Preparing for Study Abroad

- To maximize your study abroad experience, you should prepare yourself by learning about your host country, its history, and culture. You may want to begin with: [www.economist.com/countries](http://www.economist.com/countries) or [http://www.britannica.com/](http://www.britannica.com/) for a summary.
- Know what is happening in the news in your host city by reading the local newspaper, *The Sydney Morning Herald: [www.smh.com.au](http://www.smh.com.au)*
- Engaging with and adapting to a different culture is an inherent component of study abroad. You will find the following websites useful to learn about intercultural communication before you leave home: [http://www.pacific.edu/sis/culture/](http://www.pacific.edu/sis/culture/) and [http://www.peacecorps.gov/wws/educators/enrichment/culturematters/index.html](http://www.peacecorps.gov/wws/educators/enrichment/culturematters/index.html)
- Customs and traditions in your host country are different from those at home. To learn a little about the local customs and traditions you should visit the following website: [http://www.britannica.com/EBchecked/topic/43654/Australia/228705/Daily-life-and-social-customs](http://www.britannica.com/EBchecked/topic/43654/Australia/228705/Daily-life-and-social-customs)
- You and your parents should refer to the Office of International Programs website ([www.bc.edu/international](http://www.bc.edu/international)) and specifically to the *Study Abroad Handbook* for more information regarding the abroad experience.
- Prior to your departure you will meet with your International Study Advisor at an orientation to help you further prepare for your study abroad experience.

On-Site Contact Information

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Travel Information

- You are responsible for making your own travel arrangements. In the past BC students have often used student travel agencies such as STA Travel at [www.statravel.com](http://www.statravel.com), and The University of New South Wales Study Abroad office particularly recommends that students going on the pre-semester Lady Elliott Island Program work with STA Travel for your travel arrangements because they are more familiar with the program details and logistics. Please contact an STA travel advisor on the TOLL FREE number 1-800-632-4365. They generally offer competitive rates and open-ended tickets allowing you to leave Australia whenever you want (as long as your visa does not expire).
• If you are a U.S. citizen, you should apply for an e-Visa as soon as it is appropriate to do so but remember that you may not apply more than 3 months prior to your departure. Once you have been accepted by the host university, you must accept the offer in order to receive a Confirmation of Enrollment (COE). You may then go to the Australian Department of Immigration, Multicultural and Indigenous Affairs website at: http://www.immi.gov.au/ and click on the e-visa icon. You are considered “Subclass 575.” You will need to have the passport you intend to travel on, your COE details and a credit card (please note that the visa is expensive; currently the cost is $570. Once you have submitted your application you will be given a receipt number which you will be able to use to track the status of your visa application. Within 5–10 business days, you will receive an e-mail confirmation that your visa has been granted; carry a physical copy of this e-mail with you when you travel to Australia as you will not be issued a student visa prior to your arrival. Once you arrive in Australia and are being processed by the Department of Immigration the e-mail will be invaluable in case there are any problems. Make certain that when you are applying for your visa you provide an e-mail address that you use regularly. If there are any problems in the granting of your visa you will be contacted by e-mail. If you have any problems you can contact: eVisa.Helpdesk@immi.gov.au or dima-washington@dfat.gov.au or phone (202) 797-3000. If you are not a U.S. citizen, you should follow the directions on the Australian Department of Immigration website (see above).

• Vaccinations are not required for U.S. citizens; however, you should check the Australian Department of Immigration (www.immi.gov.au/) website for recommendations.

• The flight to Australia is extremely long. From the U.S., all flights travel west. If you are departing from Boston or any other city on the East coast, you have to add 6 hours to your trip. The most common route to Sydney is by way of Los Angeles. We recommended that you wear comfortable clothes and shoes, and take as little carry-on luggage as possible.

Academics
• Academic Calendar
Please consult the acceptance materials that UNSW sends you for the dates of the orientation. Plan to stay until the last exam date; you must remain for all of your exams. As of now, the semester dates are:

**Fall Semester 2012 (Semester 2)**
7/10 Housing available
7/11-13 Orientation (Mandatory)
7/16-10/19 Teaching period
9/1-9 Mid-semester recess
10/20-10/25 Study Period
10/26-11/13 Examinations (subject to change)

**Spring Semester 2013 (Semester 1)**
2/25-3/1 Orientation (Mandatory)
3/4-6/7 Teaching period
3/29-4/7 Mid-semester recess
6/8-6/13 Study Period
6/14-7/1 Examinations (subject to change)

• If you go on the optional pre-semester Lady Elliott Island Program, you will not receive BC credit for it.
• Upon arrival, you will participate in a comprehensive 2 half-day university-sponsored orientation program aimed at introducing you to the university system, its students and facilities. This is sponsored by the UNSW Study Abroad Office, which also provides personal and academic counseling throughout your stay in Australia. During the orientation you will be advised about course selection. You are advised not to take Australian “culture” classes that are designed for visiting students, but rather to take courses about aspects of Australian culture within the academic departments.


• Course approval information will be found at: [http://www.bc.edu/offices/international/academics/courseapproval.html](http://www.bc.edu/offices/international/academics/courseapproval.html)

• Information about transcripts and grades is available at: [http://www.bc.edu/offices/international/academics/transcripts.html](http://www.bc.edu/offices/international/academics/transcripts.html)

• Information about BC’s academic policies may be found at: [http://www.bc.edu/content/bc/offices/international/academics.html](http://www.bc.edu/content/bc/offices/international/academics.html)

Housing

• UNSW will send you a housing accommodation form once you have been accepted and you can select the type of housing you prefer. You will then be assigned housing according to your preference where possible. If you select the off-campus housing option, you will be placed in UNSW-rented apartments or houses. Housing opens 10 days before the start of the semester. Keep in mind that housing costs are paid by you directly to the provider. Don’t forget to send your contact information abroad to OIP once you are settled.

• Additional information about the estimated cost of housing may be found at: [http://www.bc.edu/content/dam/files/offices/international/pdf/Updated_Budget_2010-.pdf](http://www.bc.edu/content/dam/files/offices/international/pdf/Updated_Budget_2010-.pdf)

• Australian universities do not have meal plans but UNSW has many on-campus dining facilities as well as off-campus restaurants, and your accommodations will also have kitchen facilities

• Information about local transportation may be found at: [www.cityofsydney.nsw.gov.au/](http://www.cityofsydney.nsw.gov.au/)

• Most students purchase a cell phone when they arrive in Sydney. During the university’s orientation you will receive information about buying a cell phone.

Wellness, Health and Safety

• Make sure that you have had any required or recommended vaccinations for your travel destinations by consulting the Centers for Disease Control website at [www.cdc.gov](http://www.cdc.gov)

• HTH Worldwide Insurance Services is an emergency health and emergency services provider. All registered BC students are covered by our blanket policy while living and traveling outside of the United States. You are covered by HTH insurance only during the period between the start and end dates of your program. HTH insurance does not replace your domestic medical insurance. For more information, visit the following website: [http://www.bc.edu/offices/international/travel-health-safety.html](http://www.bc.edu/offices/international/travel-health-safety.html)

• The Australian government requires you to pay the Overseas Student Health Coverage (OSHC) fee which entitles you to use their national health service if needed.

• Visit the U.S. State Department website: [http://www.state.gov/](http://www.state.gov/) for important travel information including travel advisories.
• Adjusting to a new culture and environment can be stressful. You will have a smoother transition by making sure that you prepare to remain healthy. Following are some websites that provide important information and advice about how to have a healthy and safe experience abroad:

http://kidshealth.org/teen/your_mind/emotions/cultureShock.html
http://www.kwintessential.co.uk/cultural-services/articles/cultureShock-stages.html

• Be sure to visit the OIP website for additional information about Health and Safety:
http://www.bc.edu/offices/international/travel-health-safety.html

• BC emergency contact information:
  OIP: (617) 552-3827 (Monday to Friday 9 a.m. – 5 p.m.)
  BCPD: (617) 552-4444 (outside of normal business hours)

• Alcohol and Drugs
  In many cultures, alcohol consumption is an acceptable part of the culture and people are taught to drink in moderation at home. Many countries have a lower drinking age than the U.S. while other countries have drinking and drug abuse laws that may be more severe. You are subject to the laws of your host country, so if you choose to drink alcohol abroad, always drink responsibly and be knowledgeable about your host country’s laws by visiting:
http://travel.state.gov/travel/tips/tips_1232.html#drug_offenses

Finances
• The OIP website provides information about estimated expenses for study abroad:
http://www.bc.edu/content/dam/files/offices/international/pdf/Updated_Budget_2010-.pdf
• If you are thinking of opening a bank account, you should know that Bank of America is affiliated with Westpac (found all over Australia); if you have a Bank of America account, you may be able to avoid costly transaction fees in Australia.
• Scholarships and Financial Aid information can be found at:
http://www.bc.edu/offices/international/Scholarship_Opportunities.html

Returning to BC
• Complete a Program Evaluation. Upon completion of your program OIP will e-mail the link to the evaluation
• Mentor an exchange student from your host university by contacting oipexchange@bc.edu
• Volunteer for Discovery Night, Pre-departure Orientation, Re-entry seminar by contacting your International Study Advisor, Esther Messing at: messines@bc.edu
• It is not uncommon when you return from studying abroad to experience “reverse” culture shock. The following may help you transition back to home: http://www.cie.uci.edu/prepare/shock.shtml
http://www.studyabroad.com/guides/handbook/handbook5.html#shock
References

• Suggested readings:

• Useful websites:
  Travel guides for Australia: [www.letsgo.com/](http://www.letsgo.com/)

• Student and parent guides for study abroad:

PREPARED BY ESTHER MESSING: 3/23/12