

Boston College
Institute of Religious Education and Pastoral Ministry

TH 532 Basic Dimensions of Pastoral Care and Counseling

Summer, 2008

Course Topics

1. Pastoral Care and Counseling: An Introduction

Edward E. Thornton, "Finding Center in Pastoral Care," Gerald L. Borchert and Andrew D. Lester, eds., *Spiritual Dimensions of Pastoral Care: Witness to the Ministry of Wayne E. Oates*, Philadelphia, Westminster, 1985, p. 11-26.

John Patton, "The Communal: Care as Remembering," *Pastoral Care in Context, An Introduction to Pastoral Care*, Louisville, Westminster/John Knox, 1993, p. 15-37.

Ann Belford, "The Relation of Religion to Pastoral Counseling," *Journal of Religion and Health*, Vol. 7, No. 1, January 1968, p. 26-42.

David Lyall, "Pastoral Counselling in a Postmodern Context, Gordon Lynch, ed., *Clinical Counselling in Pastoral Settings*, N.Y., Routledge, 1999, p. 7-21.

Merle R. Jordan, "Pastoral Counseling as the Encounter Between Gods," Ch. 1, *Taking on the Gods: The Task of the Pastoral Counselor*, Nashville, Abingdon, 1986, p. 15-39.

2. Theologies and Pastoral Care and Counseling

Required Reading:

William E. Hulme, "The Faith of Pastoral Counseling: Power to Change," *Pastoral Psychology*, Vol. 24, Spring 1976, p. 245-253.

Leroy Aden, "Pastoral Counseling as Christian Perspective," Peter Homans, ed., *The Dialogue Between Theology and Psychology*, Chicago, University of Chicago Press, 1968, p. 163-181.

Alistair Ross, "The Place of Religious Tradition in Pastoral Counselling," Gordon Lynch, ed., *Clinical Counselling in Pastoral Settings*, N.Y., Routledge, 1999, p.p. 37-50.

Alastair V. Campbell, "The Shepherd's Courage," "The Wounded Healer," "Wise Folly," and "The Cavern," *Rediscovering Pastoral Care*, Phila., Westminster, 1981, p. 36-87.

3. Human Development: Pastoral Care and Counseling

Required Reading:

Erik H. Erikson, "Eight Ages of Man," Ch. 7, *Childhood and Society* (Second Edition), N.Y., Norton, 1963, p. 247-274.

Gerard R. Niklas, "Relating Erikson's Stages to Theology and Ministry," *The Making of a Pastoral Person*, exp. and rev., N.Y., Alba, 1996, p. 153-166.

John J. Shea, "On the Way to the Adult Self," Catherine Bernard and John J. Shea, eds., *A Pastoral Approach to the Family*, 2nd ed., Chennai, India, Service and Research Foundation of Asia on Family and Culture, 2005, p. 23-33.

4. Pastoral Care and Counseling: Identity and Ministry

Required Reading:

Jane Kopas, "Search for Identity in a Changing Landscape," *Sacred Identity: Exploring a Theology of the Person*, N.Y., Paulist, 1994, p. 9-31.

Gerard R. Niklas, "Identity and Comfortableness with Feelings" and "Feelings," Chs. 3 and 4, *The Making of a Pastoral Person*, Exp. and Rev., N.Y., Alba, 1996, p. 25-54.

John Patton, "Characteristics of the Carers," Ch. 3, *Pastoral Care in Context, An Introduction to Pastoral Care*, Louisville, Westminster/John Knox, 1993, p. 65-85.

James M. Murphy, "Ministry to the Total Person: Two Functions in Ministry to the Unconscious," *The Journal of Pastoral Care*, Vol. 34, No. 4, December 1980, p. 234-243.

5. Pastoral Care and Counseling: Professional and Ethical Concerns

Required Reading:

Gerald Corey, "The Counselor: Person and Professional," *Theory and Practice of Counseling and Psychotherapy*, 7th ed., Monterey, Brooks/Cole, 2005, p. 16-35.

Gerald Corey, "Ethical Issues in Counseling Practice," *Theory and Practice of Counseling and Psychotherapy*, 7th ed., Monterey, Brooks/Cole, 2005, p. 36-52.

Ingeborg E. Haug, "Boundaries and the Misuse of Power and Authority: Ethical Complexities for Clergy Psychotherapists," *Journal of Counseling & Development*, Vol. 77, Fall 1999, p. 411-417.

Alan Boyd and Gordon Lynch, "Establishing the Therapeutic Frame in Pastoral Settings," Gordon Lynch, ed., *Clinical Counselling in Pastoral Settings*, N.Y., Routledge, 1999, p. 64-78.

Gordon Lynch, "Dual Relationships in Pastoral Counselling," Gordon Lynch, ed., *Clinical Counselling in Pastoral Settings*, N.Y., Routledge, 1999, p. 79-93.

Code of Ethics, American Association of Pastoral Counselors (AAPC), Membership Directory, 2001 p. 96-100.

6. Psychoanalytic Model of Counseling

Required Reading:

Gerald Corey, "Psychoanalytic Therapy," *Theory and Practice of Counseling and Psychotherapy*, 7th ed., Monterey, Brooks/Cole, 2005, p. 54-91.

7. Behavioral and Cognitive Models of Counseling

Required Reading:

Gerald Corey, "Behavior Therapy," *Theory and Practice of Counseling and Psychotherapy*, 7th ed., Monterey, Brooks/Cole, 2005, p. 226-267.

_____, "Cognitive Behavior Therapy," *Theory and Practice of Counseling and Psychotherapy*, 7th ed., Monterey, Brooks/Cole, 2005, p. 268-313.

8. Person-Centered Model of Counseling

Required Reading:

Gerald Corey, "Person-Centered Therapy," *Theory and Practice of Counseling and Psychotherapy*, 7th ed., Monterey, Brooks/Cole, 2005, p. 162-189.

Thomas C. Oden, "The Theology of Carl Rogers," *Kerygma and Counseling*, N.Y., Harper & Row, 1978, p. 83-113.

9. Psychotherapy, Pastoral Counseling, and Spiritual Direction

Required Reading:

William J. Sneek, "Distinguishing Pastoral Counselling from Secular Psychotherapy and Spiritual Direction," Augustine Meier, ed., *In Search of Healing: Collected Papers from the Annual Conference of the Society for Pastoral Counselling Research*, Society for Pastoral Counseling Research, Ottawa, Ontario, 2003, p. 36-42.

John J. Shea, "Adult Faith, Pastoral Counseling, and Spiritual Direction," *The Journal of Pastoral Care*, Vol. 51, No. 3, Fall 1997, p. 259-270.

Robert Struminski, S.M., "Conversion, Pastoral Counseling, and Spiritual Direction," *Review for Religious*, May-June, 1984, p. 402-414.

William A. Barry, "Spiritual Direction," Robert J. Wicks, Richard D. Parsons, and Donald E. Capps, eds., *Clinical Handbook of Pastoral Counseling*, Vol. 1, Expanded, N.Y., Paulist, 1993, p. 647-662.

10. Therapeutic Alliance, Transference, Countertransference, and Referral

Required Reading:

Charles Brenner, "Working Alliance, Therapeutic Alliance, and Transference," Aaron H. Esman, ed., *Essential Papers on Transference*, N.Y., New York University Press, 1990, p. 172-187.

Barrie Hinksman, "Transference and Countertransference in Pastoral Counselling," Gordon Lynch, ed., *Clinical Counselling in Pastoral Settings*, N.Y., Routledge, 1999, p. 94-106.

Gerard R. Niklas, "Authority," "Anger," and "Sexuality," *The Making of a Pastoral Person*, exp. and rev., N.Y., Alba, 1996, p. 55-124.

Dana Charry, "Referral," *Mental Health Skills for Clergy*, Valley Forge, Judson, 1981, p. 17-34.

Required Texts

Gordon Lynch, ed., *Clinical Counselling in Pastoral Settings*, N.Y., Routledge, 1999.

Gerard R. Niklas, *The Making of a Pastoral Person*, exp. and rev., N.Y., Alba, 1996.

Gerald Corey, *Theory and Practice of Counseling and Psychotherapy*, 7th ed., Monterey, Brooks/Cole, 2005.

Course Requirements

1. Operative Theology Paper (due July 14)

This paper (6-8 pages) includes **two distinct sections**:

1) your own brief **definition of pastoral care and counseling** with an explanation and **two** appropriate Scripture references (2 pages);

2) your own **operative theology of ministry** with two parts: a) your own personal, particular, idiosyncratic, lived imaging and understanding of who your God is (religious identity); and b) who you are as God interacts with you and you interact with God (pastoral identity) in doing ministry (4-6 pages).

("Operational theology, in contrast to professed theology, looks beyond an individual's verbally and intellectually articulated theology to the dynamic images, mental representations of God, world view, maps of reality, belief systems, and value systems which actually dominate the life experience of people. [...] Operational theology refers to the implicit religious story by which one is living, including unconscious material." Merle R. Jordan, *Taking on the Gods: The Task of the Pastoral Counselor*, Nashville, Abingdon, 1986, p. 29.)

2. Compatible Understanding of Therapeutic Change Paper (due July 18)

This paper (4-6) pages puts your **operative theology of ministry** in **dialogue** with the **central elements** of the counseling theory (psychoanalytic, cognitive, behavioral, person-centered or **any other theory** in Gerald Corey, *Theory and Practice of Counseling and Psychotherapy*) in a way that speaks to some kind of integration. In other words, how would you want who you are **pastorally** to **inform** how you would operate **therapeutically**?

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