Antifederalists argued that the answer to the potential dilemma of overreaching federal power was the addition of a bill of rights to the Constitution.90 Despite Antifederalist weakness at the Convention, con-

82 See Barnett, supra note 11, at 55; Patterson, supra note 68, at 19–20.
83 See Patterson, supra note 68, at 19–20.
84 See Akhil Reed Amar, America’s Constitution 327 (2005).
85 See infra notes 86–107 and accompanying text.
86 See Story, supra note 78, at 693–94; Lash, supra note 12, at 348.
87 Rakove, supra note 10, at 116–17.
88 Id. at 125; Story, supra note 78, at 110–12.
89 See U.S. Const. art. I, § 8, cls. 1, 18; Rakove, supra note 10, at 125. The Antifederalists asked why, under this structure, the federal government could not reintroduce the hated Stamp Act of 1765 which taxed newspapers and thereby restricted the free flow of information and the people’s right to freedom of press. Rakove, supra note 10, at 125. Because freedom of the press was particularly at risk to government interference in the recent past, it was apt for specific protection in a bill of rights. Id.
90 See Rakove, supra note 10, at 125–26; Story, supra note 78, at 693–96. The state delegations at the Convention, which were mostly comprised of Federalists, unanimously struck down a proposal of two delegates to appoint a committee to prepare a bill of rights for the Constitution. See Rakove, supra note 10, at 113–14 (identifying the two delegates as George Mason of Virginia and Elbridge Gerry of Massachusetts).
cern over the potential expansiveness of the now-strengthened federal government spread to state ratifying conventions.\textsuperscript{91} Many state convention delegates contended that a bill of rights was necessary for setting up guideposts that showed when the federal government had overstepped its boundaries.\textsuperscript{92} The addition of a bill of rights became a rallying cry for Antifederalists opposing the Constitution.\textsuperscript{93}

2. Federalists’ Fears of a Bill of Rights

Supporters of the Constitution, the Federalists, argued that a bill of rights was not necessary because rights were adequately protected by the enumerated federal powers scheme.\textsuperscript{94} Properly limiting powers would in turn adequately protect rights.\textsuperscript{95} The Federalists contended that the new federal government would be quite different in structure from state governments.\textsuperscript{96} The people invested state governments with all the rights and powers that the people did not reserve, and therefore silence on an issue favored the legitimacy of the state’s legislative action.\textsuperscript{97} The federal government could not legislate as states did because its power was collected only from positive grants and not by any form of broad implication, such as the states’ police power.\textsuperscript{98}

Some Federalists argued that inserting a bill of rights might actually be dangerous.\textsuperscript{99} The federal government, so the argument went, potentially could state that the people had protected only those particular rights that were enumerated.\textsuperscript{100} At the same time, complete enumeration was not possible—the drafters could not resort to listing every legitimate right, including such minutia as the right to wear a hat or wake up when one pleased.\textsuperscript{101} Similarly, some Federalists argued that

\textsuperscript{91} See Morgan, supra note 78, at 132–33; Patterson, supra note 68, at 8–9.
\textsuperscript{92} Rakove, supra note 10, at 125–26; see Story, supra note 78, at 696; The Federal Farmer, Letter XVI (Jan. 20, 1788), reprinted in Rakove, supra note 10, at 133–35 [hereinafter Federal Farmer, Letter XVI].
\textsuperscript{93} McAfee, supra note 68, at 1227–28.
\textsuperscript{94} See Story, supra note 78, at 693–94; Lash, supra note 12, at 348.
\textsuperscript{95} See Story, supra note 78, at 693–94; Lash, supra note 12, at 348.
\textsuperscript{96} See Wilson Statehouse Speech, supra note 51, at 121–22.
\textsuperscript{97} Id. Therefore, for state constitutions, bills of rights were more effective, and necessary, protectors of rights. See McAfee, supra note 68, at 1253–54.
\textsuperscript{98} See Massey, supra note 11, at 56; Wilson Statehouse Speech, supra note 51, at 121–22.
\textsuperscript{99} Massey, supra note 11, at 63; see Iredell’s Speech in the North Carolina Convention, supra note 10, at 145–46.
\textsuperscript{100} See Massey, supra note 11, at 62.
\textsuperscript{101} Statement of Rep. Sedgwick, supra note 10, at 8–9; see Iredell’s Speech in the North Carolina Convention, supra note 10, at 145–46.
the federal government could be given powers by implication through the addition of a bill of rights.\textsuperscript{102} If exceptions were necessary to limit federal power to protect certain rights, then this implied that the government had some power to infringe those rights in the first place.\textsuperscript{103}

The Antifederalists did not necessarily disagree with these assertions.\textsuperscript{104} Any problems that a bill of rights would create, though, were merely similar problems that Antifederalists felt were likely to arise anyway.\textsuperscript{105} One Antifederalist author hypothesized that the addition of a bill of rights would, however, help the people determine and appreciate when the government had overstepped its proscribed limits.\textsuperscript{106} At least with affirmative protections, the people could know when they had certain rights that the government should not violate.\textsuperscript{107}

3. The Ninth Amendment as the Answer to the Enumeration Problem

The Ninth Amendment was not thrust upon the states, but rather was rooted in their demands submitted to the Constitutional Convention.\textsuperscript{108} Generally, the states’ recommendations about a bill of rights included precursors to the Ninth Amendment that asserted that the enumeration of certain rights should not be read to deny or disparage other rights, nor to constructively expand federal power.\textsuperscript{109} Various state con-

\textsuperscript{102} See Wilson Statehouse Speech, \textit{supra} note 51, at 122.
\textsuperscript{103} See \textit{id.}; see also McAfee, \textit{supra} note 68, at 1307. For example, the Federalists contended that the federal government had no power to regulate the press. \textit{See The Federalist} No. 84 (Alexander Hamilton). If, however, an amendment were added to the Constitution stating that the federal government shall not abridge the freedom of the press, this would imply that the federal government had been given some power over the press in the first place. \textit{See id.} Antifederalists responded that such implications had already been written into the Constitution. Mayer, \textit{supra} note 67, at 314. The Constitution already stated that no religious test for public office could be required, and, the Antifederalists responded, this limit implied that the federal government had some power over religion. \textit{Id.} Thus, a freedom of religion clause was necessary, not redundant. \textit{Id.}
\textsuperscript{104} See Claus, \textit{supra} note 72, at 604–05.
\textsuperscript{105} See \textit{id.} Antifederalists contended that the propensity of all officeholders to seek power needed to be restricted in every way. \textit{See Bernard Bailyn, The Ideological Origins of the American Revolution} 56–58 (enlarged ed. 1992).
\textsuperscript{106} See Federal Farmer, Letter XVI, \textit{supra} note 92, at 134–35.
\textsuperscript{107} See \textit{id.}
\textsuperscript{108} See Jackson, \textit{supra} note 62, at 502–03; Lash, \textit{supra} note 12, at 350. Madison later wrote to President Washington that the Virginia proposals, at least, played a role in his draft of the Bill of Rights that he proposed to Congress. \textit{See Lash, \textit{supra} note 12, at 358 n.122} (citing Letter from James Madison to George Washington (Nov. 20, 1789)).
\textsuperscript{109} See Lash, \textit{supra} note 12, at 355–58 & n.122. These proposals appear to be responses to Federalists’ arguments that a bill of rights would not be able to cover all possible rights. \textit{See supra} notes 99–103 and accompanying text.
stitutions already had provisions somewhat similar to the Ninth Amendment, although they were applicable only within their state government structures. The Ninth Amendment was, thus, not a total invention by the state ratifying conventions or by Convention delegate and Ninth Amendment drafter James Madison. In light of this mounting political pressure, Madison, a Federalist, eventually acquiesced and accepted the need for a federal bill of rights.

The addition of a bill of rights had become a dead issue in the House of Representatives, and so Madison could only get a select committee to listen to his proposals. He explained to this committee that a bill of rights was important because, even if the federal government kept to its enumerated powers, its discretion as to the means of executing those powers could lead to limited abuses. A bill of rights would act as a more secure safeguard against legislative power subject to abuse than the draft Constitution.

Madison then tried to counter the enumeration concern that a specific list of rights could potentially exclude all others not listed. His

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110 See John Choon Yoo, Our Declaratory Ninth Amendment, 42 Emory L.J. 967, 1009 (1993).

111 Yoo, supra note 110, at 1008–10 & nn.168–69 (describing the states that had similar provisions before and after ratification of the Ninth Amendment, and contending that this shows the states’ understanding that such a provision directly protects rights and is not merely a rule of construction).

112 See Dumbauld, supra note 68, at 38; Morgan, supra note 78, at 131. While Madison was still considering the issue, Thomas Jefferson attempted to persuade him to accept some form of a bill of rights. See Rakove, supra note 10, at 164; Letter from Thomas Jefferson to James Madison (Mar. 15, 1788), reprinted in Rakove, supra note 10, at 165–66 [hereinafter Letter from Jefferson to Madison]. Even if Madison were correct in his objections to a bill of rights, Jefferson reassured, protecting some rights more fully and others weakly was still better than not protecting them at all. See Rakove, supra note 10, at 164; Letter from Jefferson to Madison, supra, at 165–66.

113 See Patterson, supra note 68, at 11. Madison’s speech to the House became the first public record and, thus, the first official discussion of the issue of a bill of rights. See Rakove, supra note 10, at 168–69.

114 See Madison’s Bill of Rights Speech, supra note 10, at 177–78; see also Rakove, supra note 10, at 125. These limited abuses, Madison said, were similar to the indefinite abuses that arose from state legislatures of general powers. See Madison’s Bill of Rights Speech, supra note 10, at 180; see also Story, supra note 78, at 696.

115 See Madison’s Bill of Rights Speech, supra note 10, at 171; see also Morgan, supra note 78, at 138–39; Story, supra note 78, at 114.

116 See Madison’s Bill of Rights Speech, supra note 10, at 177–79. In his most famous statement on the Ninth Amendment, Madison said:

It has been objected also against a bill of rights, that, by enumerating particular exceptions to the grant of power, it would disparage those rights which were not placed in that enumeration, and it might follow by implication, that those rights which were not singled out, were intended to be assigned into
answer to the Federalists was his early draft of the Ninth Amendment, which attempted to retain the drafters’ initial constitutional objectives of limiting federal powers so as to protect rights, despite the explicit protection of certain rights added to the Constitution in the Bill of Rights. 117 This early draft stated that exceptions in the Bill of Rights, or elsewhere, made in favor of certain rights should not be construed to diminish rights retained by the people or to enlarge the federal powers. 118 These exceptions, Madison said, should only be construed as limitations on the federal powers or as calls for caution against expansive federal power. 119 Madison noted that the “necessary and proper” power could be read accurately to infringe on certain rights unless affirmative protections were present. 120 The Ninth Amendment, and the Bill of Rights collectively, were apparently Madison’s attempt to prevent Congress alone from possessing the discretionary power of the “necessary and proper” clause. 121 Rights were listed, therefore, to ensure their proper protection, but not to elevate their status. 122

A House Select Committee, which included Madison, reviewed his proposals and presented a streamlined version of the Ninth Amendment. 123 This version no longer contained Madison’s reference to preventing constructive enlargement of federal power and, furthermore, made no mention of government powers at all. 124 It did, however,

the hands of the general government, and were consequently insecure. This is one of the most plausible arguments I have ever heard urged against the admission of a bill of rights into this system; but, I conceive, that may be guarded against. I have attempted it, as gentlemen may see by turning to the last clause of the 4th resolution.

Id. At the time, the Ninth Amendment as it exists today was Madison’s “Fourth Resolution.” See Lash, supra note 12, at 349–50 n.78.

117 Madison’s Bill of Rights Speech, supra note 10, at 177–79; see Massey, supra note 11, at 69–70.

118 Lash, supra note 12, at 349–50 n.78. This language was very similar to many state convention proposals. See id. at 358 & n.122.

119 See id. at 349–50 n.78.

120 Madison’s Bill of Rights Speech, supra note 10, at 172; see also Lash, supra note 12, at 353. The rights specifically enumerated may have been listed just because they were so apt to be infringed by broad, but otherwise valid, federal powers. See Barnett, supra note 11, at 249.

121 See Madison’s Bill of Rights Speech, supra note 10, at 178–79; see also Lash, supra note 12, at 353. Madison did not go into great detail about what other rights were retained, although his notes for the speech referred to the natural rights of the people. See Barnett, supra note 11, at 54–55.


123 See Patterson, supra note 68, at 14; Lash, supra note 12, at 368.

124 See Lash, supra note 12, at 349–50 n.78, 368–69.
maintain the statement on how to construe the enumeration of rights that is in the current version of the Ninth Amendment. 125

Madison told President Washington that the reason for this deletion was the reciprocal nature of rights and powers. 126 As limiting powers adequately protected rights, conversely, protecting rights would adequately and appropriately limit the federal powers. 127 To reassure those wary of the deletion, Madison used the final version one year later in a speech before the House of Representatives to show that it could limit federal power by arguing that the creation of the Bank of the United States was unconstitutional. 128

III. THE VARIED NINTH AMENDMENT JURISPRUDENCE

In general, the Bill of Rights was not a focal point of constitutional law during the nineteenth century. 129 In 1819 the U.S. Supreme Court in McCulloch v. Maryland did, however, greatly expand federal power soon after the ratification of the Bill of Rights and the Ninth Amendment by upholding the very government power that James Madison had argued the Ninth Amendment prevented—federal power to create a National Bank. 130 The Court implicitly rejected one of the Ninth Amend-

125 See U.S. Const. amend. IX; Lash, supra note 12, at 368. The Virginia convention was especially concerned about the removal of the explicit prevention of expansive federal power, and debated two more years because of this concern. Lash, supra note 12, at 333, 371, 380–81. Virginia Assembly member Hardin Burnley wrote to Madison that their chief concern was that there was no mechanism for determining if a particular unenumerated right was protected or not. See Lash, supra note 12, at 371–72 (citing Letter from Hardin Burnley to James Madison (Nov. 28, 1789)); id. at 380–81 (citing Entry of Dec. 12, 1789, in Journal of the Senate of the Commonwealth of Virginia (Richmond 1828)).
126 See Lash, supra note 12, at 374.
127 See Massey, supra note 11, at 62–63, 67; Lash, supra note 12, at 374.
128 See Lash, supra note 12, at 383–85 (citing James Madison, Speech in Congress Opposing the National Bank (Feb. 2, 1791)). Soon after this speech, the Virginia delegation finally relented and ratified the full Bill of Rights, including the Ninth Amendment. See Rakove, supra note 10, at 193; Lash, supra note 12, at 392–93.
129 Rakove, supra note 10, at 194. The Bill of Rights did not apply to the states until the adoption of the Fourteenth Amendment, which made many of these rights protections equally applicable against state governments. See Raoul Berger, The 14th Amendment and the Bill of Rights 5–7 (1989); see also Barton v. Baltimore, 32 U.S. (7 Pet.) 243, 249–50 (1833) (holding that if Congress had tried to improve the constitutions of the states as well to provide additional protections it clearly would have declared this in plain language).
130 See 17 U.S. (4 Wheat.) 316, 407 (1819); Lash, supra note 12, at 415–16. The Court observed that the issue had passed through the legislature without significant debate and was ultimately signed by then-President Madison, despite his earlier opposition. See McCulloch, 17 U.S. at 380. Madison would later assert that he signed the National Bank into law only out of political necessity and not because he believed that creation of the
ment’s supposed purposes—preventing broad constructions of federal power.\textsuperscript{131}

After this period, but before 1965, courts generally dealt with the Ninth Amendment in adjudicating competing powers between federal and state governments.\textsuperscript{132} During the New Deal, from 1930 to 1936, courts cited to the Ninth Amendment, generally in tandem with the Tenth Amendment, as support for questioning the constitutionality of federally implemented New Deal programs.\textsuperscript{133} This use of the Ninth Amendment to protect states’ rights eventually fell out of favor, however, simply because the Ninth Amendment was superfluous to the Tenth Amendment analysis.\textsuperscript{134}

A. The Emergence of \textit{Griswold v. Connecticut}: Using the Ninth Amendment to Protect Individual Rights

After the New Deal, the Ninth Amendment once again fell into disfavor, despite calls from commentators for its use in protecting individual rights.\textsuperscript{135} Then, in 1965 in \textit{Griswold v. Connecticut}, the U.S. Su-
The Supreme Court finally gave a substantive review of the relevance of the Ninth Amendment to unenumerated individual rights, in concurring and dissenting opinions. The majority held that there was an inherent right of privacy that protected the intimate marital relationship. It stated that emanations or penumbras of various guarantees in the Bill of Rights collectively created a zone of privacy in marriage. These included the right of association in the First Amendment; the prohibition against quartering soldiers in the Third Amendment; the right of the people to be secure in their persons, houses, paper, and effects, and against unreasonable searches and seizures in the Fourth Amendment; and the zone of privacy that a person may create by invoking the Self-Incrimination Clause of the Fifth Amendment. The Court then stated simply the text of the Ninth Amendment as support for protecting the right of privacy though the right is unenumerated in the Constitution.

Justice Goldberg contributed a much more substantial review of the Ninth Amendment in his concurring opinion. Justice Goldberg referred to the Ninth Amendment as entirely the work of James Madison.

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136 See 381 U.S. at 486–99 (Goldberg, J., concurring); id. at 499–502 (Harlan, J., concurring); id. at 507–27 (Black, J., dissenting); id. at 527–31 (Stewart, J., dissenting).

137 See id. at 484–86 (majority opinion) (striking down a Connecticut law that prohibited the use of contraceptives). The Court also listed other rights it has protected, even though they are not specifically listed in the text of the Constitution. See id. at 482. These included the right to educate a child in a school of the parents’ choice, see Pierce v. Soc’y of Sisters, 268 U.S. 510, 534–35 (1925), and the right to distribute, receive, and read via the First Amendment’s freedom of speech and press, see Martin v. City of Struthers, 319 U.S. 141, 143 (1943).

138 See Griswold, 381 U.S. at 484–86. The right of privacy essentially exists from the breadth of these more explicit protections. See id.

139 See id. at 484.

140 See id.; Christopher J. Schmidt, Revitalizing the Quiet Ninth Amendment: Determining Unenumerated Rights and Eliminating Substantive Due Process, 32 U. BALT. L. REV. 169, 175 (2003) (discussing the Ninth Amendment’s use here as “left dangling”).

141 See Griswold, 381 U.S. at 486–99 (Goldberg, J., concurring). The impetus for Justice Goldberg’s reliance on the Ninth Amendment appears to be its rediscovery by Patterson in The Forgotten Ninth Amendment. See id. at 490–91 n.6. At least one scholar predicted that the state law at issue in Griswold would herald the Ninth Amendment as a source of protection for individual rights. See Norman Redlich, Are There “Certain Rights . . . Retained by the People”? 37 N.Y.U. L. REV. 787, 804 (1962).
son, who introduced it in Congress, and as having passed with little or no debate and minimal change in language. The purpose of the Ninth Amendment, he wrote, was to allay fears that a bill of enumerated rights could not possibly cover all valid rights and would be construed to deny others left unenumerated. To argue that the traditional and historical right of privacy in marriage could be infringed just because it was not enumerated in the Constitution would be to directly ignore the construction mandated by the Ninth Amendment.

Foremost, Justice Goldberg’s contention was that the Ninth Amendment shows that the individual liberties protected by the Fifth and Fourteenth Amendments are not exhaustively listed in the first eight amendments to the Constitution. Despite its importance in furthering rights analysis, however, the Ninth Amendment is not itself a source of rights. He acknowledged the Court’s use of due process protection of the rights contained in the first eight amendments, and then used the Ninth Amendment to extend this protection to other unenumerated rights. Justice Goldberg’s test was whether these unenumerated rights are so rooted in the traditions and conscience of the people as to be fundamental.

Justice Harlan added a concurring opinion, which asserted that the Fourteenth Amendment’s Due Process Clause analysis could stand on its own as a protector of unenumerated rights. It did not require assistance from emanations of any of the enumerated rights or the Ninth Amendment.

Justice Black dissented in Griswold and made the very argument that the Ninth Amendment was designed to prevent—that privacy cannot be a fundamental right because there is no provision in the Constitution protecting it. He stated the Ninth Amendment was only intended to protect against the idea that unenumerated rights were as-

142 Griswold, 381 U.S. at 488 (Goldberg, J., concurring); see Patterson, supra note 68, at 18.
143 Griswold, 381 U.S. at 488–89 (Goldberg, J., concurring).
144 Id. at 491–92.
145 Id. at 493; see U.S. Const. amend. V, XIV, § 1; Washington v. Glucksberg, 521 U.S. 702, 720 (1997).
146 Griswold, 381 U.S. at 492 (Goldberg, J., concurring).
147 Id. at 487, 488–93.
148 Id. at 493.
149 See id. at 500 (Harlan, J., concurring).
150 See id.
151 See Griswold, 381 U.S. at 508–10 (Black, J., dissenting) (stating that, although he enjoys his own privacy, he accepts that the government has a right to invade it unless expressly prohibited).
signed into the hands of the federal government and thus insecure.\footnote{Id. at 519–20.} The power was, however, reserved to the states.\footnote{Id. at 520. Justice Black added that the Court’s method of review would lead to unrestrainable control of state law by the federal judiciary. \textit{Id.} at 521–22.}

Justice Stewart also dissented and wrote that use of the Ninth Amendment by the federal judiciary to strike down state law would have caused Madison no little wonder because it had been written to limit federal powers.\footnote{Id. at 530 (Stewart, J., dissenting).} He then urged the people of Connecticut to repeal this disfavored law through proper constitutional channels—using their “Ninth and Tenth Amendment rights” to persuade their elected representatives.\footnote{Id. at 531.}

\section*{B. Protecting Rights Through the Ninth Amendment After Griswold}

Since \textit{Griswold}, the Ninth Amendment has received a larger share of judicial consideration among lower courts and concurring and dissenting Supreme Court opinions, although its usage has been fairly inconsistent.\footnote{See infra notes 158–183 and accompanying text. To date, there is no Supreme Court opinion that provides binding precedent regarding the Ninth Amendment as it relates to protecting individual rights. \textit{Massey, supra} note 11, at 9–10; \textit{see infra} notes 158–183 and accompanying text.} Some of this inconsistency likely stems from the differing views found in \textit{Griswold} itself.\footnote{See \textit{Griswold}, 381 U.S. at 492 (Goldberg, J., concurring) (stating that the Ninth Amendment is not itself a repository of individual rights, even as he asserted the right to privacy); \textit{Id.} at 531 (Stewart, J., dissenting) (referring to the people of Connecticut’s Ninth Amendment rights to persuade their elected representatives to repeal a law they did not like, despite his criticisms of protecting unenumerated rights).}

\subsection*{1. The Ninth Amendment as a Source of Rights}

A number of cases after \textit{Griswold} used the Ninth Amendment as a source of rights that are inherent in the constitutional structure.\footnote{See infra notes 159–170 and accompanying text.} In 1970, the U.S. District Court for the Western District of Pennsylvania in \textit{United States v. Cook} stated that the purpose of the Ninth Amendment was to guarantee to individuals those rights that are not enumerated in the Bill of Rights, but that are inherent in citizenship in democracies, such as the right to one’s own life.\footnote{See infra notes 159–170 and accompanying text.} In the 1971 case of \textit{Anderson v. Laird}, the U.S. Court of Appeals for the Seventh Circuit

\begin{enumerate}
\item \textit{Id.} at 519–20.
\item \textit{Id.} at 520. Justice Black added that the Court’s method of review would lead to unrestrainable control of state law by the federal judiciary. \textit{Id.} at 521–22.
\item \textit{Id.} at 530 (Stewart, J., dissenting).
\item \textit{Id.} at 531.
\item See infra notes 158–183 and accompanying text. To date, there is no Supreme Court opinion that provides binding precedent regarding the Ninth Amendment as it relates to protecting individual rights. \textit{Massey, supra} note 11, at 9–10; see infra notes 158–183 and accompanying text.
\item See \textit{Griswold}, 381 U.S. at 492 (Goldberg, J., concurring) (stating that the Ninth Amendment is not itself a repository of individual rights, even as he asserted the right to privacy); \textit{Id.} at 531 (Stewart, J., dissenting) (referring to the people of Connecticut’s Ninth Amendment rights to persuade their elected representatives to repeal a law they did not like, despite his criticisms of protecting unenumerated rights).
\item See infra notes 159–170 and accompanying text.
\end{enumerate}
held that there is a Ninth Amendment right to grow hair the length one desires, although it can be subordinate to military discretion.\endnote{437 F.2d 912, 914–15 (7th Cir. 1971); see also Murphy v. Pocatello Sch. Dist., 480 F.2d 878, 884 (Idaho 1971) (holding that Ninth Amendment rights should be left to judicial determination just as the liberty interests of the Fourteenth Amendment are). But see Kraus v. Bd. of Educ., 492 S.W.2d 783, 786 (Mo. 1973) (holding that regulation of men’s hair length was not violative of the Ninth Amendment).}

Additionally, in a dissenting opinion in \textit{Palmer v. Thompson} in 1971, Supreme Court Justice Douglas, the author of the majority opinion in \textit{Griswold}, asserted that basic rights under the Ninth Amendment must include things like a right to pure air and water, or the right to recreation by swimming.\endnote{403 U.S. 217, 233–34 (1971) (Douglas, J., dissenting). Justice Douglas’s particular contention in this opinion was that freedom from discrimination based on race, creed, or color had become, by reason of the Thirteenth, Fourteenth, and Fifteenth Amendments, one of the unenumerated rights under the Ninth Amendment. \textit{Id.} at 237.}

In 1973 in \textit{Adler v. Montefiore Hospital Ass’n}, the Pennsylvania Supreme Court held that there was a Ninth Amendment right for patients to be treated by the physician of their choosing.\endnote{311 A.2d 634, 642 (Pa. 1973) (holding, however, that the public hospital’s use of particular surgeons for difficult tasks was not violative of this Ninth Amendment right).}

In 1974, in \textit{Lubin v. Panish}, Justice Douglas wrote in a concurring opinion that the right to vote in state elections is historically “retained by the people” in the Ninth Amendment.\endnote{415 U.S. 709, 721 (1974) (Douglas, J., concurring).}

In 1977, in \textit{Sorentino v. Family & Children’s Services}, the New Jersey Supreme Court referred to the custody rights of parents as Ninth Amendment rights.\endnote{378 A.2d 18, 20–21 (N.J. 1977).}

A number of other courts have implied that rights may be protected by the Ninth Amendment by determining that certain asserted rights do \textit{not} fall under this classification, including a right to smoke marijuana at home,\endnote{See \textit{Commonwealth v. Leis}, 243 N.E.2d 898, 903–04 (Mass. 1969).}

to a pollution-free environment,\endnote{See \textit{Concerned Citizens of Neb. v. U.S. Nuclear Regulatory Comm’n}, 970 F.2d 421, 426–27 (8th Cir. 1992).}

to have an unregistered machine gun,\endnote{See \textit{United States v. Warin}, 530 F.2d 103, 108 (6th Cir. 1976).}

and to be able to enter into same-sex marriages.\endnote{See \textit{Baker v. Nelson}, 191 N.W.2d 185, 186 (Minn. 1971).}

More recently, Supreme Court Justice Scalia asserted that other rights retained by the people under the Ninth Amendment do exist, but that judges have no power to enforce them.\endnote{See \textit{Troxel v. Granville}, 530 U.S. 57, 91–92 (2000) (Scalia, J., dissenting).}

In \textit{Troxel v. Granville} in 2000, Justice Scalia wrote in a dissenting opinion that the right of
parents to direct the upbringing of their children is among the other rights retained by the people in the Ninth Amendment.\textsuperscript{170}

2. The Ninth Amendment Protecting Rights Found Elsewhere in the Constitution

The Supreme Court has acknowledged that the Ninth Amendment is a savings clause that affords courts the ability to protect unenumerated rights.\textsuperscript{171} In Stanley \textit{v. Illinois} in 1972, the Court followed Justice Goldberg’s concurrence in \textit{Griswold}, holding that the Ninth Amendment provides support for a Fourteenth Amendment claim to liberty protection.\textsuperscript{172} Some courts have simply acknowledged \textit{Griswold}’s penumbra determination of fundamental rights and used the Ninth Amendment as support for this assertion.\textsuperscript{173} More recently, in United States \textit{v. Extreme Associates} in 2005, the Third Circuit upheld a federal statute that regulated the distribution of obscenity, after considering the constitutional right of privacy which, the court stated, was embodied in the Ninth Amendment and the \textit{Griswold} line of cases.\textsuperscript{174}

Other courts have noted more generally the Ninth Amendment’s overarching importance.\textsuperscript{175} In 1980 in Charles \textit{v. Brown}, the U.S. District Court for the Northern District of Alabama held that although the Ninth Amendment does not itself specify rights, it prevents unenumerated rights from being lowered, degraded, or rejected simply because they were unenumerated.\textsuperscript{176} In Grossman \textit{v. Gilchrist} in 1981, the U.S. District Court for the Northern District of Illinois described the Ninth Amendment as having been drafted to cope with the fear that rights had been omitted from the Bill of Rights and that ambiguities of language might adversely affect rights that were intended to be included.\textsuperscript{177} In 1984 in Massachusetts \textit{v. Upton}, U.S. Supreme Court Justice Stevens

\textsuperscript{170} Id. Justice Scalia argued that, although he was a judge, he nonetheless had no power to deny the legal effect of rules that infringed only unenumerated rights. \textit{Id.} at 92.


\textsuperscript{172} See \textit{id.} (supporting the fundamental liberty interest of natural parents to the care, custody, and management of their children, under the Due Process and Equal Protection Clauses); \textit{Griswold}, 381 U.S. at 495–96 (Goldberg, J., concurring).


\textsuperscript{174} 431 F.3d 150, 159 (3d Cir. 2005).

\textsuperscript{175} See infra notes 176–179 and accompanying text.


wrote in his concurring opinion that the Ninth Amendment goes to the core of the constitutional structure.\footnote{466 U.S. 727, 737 (1984) (Stevens, J., concurring).} He criticized the Massachusetts Supreme Judicial Court for using the enumeration in the federal Constitution to disparage rights retained by the people of Massachusetts that, in this case, were whatever the state court ultimately determined those rights to be.\footnote{Id. at 737-38.}

Also, although the Supreme Court has rarely mentioned the Ninth Amendment, it has specifically acknowledged, and subsequently ignored, a number of Ninth Amendment claims to protection.\footnote{See, e.g., Christopher v. Harbury, 536 U.S. 403, 409 (2002) (ignoring a Ninth Amendment claim to a right to family integrity); United States v. Oakland Cannabis Buyer’s Coop., 532 U.S. 483, 494 (2001) (ignoring a Ninth Amendment claim to a right to possession of marijuana); United States v. Fordice, 505 U.S. 717, 723 (1992) (ignoring a Ninth Amendment claim to a right to desegregated public schools).} The Supreme Court in \textit{Roe v. Wade} in 1973 only acknowledged the preceding lower court’s use of the Ninth Amendment as a basis for the right of a woman to have an abortion, in light of the right of privacy established in \textit{Griswold}.\footnote{Roe v. Wade, 410 U.S. 113, 120, 153 (1973); see Doe v. Rampton, 366 F. Supp. 189, 192 (C.D. Utah 1973) (supporting the right of privacy by referencing the Ninth Amendment); Abele v. Markle, 342 F. Supp. 800, 805 (D. Conn. 1972) (stating that the right of privacy’s basis is imprecise, but is either grounded in the Ninth Amendment, or the penumbras of the Bill of Rights and the Ninth Amendment, as incorporated by the Fourteenth Amendment), vacated on other grounds, 410 U.S. 951 (1973).} But later, in the 1986 case of \textit{Bowers v. Hardwick}, which has subsequently been overruled, the Court specifically disagreed with the circuit court, which had used the Ninth Amendment to invalidate a law that criminalized sodomy.\footnote{See 478 U.S. 186, 189 (1986), overruled by Lawrence v. Texas, 539 U.S. 558, 578 (2003); see also Hardwick v. Bowers, 760 F.2d 1202, 1212–13 (11th Cir. 1985), rev’d, 478 U.S. 186 (1986), overruled by Lawrence, 539 U.S. at 578.} The Eleventh Circuit, in \textit{Hardwick v. Bowers} in 1985, held that the conduct criminalized by Georgia involved important associational interests that were beyond the reach of state regulation and protected by the Ninth Amendment.\footnote{Hardwick, 760 F.2d at 1212–13, rev’d, 478 U.S. 186, overruled by Lawrence, 539 U.S. at 578.}

\section*{C. Brief Overview of How the Ninth Amendment Is Viewed Outside the Courtroom}

If \textit{Griswold} ignited discussion about the Ninth Amendment, the testimony during the Robert Bork Supreme Court confirmation hear-
nings of 1987 set it ablaze. Judge Bork controversially referred to the Ninth Amendment as an ink blot that could not be used because the framers of the Constitution did not provide any method by which to apply it. Like Justice Scalia after him, Judge Bork stated that he felt judges had no power to enforce unenumerated rights. His testimony struck a disruptive chord and he ultimately was not confirmed.

Despite the vigor with which the Ninth Amendment was debated in 1987, it was essentially ignored by Supreme Court nominees John Roberts and Samuel Alito in their 2005 and 2006 confirmation hearings, as well as by the Senators questioning them. Chief Justice Roberts did not once mention the Ninth Amendment, nor was he asked about it, even when discussing the right to privacy held fundamental in Griswold. Both he and Justice Alito stated that substantive due process analysis has overtaken the penumbras and emanations argument of the majority in Griswold for unenumerated rights analysis. The Senators seemed content with this outlook, so long as the nominees respected that a right to privacy exists.

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185 Bork Confirmation Hearings, supra note 184, at 441 app. B. Judge Bork’s specific statement on the Ninth Amendment was:

[I]f you had an amendment that says “Congress shall make no” and then there is an ink blot and you can not read the rest of it and that is the only copy you have, I do not think the court can make up what might be under the ink blot if you can not read it.

Id.

186 See Troxel, 530 U.S. at 91–92 (Scalia, J., dissenting); Bork Confirmation Hearings, supra note 184, at 441–42 app. B.


189 See Roberts Confirmation Hearing, supra note 188, at Day 1 (Sept. 12), Day 2, pt. VI (Sept. 13).

190 See id. at Day 1 (Sept. 12), Day 2, pt. VI (Sept. 13); Alito Confirmation Hearing, supra note 188, at Day 2, pt. I (Jan. 10), Day 3, pt. I (Jan. 11).

191 See Roberts Confirmation Hearing, supra note 188, at Day 1 (Sept. 12), Day 2, pt. VI (Sept. 13); Alito Confirmation Hearing, supra note 188, at Day 2, pt. I (Jan. 10), Day 3, pt. I (Jan. 11).
Between the Bork and Alito hearings, a number of notable books and articles added to the history and discussion of the Ninth Amendment. One view holds that the Ninth Amendment is merely a further check on expansive federal power and does not protect rights directly. Another view is that the Ninth Amendment is an affirmative protector of rights, potentially protecting all natural rights as fundamental. The debate on the Ninth Amendment generally focuses on the history and original meaning of the Ninth Amendment. Many authors espouse sharply different viewpoints despite employing much of the same background history. When members of the Supreme Court have actually analyzed the Ninth Amendment, however, they have viewed it as a protector of rights in some way.

IV. Employing the Ninth Amendment to Supplement Substantive Due Process

The current unenumerated rights test is unpredictable because it lacks guideposts and considers only fundamental rights; as a result, protecting all rights is put on tenuous ground. There has not been an

192 See generally, e.g., Barnett, supra note 11; Massey, supra note 11; Lash, supra note 12; Lash, supra note 132; McAffee, supra note 68.


194 See Barnett, supra note 11, at 235. This view holds that the Ninth Amendment provides that the natural rights of the people must be fully protected as fundamental. See id. at 54, 235. This could mean that the Ninth Amendment protects the natural personal autonomy rights of the people with the same vigor as any enumerated right in the Bill of Rights. See id. For Professor Barnett, natural rights generally mean the right to act within one’s autonomy unless or until one’s behavior begins to harm others. Id. at 261–62. There was a belief at the founding of the Constitution that the people possessed their full scope of rights before the formation of governments, and only handed over certain powers. Patterson, supra note 68, at 19–20. The Ninth Amendment also has been used to define factors for recognizing the existence of unenumerated rights and determining which deserve protection. See Andrew King, Comment, What the Supreme Court Isn’t Saying About Federalism, the Ninth Amendment, and Medical Marijuana, 59 Ark. L. Rev. 755, 759 (2006).

195 See generally Barnett, supra note 11; Lash, supra note 12; McAffee, supra note 68.

196 Barnett, supra note 68, at 5.

197 See supra notes 137, 163, 170–171, 179, 181 and accompanying text.

outright declaration of a newly protected fundamental right in the past thirty years.\textsuperscript{199} Nonfundamental rights, meanwhile, are ignored.\textsuperscript{200}

To alleviate these concerns, courts should use the Ninth Amendment to supplement the substantive due process analysis in evaluating unenumerated rights.\textsuperscript{201} Courts should use the Ninth Amendment’s history to supplement the limited guideposts observed from the history of the narrowly defined interest at stake in the particular case.\textsuperscript{202} They should also accept the history of the Ninth Amendment as showing that nonfundamental unenumerated rights should be recognized alongside fundamental rights.\textsuperscript{203}

Employing the Ninth Amendment to supplement substantive due process should not drastically alter the test under this doctrine.\textsuperscript{204} The supplemented test, discussed in Section B below, simply considers the history and traditions of unenumerated rights more generally and allows for nonfundamental rights to receive some—though limited—formal protection from government interference.\textsuperscript{205}

tent ways that unenumerated rights are protected, see supra notes 26–59, 129–183 and accompanying text.

\textsuperscript{199} See Washington v. Glucksberg, 521 U.S. 702, 720 (1997); supra notes 26–59 and accompanying text.

\textsuperscript{200} See Glucksberg, 521 U.S. at 719–22; Rubin, supra note 26, at 844. It could be argued that the Court has recognized nonfundamental rights to refuse medical treatment and to have privacy as to intimate sexual conduct between adults. See Lawrence v. Texas, 539 U.S. 558, 578 (2003); Cruzan v. Dir., Mo. Dep’t of Health, 497 U.S. 261, 279, 281 (1990).

\textsuperscript{202} See Glucksberg, 521 U.S. at 719–22 (outlining the current test); Griswold v. Connecticut, 381 U.S. 479, 491–92 (1965) (Goldberg, J., concurring); see also Patterson, supra note 68, at 19–20; Federal Farmer, Letter XVI, supra note 92, at 134–35.

\textsuperscript{203} See Amar, supra note 84, at 329 (discussing different areas of constitutional law to which courts can turn in determining unenumerated rights).

\textsuperscript{204} See Griswold, 381 U.S. at 488–93 (Goldberg, J., concurring) (employing substantive due process to find a right to privacy, with the support of the Ninth Amendment’s history); infra notes 271–303 and accompanying text (outlining this Note’s proposed test and providing an example for its use).

\textsuperscript{205} See infra notes 271–288 and accompanying text.
A. Why Supplementing Substantive Due Process Is Important

The current test under the substantive due process doctrine—the Washington v. Glucksberg test—goes a long way towards achieving the consideration of unenumerated rights that James Madison and the state conventions intended when advocating for a Bill of Rights. The test, however, is unpredictable partly because it is incomplete. It is incomplete, first, because it lacks guideposts for responsible decision making in the area of unenumerated rights. Secondly, the test is incomplete because it focuses solely on fundamental rights.

Unpredictability is one of the common criticisms of substantive due process. Courts—and representative governments on the legislative end—must consider whether a right, which is not even firmly defined until a court makes its legal determination, has the support of tradition and history. The Ninth Amendment’s history and structural scheme can somewhat limit the unpredictable nature of the substantive due process doctrine. It may also provide additional justifications for courts making such unenumerated rights determinations at all rather than only legislatures.

The current test under substantive due process provides an all-or-nothing approach towards individual rights because it recognizes only

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206 See Glucksberg, 521 U.S. at 720–22; Madison’s Bill of Rights Speech, supra note 10, at 178–79; see also Barnett, supra note 11, at 55; McAfee et al., supra note 198, at 238–39; Lash, supra note 12, at 358 n.122, 391–92.
207 See McAfee et al., supra note 198, at 236 (describing the current confusion created by Supreme Court jurisprudence in the unenumerated rights area).
208 See Glucksberg, 521 U.S. at 720–21. Courts should be more interested in establishing guideposts then, rather than not applying any test at all. See Rakove, supra note 10, at 125–26 (noting state convention delegates’ concerns that a bill of rights was necessary to serve as guideposts for showing when the federal government had overstepped its appropriate bounds).
209 See Glucksberg, 521 U.S. at 720–22; Rakove, supra note 10, at 125–26 (noting the importance of protecting rights so as to limit government powers); Statement of Rep. Sedgwick, supra note 10, at 8–9; Iredell’s Speech in the North Carolina Convention, supra note 10, at 145–46.
211 Glucksberg, 521 U.S. at 720–22; see also McAfee et al., supra note 198, at 236.
212 See Barnett, supra note 11, at 234–42; see also Griswold, 381 U.S. at 493 (Goldberg, J., concurring).
213 See Madison’s Bill of Rights Speech, supra note 10, at 177–79; see also Roosevelt, supra note 23, at 1000–02.
fundamental rights.\textsuperscript{214} This, in turn, encourages rather than dissuades the current trepidation about expanding judicial protection of rights.\textsuperscript{215} The lack of clear guideposts is particularly important because decisions acknowledging new fundamental rights have far-reaching and controversial implications that may often give courts pause.\textsuperscript{216}

1. The Lack of Proper Guideposts

Under current substantive due process analysis, the Supreme Court does not consider the Ninth Amendment’s broader history relating to unenumerated rights.\textsuperscript{217} Because of this lack of guideposts for decision making and the ramifications of asserting an interest to be fundamental, courts must proceed cautiously.\textsuperscript{218} Courts, further, narrowly define the liberty interest or right at stake.\textsuperscript{219} Thus, because substantive due process relies solely on the tradition and history of the narrowly defined interest but not the additional history of unenumerated rights generally, its use greatly prevents an accurate and complete analysis of rights protection.\textsuperscript{220}

Further guideposts for unenumerated rights analysis should come from the textual source of unenumerated rights itself: the Ninth Amend-

\textsuperscript{214} See Glucksberg, 521 U.S. at 719–22; Robert Chesney, \textit{Old Wine or New? The Shocks-the-Conscience Standard and the Distinction Between Legislative and Executive Action}, 50 \textit{Syracuse L. Rev.} 981, 983 n.14 (2000) (citing \textit{Carlisle v. United States}, 517 U.S. 416, 429 (1996), for the proposition that the consequence for a litigant failing to demonstrate that an asserted right is fundamental is that the Court will often conduct no real review at all).

\textsuperscript{215} See \textit{Glucksberg}, 521 U.S. at 720 (stating that rights analysis must proceed cautiously because of the lack of guideposts); see also \textit{Troxel v. Granville}, 530 U.S. 57, 91–92 (2000) (Scalia, J., dissenting) (stating his hesitation to remove unenumerated rights protection from the legislative forum).


\textsuperscript{217} See \textit{Glucksberg}, 521 U.S. at 719–22; see also \textit{Griswold}, 381 U.S. at 500 (Harlan, J., concurring) (contending that substantive due process under the Fourteenth Amendment can stand on its own, without support from the Ninth Amendment).

\textsuperscript{218} \textit{Glucksberg}, 521 U.S. at 720 (noting that calling a right fundamental essentially places it outside the arena of public debate and legislative action); see also Barnett, \textit{supra} note 11, at 235 (discussing the judicial fears associated with employing an open-ended clause like the Ninth Amendment).

\textsuperscript{219} \textit{Glucksberg}, 521 U.S. at 721.

\textsuperscript{220} See \textit{Lawrence}, 539 U.S. at 567, 568–70; \textit{Glucksberg}, 521 U.S. at 709, 722–23; \textit{Lofton v. Sec’y of Dep’t of Children & Family Servs.}, 358 F.3d 804, 819–20 (11th Cir. 2004) (holding that even if the assumptions underlying the government’s belief in preventing homosexuals from adopting are wrong, the mere fact that they can be argued is sufficient to pass rational basis review); Amar, \textit{supra} note 84, at 329; see also Barnett, \textit{supra} note 11, at 230–34.
The Ninth Amendment was specifically written to ensure at least some consideration of rights unenumerated in the Constitution. The Ninth Amendment’s history provides the history and traditions as to unenumerated rights generally that current substantive due process analysis lacks, and it comes directly from the Constitution’s founders. James Madison was convinced to add the Bill of Rights to the Constitution, with the Ninth Amendment as a residual clause, because he was persuaded that it was better to protect some rights strongly and others weakly than not to protect any directly at all.

In other legal disciplines, courts often review and consider the character of the enumerated items and the purpose of the relevant residual clause to define unenumerated items. For example, the Federal Rules of Evidence provide that all hearsay evidence is inadmissible in court, unless the hearsay fits a particular exception. The drafters of the Federal Rules recognized, however, that the list of hearsay exceptions could never be complete, and so they added a “residual exception” to allow courts to admit hearsay that the drafters had inadvertently left out or not yet considered. Similarly, the enumeration problem arises in many private contractual arrangements, such as financial lenders’ security agreements drafted pursuant to state versions of Article 9 of the Uniform Commercial Code, where omnibus clauses are used as catch-alls to ensure that unenumerated collateral is included in the lending contract.

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221 See Griswold, 381 U.S. at 488–89, 491–92 (Goldberg, J., concurring); Amar, supra note 84, at 328 & n.9.

222 See Madison’s Bill of Rights Speech, supra note 10, at 178–79; see also Massey, supra note 11, at 13; Lash, supra note 12, at 363; supra notes 68–76 and accompanying text.

223 See Glucksberg, 521 U.S. at 720 (urging caution in determining unenumerated rights because there are limited guideposts for proper decision making); Madison’s Bill of Rights Speech, supra note 10, at 178–79 (outlining Madison’s views on the Ninth Amendment); supra notes 77–128 and accompanying text (describing the ratification histories of the Bill of Rights and the Ninth Amendment).


225 See infra notes 226–229 and accompanying text.

226 Fed. R. Evid. 802. Hearsay is a statement made out of court that is offered as evidence in court to prove the truth of the matter asserted. Id. 801(c).

227 See id. 807; id. 805(24) advisory committee’s note; id. 807 advisory committee’s note; Turbyfill v. Int’l Harvester Co., 486 F. Supp. 232, 234 (E.D. Mich. 1980) (stating that a residual exception must be consistent with the policy underlying Rule 803).

228 See U.C.C. § 9–108(b) (2005) (describing an omnibus clause as having a reasonable classification if it sufficiently describes the category of the collateral in which a security interest is taken); see also Citizens Bank & Trust v. Gibson Lumber Co., 96 B.R. 751, 753 (W.D. Ky. 1989) (holding that, under the Kansas Uniform Commercial Code, omnibus
but they do provide examples of courts’ willingness to accept and interpret residual clauses in other contexts.229

In the unenumerated rights context, courts should look at the purposes behind the addition of the various enumerated rights in the Bill of Rights and the Ninth Amendment to the Constitution.230 The Glucksberg Court has already stated that the unenumerated fundamental rights established by the Court provide guidance as to the outlines of liberty supplied by substantive due process.231 Likewise, the drafters of the Constitution included certain fundamental rights in the Bill of Rights because they were so apt to be infringed by invalid or seemingly valid exercises of federal power.232 A significant body of scholarly work has buttressed the known history of the Ninth Amendment and, accordingly, of unenumerated rights.233 This history can provide clearer guideposts than the current Glucksberg test, which even the Supreme Court admits is lacking.234

Foremost, the direct correlation between rights and powers directly informed Madison in drafting the Ninth Amendment.235 Where rights ended, powers began; where powers ended, rights began.236 Be-

clauses, in principle, can adequately describe unenumerated items for a security agreement).

229 Under Federal Rule of Evidence 807, for example, a court determines whether an offered piece of hearsay evidence is similar enough to the enumerated hearsay exceptions in the Federal Rules because it provides the same guarantees of trustworthiness. See Fed. R. Evid. 807; id. 803(24) advisory committee’s note. This would be akin to courts using the first eight amendments to the U.S. Constitution as guideposts for determining other fundamental rights because of the language of the Ninth Amendment. Cf. id. 807; id. 803(24) advisory committee’s note.

230 See Glucksberg, 521 U.S. at 722 (describing the judicially determined unenumerated fundamental rights as guideposts for substantive due process analysis); cf. Turbyfill, 486 F. Supp. at 234 (stating that an unenumerated hearsay exception must be consistent with the policy underlying the rule for listed hearsay exceptions).

231 See 521 U.S. at 722.

232 See Barnett, supra note 11, at 249; Rakove, supra note 10, at 125–26 (citing the example of freedom of the press, which the Stamp Act of 1765 had put at risk); Story, supra note 78, at 696; Federal Farmer, Letter XVI, supra note 92, at 133–35.

233 See Barnett, supra note 11, at 234 (commenting on the significant rise in scholarly consideration of the Ninth Amendment since the Judge Bork Supreme Court confirmation hearing); supra notes 77–128, 192–196 and accompanying text.

234 See 521 U.S. at 720–22 (tempering expansion of substantive due process analysis because of the lack of guideposts for decision making).

235 See Massey, supra note 11, at 67–68; Lash, supra note 12, at 374 (citing Letter from James Madison to George Washington (Nov. 20, 1789)).

236 See Story, supra note 78, at 693–94; Lash, supra note 12, at 348. The people handed over only certain rights and privileges upon the formation of government—enumerated powers to the federal government and broad, but not limitless, police powers to the state
cause courts now rarely protect rights by limiting powers—as Madison would have expected—more affirmative protections are necessary to achieve the Ninth Amendment’s original purpose. Courts may also find relevant in their determinations of unenumerated rights that, for example: (1) the purpose of the Ninth Amendment was to ensure that the Bill of Rights was not treated as an exhaustive list; (2) both Federalists and Antifederalists knew not all valid rights could be enumerated; (3) Madison was concerned about the legislature having full control over the interpretations of its potentially expansive powers; and (4) Madison referred to the other rights retained by the people as their natural rights in his notes to his Bill of Rights speech in the House.

2. The Value of Recognizing Nonfundamental Rights

The Supreme Court decisions in Bowers v. Hardwick and Lawrence v. Texas, which overruled Bowers just seventeen years later, provide an example of the unpredictability of substantive due process’s all-or-nothing approach. The Lawrence Court defined the same asserted liberty interest differently than the Bowers Court and thus reached a different result. The decisions in Glucksberg, which denied a right to physician-assisted suicide, and Roe v. Wade, which affirmed a right to have an abortion in light of the right to privacy, each seem to rest on the same
governments. See Barnett, supra note 11, at 55; Patterson, supra note 68, at 19. Presumably, then, the people can also take them back. See Amar, supra note 84, at 327.

237 See McCaffee et al., supra note 198, at 2 (contending the Ninth Amendment’s primary purpose was to limit overly broad interpretations of federal powers). Compare United States v. Carolene Prods. Co., 304 U.S. 144, 152 n.4 (1938) (granting a presumption of constitutionality to state government legislation), and McCulloch v. Maryland, 17 U.S. (4 Wheat.) 316, 316, 407 (1819) (stating that there was no clause in the Constitution restricting just interpretations of the federal power), with Commonwealth v. Bonadio, 415 A.2d 47, 49–50 (Pa. 1980) (limiting state police power to protect sexual privacy rights). See also Rakove, supra note 10, at 125.


240 See Madison’s Bill of Rights Speech, supra note 10, at 177–78; see also Rakove, supra note 10, at 125.

241 See Barnett, supra note 11, at 54–55.

242 See Lawrence, 539 U.S. at 578; Bowers v. Hardwick, 478 U.S. 186, 190 (1986), overruled by Lawrence, 539 U.S. at 578; Culhane, supra note 57, at 496; Garry, supra note 210, at 192–93.

243 Lawrence, 539 U.S. at 567; see Bowers, 478 U.S. at 190; Culhane, supra note 57, at 496.
shaky grounds that Bowers did—if the asserted liberty interest is merely defined differently by a later Court, these results may be overruled.\textsuperscript{244}

This unpredictability may stem from the Court’s use of a test that recognizes only fundamental rights, and presents the plaintiffs with an all-or-nothing option.\textsuperscript{245} Had the Bowers Court held that there was at least a nonfundamental right to engage in adult consensual sexual activity in the privacy of one’s home, but that the state government could invade that privacy on valid police power grounds, the subsequent Lawrence Court could have focused on the facts and evidence pertaining to that police power justification.\textsuperscript{246} Instead, the Lawrence Court resorted to an unspecific definition of a general liberty interest, even denying the legitimacy of the traditional state police power to regulate public morality, so that the majority could reach a decision it felt appropriate.\textsuperscript{247}

The liberty interest in Lawrence was essentially general and nonfundamental, but the Court did not provide guideposts for how to determine the limits or to ensure the protection of such a broad and undefined liberty interest.\textsuperscript{248} This nonfundamental liberty interest could still, presumably, be limited in traditional public order situations—such as prostitution or public displays of sex acts—but not in others, such as acts between two consenting adults in the privacy of the home.\textsuperscript{249} Lawrence provided little in the way of guidance for future decisions.\textsuperscript{250}

As discussed below in Section B, the existence of nonfundamental rights does not have to obliterate the presumption of constitutionality for legislative actions, nor should it necessarily lead to an uncontrolable and even more unpredictable discussion of individual rights by the

\textsuperscript{244} See Glucksberg, 521 U.S. at 705–06, 723; Roe v. Wade, 410 U.S. 113, 153 (1973). The shaky ground that these decisions rest on is the particularity of the definition that is attached to any asserted liberty interest. See Glucksberg, 521 U.S. at 723; Roe, 410 U.S. at 153; cf. Lawrence, 539 U.S. at 567 (overturning the decision in Bowers after redefining the asserted liberty interest).

\textsuperscript{245} See Glucksberg, 521 U.S. at 719–22; Chesney, supra note 214, at 983 n.14.

\textsuperscript{246} See Lawrence, 539 U.S. at 567, 570; Bowers, 478 U.S. at 190; Bonadio, 415 A.2d at 49–51 (considering evidence of whether legislation prohibiting particular sexual acts passed the public requirements of the police power).

\textsuperscript{247} See Lawrence, 539 U.S. at 567, 571, 578; see also Kalscheur, supra note 59, at 3. But see Goldberg, supra note 57, at 1234–36 (contending that courts stopped accepting moral justifications without empirical evidence long before Lawrence).

\textsuperscript{248} See Lawrence, 539 U.S. at 567, 578; Culhane, supra note 57, at 494–97; Hunter, supra note 57, at 1113–14.

\textsuperscript{249} See Lawrence, 539 U.S. at 578; Culhane, supra note 57, at 497–98.

The Ninth Amendment as a Supplement to Substantive Due Process

251 The ability of courts to recognize a nonfundamental right would, however, limit the harm of the current all-or-nothing approach which narrowly defines an asserted interest, and, thus, the severity and likelihood of unpredictable and unstable results. 252

A number of courts have already resorted to finding support for the existence of nonfundamental rights either under the Ninth Amendment or with its support. 253 These courts have employed the Ninth Amendment because certain rights seem intuitive to the nature of being citizens. 254 These rights seem as intuitive as the right to wear a hat or wake up when one pleases, rights that certain Constitutional Convention delegates considered so understood and accepted—though not necessarily fundamental—as not to require enumeration in the Constitution to be protected back in 1789. 255 The Ninth Amendment was Madison’s direct effort to ensure that the enumeration in the Constitution of certain rights did not by itself disparage others not so listed. 256 It was not meant

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251 See Lawrence, 539 U.S. at 563–79 (declaring a nonfundamental, but broad and general liberty interest while still employing the substantive due process doctrine); Glucksberg, 521 U.S. at 719–22 (outlining the current test under substantive due process); Griswold, 381 U.S. at 493 (Goldberg, J., concurring) (employing the Ninth Amendment as support for substantive due process in the right of privacy context); see also Carolene Prods., 304 U.S. at 152 & n.4 (proclaiming the presumption of constitutionality for state legislation).

252 See Barnett, supra note 11, at 233–34; Massey, supra note 11, at 98–99, 159–61; see also McAFFEE ET AL., supra note 198, at 238–39. The particularity of the definition that is attached to an asserted liberty interest coupled with a review of only the traditions and history of that asserted right lead to the shaky ground upon which some substantive due process decisions rely. See Lawrence, 539 U.S. at 566–68 (overturning the decision in Bowers after redefining the asserted liberty interest); Glucksberg, 521 U.S. at 723 (defining an asserted interest as a right to physician-assisted suicide, rather than a right to die); Roe, 410 U.S. at 153 (defining an asserted interest as a right to privacy, rather than a right to have an abortion).


254 See Anderson, 437 F.2d at 914–15 (stating a nonfundamental right to grow hair the length of one’s choosing); United States v. Cook, 311 F. Supp. 618, 620 (W.D. Pa. 1970) (holding that the purpose of the Ninth Amendment was to guarantee to individuals those rights inherent to citizenship in democracies that are not enumerated in the Bill of Rights); Adler v. Montefiore Hosp. Ass’n, 311 A.2d 634, 642 (Pa. 1973) (describing a Ninth Amendment right to be treated by the physician of one’s choosing).

255 See Statement of Rep. Sedgwick, supra note 10, at 8–9; Iredell’s Speech in the North Carolina Convention, supra note 10, at 146. Recently, one court held that there is no constitutional right to dance, although the court did review generally the state’s justifications for laws prohibiting cabaret-style dancing. Festa v. N.Y. City Dep’t of Consumer Affairs, 820 N.Y.S.2d 452, 461 (App. Div. 2006) (holding that this type of dancing did not fall under the First Amendment’s freedom of speech protection).

256 See Madison’s Bill of Rights Speech, supra note 10, at 177–79.
to elevate the status of the enumerated rights, at the expense of other rights or even generally.257

3. Why Use the Ninth Amendment?

The Supreme Court has found ways to protect certain unenumerated rights—such as the fundamental rights to have children and to have marital privacy—as much as it protects enumerated rights.258 This in and of itself is a testament to the overarching significance of the Ninth Amendment’s call not to disparage unenumerated rights just because they are unenumerated.259 Ignoring the Ninth Amendment simply leaves the issue of unenumerated rights to the Fifth and Fourteenth Amendments, neither of which was written directly to address that constitutional concern.260

Although the substantive due process doctrine has grown in acceptance, doubts remain as to how well judges can determine unenumerated rights and affirmatively protect them.261 If substantive due process is not used to determine unenumerated rights, however, courts are left essentially with no unenumerated rights test.262 If the Ninth Amendment is held to show that the Constitution requires some unenumerated rights test, courts can move to the question of whether use of substantive due process is the proper test.263 The cases using the Ninth

257 Barnett, supra note 68, at 33–35; see The Slaughter-House Cases, 83 U.S. 36, 118–19 (1873) (Bradley, J., dissenting) (stating that the rights of the people did not require enumeration in the Constitution to deserve constitutional protection).

258 See Griswold, 381 U.S. at 481, 484 (protecting the fundamental unenumerated right to marital privacy); Skinner v. Oklahoma ex rel. Williamson, 316 U.S. 535, 535, 541 (1942) (protecting the fundamental unenumerated right to have children).

259 See Madison’s Bill of Rights Speech, supra note 10, at 179 (arguing that a bill of rights would encourage judges to especially protect the rights actually listed); see also Letter from Jefferson to Madison, supra note 112, at 166.

260 See Massey, supra note 11, at 15–16; Roosevelt, supra note 23, at 1000–01. At least one Supreme Court Justice and several commentators, however, have suggested that the Privileges and Immunities Clause of the Fourteenth Amendment was meant to protect unenumerated rights. See U.S. Const. amend. XIV, § 1; The Slaughter-House Cases, 83 U.S. at 95–96 (Field, J., dissenting); Barnett, supra note 11, at 193–202; Lawrence B. Solum, The Supreme Court in Bondage: Constitutional Stare Decisis, Legal Formalism, and the Future of Unenumerated Rights, 9 U. Pa. J. Const. L. 155, 164 (2006). Although relevant, a broader discussion of this issue is beyond the scope of this Note.

261 See Troxel, 530 U.S. at 91–92 (Scalia, J., dissenting); Glucksberg, 521 U.S. at 720–23; McCaffee et al., supra note 198, at 237.

262 See Troxel, 530 U.S. at 91–92 (Scalia, J., dissenting) (contending that judges may not protect any unenumerated rights, thus implying that no unenumerated rights test can be valid); Glucksberg, 521 U.S. at 720–23; McCaffee et al., supra note 198, at 237.

263 See Glucksberg, 521 U.S. at 719–22 (outlining the current test); Griswold, 381 U.S. at 484–86 (outlining a penumbras and emanations test); Amar, supra note 84, at 328–29
Amendment to defend nonfundamental rights show the country’s deep need to protect rights beyond the specific list in the Constitution.264

Lastly, there is significant confusion among lower courts and even particular Supreme Court Justices about how to treat the Ninth Amendment and nonfundamental rights.265 Currently, some Justices and scholars believe that there are unenumerated rights, but these rights cannot be protected by judges.266 Others consider the Ninth Amendment to be a core principle of rights analysis.267 Recent Court appointees and the majority of courts, however, ignore it.268 Yet some judges do see the Ninth Amendment as a repository of rights, including even nonfundamental rights.269 If courts are to give meaning to every clause of the Constitution, as Marbury v. Madison requires, they should not let the Ninth Amendment—one of the last stumbling blocks for final approval of the Constitution and a reason why Madison relented on the addition of a bill of rights at all—to continue to be ignored and disparaged.270

(suggesting that courts should look to the collective decisions of the people over time, through state constitutions and lived traditions, for unenumerated rights); BARNETT, supra note 11, at 237–42 (outlining a fundamental natural rights theory for unenumerated rights).

264 See Massey, supra note 11, at 5 (stating that “[t]here seems to be a deep need in the American character to preserve and protect some quantum of individual liberty not otherwise specifically accounted for in the charter of our liberties”); supra notes 156–183 and accompanying text. Even judges who say they cannot, as judges, use the Ninth Amendment actively to defend unenumerated rights still refer to Ninth Amendment rights or other rights retained by the people as a separate category. See Troxel, 530 U.S. at 91 (Scalia, J., dissenting); Griswold, 381 U.S. at 530–31 (Stewart, J., dissenting).

265 See MCAFEE ET AL., supra note 198, at 236; supra notes 156–197 and accompanying text (describing the variety of ways in which the Ninth Amendment has been used).

266 See Troxel, 530 U.S. at 91–92 (Scalia, J., dissenting); Bork Confirmation Hearings, supra note 184, at 441 app. B; Raoul Berger, The Ninth Amendment: The Beckoning Mirage, 42 Rutgers L. Rev. 951, 958–59 (1990); Mayer, supra note 67, at 323.


268 See generally Roberts Confirmation Hearing, supra note 188; Alito Confirmation Hearing, supra note 188; supra notes 129–180 and accompanying text.

269 See, e.g., Anderson, 437 F.2d at 914–15 (stating a nonfundamental right to grow hair the length of one’s choosing); Cook, 311 F. Supp. at 620 (holding that the purpose of the Ninth Amendment was to guarantee to individuals those rights inherent to citizenship in democracies that are not enumerated in the Bill of Rights); Adler, 311 A.2d at 642 (describing a Ninth Amendment right to be treated by the physician of one’s choosing); BARNETT, supra note 11, at 234–42 (outlining a fundamental natural rights theory of unenumerated rights).

270 See Madison’s Bill of Rights Speech, supra note 10, at 177–79; see also Marbury v. Madison, 5 U.S. (1 Cranch) 137, 174 (1803); Lash, supra note 12, at 371. Madison stated in the House of Representatives that the Ninth Amendment guarded against the most plausible argument that he had heard for keeping out the Bill of Rights: that listing certain
B. The Supplemented Test and the Ninth Amendment’s Role

The Ninth Amendment is a structural concept. Madison did not develop this Amendment as a test in and of itself. Rather, the Ninth Amendment was designed as a catch-all clause to ensure the consideration of those rights that are unlisted in the Constitution. The Ninth Amendment, and not substantive due process, provides the history and purposes for protecting unenumerated rights. The history and purposes of the Bill of Rights, the reasons for specific enumerations therein, and the Ninth Amendment’s own history should be the guideposts that judges look to when reviewing claims under the current Glucksberg unenumerated rights test.

1. The Supplemented Test

First, courts may still narrowly define the asserted liberty interest, but should look to both the legal traditions and history about that right and the traditions and history of unenumerated rights generally, by way of the Ninth Amendment and its ratification history. If the court determines that the asserted right is fundamental or is not a right at all with these additional guideposts, it should proceed under

rights would imply that rights left unenumerated were not protected and were insecure. Madison’s Bill of Rights Speech, supra note 10, at 177–79.

See Amar, supra note 84, at 327–28; McAffee et al., supra note 198, at 34–35; Lash, supra note 12, at 393–94. But see Yoo, supra note 110, at 1010 (contending that, because state constitutions had provisions similar to the Ninth Amendment, they must have understood such provisions to declare rights protections directly).

See Griswold, 381 U.S. at 492 (Goldberg, J., concurring); Lash, supra note 12, at 393–94.

See Madison’s Bill of Rights Speech, supra note 10, at 178–79.

See Massey, supra note 11, at 15–16; see also McAffee et al., supra note 198, at 238–39 (criticizing the approach of those who employ substantive due process to protect unenumerated fundamental rights).

See Madison’s Bill of Rights Speech, supra note 10, at 177–79 (describing his purposes for drafting the Ninth Amendment); see also Barnett, supra note 11, at 249 (discussing a particular right in the Bill of Rights and how it was apt for infringement without specific constitutional protection); Rakove, supra note 10, at 125–26 (discussing the reasons Antifederalists sought a bill of rights); Story, supra note 78, at 693–96 (same); Federal Farmer, Letter XVI, supra note 92, at 133–35.

See Griswold, 381 U.S. at 488–89, 491–92 (Goldberg, J., concurring); Amar, supra note 84, at 328 & n.* (stating that the relevant question should be what the protection for a certain right was in the absence, or before the existence, of the Bill of Rights); see also Glucksberg, 521 U.S. at 720 (urging caution in determining unenumerated rights because there are limited guideposts for proper decision making); Massey, supra note 11, at 13; Madison’s Bill of Rights Speech, supra note 10, at 178–79.
the general structure of the current *Glucksberg* test.\textsuperscript{277} If, however, the court determines that the asserted interest is a valid right, but is not fundamental, it should require the government to show that it has a rational basis for infringing that right.\textsuperscript{278}

Importantly, the initial burden would still be on the person asserting the right because the government would have the presumption of constitutionality.\textsuperscript{279} But if the person asserting the right can counter this presumption with strong evidence that the legislature did not have a sufficient rational basis for infringing the nonfundamental right, the burden would shift to the state government to explain its police power justification, or to the federal government to account for its enumerated powers justification.\textsuperscript{280}

The courts that have used the Ninth Amendment as a protector of rights have generally employed a test similar to that of substantive due process—a reliance on the tradition and history of protections or prohibitions of some asserted liberty interest.\textsuperscript{281} The Ninth Amendment’s history, however, would help provide further guideposts.\textsuperscript{282} Once a right is determined and its proper level of importance is established—

\begin{itemize}
  \item \textsuperscript{277} See 521 U.S. at 719–22.
  \item \textsuperscript{278} See *Lawrence*, 539 U.S. at 577–78 (protecting a liberty interest by concluding that the government had no rational basis for infringing the interest); *Glucksberg*, 521 U.S. at 720–22 (requiring the government to show only some rational basis). The Court developed its presumption of constitutionality doctrine in response to its earlier decisions protecting economic rights too strongly. See *Carolene Prods.*, 304 U.S. at 152 & n.4; see also *Lochner* v. New York, 198 U.S. 45, 53–54, 57 (1905), overruled in part by *Ferguson* v. Skrupa, 372 U.S. 726 (1963), and *Day-Brite Lighting*, Inc. v. Missouri, 342 U.S. 421 (1952).
  \item \textsuperscript{279} See *Carolene Prods.*, 304 U.S. at 152 n.4; *Barnett*, supra note 11, at 230–34 (describing the “Footnote Four-Plus” approach to the presumption of constitutionality).
  \item \textsuperscript{280} See *Goldberg*, supra note 57, at 1240–41 (describing theory and importance of empirical bases for legislation, including the morality context). Compare *Powell* v. State, 510 S.E.2d 18, 25 (Ga. 1998) (invalidating antisodomy law for going beyond the proper scope of the police power), with *Lofton* v. Sec’y of Dep’t of Children & Family Servs., 358 F.3d 804, 819–20 (11th Cir. 2004) (holding that even if the assumptions underlying the government’s belief in preventing homosexuals from adopting are wrong, the mere fact that they can be argued is sufficient to pass rational basis review).
  \item \textsuperscript{281} See *Griswold*, 381 U.S. at 493 (Goldberg, J., concurring); *Cook*, 311 F. Supp. at 619–20 (stating that the purpose of the Ninth Amendment was to guarantee to individuals those rights inherent to citizenship in democracies that are not enumerated in the Bill of Rights); *In re Guardianship of Thompson*, 32 Haw. 479, 485–86 (1932) (denying the inalienable right of a father to the care and custody of his child based on states’ history of removing children from fathers in custody disputes, even without fault). Even natural rights theorists, who argue that the unenumerated rights of the Ninth Amendment are the natural rights of the people and are fundamental, rely on the history of the founders’ beliefs in and protection of natural rights. See *Barnett*, supra note 11, at 54–60.
  \item \textsuperscript{282} See *Griswold*, 381 U.S. at 488–89, 491–92 (Goldberg, J., concurring); *Amar*, supra note 84, at 328 & n.*.
\end{itemize}
fundamental, nonfundamental, or simply nonexistent—then a more accurate review of the right at stake and the ability of the government to interfere with it can be made.\textsuperscript{283}

The main rights question Madison and the other drafters of the Constitution considered was whether the government could validly infringe a particular right, not whether a fundamental right existed.\textsuperscript{284} Instead of focusing entirely on the all-or-nothing question of whether a fundamental right is being asserted, courts should look to whether the government had a proper justification for making a law that infringes on someone’s nonfundamental right.\textsuperscript{285} After a person presents strong evidence against legislation and shifts the burden to the government, the legislation may still infringe upon this right with a showing of some rational basis \textit{to invade that right}.\textsuperscript{286} It does slightly raise the burden on a government to require it to show that it can validly infringe a right—even if it is a nonfundamental one—rather than merely have some rational basis for passing a law.\textsuperscript{287} But the presumption of constitutionality for government action remains until the person asserting a right shows that the government has an improper or no rational basis for infringing that right.\textsuperscript{288}

2. Implementing the Supplemented Test for Unenumerated Rights: An Example

A recent survey found that many American people thought there was a right to have a pet somewhere in the Constitution.\textsuperscript{289} This is a

\textsuperscript{283} See Powell, 510 S.E.2d at 25. Compare Lawrence, 539 U.S. at 566–68 (describing a nonfundamental liberty interest and determining whether the state has the ability to regulate it), and Bonadio, 415 A.2d at 49–50 (determining the police power justifications for legislation), \textit{with Lofton}, 358 F.3d at 819–20 (accepting a government’s argument as rational, even if its underlying assumptions are wrong).

\textsuperscript{284} Morgan, \textit{supra} note 78, at 138–39; Lash, \textit{supra} note 12, at 374.

\textsuperscript{285} See Raymond Ku, \textit{Swingers: Morality Legislation and the Limits of State Police Power}, 12 St. Thomas L. Rev. 1, 3 (1999) (discussing the differences between asking whether a person has a right to do \textit{X} and whether the government has a right to regulate or prohibit \textit{X}).

\textsuperscript{286} See Goldberg, \textit{supra} note 57, at 1240–41 (describing theory and importance of empirical bases for legislation, including the morality context); Ku, \textit{supra} note 285, at 3.

\textsuperscript{287} See Lawrence, 539 U.S. at 564–67 (striking down legislation as having no rational basis for infringing a liberty interest); Ku, \textit{supra} note 285, at 3 (discussing whether a government has the power to regulate a right to sexual autonomy). \textit{Contra Lofton}, 358 F.3d at 819–20 (requiring only a rational argument for passing legislation, even if the argument’s underlying assumptions are wrong).

\textsuperscript{288} See Carolene Prods., 304 U.S. at 152 n.4; Barnett, \textit{supra} note 11, at 230–34 (describing the “Footnote Four-Plus” approach to the presumption of constitutionality).

right that seems intuitive to the common citizen, and may be a non-
fundamental right that deserves at least some protection from the legal
system under this supplemented test.290 Assuming that the right to have
a pet—focusing more on the right to companionship than property—is
appropriately a nonfundamental right, it should not be fully denied
merely because it was not, in fact, enumerated in the Constitution.291
Those involved in the debates leading up to the Bill of Rights knew they
could not list every single valid right.292 A potential plaintiff theoreti-
cally could, then, present information regarding the ratification history
of the enumerated rights in the Constitution and the Ninth Amend-
ment to help establish that the right to have a pet is at least nonfunda-
mental.293

Suppose person Y has a bird, a cat, and a horse as pets. In light of
the potential for the deadly bird flu to enter the United States, assume
the government of state X, in which person Y resides, passes a law that
no person may have any pets.294 Under the current unenumerated
rights test, if person Y challenged this law under the liberty interest
protected by the Fourteenth Amendment, Y will have a weak case in
light of the many existing regulations over pet ownership.295 The gov-
ernment of state X would merely have to show that it has a rational ba-

290 See id.; cf. Statement of Rep. Sedgwick, supra note 10, at 8 (stating that simple rights,
such as the rights to wear a hat or wake up when one pleases, were clearly not under the
control of the government in 1789 and did not need to be specifically listed in the Constitu-
tion to be protected).

291 See U.S. CONST. amend. IX; Madison’s Bill of Rights Speech, supra note 10, at 178–
79.

292 See Statement of Rep. Sedgwick, supra note 10, at 8–9; Iredell’s Speech in the North
Carolina Convention, supra note 10, at 145–46.

293 See U.S. CONST. amend. IX; Madison’s Bill of Rights Speech, supra note 10, at 178–
79; see also Statement of Rep. Sedgwick, supra note 10, at 8–9; Iredell’s Speech in the North
Carolina Convention, supra note 10, at 145–46.

294 See Carter Dougherty, Bird Flu Fears and New Rules Rattle German Pet Lovers, N.Y.

295 See Glucksberg, 521 U.S. at 720–21 (enunciating the test as whether an asserted liberty
interest has been supported by tradition and history so as to be fundamental). There have
been a number of regulations about pets and other animals in states over the years—thus,
history and tradition appear to fall against the narrowly defined right to own a bird, own a
cat, or own a horse being fundamental. See, e.g., Mich. Comp. Laws General Index 113–16
(2005) (listing the variety of animal disease-related laws in Michigan); N.J. STAT. ANN. § 4:5-2
(1998) (granting the N.J. State Board of Agriculture discretion to act in cases of contagious
or infectious diseases in animals as they determine); see also U.S. Dep’t of Treasury, U.S.
CUSTOMS SERV., PETS AND WILDLIFE: LICENSING AND HEALTH REQUIREMENTS 1–2 (1999),
available at http://www.cbp.gov/ImageCache/cgov/content/publications/pets_2epdf/v1/
pets.pdf (requiring screening procedures for re-entry of pets into the United States).
sis for this law preventing pet ownership.\textsuperscript{296} With the substantial hazards of bird flu, this rational basis seems quite easily met for all three animals, regardless of what scientific evidence person Y could show about the risks of transmission.\textsuperscript{297} The presumption of constitutionality would further strengthen the government’s argument that it had a rational basis for enacting this extreme measure.\textsuperscript{298}

If, however, the presiding court first determines that person Y has a nonfundamental right to have these pets in the first place, at least the court will go through a more thorough and complete analysis.\textsuperscript{299} Because the infringing legislation is a state law, the court will examine whether the legislation was passed pursuant to the proper police power to protect the health of its other citizens.\textsuperscript{300} This would likely lead to some scientific consideration of the risks of infection of these animals.\textsuperscript{301} If person Y presented strong evidence showing that although birds and cats are susceptible to the bird flu more than humans, horses are no more susceptible than humans, there would be a rational basis presumption for the law preventing Y from having cats and birds, but not for the law about horses.\textsuperscript{302} Later updates or changes to this evidence could affect the validity of the police power justification, but would not change the actual structure of analysis.\textsuperscript{303}

\textsuperscript{296} See Glucksberg, 521 U.S. at 722.
\textsuperscript{297} See id.; Dougherty, supra note 294; cf. Lofton, 358 F.3d at 819–20 (holding that even if the assumptions underlying the government’s belief in preventing homosexuals from adopting are wrong, the mere fact that they can be argued is sufficient to pass rational basis review).
\textsuperscript{298} See Carolene Prods., 304 U.S. at 152 n.4; Barnett, supra note 11, at 232–34.
\textsuperscript{299} See Bonadio, 415 A.2d at 49–50 (requiring a showing that the state was acting according to its proper police powers); Goldberg, supra note 57, at 1240–41.
\textsuperscript{300} See Bonadio, 415 A.2d at 49–50. See generally Freund, supra note 53; Tiedeman, supra note 53; Barnett, supra note 52.
\textsuperscript{301} Cf. People v. Onofre, 415 N.E.2d 936, 941 (N.Y. 1980) (examining whether a state’s justifications for regulation are legitimate enough to invade a nonfundamental right).
\textsuperscript{302} Cf. id. (striking down a law that did not fit the state’s proper police powers); Bonadio, 415 A.2d at 49–50 (same).
\textsuperscript{303} See supra notes 242–247 and accompanying text (describing how the overruling of Bowers by Lawrence could have come about if the Court looked more closely at the evidence for police power justifications). One might object to the proposed standard on efficiency grounds, asking whether the government must provide evidence for every type of animal before it enacts legislation, but this objection is mitigated by the legislation’s presumption of constitutionality. See Carolene Prods., 304 U.S. at 152 & n.4; Barnett, supra note 11, at 232–33. The burden of persuasion remains on person Y to show that horses cannot transmit bird flu any more easily than humans. See Carolene Prods., 304 U.S. at 152 & n.4; Barnett, supra note 11, at 232–33. Y’s evidence showing this would carry much more weight, though, if it was presented in light of some right; state governments have always been afforded a presumption of constitutionality, but only in the face of silence. See Carolene Prods., 304 U.S. at 152 & n.4.
V. Combating Reasons Why Courts Avoid the Ninth Amendment

After establishing a Ninth Amendment construction supplementing substantive due process, there still appear to be three main reasons why courts have avoided the Ninth Amendment since Griswold v. Connecticut.\textsuperscript{304} First, history shows that the Ninth Amendment was originally meant to apply only against the federal government.\textsuperscript{305} Second, judges may not have the power to enforce unenumerated rights.\textsuperscript{306} Third, the Ninth Amendment seems tied to the emanations test set forth in Griswold but since surpassed by substantive due process.\textsuperscript{307}

A. Application Against the States

The text of the Ninth Amendment says only certain things.\textsuperscript{308} It says that the Ninth Amendment is meant to deal with the enumeration problem regarding rights listed and those not listed in the Constitution.\textsuperscript{309} Rights that are unenumerated should not be denied or disparaged merely because the Constitution does not explicitly list them.\textsuperscript{310} Lastly, the Ninth Amendment very much implies that there are other rights retained by the people that are not listed in the Constitution.\textsuperscript{311}

The Ninth Amendment does not mention the federal government; in fact, a clause referring to the powers of the federal government was specifically removed from the final draft.\textsuperscript{312} Although one purpose of the Ninth Amendment was to limit federal powers, the method of this limitation was to prevent the Bill of Rights from becoming an exhaustive list of rights.\textsuperscript{313} Most of the first eight amendments became applicable to state governments by incorporation through the Fourteenth Amendment,

\textsuperscript{304} See infra notes 305–349 and accompanying text; see also Mcafee et al., supra note 198, at 236 (describing the confusion in fundamental rights analysis over the past thirty-five years).
\textsuperscript{305} See Madison’s Bill of Rights Speech, supra note 10, at 178–79; see also Amar, supra note 84, at 327; Lash, supra note 12, at 353.
\textsuperscript{306} See Troxel v. Granville, 530 U.S. 57, 91–92 (2000) (Scalia, J., dissenting); Mayer, supra note 67, at 323; see also Bork Confirmation Hearings, supra note 184, at 441–42 app. B.
\textsuperscript{308} See U.S. Const. amend. IX; supra notes 64–76 and accompanying text.
\textsuperscript{309} See U.S. Const. amend. IX; Madison’s Bill of Rights Speech, supra note 10, at 178–79; supra notes 64–76 and accompanying text.
\textsuperscript{310} See U.S. Const. amend. IX.
\textsuperscript{311} See id.; Madison’s Bill of Rights Speech, supra note 10, at 178–79; see also Barnett, supra note 68, at 2.
\textsuperscript{312} See U.S. Const. amend. IX; Lash, supra note 12, at 349–50 n.78, 368–69.
\textsuperscript{313} See Massey, supra note 11, at 67–68, 77; Lash, supra note 12, at 349–50 n.78, 368–69.
and this Ninth Amendment structural conception of the Bill of Rights and unenumerated rights should be no less applicable.\footnote{See Massey, \textit{supra} note 11, at 160–61; Patterson, \textit{supra} note 68, at 23. One of the results of the adoption of the Fourteenth Amendment was to “incorporate” a number of the rights in the Bill of Rights, so as to apply these protections against state governments as well as the federal government. See Rubin, \textit{supra} note 26, at 835.}

The Fourteenth Amendment’s drafters did not expect the Ninth Amendment to be directly incorporated.\footnote{Raoul Berger, \textit{The Ninth Amendment as Perceived by Randy Barnett}, 88 Nw. U. L. Rev. 1508, 1520 (1994).} The question, however, is whether the Ninth Amendment needs to be incorporated at all.\footnote{See Massey, \textit{supra} note 11, at 134–42, 160–61. This is not to say definitively that the Ninth Amendment was not impliedly incorporated through ratification of the Fourteenth Amendment; rather, this is to say only that if it was not and never will be incorporated, it may still apply against the states, though this would be a slightly weaker argument than direct incorporation. See Barnett, \textit{supra} note 68, at 15; see also Adamson v. California, 332 U.S. 46, 70–72 (1947) (Black, J., dissenting) (claiming that the whole Bill of Rights—its ten amendments—is applicable to states by incorporation through the Fourteenth Amendment).} Although the original purpose of the Ninth Amendment was partly to limit the power of the federal government, the method selected was a construction that focuses on how the Bill of Rights should be construed and not specifically on limits to the federal power.\footnote{See Massey, \textit{supra} note 11, at 67–69; Barnett, \textit{supra} note 68, at 54.}

During the Constitutional Convention, delegates like Madison believed that rights and powers were so intertwined that protecting one would limit the other.\footnote{See Massey, \textit{supra} note 11, at 67–68; Lash, \textit{supra} note 12, at 374.} This interaction of rights and powers was an important factor in the drafting of the Ninth Amendment.\footnote{See Massey, \textit{supra} note 11, at 67–68; Lash, \textit{supra} note 12, at 374.} It was also a theory that generally applied to both states and the federal government, although to varying degrees.\footnote{See Patterson, \textit{supra} note 68, at 19–21.} The federal government’s powers were only those enumerated in the Constitution; beyond them, the rights of the people began.\footnote{See Story, \textit{supra} note 78, at 693–94; Lash, \textit{supra} note 12, at 348.} The state governments enjoyed broad police powers, but where they ended, the rights of the people also began.\footnote{See Madison’s Bill of Rights Speech, \textit{supra} note 10, at 180 (acknowledging the indefinite abuses created by a state legislature of general powers); see also Story, \textit{supra} note 78, at 696. For the most part, rights were understood to exist before the creation of a government. See Wilson Statehouse Speech, \textit{supra} note 51, at 121–22. Certain rights, however, had to be given up by the people to form a government which, in turn, could act to protect their rights collectively. See Patterson, \textit{supra} note 68, at 21 (quotation omitted); Rakove, \textit{supra} note 10, at 120. Other rights, however, may have been inalienable. See Jackson, \textit{supra} note 62, at 506–07.}
B. Judicial Power to Enforce Unenumerated Rights

The Ninth Amendment was written to guard against the abuses of unconstitutional legislation. Madison was already wary of the abuses then occurring in state governments of broad powers when he drafted the Ninth Amendment. If judges have little or no power to protect unenumerated rights, then Madison placed all the control into the hands of the very legislators he meant to restrain. Instead, his statements on the matter reveal a different plan.

Madison contended that the Ninth Amendment would help protect unenumerated rights, but not necessarily all unenumerated rights with the same vigor as each enumerated right. At the time, Madison did not doubt that unenumerated rights likely would be protected by judges less ardently than enumerated rights. Thomas Jefferson actually tried to convince Madison that protecting some rights strongly and others weakly was better than not protecting them at all. These statements all presume, however, that they desired unenumerated rights to be actively protected at least in some way.

Rights were not listed to elevate their status, but rather to ensure that they were properly protected. One of Madison’s primary concerns was not allowing democratic legislative majorities to pass whatever laws they felt appropriate against disfavored minorities. There would be no better way to deny or disparage unenumerated rights than to say that they are not worthy of judicial consideration.

Ultimately, the Ninth Amendment was developed to do the following: (1) maintain as close as possible the structure and balance of powers that the drafters first envisioned, before the addition of the Bill of Rights; (2) ensure that all rights would receive at least some protection and not just those enumerated; (3) help protect every simple right that

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323 See Madison’s Bill of Rights Speech, supra note 10, at 172, 177–79; see also Lash, supra note 12, at 353.

324 See Madison’s Bill of Rights Speech, supra note 10, at 177–78.

325 See id. at 178–79. It would seem to greatly disparage unenumerated rights if they are not worthy of judicial consideration. Massey, supra note 11, at 13.

326 See Madison’s Bill of Rights Speech, supra note 10, at 177–79.

327 See id. at 179.

328 See id.

329 See Letter from Jefferson to Madison, supra note 112, at 166.


333 Massey, supra note 11, at 13.
could not possibly be enumerated; and (4) prevent expansive readings of the valid federal powers by protecting enumerated and unenumerated rights.\textsuperscript{334} Judicial power to enforce unenumerated rights is integral to achieving each of these purposes.\textsuperscript{335}

C. Disuse of the Emanations Theory

The majority’s reasoning in \emph{Griswold}—that unenumerated rights can be recognized as emanations of rights actually listed—is rarely followed today in determining whether asserted liberty interests are fundamental rights.\textsuperscript{336} The Ninth Amendment is not as intimately tied to the majority’s reasoning in \emph{Griswold} as it appears and, thus, should not be avoided merely because of this reasoning’s disuse.\textsuperscript{337} The majority’s reference to the Ninth Amendment was limited to stating its actual text, with no explanatory analysis.\textsuperscript{338} At most, the Ninth Amendment was used to show that some test to determine unenumerated rights is valid and required.\textsuperscript{339}

The Ninth Amendment was considered more extensively in Justice Goldberg’s concurrence.\textsuperscript{340} Justice Goldberg did not rely entirely on the Ninth Amendment to recognize the right of privacy.\textsuperscript{341} He used the Ninth Amendment to support his argument that substantive due process can be used to protect unenumerated fundamental rights.\textsuperscript{342} The majority of his analysis of the Ninth Amendment was written to demonstrate the importance of its history to the Constitution as a whole.\textsuperscript{343} In another concurrence, Justice Harlan stated that substantive due process

\textsuperscript{334} See Madison’s Bill of Rights Speech, \textit{supra} note 10, at 177–79; \textit{see also} Massey, \textit{supra} note 11, at 69–70; Lash, \textit{supra} note 12, at 353.

\textsuperscript{335} See Madison’s Bill of Rights Speech, \textit{supra} note 10, at 177–79; \textit{see also} Massey, \textit{supra} note 11, at 13.

\textsuperscript{336} See \textit{Glucksberg}, 521 U.S. at 720–21 (outlining the current unenumerated rights test); \textit{Griswold} v. Connecticut, 381 U.S. 479, 482–84 (1965). In 2005–2006, the two most recent Supreme Court nominees stated that substantive due process analysis had surpassed the emanations test from the majority in \textit{Griswold}, and so this trend appears likely to continue. \textit{See Roberts Confirmation Hearing, \textit{supra} note 188, at Day 2, pt. VI (Sept. 13); Alito Confirmation Hearing, \textit{supra} note 188, at Day 3, pt. I (Jan. 11).}

\textsuperscript{337} See \textit{Griswold}, 381 U.S. at 484.

\textsuperscript{338} See id.

\textsuperscript{339} See id.

\textsuperscript{340} See \textit{id.} at 486–99 (Goldberg, J., concurring).

\textsuperscript{341} See \textit{id.}

\textsuperscript{342} See \textit{Griswold}, 381 U.S. at 487, 493 (Goldberg, J., concurring).

\textsuperscript{343} See \textit{id.} at 487–93.
can rest on its own strength. His opinion is basically what courts follow today.

This current approach is flawed, however, because substantive due process, which currently exists on its own without Ninth Amendment support, no longer relies on the strong constitutional foundation that Justice Harlan believed it did in Griswold. The past forty years have seen unpredictable results and only a small number of affirmative protections of unenumerated rights, fundamental or otherwise. Numerous tests and theories have been set forth to analyze unenumerated rights. Supplementing substantive due process with the Ninth Amendment would provide significant support for the continuing validity of judges protecting unenumerated rights of all degrees.

Conclusion

James Madison drafted the Ninth Amendment to ensure that unenumerated rights were protected in some way, and therefore the Amendment’s history should be used to help provide the guideposts for unenumerated rights analysis. Courts today instead use substantive due process alone, but it is incomplete because it focuses solely on fundamental unenumerated rights. This demands an all-or-nothing approach towards rights and furthers the current trepidation about expanding protection of rights. The ability of courts to recognize nonfundamental rights would limit the harm of this approach.

First, courts still should narrowly define the asserted liberty interest, but should look to both the legal traditions and history of that right and the traditions and history of unenumerated rights generally through the Ninth Amendment’s ratification history. If the court determines that the asserted right is fundamental or not a right at all, it should proceed un-

344 See id. at 500 (Harlan, J., concurring).
345 See Glucksberg, 521 U.S. at 720–22; Griswold, 381 U.S. at 500 (Harlan, J., concurring).
346 See Glucksberg, 521 U.S. at 720–22; Griswold, 381 U.S. at 500 (Harlan, J., concurring); McAfee et al., supra note 198, at 238–39.
347 See Glucksberg, 521 U.S. at 720; supra notes 26–45, 158–183 and accompanying text.
348 See Glucksberg, 521 U.S. at 719–22 (outlining the current test); Griswold, 381 U.S. at 484–86 (outlining a penumbras and emanations test); Amar, supra note 84, at 328–29 (suggesting that courts should look to the collective decisions of the people over time, through state constitutions and lived traditions, for unenumerated rights); Barnett, supra note 11, at 237–42 (outlining a fundamental natural rights theory for unenumerated rights).
349 See Madison’s Bill of Rights Speech, supra note 10, at 177–79; see also Griswold, 381 U.S. at 493 (Goldberg, J., concurring); Barnett, supra note 11, at 234–42; Roosevelt, supra note 23, at 1000–02.
der the current unenumerated rights test. If, however, the court determines that the asserted interest is a nonfundamental right and a person presents strong evidence against the legislation, the court should require the government to show that it has a rational basis for infringing that right.

After establishing a Ninth Amendment construction, there still appear to be three main reasons why the Ninth Amendment has been avoided: it originally applied only against the federal government, judges may not have the power to enforce unenumerated rights, and the Ninth Amendment seems tied to the emanations test which the majority in *Griswold v. Connecticut* used, but which now has been surpassed by substantive due process. These concerns can be alleviated and, accordingly, the inherent problems of employing the Ninth Amendment can subside.

The history and purposes of the Bill of Rights, the reasons for specific enumerations, and the Ninth Amendment should serve as guideposts for judges in examining unenumerated rights. Altering the current unenumerated rights test with this support would reinforce all of the rights retained by the people, fundamental and nonfundamental.

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